

I CARREIRA POPULAR MESOIRO EM MARCHA

Domingo, 23 de Novembro

RESULTADOS CATEGORIA SENIOR - MASCULINO

| Pto.Ca | Dorsa | Licencia | Apelidos e nome / Clube | Año | Marca |
|--------|-------|------------|--------------------------------|---------|-------|
| 1 | 659 | MS-532 | MANUEL ANGEL PENAS BLANCO | SR 1977 | 24.12 |
| 2 | 483 | MS-318 | ROBERTAS GERALAVICIUS | SR 1984 | 25.12 |
| 3 | 514 | MS-356 | IVÁN IGLESIAS CARBALLO | SR 1986 | 25.21 |
| 4 | 611 | MS-471 | ENRIQUE MORAZA MOLINA | SR 1983 | 25.45 |
| 5 | 689 | MS-567 | ALVARO PRIETO FERVENZA | SR 1980 | 26.13 |
| 6 | 830 | MS-731 | DANIEL TRIGO GONZÁLEZ | SR 1985 | 26.23 |
| 7 | 374 | MS-184 | JORGE CRESPO ARIAS | SR 1979 | 27.32 |
| 8 | 633 | MS-498 | LUIS ALFONSO NOVO VEIGA | SR 1979 | 27.55 |
| 9 | 338 | MS-137 | ALBERTO CAROU CARRIL | SR 1979 | 28.12 |
| 10 | 707 | MS-586 | JOSE ANTONIO RECOUSO CAAMAÑO | SR 1975 | 28.14 |
| 11 | 344 | MS-146 | SERGIO CARRIL BREA | SR 1981 | 28.19 |
| 13 | 778 | MS-670 | BORJA SANCHEZ CAMPOS | SR 1987 | 28.27 |
| 14 | 838 | MS-741 | ROBERTO CARLOS VALES LÓPEZ | SR 1978 | 28.37 |
| 15 | 454 | MS-283 | GUSTAVO GARCÍA ABALO | SR 1978 | 28.41 |
| 16 | 559 | MS-409 | JOSE ANTONIO LÓPEZ VILLAR | SR 1974 | 28.57 |
| 18 | 4 | MS-144 | ALEJANDRO CARRIL BREA | SR 1975 | 29.13 |
| 19 | 620 | MS-481 | FERNANDO MUIÑA FUENTES | SR 1978 | 29.20 |
| 20 | 827 | MS-727 | DANIEL TORRES TORRES | SR 1990 | 29.53 |
| 21 | 1 | MS-55 | JACOBO BARALLOBRE PANTÍN | SR 1978 | 30.04 |
| 22 | 373 | MS-183 | VICTOR COUSILLAS DIEGUEZ | SR 1975 | 30.10 |
| 23 | 482 | MS-316 | ELTON GARRIDO CONCHADO | SR 1978 | 30.40 |
| 24 | 614 | MS-474 | MIJAIL MORIATOV YAKIMYCHEVA | SR 1975 | 30.45 |
| 26 | 834 | MS-736 | ROBERTO ULLOA FERNÁNDEZ | SR 1978 | 30.50 |
| 27 | 291 | FNPN241275 | FERNANDO NUÑEZ POL | SR 1975 | 30.51 |
| 28 | 796 | MS-690 | IVAN SEGADE CAROU | SR 1981 | 30.55 |
| 29 | 894 | ALJ010185 | ALVARO LOPEZ JACOME | SR 1985 | 30.59 |
| 30 | 234 | AAAA010180 | DORSAL 234 DORSAL | SR 1980 | 31.32 |
| 31 | 10 | MS-343 | JOSÉ MANUEL GUERRERO CASTILLO | SR 1974 | 31.45 |
| 32 | 716 | MS-599 | RICARDO REY MARTINEZ | SR 1976 | 31.57 |
| 33 | 690 | MS-568 | MIGUEL PUENTE RAPELA | SR 1977 | 32.02 |
| 34 | 365 | MS-174 | JESÚS CORA PENABAD | SR 1975 | 32.12 |
| 35 | 19 | MS-785 | GUSTAVO VILLAR PÉREZ | SR 1976 | 32.20 |
| 36 | 875 | MS-791 | ADRIAN ZAMORA PÉREZ | SR 1985 | 32.20 |
| 37 | 341 | MS-140 | RAFAEL CARRALERO GARCÍA | SR 1977 | 32.22 |
| 38 | 412 | MS-233 | JAVIER FERNANDEZ FERNANDEZ | SR 1980 | 32.34 |
| 39 | 476 | MS-309 | RODRIGO GARCÍA PÉREZ | SR 1981 | 32.37 |
| 41 | 686 | MS-562 | ALBERTO POUSADA DUARTE | SR 1975 | 32.48 |
| 42 | 333 | MS-131 | JOSE MANUEL CAO OREIRO | SR 1979 | 33.08 |
| 43 | 308 | MS-97 | ADRIAN BOUZAN ALONSO | SR 1988 | 33.09 |
| 44 | 340 | MS-139 | MARCOS CARRACEDO REGUEIRA | SR 1977 | 33.11 |
| 45 | 662 | MS-535 | PABLO PEREDA FERNÁNDEZ | SR 1975 | 33.19 |
| 46 | 742 | MS-628 | ANTONIO RODRÍGUEZ GARCÍA | SR 1979 | 33.24 |
| 47 | 673 | MS-547 | EMILIO PÉREZ SANTIAGO | SR 1982 | 33.25 |
| 48 | 301 | MS-89 | JUAN CARLOS BLANCO PUEY | SR 1975 | 33.30 |
| 49 | 480 | MS-313 | JORGE GARCÍA ZAS | SR 1976 | 33.34 |
| 50 | 409 | MS-229 | JOSE MARÍA FERNANDEZ BLANCO | SR 1980 | 33.34 |
| 51 | 550 | MS-399 | GUSTAVO LÓPEZ MORAN | SR 1975 | 33.38 |
| 52 | 794 | MS-688 | JOSÉ ANGEL SANTOS NUÑEZ | SR 1989 | 34.03 |
| 53 | 448 | MS-275 | PEDRO FUENTE LOPEZ | SR 1975 | 34.15 |
| 54 | 773 | MS-664 | JOSE R. SAEZ SUÁREZ | SR 1979 | 34.18 |
| 55 | 539 | MS-387 | DAVID MARCOS LÓPEZ BARBERO | SR 1975 | 34.22 |
| 56 | 650 | MS-522 | MARTÍN PARDO MAZÁS | SR 1980 | 34.22 |
| 57 | 467 | MS-297 | ÁNGEL GARCÍA GARCÍA | SR 1975 | 34.38 |
| 58 | 442 | MS-268 | JOSE ANTONIO FRAGA GARABATO | SR 1977 | 39.40 |
| 59 | 2 | MS-77 | DANIEL BERMUDEZ | SR 1982 | 34.41 |
| 60 | 769 | MS-660 | DIEGO RUIZ BREIJO | SR 1985 | 34.41 |
| 61 | 411 | MS-232 | ALFONSO FERNÁNDEZ DOMINGUEZ | SR 1974 | 34.45 |
| 62 | 286 | MS-72 | JORGE SAMUEL BELLAGONA PIÑEIRO | SR 1978 | 34.48 |
| 63 | 464 | MS-294 | BORJA GARCÍA FARIÑA | SR 1978 | 34.50 |
| 64 | 577 | MS-429 | ROBERTO MARTELO VARELA | SR 1982 | 34.50 |
| 65 | 820 | MS-719 | PABLO TAIBO PÉREZ | SR 1980 | 34.50 |
| 66 | 631 | MS-496 | SERGIO NOGUEIRA MIÑAN | SR 1979 | 34.55 |
| 67 | 638 | MS-507 | AITOR ORTIZ DÍAZ | SR 1991 | 35.04 |
| 68 | 518 | MS-361 | LUIS INSUA OTERO | SR 1981 | 35.09 |
| 69 | 475 | MS-308 | BRAULIO GARCIA PAZOS | SR 1982 | 35.11 |
| 70 | 882 | DOS01018 | 882 DORSAL | SR 1980 | 35.11 |
| 71 | 688 | MS-564 | ISMAEL POZO ADORNA | SR 1975 | 35.11 |
| 72 | 504 | MS-345 | FERNANDO GÜETO RIAL | SR 1976 | 35.11 |
| 73 | 760 | MS-650 | FRANCISCO JAVIER RODRÍGUEZ | SR 1975 | 35.19 |
| 74 | 729 | MS-613 | CARLOS ALBERTO ROBLES ORTEGA | SR 1979 | 35.22 |
| 75 | 509 | MS-350 | MIGUEL ÁNGEL HERNANDEZ ALONSO | SR 1975 | 35.24 |
| 76 | 804 | MS-699 | GABRIEL SERRANO VENTURA | SR 1974 | 35.24 |
| 77 | 309 | MS-98 | MANUEL BOUZAS ESPASANDIN | SR 1978 | 35.29 |
| 78 | 840 | MS-744 | FERNANDO JOSÉ VARELA CASTRO | SR 1990 | 35.32 |
| 79 | 797 | MS-691 | XESUS MANUEL SEGADE CAROU | SR 1974 | 35.35 |
| 80 | 624 | MS-488 | OSCAR NAVAS ARANDA | SR 1974 | 35.36 |
| 81 | 334 | MS-132 | JUAN CAPEÁNS AMENEDO | SR 1982 | 35.38 |

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| 82 | 783 | MS-676 | FRANCISCO JAVIER SÁNCHEZ NAVEIRA | SR 1979 | 35.48 |
| 83 | 551 | MS-400 | LUIS DANIEL LOPEZ MUÑIZ | SR 1974 | 35.49 |
| 84 | 897 | JQM01018 | JOSE CARLOS QUINTAS MACEIRAS | SR 1978 | 35.53 |
| 85 | 283 | MS-68 | PEDRO BASTERRECHEA NOYA | SR 1974 | 36.02 |
| 86 | 541 | MS-389 | JOSE MANUEL LÓPEZ CAAMAÑO | SR 1974 | 36.06 |
| 87 | 824 | MS-723 | MIGUEL A. TIZON RILO | SR 1976 | 36.08 |
| 88 | 490 | MS-326 | DIEGO GONZÁLEZ CAMARGO | SR 1975 | 36.08 |
| 89 | 826 | MS-726 | MIGUEL TORRES LÓPEZ | SR 1981 | 37.11 |
| 90 | 389 | MS-201 | JUAN CLEMENTE DÍAZ CHEDA | SR 1980 | 36.16 |
| 91 | 613 | MS-472 | JOSE MANUEL MORGADE VIÑAS | SR 1979 | 36.24 |
| 92 | 677 | MS-552 | JUAN PIÑEIRO FERNÁNDEZ | SR 1975 | 36.32 |
| 93 | 241 | MS-13 | DIEGO AGUIÑO DOMINGUEZ | SR 1978 | 36.45 |
| 94 | 870 | MS-783 | XABIER VILLAR BELLO | SR 1980 | 36.45 |
| 95 | 821 | MS-720 | ALFONSO TAMAYO RODRÍGUEZ | SR 1990 | 36.45 |
| 96 | 360 | MS-168 | OSCAR CATOIRA DAQUINTA | SR 1976 | 36.45 |
| 97 | 335 | IES270175 | ISMAEL ESMORIS SOUTO | SR 1975 | s.t. |
| 98 | 628 | MS-492 | RICARDO NEBRIL BREIJO | SR 1974 | s.t. |
| 99 | 371 | MS-181 | CARLOS CORTÉS REY | SR 1974 | s.t. |
| 100 | 670 | MS-543 | ALEJANDRO PEREZ GIANNETTO | SR 1977 | s.t. |
| 101 | 868 | MS-781 | FELIPE VILARIÑO CUTRIN | SR 1976 | s.t. |
| 102 | 261 | MS-44 | SERGIO ARES CHAO | SR 1979 | s.t. |
| 103 | 730 | MS-614 | JOSE MANUEL ROCA RODRÍGUEZ | SR 1975 | s.t. |
| 104 | 236 | MS-7 | MIGUEL ANGEL ACOSTA ALCOBA | SR 1980 | s.t. |
| 105 | 479 | MS-312 | FERNANDO GARCÍA TRINCADO | SR 1982 | s.t. |
| 106 | 392 | MS-208 | DIEGO MILUCHO DONO MAYER | SR 1976 | s.t. |
| 107 | 671 | MS-544 | GONZALO PEREZ GIANNETTO | SR 1981 | s.t. |
| 108 | 807 | MS-703 | JAIME SILVA CRESPO | SR 1982 | s.t. |
| 109 | 363 | MS-170 | JESÚS COBELO FOJO | SR 1977 | s.t. |
| 110 | 829 | MS-730 | MANUEL TRESANCOS FERNÁNDEZ | SR 1975 | s.t. |
| 111 | 584 | MS-439 | MIGUEL MARTINEZ MARTINEZ | SR 1976 | s.t. |
| 112 | 465 | MS-295 | JOSE A. GARCÍA FRAGA | SR 1979 | s.t. |
| 113 | 508 | MS-349 | ALBERTO HERMIDA RODRÍGUEZ | SR 1974 | s.t. |
| 114 | 739 | MS-626 | ALEJANDRO RODRÍGUEZ FRAGUELA | SR 1984 | s.t. |
| 115 | 487 | MS-322 | ALBERTO GÓMEZ GARCÍA | SR 1977 | s.t. |
| 116 | 554 | MS-403 | ALEJANDRO LÓPEZ PÉREZ | SR 1975 | s.t. |
| 117 | 342 | MS-143 | JORGE CARREIRA NODAR | SR 1974 | s.t. |
| 118 | 233 | MS-2 | ALBERTO ABAD RAMOS | SR 1976 | s.t. |
| 119 | 318 | MS-109 | XAVIER CABRERA CANOSA | SR 1979 | s.t. |
| 120 | 285 | MS-71 | GONZALO BECERRA PARAFITA | SR 1984 | s.t. |
| 121 | 819 | MS-717 | JOSÉ TABOADA VEIGA | SR 1984 | s.t. |
| 122 | 881 | FSR0701085 | FRANCISCO SOBRINO REY | SR 1985 | s.t. |
| 123 | 446 | MS-273 | JOSE CARLOS FREIRE SALORIO | SR 1980 | s.t. |
| 124 | 13 | MS-365 | EUGENIO LAMAS MOSTEIRO | SR 1981 | s.t. |
| 125 | 383 | MS-193 | DIEGO DE LEON LÓPEZ | SR 1976 | s.t. |
| 126 | 751 | MS-638 | RUBÉN RODRÍGUEZ NEGRO | SR 1978 | s.t. |
| 127 | 429 | MS-253 | RUBÉN FERREIRO MOSQUERA | SR 1978 | s.t. |
| 128 | 816 | MS-714 | ANTONIO SUÁREZ RODRÍGUEZ | SR 1981 | s.t. |
| 129 | 685 | MS-561 | EDELMIRO PORTO BLANCO | SR 1980 | s.t. |
| 130 | 892 | DRR01018 | DORSAL 892 DORSAL 892 | SR 1980 | s.t. |
| 131 | 441 | MS-267 | EDUARDO FRAGA BARRO | SR 1974 | s.t. |
| 132 | 576 | MS-428 | MIGUEL MARROZOS LÓPEZ | SR 1978 | s.t. |
| 133 | 311 | MS-100 | JUAN JOSÉ BRAVO SANCHEZ | SR 1980 | s.t. |
| 134 | 700 | MS-579 | FRANCO RAMOS CARBALLED | SR 1976 | s.t. |
| 135 | 408 | MS-228 | SEBASTIAN FERNÁNDEZ BARRAL | SR 1981 | s.t. |
| 136 | 784 | MS-677 | JOSE ÁNGEL SÁNCHEZ PAZ | SR 1974 | s.t. |
| 137 | 399 | MS-218 | JUAN CARLOS ESTEVEZ SANDA | SR 1978 | s.t. |
| 138 | 843 | MS-748 | DIEGO VARELA VARELA | SR 1974 | s.t. |
| 139 | 698 | MS-577 | MARIANO RAMIREZ FERNANDEZ | SR 1975 | s.t. |
| 140 | 527 | MS-372 | VICTOR LEDO LEMA | SR 1976 | s.t. |
| 141 | 349 | MS-153 | JOSÉ MANUEL CASÁS CASÁS | SR 1978 | s.t. |
| 142 | 516 | MS-358 | FERNANDO IGLESIAS GARCIA | SR 1988 | s.t. |
| 143 | 432 | MS-256 | RODRIGO FIGUEROA RODRÍGUEZ | SR 1977 | s.t. |
| 144 | 813 | MS-710 | ANDRES SOUTO VIDAL | SR 1988 | s.t. |
| 145 | 542 | MS-390 | JAIME LÓPEZ CAINZOS | SR 1974 | s.t. |
| 146 | 588 | MS-444 | ROBERTO MARZABAL ESMORIS | SR 1979 | s.t. |
| 147 | 629 | MS-493 | JAVIER NEBRIL FERNÁNDEZ | SR 1979 | s.t. |
| 148 | 428 | MS-251 | DAVID FERREIRO FERREIRO | SR 1988 | s.t. |
| 149 | 836 | MS-739 | FRANCISCO JAVIER VALERO EGEA | SR 1975 | s.t. |
| 150 | 895 | PCL010185 | PABLO LOSADA CRESPO | SR 1985 | s.t. |
| 151 | 560 | MS-410 | VICTOR LORENZO IGLESIAS | SR 1983 | s.t. |
| 152 | 314 | MS-103 | JOSÉ BREA RAMA | SR 1979 | s.t. |
| 153 | 632 | MS-497 | FRANCISCO JOSÉ NOTARIO ANDREU | SR 1981 | s.t. |
| 154 | 634 | MS-500 | ADRIÁN NOVOA GONZÁLEZ | SR 1979 | s.t. |
| 155 | 701 | MS-580 | JESÚS RAMOS GALLARDO | SR 1978 | s.t. |
| 156 | 803 | MS-698 | JUAN MANUEL SEOANE VAZQUEZ | SR 1975 | s.t. |
| 157 | 612 | MS-473 | RAMÓN MORGADE VIÑAS | SR 1982 | s.t. |
| 158 | 393 | MS-209 | PABLO ANTONIO DOPAZO REGUEIRO | SR 1988 | s.t. |
| 159 | 16 | MS-667 | JAVIER SÁNCHEZ ÁLVAREZ | SR 1979 | s.t. |
| 160 | 258 | MS-42 | XOÁN AREA SANTOS | SR 1975 | s.t. |
| 161 | 245 | MS-21 | EVARISTO ALONSO MISA | SR 1975 | s.t. |
| 162 | 731 | MS-617 | ROI RODRÍGUEZ | SR 1980 | s.t. |
| 163 | 453 | MS-282 | JUAN CARLOS GANTES LESTA | SR 1977 | s.t. |
| 164 | 764 | MS-655 | FRANCISCO JAVIER RODRÍGUEZ VEIRAS | SR 1976 | s.t. |
| 165 | 387 | MS-197 | ANTONIO DEL RÍO MUIÑO | SR 1974 | s.t. |
| 166 | 473 | MS-306 | SEBASTIAN GARCÍA ORRO | SR 1978 | s.t. |
| 167 | 580 | MS-434 | JAVIER MARTÍNEZ BRETON | SR 1975 | s.t. |

RESULTADOS CATEGORIA 35-45 - MASCULINO

| Pto.Ca | Dorsa | Licencia | Apellidos e nome / Clube | Año | Marca |
|--------|-------|-----------|-----------------------------------|------------|-------|
| 1 | 679 | MS-554 | CARLOS PIÑEIRO RIVAS | 35-45 1965 | 26.51 |
| 2 | 5 | MS-177 | JOSÉ MANUEL CORRAL LÓPEZ | 35-45 1973 | 27.23 |
| 3 | 511 | MS-352 | PEDRO HERNANDEZ ESCOBAR | 35-45 1973 | 28.13 |
| 4 | 242 | MS-16 | SANTIAGO ALONSO CANGAS | 35-45 1968 | 28.17 |
| 5 | 619 | MS-480 | PAULO MUINELO PEDREIRA | 35-45 1970 | 28.53 |
| 6 | 856 | MS-767 | JESÚS VEIGUELA NUÑEZ | 35-45 1971 | 29.18 |
| 7 | 439 | MS-263 | JOSE MANUEL FONTICOBIA BETANZOS | 35-45 1968 | 29.54 |
| 8 | 336 | MS-135 | JESÚS MANUEL CARBALLO FELPETE | 35-45 1965 | 30.36 |
| 9 | 370 | MS-180 | FRANCISCO CORREA PIÑEIRO | 35-45 1964 | 31.01 |
| 10 | 774 | MS-665 | JOSE RAMÓN SALAVERRY MASEDA | 35-45 1970 | 31.01 |
| 11 | 427 | MS-250 | ALFONSO FERRADAS VILAN | 35-45 1971 | 31.27 |
| 12 | 395 | MS-211 | JOSE M ^a DRUET AMPUERO | 35-45 1964 | 31.37 |
| 13 | 708 | MS-587 | JUAN CARLOS RECOUSO GARCÍA | 35-45 1967 | 31.42 |
| 14 | 353 | MS-156 | JOSÉ ALBERTO CASTELO SÁNCHEZ | 35-45 1973 | 31.43 |
| 15 | 641 | MS-511 | PEDRO PABLO OUTERELO COUSIÑO | 35-45 1968 | 32.07 |
| 16 | 737 | MS-624 | MANUEL FRANCISCO RODRÍGUEZ | 35-45 1963 | 32.16 |
| 17 | 459 | MS-288 | ALFONSO GARCIA BELLO | 35-45 1966 | 32.21 |
| 18 | 666 | MS-539 | JULIAN PÉREZ DURAN | 35-45 1972 | 32.31 |
| 19 | 352 | MS-157 | LUIS ÁNGEL CASTELO SÁNCHEZ | 35-45 1969 | 32.34 |
| 20 | 346 | MS-149 | DAVID CASADO BRAVO | 35-45 1972 | 32.34 |
| 21 | 266 | MS-50 | ALBERTO ARUFE VARELA | 35-45 1970 | 32.36 |
| 22 | 814 | MS-711 | CARLOS SPUCH SÁNCHEZ | 35-45 1969 | 32.53 |
| 23 | 437 | MS-262 | MANUEL FONTENLA MUIÑO | 35-45 1963 | 33.00 |
| 24 | 780 | MS-672 | ALBERTO SÁNCHEZ CASTRO | 35-45 1972 | 33.12 |
| 25 | 744 | MS-631 | MARCELINO RODRÍGUEZ GARRIDO | 35-45 1972 | 33.17 |
| 26 | 691 | MS-569 | IGNACIO PUEYO SANTILLANA | 35-45 1968 | 33.29 |
| 27 | 489 | MS-325 | LUIS ANXO GONZÁLEZ ARES | 35-45 1969 | 33.32 |
| 28 | 430 | MS-254 | RAMON FERREIRO OTTIGER | 35-45 1969 | 33.34 |
| 29 | 589 | MS-446 | JOSE RAMON MAYO MARTINEZ | 35-45 1971 | 33.34 |
| 30 | 757 | MS-646 | MARCOS RODRIGUEZ SANCHEZ | 35-45 1972 | 33.36 |
| 31 | 287 | MS-73 | CONSTANTINO BELLO COSTAL | 35-45 1965 | 33.45 |
| 32 | 493 | MS-327 | ANTONIO L. GONZALEZ FERNANDEZ | 35-45 1972 | 33.58 |
| 33 | 789 | MS-682 | ROBERTO SANJUAN SÁNCHEZ | 35-45 1968 | 34.03 |
| 34 | 643 | MS-513 | RAFAEL PAIS COMINO | 35-45 1972 | 34.07 |
| 35 | 297 | MS-85 | JOSÉ FRANCISCO BLANCO FANDIÑO | 35-45 1972 | 34.08 |
| 36 | 394 | MS-210 | IGNACIO ROGELIO DOSIL CASTIÑEIRAS | 35-45 1969 | 34.11 |
| 37 | 599 | MS-457 | PABLO MIRA PEREZ | 35-45 1973 | 34.11 |
| 38 | 555 | MS-404 | JAVIER LÓPEZ PIÑEIRO | 35-45 1971 | 34.12 |
| 39 | 565 | MS-415 | ANTONIO LOVERA TEJEDOR | 35-45 1966 | 34.48 |
| 40 | 369 | MS-179 | CARLOS CORRALES PIQUERO | 35-45 1970 | 35.00 |
| 41 | 488 | MS-324 | JUAN BAUTISTA GOMEZ-PORTALES | 35-45 1969 | 35.02 |
| 42 | 525 | MS-370 | GUILLERMO LANCELOTTI IZQUIERDO | 35-45 1964 | 35.02 |
| 43 | 421 | MS-242 | MIGUEL ÁNGEL FERNÁNDEZ NOVOA | 35-45 1967 | 35.09 |
| 44 | 466 | MS-296 | TOMÁS GARCÍA GALLEGO | 35-45 1970 | 35.15 |
| 45 | 696 | MS-575 | ENRIQUE JORGE RAMA RODRIGUEZ | 35-45 1965 | 35.16 |
| 46 | 626 | MS-490 | MANUEL NAVEIRA MOLLÓN | 35-45 1968 | 35.19 |
| 47 | 532 | MS-378 | JOSÉ MARÍA LEVOSO TOUCEDA | 35-45 1968 | 35.19 |
| 48 | 648 | MS-519 | ALBERTO PARDO FERNÁNDEZ | 35-45 1972 | 35.24 |
| 49 | 726 | MS-610 | DANIEL RIVEIRA RUANOVA | 35-45 1968 | 35.24 |
| 50 | 523 | MS-367 | JOSÉ ÁNGEL LAMAS SEREN | 35-45 1971 | 35.28 |
| 51 | 720 | MS-603 | SANTIAGO RIESTRA GÓMEZ | 35-45 1968 | 35.31 |
| 52 | 618 | MS-479 | SANTIAGO MOSTEIRO MARTÍNEZ | 35-45 1965 | 35.33 |
| 53 | 637 | MS-505 | ENRIQUE OCHOA FERNANDEZ | 35-45 1966 | 35.42 |
| 54 | 810 | MS-706 | JUAN CARLOS SOTO GARCIA | 35-45 1968 | 35.42 |
| 55 | 837 | MS-740 | ANTONIO JAVIER VALES DÍAZ | 35-45 1973 | 35.42 |
| 56 | 551 | TAP220865 | TOMAS ABELEDO PATIÑO | 35-45 1965 | 35.49 |
| 57 | 857 | MS-768 | IGNACIO VELARDE DIAZ PALLAR | 35-45 1972 | 35.57 |
| 58 | 249 | MS-30 | ANDRES ALVITE COUSILLAS | 35-45 1972 | 35.59 |
| 59 | 657 | MS-530 | CARLOS PAZOS PORTO | 35-45 1969 | 36.00 |
| 60 | 712 | MS-594 | J. DANIEL REINOSOS ROJO | 35-45 1969 | 36.01 |
| 61 | 403 | MS-222 | RENATO FARALDO SANTOS | 35-45 1970 | 36.04 |
| 62 | 846 | MS-753 | JORGE VÁZQUEZ FONDEVILA | 35-45 1972 | 36.04 |
| 63 | 586 | MS-441 | JUAN ANTONIO MARTÍNEZ NUÑEZ | 35-45 1968 | 36.04 |
| 64 | 513 | MS-355 | JUAN HIDALGO RODRIGUEZ | 35-45 1968 | 36.08 |
| 65 | 579 | MS-433 | LUIS ALBERTO MARTINEZ ARES | 35-45 1973 | 36.11 |
| 66 | 298 | MS-86 | MANUEL BLANCO PARADA | 35-45 1970 | 36.16 |
| 67 | 805 | MS-700 | JON MIREN SESMA ARANBERRI | 35-45 1972 | 36.16 |
| 68 | 680 | MS-555 | JOAQUIN PIÑOL CHAS | 35-45 1973 | 36.23 |
| 69 | 250 | MS-31 | ISMAEL AMBITE REY | 35-45 1973 | 36.24 |
| 70 | 738 | MS-625 | MARCELO RODRÍGUEZ FILGUERAS | 35-45 1973 | 36.31 |
| 71 | 562 | MS-412 | JUAN LOUREIRO LODEIRO | 35-45 1973 | 36.45 |
| 72 | 790 | MS-683 | JOSÉ ANTONIO SANTISO SEOANE | 35-45 1965 | 36.50 |
| 73 | 817 | MS-716 | JUAN TÁBARA RODRÍGUEZ | 35-45 1963 | s.t. |
| 74 | 749 | MS-636 | OSCAR RODRÍGUEZ MIRABALLES | 35-45 1969 | s.t. |
| 75 | 556 | MS-405 | JUAN JOSÉ LÓPEZ RIOS | 35-45 1968 | s.t. |
| 76 | 898 | JPL020563 | JOSE ANTONIO PIÑEIRO LAGO | 35-45 1963 | s.t. |
| 77 | 497 | MS-333 | FRANCISCO JOSÉ GONZÁLEZ MACEIRAS | 35-45 1970 | s.t. |
| 78 | 507 | MS-348 | ENRIQUE GUTIERREZ VAZQUEZ | 35-45 1971 | s.t. |

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| 79 | 683 | MS-559 | CARLOS PONTE AROCHENA | 35-45 1967 | s.t. |
| 80 | 808 | MS-704 | FERNANDO SILVARREY REDONDO | 35-45 1972 | s.t. |
| 81 | 765 | MS-656 | JOSE LUIS ROMAY FERNÁNDEZ | 35-45 1972 | s.t. |
| 82 | 243 | MS-17 | FRANCISCO ALONSO CUEVAS | 35-45 1969 | s.t. |
| 83 | 552 | MS-401 | AGUSTIN LOPEZ OTERO | 35-45 1972 | s.t. |
| 84 | 755 | MS-643 | JESÚS ÁNGEL RODRÍGUEZ RODRÍGUEZ | 35-45 1963 | s.t. |
| 85 | 684 | MS-560 | FEDERCO PORTO ARIAS | 35-45 1967 | s.t. |
| 86 | 447 | MS-274 | VICTOR MANUEL FREIRE SALORIO | 35-45 1969 | s.t. |
| 87 | 866 | MS-779 | ALFONSO VILAR CREGO | 35-45 1973 | s.t. |
| 88 | 494 | MS-330 | MIGUEL ANGEL GONZÁLEZ GARCÍA | 35-45 1967 | s.t. |
| 89 | 543 | MS-391 | JOAQUIN LÓPEZ CAMPO | 35-45 1967 | s.t. |
| 90 | 854 | MS-765 | LUIS VEIGA MENÉNDEZ | 35-45 1969 | s.t. |
| 91 | 646 | MS-517 | JOSÉ PARDIÑAS ALVITE | 35-45 1963 | s.t. |
| 92 | 244 | MS-20 | MIGUEL ALONSO ISLA | 35-45 1966 | s.t. |
| 93 | 630 | MS-494 | ALFONSO NIETO LOPEZ | 35-45 1965 | s.t. |
| 94 | 303 | MS-92 | JOSÉ LUIS BLAZQUEZ BARCA | 35-45 1973 | s.t. |
| 95 | 358 | MS-162 | JESUS CASTRO PENA | 35-45 1965 | s.t. |
| 96 | 717 | MS-600 | PABLO REZA RODRÍGUEZ | 35-45 1971 | s.t. |
| 97 | 674 | MS-548 | CARLOS PEREZ SOUTO | 35-45 1971 | s.t. |
| 98 | 235 | MS-6 | DAMIAN ABELLAN YEPES | 35-45 1972 | s.t. |
| 99 | 424 | MS-245 | SANTIAGO MANUEL FERNANDEZ RUMBO | 35-45 1967 | s.t. |
| 100 | 481 | MS-314 | LUIS GAREA GAREA | 35-45 1967 | s.t. |
| 101 | 324 | MS-118 | RICARDO CALVO LÓPEZ | 35-45 1971 | s.t. |
| 102 | 329 | MS-123 | JUAN MANUEL CANO ACEVEDO | 35-45 1972 | s.t. |
| 103 | 326 | MS-120 | FRANCISCO CALVO PEREZ | 35-45 1973 | s.t. |
| 104 | 848 | MS-758 | FERNANDO VÁZQUEZ MARTINEZ | 35-45 1964 | s.t. |
| 105 | 583 | MS-438 | JOSE ANTONIO MARTÍNEZ LEMA | 35-45 1972 | s.t. |
| 106 | 587 | MS-443 | CARLOS MARTY MARTINEZ | 35-45 1973 | s.t. |
| 107 | 567 | MS-417 | ROBERTO LOZANO ROYO | 35-45 1968 | s.t. |
| 108 | 273 | MS-58 | JOSÉ MIGUEL BARRACHINA MARTÍNEZ | 35-45 1969 | s.t. |
| 109 | 768 | MS-659 | RICARDO RUBIO ALAMEDA | 35-45 1965 | s.t. |
| 110 | 247 | MS-25 | JUAN JOSE ALVAREZ CASTRO | 35-45 1969 | s.t. |
| 111 | 711 | MS-593 | ESTANISLAO REGUEIRO MIEG | 35-45 1969 | s.t. |
| 112 | 320 | MS-113 | JESÚS CAINZOS REY | 35-45 1969 | s.t. |
| 113 | 350 | MS-154 | GUZMÁN CASAS RODRÍGUEZ | 35-45 1966 | s.t. |
| 114 | 693 | MS-572 | CARLOS QUINTAS VILA | 35-45 1967 | s.t. |
| 115 | 775 | MS-666 | ALFONSO SALGADO FERNANDEZ | 35-45 1973 | s.t. |
| 116 | 259 | MS-41 | JOSÉ FRANCISCO AREA SANTOS | 35-45 1967 | s.t. |
| 117 | 267 | MS-51 | JESUS ASTRAY CASTRO | 35-45 1969 | s.t. |
| 118 | 255 | MS-37 | JOSE MANUEL AÑON ANIDO | 35-45 1967 | s.t. |
| 119 | 788 | MS-681 | PABLO SANISIDRO FERNANDEZ | 35-45 1969 | s.t. |
| 120 | 878 | MS-654 | CARLOS OLEGARIO RODRÍGUEZ VEIRAS | 35-45 1963 | s.t. |
| 121 | 384 | MS-194 | PABLO DE UÑA ALVAREZ | 35-45 1964 | s.t. |
| 122 | 667 | MS-540 | JOSÉ ÁNGEL PÉREZ ESTRADA | 35-45 1965 | s.t. |
| 123 | 753 | MS-640 | JESÚS RODRÍGUEZ PENAS | 35-45 1965 | s.t. |
| 124 | 581 | MS-436 | DANIEL MARTINEZ GALDOS | 35-45 1970 | s.t. |
| 125 | 553 | MS-402 | JOSÉ ANTONIO LÓPEZ PARDO | 35-45 1968 | s.t. |
| 126 | 645 | MS-515 | MAR PAN MANCHO | 35-45 1969 | s.t. |
| 127 | 477 | MS-310 | JOSÉ GARCÍA RODRÍGUEZ | 35-45 1968 | s.t. |
| 128 | 668 | MS-541 | PEDRO ANTONIO PÉREZ FERNÁNDEZ | 35-45 1964 | s.t. |
| 129 | 405 | MS-224 | JAVIER FARIÑA PÉREZ | 35-45 1973 | s.t. |
| 130 | 304 | MS-93 | JOSE ANTONIO BOCELO PRIETO | 35-45 1963 | s.t. |
| 131 | 740 | MS-627 | MIGUEL RODRÍGUEZ GALLEGO | 35-45 1970 | s.t. |
| 132 | 651 | MS-523 | FERNANDO PARDO VARELA | 35-45 1966 | s.t. |
| 133 | 14 | MS-590 | RAFAEL REGUEIRA CANOSA | 35-45 1972 | s.t. |
| 134 | 546 | MS-394 | MARCO ANTONIO LOPEZ FRANCO | 35-45 1968 | s.t. |
| 135 | 732 | MS-618 | AMADEO RODRIGUEZ AGRA | 35-45 1973 | s.t. |
| 136 | 8 | RSH16107 | RAFAEL SERRANO HERNANDEZ | 35-45 1972 | s.t. |
| 137 | 656 | MS-529 | MIGUEL ÁNGEL PAZ DANS | 35-45 1969 | s.t. |

RESULTADOS CATEGORIA 46-56 - MASCULINO

| Pto.Ca | Dorsa | Licencia | Apellidos e nome / Clube | Año | Marca |
|--------|-------|----------|--------------------------------|------------|-------|
| 1 | 578 | MS-432 | EMILIO MARTÍNEZ ANTA | 46-56 1962 | 28.20 |
| 2 | 307 | MS-96 | JOSE LUIS BOUZA FREIRE | 46-56 1959 | 28.47 |
| 3 | 460 | MS-289 | ENRIQUE GARCÍA DEBÉN | 46-56 1962 | 29.33 |
| 4 | 603 | MS-461 | MANUEL MONTEAGUDO CAAMAÑO | 46-56 1955 | 31.01 |
| 5 | 863 | MS-776 | MANUEL VIGO MOURULLO | 46-56 1956 | 31.35 |
| 6 | 569 | MS-421 | JOSE LUIS MANCEBO IGLESIAS | 46-56 1959 | 32.42 |
| 7 | 323 | MS-117 | CÁNDIDO CALVIÑO MORLA | 46-56 1961 | 32.43 |
| 8 | 715 | MS-597 | JOSE REY CAMIÑO | 46-56 1957 | 33.06 |
| 9 | 722 | MS-606 | ADOLFO OMAR RÍOS | 46-56 1959 | 33.50 |
| 10 | 763 | MS-652 | BLAS RODRÍGUEZ VÁZQUEZ | 46-56 1962 | 33.54 |
| 11 | 449 | MS-276 | FRANCISCO FUENTES CASTRO | 46-56 1962 | 33.55 |
| 12 | 879 | MS-173 | GUILLERMO CONCHEIRO FERNÁNDEZ | 46-56 1959 | 35.19 |
| 13 | 585 | MS-440 | TOMÁS MARTÍNEZ MOSQUERA | 46-56 1960 | 35.19 |
| 14 | 531 | MS-377 | JUAN CARLOS LESTAYO LAGO | 46-56 1960 | 35.54 |
| 15 | 681 | MS-556 | CARLOS PLATAS VARELA | 46-56 1962 | 36.15 |
| 16 | 548 | MS-397 | JOSE MARIA LOPEZ MAQUIEIRA | 46-56 1959 | 36.16 |
| 17 | 609 | MS-469 | JOSE MARÍA MORALES TRASANCOS | 46-56 1955 | 37.45 |
| 18 | 828 | MS-728 | JUAN JOSE TRABAZO FARIÑA | 46-56 1962 | 36.45 |
| 19 | 529 | MS-375 | GUMERSINDO LEMA MOUZO | 46-56 1959 | s.t. |
| 20 | 782 | MS-675 | JOSE MANUEL SANCHEZ LOUREDA | 46-56 1962 | s.t. |
| 21 | 445 | MS-272 | JESÚS Mª FREIRE RODRÍGUEZ | 46-56 1954 | s.t. |
| 22 | 452 | MS-281 | ENRIQUE GANDARA ULLOA | 46-56 1961 | s.t. |
| 23 | 861 | MS-774 | CARLOS VIEITO PICALLO | 46-56 1960 | s.t. |
| 24 | 356 | MS-161 | FRANCISCO CASTRO CAAMAÑO | 46-56 1955 | s.t. |
| 25 | 695 | MS-574 | ARTURO RABUÑAL VÁZQUEZ | 46-56 1955 | s.t. |
| 26 | 321 | MS-115 | JOSE MANUEL CALVIÑO BUGUEIRO | 46-56 1962 | s.t. |
| 27 | 305 | MS-94 | JOSE ENRIQUE BORRAZAS FERREIRO | 46-56 1956 | s.t. |
| 28 | 315 | MS-104 | JOSE MARIA BREA SANCHEZ | 46-56 1958 | s.t. |
| 29 | 725 | MS-609 | JUAN CARLOS RIVAS VARELA | 46-56 1958 | s.t. |
| 30 | 351 | MS-155 | ÁNGEL CASTAÑEDA CAMBON | 46-56 1959 | s.t. |
| 31 | 752 | MS-639 | FERNANDO RODRÍGUEZ PENA | 46-56 1957 | s.t. |
| 32 | 462 | MS-291 | JORGE GARCÍA DIOS | 46-56 1954 | s.t. |
| 33 | 345 | MS-147 | CARLOS CARRODEGUAS ABADIN | 46-56 1957 | s.t. |
| 34 | 676 | MS-551 | ADOLFO PICOS RODRÍGUEZ | 46-56 1955 | s.t. |
| 35 | 761 | MS-651 | FERNANDO RODRÍGUEZ VAZQUEZ | 46-56 1962 | s.t. |
| 36 | 520 | MS-363 | JOSE LAGE CERVIÑO | 46-56 1961 | s.t. |
| 37 | 733 | MS-619 | FRANCISCO RODRÍGUEZ BALSÁ | 46-56 1958 | s.t. |
| 38 | 635 | MS-502 | JOSE ENRIQUE NUÑEZ SEIJAS | 46-56 1961 | s.t. |
| 39 | 463 | MS-293 | EMILIO GARCIA FALCON | 46-56 1958 | s.t. |

RESULTADOS CATEGORIA 57 Y + - MASCULINO

| Pto.Ca | Dorsa | Licencia | Apellidos e nome / Clube | Año | Marca |
|---------------|--------------|-----------------|------------------------------------|------------|--------------|
| 1 | 510 | MS-351 | ANTONIO HERNÁNDEZ BARREIRO | 57+ 1946 | 34.20 |
| 2 | 293 | MS-80 | JESÚS BERNAL GÓMEZ | 57+ 1947 | 36.13 |
| 3 | 404 | MS-223 | MANUEL FARIÑA FACAL | 57+ 1948 | 36.19 |
| 4 | 607 | MS-466 | JESUS MONTERO LAGO | 57+ 1940 | s.t. |
| 5 | 653 | MS-526 | SALVADOR PATIÑO DE LA TORRE | 57+ 1950 | s.t. |
| 6 | 900 | LIG251045 | LUIS IGLESIAS GONZALEZ | 57+ 1945 | s.t. |
| 7 | 536 | MS-384 | ENRIQUE LOBON GAVIRA | 57+ 1951 | s.t. |
| 8 | 366 | MS-175 | VICTORINO CORES LISTE | 57+ 1946 | s.t. |
| 9 | 328 | MS-122 | PAULINO CANLE PENA | 57+ 1948 | s.t. |
| 10 | 295 | MS-82 | JULIÁN BERNAL MEDINA | 57+ 1919 | s.t. |

RESULTADOS CATEGORIA CADETE - MASCULINO

| Pto.Ca | Dorsa | Licencia | Apellidos e nome / Clube | Año | Marca |
|--------|-------|----------|------------------------------|---------|-------|
| 1 | 205 | MS-738 | RUBÉN JESÚS VAAMONDE SÁNCHEZ | CD 1995 | 3.09 |
| 2 | 204 | MS-642 | SERGIO RODRIGUEZ QUINTANA | CD 1994 | 3.13 |
| 3 | 195 | MS-215 | DAVID EIROA DIAZ | CD 1994 | 3.31 |
| 4 | 191 | MS-14 | VICTOR ALFONSÍN PENA FILHO | CD 1994 | 3.50 |
| 6 | 198 | MS-323 | ADRIAN GÓMEZ MATO | CD 1995 | 3.59 |
| 7 | 203 | MS-622 | ISMAEL RODRÍGUEZ CASTIÑEIRA | CD 1994 | 4.02 |
| 8 | 200 | MS-341 | JUAN S. GRZYWACZEWSKI LOBO | CD 1994 | 4.04 |
| 9 | 206 | MS-755 | GUILLERMO VAZQUEZ MARIÑO | CD 1994 | 4.33 |
| 10 | 196 | MS-216 | ELENA EIROA DIAZ | CD 1994 | 4.36 |
| 11 | 201 | MS-482 | ANTÓN MUIÑO ALONSO | CD 1994 | 5.33 |
| 12 | 197 | MS-292 | DIEGO GARCIA DO PORTO | CD 1994 | 5.45 |
| 13 | 192 | MS-32 | ALBERTO AMOR RIOS | CD 1994 | 5.45 |
| 14 | 193 | MS-39 | DANIEL AREA ALONSO | CD 1994 | 5.47 |

RESULTADOS CATEGORIA XUVENIL - MASCULINO

| Pto.Ca | Dorsa | Licencia | Apellidos e nome / Clube | Año | Marca |
|--------|-------|-----------|----------------------------|---------|-------|
| 1 | 208 | MS-111 | MANUEL CAEIRO AGUADO | JV 1993 | 3.04 |
| 2 | 220 | MS-550 | ALEXANDRE PICÓN FRANCO | JV 1993 | 3.07 |
| 3 | 223 | EPT280192 | ENRIQUE PREGO TABUYO | JV 1992 | 3.09 |
| 4 | 214 | MS-225 | ABDELAZIZ FATIHI | JV 1992 | 3.24 |
| 5 | 219 | MS-476 | CARLOS MORO MARTINEZ | JV 1993 | 3.28 |
| 6 | 221 | MS-566 | IVÁN PRESNO LÓPEZ | JV 1992 | 3.28 |
| 7 | 217 | MS-431 | SERGIO MARTIN DÍAZ | JV 1993 | 3.55 |
| 8 | 225 | MS-647 | LEONARDO RODRÍGUEZ SEGARRA | JV 1992 | 4.45 |

CATEGORIA MENORES HOMES

RESULTADOS CATEGORIA INFANTIL - MASCULINO

Ruta conxunta CARREIRA MENORES (1 Km)

| Pto.Ca | Dorsa | Licencia | Apelidos e nome / Clube | Año | Marca |
|--------|-------|----------|----------------------------|---------|-------|
| 1 | 157 | MS-83 | DANIEL BLANCO DOPAZO | IN 1996 | 3.49 |
| 2 | 155 | MS-49 | JAVIER ARMESTO LILLO | IN 1996 | 3.52 |
| 3 | 174 | MS-495 | ÁLVARO NOAL MARIÑO | IN 1997 | 3.57 |
| 4 | 166 | MS-300 | DANIEL GARCÍA HERNÁNDEZ | IN 1996 | 3.57 |
| 5 | 190 | MS-789 | SAMUEL VIVAS RAMOS | IN 1996 | 4.07 |
| 6 | 162 | MS-167 | JESÚS CATALAN BREIJO | IN 1996 | 4.09 |
| 7 | 176 | MS-501 | MANUEL NUÑEZ MOSQUERA | IN 1996 | 4.09 |
| 8 | 159 | MS-110 | JESUS CAEIRO AGUADO | IN 1996 | 4.25 |
| 9 | 169 | MS-342 | ROBERTO GRZYWACZEWSKI LOBO | IN 1996 | 4.27 |
| 10 | 173 | MS-483 | EROS MUIÑO MARTÍNEZ | IN 1997 | 4.34 |
| 11 | 165 | MS-271 | EDUARDO FREIRE OLVEIRA | IN 1996 | 4.35 |
| 12 | 177 | MS-508 | MIGUEL ÁNGEL OSORIO MENA | IN 1996 | 4.52 |
| 13 | 175 | MS-499 | CESAR NOVOA FERNÁNDEZ | IN 1997 | 5.30 |
| 14 | 170 | MS-418 | JORGE LUACES PUENTE | IN 1997 | 5.33 |
| 15 | 164 | MS-252 | IAGO FERREIRO IGLESIAS | IN 1996 | 6.03 |

RESULTADOS CATEGORIA ALEVÍN - MASCULINO

Ruta conxunta CARREIRA MENORES (1 Km)

11:00 - 23/11/2008 Oficiosa

| Pto.Ca | Dorsa | Licencia | Apelidos e nome / Clube | Año | Marca |
|--------|-------|----------|------------------------------|---------|-------|
| 1 | 140 | MS-369 | GIULANO LANCELOTTI CRESPO | AL 1998 | 3.56 |
| 2 | 136 | MS-207 | PEDRO DOMINGUEZ RODRIGUEZ | AL 1998 | 3.59 |
| 3 | 143 | MS-408 | SERGIO LOPEZ SOUTO | AL 1998 | 4.18 |
| 4 | 148 | MS-516 | JULIAN PARAPAR BUDIÑO | AL 1998 | 4.27 |
| 5 | 145 | MS-462 | PABLO MONTEAGUDO LAGO | AL 1999 | 4.30 |
| 6 | 147 | MS-506 | JULIAN MIGUEL OLIVERA CRESPI | AL 1998 | 4.37 |
| 7 | 150 | MS-565 | DAVID PRESNO LÓPEZ | AL 1998 | 4.42 |
| 8 | 131 | MS-130 | MARTÍN CAÑETE VÁZQUEZ | AL 1999 | 4.44 |
| 9 | 151 | MS-757 | SOFIA VAZQUEZ MARIÑO | AL 1999 | 4.46 |
| 10 | 146 | MS-504 | ANTON OCHOA CASTRO | AL 1999 | 4.56 |
| 11 | 152 | MS-769 | ALEJANDRO VELO RODRÍGUEZ | AL 1998 | 4.57 |
| 12 | 127 | MS-19 | MIGUEL ALONSO GIRON | AL 1999 | 6.31 |
| 13 | 144 | MS-453 | DANIEL MIGUELEZ GONZÁLEZ | AL 1999 | 6.42 |
| 14 | 141 | MS-374 | AARÓN LEMA MIRANDA | AL 1999 | 6.50 |

RESULTADOS CATEGORIA BENXAMÍN - MASCULINO

Ruta conxunta CARREIRA MENORES (1 Km)

| Pto.Ca | Dorsa | Licencia | Apelidos e nome / Clube | Año | Marca |
|--------|-------|-----------|---------------------------|---------|-------|
| 1 | 114 | MS-395 | DAVID LOPEZ LOPEZ | BN 2000 | 4.09 |
| 2 | 111 | MS-280 | CARLOS GAMALLO GARCÍA | BN 2000 | 4.09 |
| 3 | 113 | MS-383 | JUAN CARLOS LINARES WIERA | BN 2001 | 4.35 |
| 4 | 120 | MS-742 | SAMUEL VALORIA CORA | BN 2000 | 4.40 |
| 5 | 117 | MS-546 | IZAN PÉREZ RODRÍGUEZ | BN 2000 | 5.01 |
| 6 | 884 | ALR160800 | ALEJANDRO LAVIE REGUERA | BN 2000 | 5.17 |
| 7 | 107 | MS-22 | MARTÍN ALONSO PÉREZ | BN 2001 | 5.42 |
| 8 | 118 | MS-570 | DOMINGO QUEIJEIRO SESÁR | BN 2000 | 6.11 |
| 9 | 115 | MS-435 | PABLO MARTÍNEZ FERRO | BN 2001 | 6.21 |
| 10 | 108 | MS-91 | ALBERTO BLANCO SUÁREZ | BN 2001 | 6.36 |
| 11 | 887 | PMF030201 | PEDRO MARTINEZ FERNANDEZ | BN 2001 | 6.39 |
| 12 | 65 | ALY310700 | ANDRES LOPEZ YAGUE | BN 2000 | 6.57 |
| 13 | 122 | MS-761 | IAGO VÁZQUEZ RAMÍREZ | BN 2000 | s.t. |

I CARREIRA POPULAR MESORIO EN MARCHA

Domingo, 23 de Novembro

RESULTADOS CATEGORIA SENIOR - FEMENINO

| Pto.Ca | Dorsa | Licencia | Apellidos e nome / Clube | Año | Marca |
|--------|-------|-----------|---------------------------------|---------|-------|
| 1 | 485 | MS-320 | MARIA JESUS GESTIDO RODRIGUEZ | SR 1977 | 28.21 |
| 2 | 663 | MS-536 | SOLANGE ANDREIA PEREIRA | SR 1989 | 29.11 |
| 3 | 703 | MS-582 | NATALIA RAÑA FUENTES | SR 1978 | 30.47 |
| 4 | 664 | MS-537 | MARGARITA PÉREZ BARDANCA | SR 1975 | 32.46 |
| 5 | 616 | MS-477 | LAURA MOSQUERA ESCUDERO | SR 1975 | 34.03 |
| 6 | 385 | MS-195 | SILVIA DEIRA BARCALA | SR 1974 | 34.50 |
| 7 | 678 | MS-553 | SARA PIÑEIRO GOLAN | SR 1974 | 36.26 |
| 8 | 281 | MS-66 | MARISA BARREIRO FUENTES | SR 1974 | s.t. |
| 9 | 496 | MS-332 | SUSANA GONZÁLEZ LEAL | SR 1979 | s.t. |
| 10 | 406 | MS-226 | SUSANA FEIJOO SANCHEZ | SR 1975 | s.t. |
| 11 | 557 | MS-406 | LAURA LÓPEZ ROUBO | SR 1975 | s.t. |
| 12 | 416 | MS-237 | VICTORIA FERNANDEZ GARCIA | SR 1977 | s.t. |
| 13 | 257 | MS-40 | LUCÍA AREA MARTÍ | SR 1977 | s.t. |
| 14 | 727 | MS-611 | ISABEL RIVEROS MACIEL | SR 1976 | s.t. |
| 15 | 806 | MS-702 | SILVANA SIEIRO BÉRTOLO | SR 1978 | s.t. |
| 16 | 896 | ALP010185 | ANA LAMAS PEREZ | SR 1985 | s.t. |
| 17 | 710 | MS-592 | ALMA REGUEIRO ALLEGUE | SR 1981 | s.t. |
| 18 | 414 | MS-235 | MARÍA FERNANDEZ FIGUEROA | SR 1979 | s.t. |
| 19 | 818 | MS-718 | LAURA TABOADA VEIGA | SR 1982 | s.t. |
| 20 | 317 | MS-107 | SONIA BUSTO NAVEIRA | SR 1981 | s.t. |
| 21 | 839 | MS-743 | NAGORE VALLE BENITO | SR 1978 | s.t. |
| 22 | 486 | MS-321 | ANA GIL TORRES | SR 1976 | s.t. |
| 23 | 381 | MS-191 | MARÍA DE CABO CAJIAO | SR 1978 | s.t. |
| 24 | 6 | MS-203 | ANA M ^a DÍAZ SOBRADO | SR 1977 | s.t. |

RESULTADOS CATEGORIA 35 - 49 FEM - FEMENINO

| Pto.Ca | Dorsa | Licencia | Apellidos e nome / Clube | Año | Marca |
|--------|-------|----------|--------------------------------------|-------------|-------|
| 1 | 622 | MS-486 | PAQUI MURCIA GOMEZ | F35-49 1971 | 27.58 |
| 2 | 306 | MS-95 | SONIA BOTANA GONZÁLEZ | F35-49 1969 | 32.55 |
| 3 | 845 | MS-751 | KEYY VÁZQUEZ | F35-49 1970 | 32.57 |
| 4 | 492 | MS-328 | DOLORES GONZALEZ FERNANDEZ | F35-49 1969 | 34.15 |
| 5 | 746 | MS-632 | MARIA DEL CARMEN RODRIGUEZ | F35-49 1965 | 34.23 |
| 6 | 456 | MS-286 | SUSANA GARCÍA ALVAREZ | F35-49 1970 | 34.41 |
| 7 | 11 | MS-353 | MONTSERRAT HERNÁNDEZ GARCÍA | F35-49 1968 | 36.16 |
| 8 | 455 | MS-284 | MADA GARCÍA ABALO | F35-49 1969 | s.t. |
| 9 | 748 | MS-635 | PAMELA RODRIGUEZ MILAZZO | F35-49 1972 | s.t. |
| 10 | 413 | MS-234 | ROCIO FERNANDEZ FERNANDEZ | F35-49 1971 | s.t. |
| 11 | 735 | MS-621 | ROSA M ^a RODRÍGUEZ BLASCO | F35-49 1972 | s.t. |
| 12 | 347 | MS-150 | CARMEN CASAL LLORENTE | F35-49 1971 | s.t. |
| 13 | 777 | MS-669 | SILVIA SANCHEZ BASCOY | F35-49 1960 | s.t. |
| 14 | 799 | MS-693 | BEGOÑA SENDON RICO | F35-49 1968 | s.t. |
| 15 | 521 | MS-364 | MARIA EUGENIA LAGUNA SOROZABAL | F35-49 1962 | s.t. |
| 16 | 440 | MS-266 | ANNE FORRYAN | F35-49 1966 | s.t. |
| 17 | 499 | MS-336 | BEGOÑA GONZÁLEZ PENA | F35-49 1972 | s.t. |
| 18 | 364 | MS-172 | MARIA JULIA COMAS GARCIA | F35-49 1966 | s.t. |
| 19 | 647 | MS-520 | ANA ISABEL PARDO FERNÁNDEZ | F35-49 1966 | s.t. |
| 20 | 718 | MS-601 | MARISA RICO FEIJOO | F35-49 1972 | s.t. |
| 21 | 419 | MS-240 | DULCE FERNANDEZ MARIÑO | F35-49 1960 | s.t. |
| 22 | 519 | MS-362 | LUCIA IRIBARREN MACIAS | F35-49 1972 | s.t. |

RESULTADOS CATEGORIA 50 Y + FEM - FEMENINO

11:30 - 23/11/2008 Impresa:

| Pto.Ca | Dorsa | Licencia | Apellidos e nome / Clube | Año | Marca |
|--------|-------|----------|--------------------------|-----------|-------|
| 1 | 312 | MS-102 | ISABEL BREA POSSE | F50+ 1951 | s.t. |

RESULTADOS CATEGORIA CADETE - FEMENINO

| Pto.Ca | Dorsa | Licencia | Apellidos e nome / Clube | Año | Marca |
|--------|-------|----------|--------------------------|---------|-------|
| 1 | 202 | MS-615 | SARA ROCHA | CD 1995 | 3.57 |

Domingo, 23 de Novembro

RESULTADOS CATEGORIA XUVENIL - FEMENINO

| Pto.Ca | Dorsa | Licencia | Apellidos e nome / Clube | Año | Marca |
|--------|-------|-----------|---------------------------|---------|-------|
| 1 | 226 | MS-729 | VICTORIA TRABAZO MARTINEZ | JV 1993 | 5.11 |
| 2 | 889 | SAC010193 | SILVIA AGUION COMAS | JV 1993 | 5.33 |

CATEGORIA DE MENORES MULLERES

RESULTADOS CATEGORIA INFANTIL - FEMENINO

Ruta conxunta CARREIRA MENORES (1 Km)

| Pto.Ca | Dorsa | Licencia | Apelidos e nome / Clube | Año | Marca |
|--------|-------|----------|-------------------------|---------|-------|
| 1 | 184 | MS-697 | RUTH SEOANE LOUREDA | IN 1996 | 4.12 |
| 2 | 187 | MS-734 | BLANCA TUÑAS CABARCOS | IN 1997 | 4.13 |
| 3 | 153 | MS-28 | ALISSON ALVES ALFONSÍN | IN 1997 | 4.22 |
| 4 | 171 | MS-445 | ALESSIA MATO SACCOMANNO | IN 1997 | s.t. |

RESULTADOS CATEGORIA ALEVÍN - FEMENINO

Ruta conxunta CARREIRA MENORES (1 Km)

11:00 - 23/11/2008 Oficiosa

| Pto.Ca | Dorsa | Licencia | Apelidos e nome / Clube | Año | Marca |
|--------|-------|-----------|-------------------------|---------|-------|
| 1 | 893 | AVS010198 | ANA VEIGA SOUTO | AL 1998 | 4.00 |
| 2 | 129 | MS-27 | SOFIA ALVAREZ LOSADA | AL 1998 | 4.56 |
| 3 | 142 | MS-382 | IRENE LINARES WIERA | AL 1998 | 5.42 |
| 4 | 132 | MS-142 | PAULA CARREGAL SÖMME | AL 1998 | 5.56 |
| 5 | 126 | MS-18 | MARÍA ALONSO GIRON | AL 1998 | 5.57 |
| 6 | 139 | MS-315 | LUCÍA GAREA TENREIRO | AL 1998 | 6.01 |
| 27 | 125 | MS-15 | MARÍA ALFONSINA SÁNCHEZ | AL 1998 | 6.43 |

RESULTADOS CATEGORIA BENXAMÍN - FEMENINO

Ruta conxunta CARREIRA MENORES (1 Km)

| Pto.Ca | Dorsa | Licencia | Apelidos e nome / Clube | Año | Marca |
|--------|-------|----------|--------------------------|---------|-------|
| 1 | 119 | MS-701 | MARÍA SEXTO PÉREZ | BN 2000 | 5.14 |
| 2 | 110 | MS-265 | PAULA FONTICOBIA SUEIRAS | BN 2000 | 5.22 |
| 3 | 109 | MS-141 | MARIA CARREGAL SÖMME | BN 2000 | 5.44 |
| 4 | 112 | MS-334 | NADIA GONZÁLEZ MUIÑOS | BN 2001 | 6.37 |
| 5 | 890 | PHG09090 | PAULA HUERTAS GANDOY | BN 2000 | 6.48 |

RESULTADOS CATEGORIA PREBENXAMÍN - FEMENINO

Ruta conxunta CARREIRA MENORES (1 Km)

| Pto.Ca | Dorsa | Licencia | Apelidos e nome / Clube | Año | Marca |
|--------|-------|----------|-------------------------|---------|-------|
| 1 | 885 | SMT09120 | SARAH MONGE TERCERO | PB 2002 | s.t. |