

V LEGUA IRMANDIÑA 2019

29 XUÑO 2019

- ABSOLUTA -

GALITIMING
DU!W!11999

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	EQUIPO	META	DIF 1º	RITMO
1	1	101	PENA TORREIRA , AMADOR	MALE	MALE	CLUB ATLETISMO O PINO	00:19:45		03:36 min/Km
2	2	116	REGUEIRA RELLAN , MARTIN	MALE	MALE	CLUB ATLETISMO O PINO	00:19:49	+00:00:04	03:37 min/Km
3	3	87	MUIÑO VARELA , CRISTIAN	MALE	MALE	CLUB ATLETISMO O PINO	00:19:58	+00:00:13	03:38 min/Km
4	4	62	INSUA DIAZ , RUBEN	MALE	MALE	CLUB ATLETISMO SAR VERMU PETRONI	00:20:27	+00:00:42	03:44 min/Km
5	5	117	RENDO PÉREZ , MANUEL	MALE	MALE	ECOPREVE	00:22:03	+00:02:18	04:01 min/Km
6	6	31	CANOSA CASTIÑEIRA , RAMON	MALE	MALE	AD OLIMPIA	00:22:04	+00:02:19	04:01 min/Km
7	7	95	P, CASAS , DIEGO	MALE	MALE		00:22:07	+00:02:22	04:02 min/Km
8	8	55	GOMÉZ FERNÁNDEZ , ADRIÁN	MALE	MALE	CLUB ATLETISMO O PINO	00:22:11	+00:02:26	04:02 min/Km
9	9	256	IGLESIAS , NICOLAS	MALE	MALE		00:22:14	+00:02:29	04:03 min/Km
10	10	109	PRIETO CAAMAÑO , JAIRO	MALE	MALE	TRIATLÓN COSTA DA MORTE	00:22:44	+00:02:59	04:08 min/Km
11	11	7	BARCA ESPAÑA , MARCIAL ANÍBAL	MALE	MALE	CLUB ATLETISMO O PINO	00:22:46	+00:03:01	04:09 min/Km
12	12	35	CASTIÑEIRA PAIS , MARCO	MALE	MALE		00:22:49	+00:03:04	04:09 min/Km
13	13	60	HEVIA GOMEZ , JESUS	MALE	MALE	NOSPORTLIMIT	00:22:59	+00:03:14	04:11 min/Km
14	14	126	ROGET PEREZ , FELIX	MALE	MALE	TERRA DE SONEIRA	00:23:26	+00:03:41	04:16 min/Km
15	15	6	ANTELO LOPEZ , JOSÉ RAMÓN	MALE	MALE		00:23:37	+00:03:52	04:18 min/Km
16	16	46	DOMINGUEZ REY , JOAQUIN	MALE	MALE		00:23:42	+00:03:57	04:19 min/Km
17	17	107	POMBO PERISCAL , ALBERTO	MALE	MALE	A.D.MEDIADUCIA	00:23:54	+00:04:09	04:21 min/Km
18	18	3	ÁLVAREZ PORTEIRO , GONZALO	MALE	MALE	INDEPENDIENTE	00:23:55	+00:04:10	04:21 min/Km
19	19	15	BLANCO SANCHEZ , ADOLFO	MALE	MALE		00:23:56	+00:04:11	04:22 min/Km
20	20	135	SERRANO REMUIÑAN , JOSE ANTONIO	MALE	MALE		00:24:09	+00:04:24	04:24 min/Km
21	21	61	INFESTA SAR , IGNACIO	MALE	MALE		00:24:29	+00:04:44	04:28 min/Km
22	22	16	BLANCO SANCHEZ , DIEGO	MALE	MALE		00:24:38	+00:04:53	04:29 min/Km
23	1	38	CASTRO VILLAVERDE , TERESA	FEMALE	FEMALE	CLUB ATLETISMO NOIA	00:24:42	+00:04:57	04:30 min/Km
24	23	133	SANTOS POSE , JOSÉ MANUEL	MALE	MALE	TERRA DE SONEIRA CD	00:24:47	+00:05:02	04:31 min/Km
25	24	146	VIDAL LORENZO , MARTIN	MALE	MALE	TERRA DE SONEIRA	00:24:52	+00:05:07	04:32 min/Km
26	25	67	LADO CASTIÑEIRA , ESTEBAN	MALE	MALE		00:24:59	+00:05:14	04:33 min/Km
27	26	34	CASAL COUTO , FERNANDO	MALE	MALE	INDEPENDIENTE	00:25:00	+00:05:15	04:33 min/Km
28	27	113	RECAREY RODRIGUEZ , AARON	MALE	MALE	TERRA DE SONEIRA CD	00:25:07	+00:05:22	04:34 min/Km
29	28	88	NART LINARES , HUGO	MALE	MALE	MANDRIL TEAM	00:25:09	+00:05:24	04:35 min/Km
30	29	90	NOVO BUJEIRO , JAVIER	MALE	MALE	TERRA DE SONEIRA CD	00:25:14	+00:05:29	04:36 min/Km
31	30	110	RAMOS LAMAS , JUAN MANUEL	MALE	MALE	RUN 4ONE	00:25:15	+00:05:30	04:36 min/Km
32	31	12	BERMÚDEZ VARELA , JOSÉ	MALE	MALE	AD MEDIADUCIA	00:25:22	+00:05:37	04:37 min/Km

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33	32	25	CALZAS INSUA , DAVID	MALE	MALE	TERRA DE SONEIRA CD	00:25:25	+00:05:40	04:38 min/Km
34	2	27	CAMAFREITA AMIGO , ANA	FEMALE	FEMALE	TERRA DE SONEIRA CD	00:25:25	+00:05:40	04:38 min/Km
35	33	137	TAJES CANOSA , LUIS	MALE	MALE		00:25:26	+00:05:41	04:38 min/Km
36	3	120	RIVAS SUAREZ , NATALIA	FEMALE	FEMALE	CLUB ATLETISMO O PINO	00:25:26	+00:05:41	04:38 min/Km
37	34	59	GONZALEZ LAGO , PEDRO MANUEL	MALE	MALE	INDEPENDIENTE	00:25:29	+00:05:44	04:38 min/Km
38	35	102	PEREZ BLANCO , JAVIER	MALE	MALE	INDEPENDIENTE	00:25:31	+00:05:46	04:39 min/Km
39	4	11	BERMÚDEZ CANOSA , APOLONIA	FEMALE	FEMALE		00:25:35	+00:05:50	04:40 min/Km
40	36	99	PARDIÑO BUSTO , FERNANDO	MALE	MALE	A.D.MEDIADUCIA	00:26:07	+00:06:22	04:45 min/Km
41	37	142	TRILLO CAAMAÑO , JUAN CARLOS	MALE	MALE		00:26:09	+00:06:24	04:46 min/Km
42	38	26	CALZAS SUAREZ , FRANCISCO	MALE	MALE	TERRA DE SONEIRA CD	00:26:11	+00:06:26	04:46 min/Km
43	5	138	TASENDE ANDRADE , MARTINA	FEMALE	FEMALE	A.D.MEDIADUCIA	00:26:11	+00:06:26	04:46 min/Km
44	6	52	GARCÍA CRUZ , ALICIA	FEMALE	FEMALE	A.D .OLIMPIA	00:26:12	+00:06:27	04:46 min/Km
45	39	84	MÉNDEZ SUÁREZ , SUSO	MALE	MALE	PONTERIDERS	00:26:25	+00:06:40	04:49 min/Km
46	40	122	RODRIGUEZ DOMINGUEZ , JUAN ENRIQUE	MALE	MALE	A.D OLIMPIA	00:26:27	+00:06:42	04:49 min/Km
47	41	76	LIRES CALO , JAVIER	MALE	MALE		00:26:30	+00:06:45	04:50 min/Km
48	42	132	SÁNCHEZ LAGO , ISAAC	MALE	MALE		00:26:31	+00:06:46	04:50 min/Km
49	43	257	TRILLO FERNANDEZ , ABRAHAM	MALE	MALE		00:26:33	+00:06:48	04:50 min/Km
50	44	28	CAMPOS COSTA , RAMON	MALE	MALE	INDEPENDIENTE	00:26:36	+00:06:51	04:51 min/Km
51	45	96	PAIS MIÑONES , JUAN	MALE	MALE	TRIATLÓN COSTA DA MORTE	00:26:38	+00:06:53	04:51 min/Km
52	46	17	BLANCO TRABA , MIGUEL	MALE	MALE	A.D. OLIMPIA DE CEE	00:26:40	+00:06:55	04:51 min/Km
53	47	68	LAMAS , OSCAR	MALE	MALE		00:26:52	+00:07:07	04:54 min/Km
54	48	118	REY CAMIÑO , JOSE	MALE	MALE	INDEPENDIENTE	00:27:00	+00:07:15	04:55 min/Km
55	49	65	JUVIÑO PREGO , ANGEL	MALE	MALE	INDEPENDIENTE	00:27:04	+00:07:19	04:56 min/Km
56	50	49	FERNANDEZ CARBALLO , JUAN JOSE	MALE	MALE		00:27:12	+00:07:27	04:57 min/Km
57	7	91	NÚÑEZ NAVEIRA , LAURA	FEMALE	FEMALE	INDEPENDIENTE	00:27:25	+00:07:40	04:60 min/Km
58	51	124	RODRIGUEZ PUGA , JUAN MANUEL	MALE	MALE	INDEPENDIENTE	00:27:28	+00:07:43	04:60 min/Km
59	52	128	ROJO LEMA , ISMAEL	MALE	MALE	A,D. MONTEBRONDO	00:27:33	+00:07:48	05:01 min/Km
60	53	63	INSUA INSUS , MANUEL	MALE	MALE	INDEPENDIENTE	00:27:34	+00:07:49	05:01 min/Km
61	54	75	LEMA VALIÑA , ADRIÁN	MALE	MALE	INDEPENDIENTE	00:27:43	+00:07:58	05:03 min/Km
62	8	94	OLVEIRA TRABA , BEATRIZ	FEMALE	FEMALE	A.D OLIMPIA	00:27:47	+00:08:02	05:04 min/Km
63	55	10	BELLO SÁNCHEZ , MONCHO	MALE	MALE	INDEPENDIENTE	00:27:52	+00:08:07	05:04 min/Km
64	56	19	BLANCO VEIGA , DIEGO	MALE	MALE	A.D. MONTE BRONDO	00:27:53	+00:08:08	05:05 min/Km

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65	57	45	DOMÍNGUEZ BRENLLA , MARTÍN	MALE	MALE	A.D. MONTE BRONDO	00:27:53	+00:08:08	05:05 min/Km
66	9	143	TRILLO CALO , PAULA	FEMALE	FEMALE	TERRA DE SONEIRA	00:28:32	+00:08:47	05:12 min/Km
67	58	4	ANDREA VIDAL , BRYAN	MALE	MALE		00:28:39	+00:08:54	05:13 min/Km
68	59	72	LEMA PEREZ , VÍCTOR DANIEL	MALE	MALE		00:28:39	+00:08:54	05:13 min/Km
69	60	73	LEMA POSE , SERGIO	MALE	MALE	TERRA DE SONEIRA	00:28:41	+00:08:56	05:13 min/Km
70	61	69	LAMAS BELLO , JUAN	MALE	MALE		00:28:41	+00:08:56	05:13 min/Km
71	62	42	CONDE LÓPEZ , VÍCTOR HUGO	MALE	MALE	TERRA DE SONEIRA CD	00:29:01	+00:09:16	05:17 min/Km
72	10	89	NOVÁS VARELA , ALICIA	FEMALE	FEMALE	AD MONTE BRONDO	00:29:20	+00:09:35	05:20 min/Km
73	63	13	BLANCO GONZALEZ , JESUS MANUEL	MALE	MALE	INDEPENDIENTE	00:29:42	+00:09:57	05:24 min/Km
74	64	30	CANOSA BLANCO , JOSÉ MANUEL	MALE	MALE	INDEPENDIENTE	00:29:42	+00:09:57	05:24 min/Km
75	65	51	FIGUEIRAS MARTINEZ , JOSE	MALE	MALE	INDEPENDIENTE	00:29:52	+00:10:07	05:26 min/Km
76	66	97	PAMPIN BARREIRO , JOAQUIN	MALE	MALE		00:30:06	+00:10:21	05:29 min/Km
77	67	22	CAAMAÑO CAAMAÑO , DARÍO	MALE	MALE		00:30:09	+00:10:24	05:29 min/Km
78	68	127	ROGET PEREZ , LUIS FRANCISCO	MALE	MALE	INDEPENDIENTE	00:30:16	+00:10:31	05:31 min/Km
79	69	86	MIÑONES OANES , SERGIO	MALE	MALE		00:30:18	+00:10:33	05:31 min/Km
80	11	141	TRABAJO FIUZA , ANA	FEMALE	FEMALE		00:30:36	+00:10:51	05:34 min/Km
81	70	139	TEDÍN MOUZO , MARCOS	MALE	MALE	INDEPENDIENTE	00:30:41	+00:10:56	05:35 min/Km
82	71	93	ODREMAN MENDOZA , MICHEL JOSÉ	MALE	MALE		00:31:14	+00:11:29	05:41 min/Km
83	72	119	REY ESPASANDIN , MAIKOL	MALE	MALE	TERRA DE SONEIRA CD	00:31:15	+00:11:30	05:41 min/Km
84	12	21	CAAAMAÑO PÉREZ , VANAESA	FEMALE	FEMALE	TERRA DE SONEIRA CD	00:31:16	+00:11:31	05:42 min/Km
85	73	144	VÁZQUEZ CALVO , DAVID	MALE	MALE		00:31:18	+00:11:33	05:42 min/Km
86	74	29	CANOSA BLANCO , DOMINGO DANIEL	MALE	MALE	INDEPENDIENTE	00:31:18	+00:11:33	05:42 min/Km
87	75	145	VÁZQUEZ LISTE , JOSÉ ANTONIO	MALE	MALE	INDEPENDIENTE	00:31:25	+00:11:40	05:43 min/Km
88	13	108	POSE CHOUCIÑO , OLGA	FEMALE	FEMALE	PONTERIDERS	00:31:33	+00:11:48	05:45 min/Km
89	14	103	PÈREZ TRILLO , ISABEL	FEMALE	FEMALE		00:31:41	+00:11:56	05:46 min/Km
90	15	41	COLLAZO COSTA , INMA	FEMALE	FEMALE		00:32:19	+00:12:34	05:53 min/Km
91	76	1	AGUIAR GOMEZ , JOSÉ LUIS	MALE	MALE		00:32:29	+00:12:44	05:55 min/Km
92	16	83	MARTÍN LEMA , SONIA MARIA	FEMALE	FEMALE		00:32:29	+00:12:44	05:55 min/Km
93	17	105	POENAR , RALUCA MIHAELA	FEMALE	FEMALE	NOSPORTLIMIT	00:32:34	+00:12:49	05:56 min/Km
94	18	5	AÑÓN GONZÁLEZ , CRISTINA	FEMALE	FEMALE		00:32:42	+00:12:57	05:57 min/Km
95	77	85	MIÑONES BERMUDEZ , FRANCISCO	MALE	MALE		00:32:42	+00:12:57	05:57 min/Km
96	78	33	CARBALLO RODRÍGUEZ , ANTONIO	MALE	MALE		00:32:57	+00:13:12	05:60 min/Km

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	EQUIPO	META	DIF 1º	RITMO
97	79	43	CUNDINS OREIRO , JAVIER	MALE	MALE		00:32:59	+00:13:14	05:60 min/Km
98	19	54	GOMEZ A , EUGENIA	FEMALE	FEMALE		00:33:06	+00:13:21	06:02 min/Km
99	20	40	CODESIDO MONTOIRO , MARIA	FEMALE	FEMALE	NOITEBRA	00:33:18	+00:13:33	06:04 min/Km
100	80	115	REGO POSE , MARTÍN	MALE	MALE	INDEPENDIENTE	00:33:20	+00:13:35	06:04 min/Km
101	21	81	LOURO BLANCO , DIANA	FEMALE	FEMALE	INDEPENDIENTE	00:33:20	+00:13:35	06:04 min/Km
102	81	106	POMBO BRANDÓN , XABIER	MALE	MALE	A.D.MEDIADUCIA	00:33:25	+00:13:40	06:05 min/Km
103	82	14	BLANCO LÓPEZ , ANTONIO	MALE	MALE	TERRA DE SONEIRA CD	00:33:39	+00:13:54	06:08 min/Km
104	83	78	LOPEZ PICHEL , ANTONIO	MALE	MALE		00:33:51	+00:14:06	06:10 min/Km
105	84	129	ROMERO LEMA , PABLO	MALE	MALE		00:33:55	+00:14:10	06:10 min/Km
106	22	58	GONZALEZ GARCIA , ANA LORENA	FEMALE	FEMALE		00:33:55	+00:14:10	06:10 min/Km
107	85	121	RIVEIRO SANDE , ESTEBAN	MALE	MALE		00:34:07	+00:14:22	06:13 min/Km
108	86	134	SENDO BARCIA , FELIX	MALE	MALE		00:34:13	+00:14:28	06:14 min/Km
109	23	100	PAZOS FERNÁNDEZ , TANIA	FEMALE	FEMALE	TERRA DE SONEIRA CD	00:34:14	+00:14:29	06:14 min/Km
110	24	79	LÓPEZ QUINTÁNS , NOELIA	FEMALE	FEMALE		00:34:38	+00:14:53	06:18 min/Km
111	87	18	BLANCO TRABA , SANTIAGO	MALE	MALE		00:34:51	+00:15:06	06:21 min/Km
112	25	47	FARIÑA VARELA , VANESSA	FEMALE	FEMALE		00:34:56	+00:15:11	06:22 min/Km
113	88	48	FERNÁNDEZ BLANCO , MIGUEL	MALE	MALE		00:34:56	+00:15:11	06:22 min/Km
114	26	2	AGUSTÍN ABELENDA , NOELIA	FEMALE	FEMALE		00:34:58	+00:15:13	06:22 min/Km
115	27	140	TORRADO VALIÑA , ENCARNA	FEMALE	FEMALE	INDEPENDIENTE	00:35:08	+00:15:23	06:24 min/Km
116	28	131	SAMBADE CAAMAÑO , BEGOÑA	FEMALE	FEMALE	DAFIT	00:35:10	+00:15:25	06:24 min/Km
117	29	74	LEMA SANDE , MARI	FEMALE	FEMALE	INDEPENDIENTE	00:35:10	+00:15:25	06:24 min/Km
118	89	56	GOMEZ FERNANDEZ , CARLOS	MALE	MALE	INDEPENDIENTE	00:35:24	+00:15:39	06:27 min/Km
119	90	44	DEL RÍO LIBOREIRO , FRANCISCO JAVIER	MALE	MALE		00:35:52	+00:16:07	06:32 min/Km
120	91	104	PINZÓN RODRÍGUEZ , DAVID	MALE	MALE		00:35:52	+00:16:07	06:32 min/Km
121	30	8	BARRIENTOS BLANCO , EVA MARIA	FEMALE	FEMALE		00:36:22	+00:16:37	06:37 min/Km
122	31	66	LADO BARRIENTOS , VANESA	FEMALE	FEMALE		00:36:23	+00:16:38	06:37 min/Km
123	92	64	INSUA LOURO , JUAN JOSE	MALE	MALE	VAL DO DUBRA	00:36:45	+00:17:00	06:41 min/Km
124	32	23	CALO SENRA , MARIA DOLORES	FEMALE	FEMALE	TERRA DE SONEIRA CD	00:36:59	+00:17:14	06:44 min/Km
125	33	123	RODRÍGUEZ FIDALGO , MARIA JOSE	FEMALE	FEMALE		00:37:00	+00:17:15	06:44 min/Km
126	34	111	RAMOS PAZOS , ISABEL	FEMALE	FEMALE	TERRA DE SONEIRA CD	00:37:02	+00:17:17	06:44 min/Km
127	35	92	OANES VIDAL , PAULA	FEMALE	FEMALE	INDEPENDIENTE	00:37:45	+00:18:00	06:52 min/Km
128	36	147	VIDAL SALGADO , SNDRA	FEMALE	FEMALE	INDEPENDIENTE	00:37:45	+00:18:00	06:52 min/Km

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129	37	39	CIDONCHA MORÁN , NURIA	FEMALE	FEMALE	AD MEDIADUCIA	00:38:09	+00:18:24	06:57 min/Km
130	38	20	BUITURON FERNANDEZ , LETY	FEMALE	FEMALE	CLUB ATLETISMO SAR VERMU PETRONI	00:38:38	+00:18:53	07:02 min/Km
131	39	125	RODRÍGUEZ ROMAR , ANDREA	FEMALE	FEMALE		00:38:42	+00:18:57	07:03 min/Km
132	40	77	LISTA CASTRO , M. TERESA	FEMALE	FEMALE	AD MEDIADUCIA	00:39:00	+00:19:15	07:06 min/Km
133	41	136	SOUTO TEIJEIRO , ANA	FEMALE	FEMALE	INDEPENDIENTE	00:39:06	+00:19:21	07:07 min/Km
134	42	71	LEMA OZÓN , SANDRA	FEMALE	FEMALE	AD JARNACHAS	00:39:07	+00:19:22	07:07 min/Km
135	43	114	RECAREY VARELA , SHEILA	FEMALE	FEMALE		00:39:07	+00:19:22	07:07 min/Km
136	44	53	GERPE RIAL , LAURA	FEMALE	FEMALE	A.D.MEDIADUCIA	00:41:06	+00:21:21	07:29 min/Km
137	45	70	LEMA , LAURA	FEMALE	FEMALE	A.D.MEDIADUCIA	00:41:07	+00:21:22	07:29 min/Km
138	93	80	LOURIDO MARTÍNEZ , JAVIER	MALE	MALE	AS VELLAS NON PARAMOS	00:41:10	+00:21:25	07:30 min/Km
DSQ		82	MALLON FERNANDEZ , TANIA	FEMALE	FEMALE		00:24:59		04:33 min/Km