

### III CARREIRA PEDESTRE CONCELLO DE MAZARICOS, 13/05/2018

Carreira Absoluta (3k). Distancia: 3.000 m

Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	Lic	Club	Localidade
1	1049	MARTÍN REGUEIRA RELLÁN		SNM- 1	00:10:10	00:03:24			LAXE
2	1510	ALBERTO CARBALLO CAMIÑO		SNM- 2	00:10:23	00:03:28		TERRA DE SONEIRA C.D.	VIMIANZO
3	1703	CARLOS CANEDA PRIETO		SNM- 3	00:10:47	00:03:36			A CORUÑA
4	1579	BRAIS LAGO TRILLO		SNM- 4	00:10:54	00:03:38		ASOCIACIÓN DEPORTIVA OLIMPIA	CARNOTA
5	1025	ASIER VÁZQUEZ SANTOS		SNM- 5	00:11:03	00:03:41		TERRA DE SONEIRA C.D.	VIMIANZO
6	1023	DIMAS BÚA SAR		SNM- 6	00:11:06	00:03:42		KURAI	MUXÍA
7	1053	RAUL BARBEITO GESTAL		SNM- 7	00:11:27	00:03:49			MEICENDE
8	1002	ANGEL CAMPOS SANTIAGO		SNM- 8	00:11:32	00:03:51	AG 7934	SAR-VERMU PETRONI	NOIA
9	1004	ALBERTO POMBO PERISCAL		SNM- 9	00:11:38	00:03:53		A.D.MEDIADUCIA	CARBALLO
10	1041	MARTÍN BARBEITO		SNM- 10	00:11:54	00:03:58			A CORUÑA
11	1610	IAGO DANS SANCHEZ		SNM- 11	00:11:57	00:03:59			A CORUÑA
12	1043	JOSÉ LUIS ÁLVAREZ RODRÍGUEZ		SNM- 12	00:11:57	00:03:59			VIGO
13	1058	JOSE MANUEL BLANCO LEMA		SNM- 13	00:11:57	00:03:59			MUXÍA
14	1005	PABLO MIRA PÉREZ		SNM- 14	00:12:05	00:04:02		TERRA DE SONEIRA C.D.	BAIO
15	1059	FRAN LAGO		SNM- 15	00:12:17	00:04:06			CARNOTA
16	1026	MARTÍN VIDAL LORENZO		SNM- 16	00:12:19	00:04:07		TERRA DE SONEIRA C.D.	VIMIANZO
17	1567	DIEGO OCA LEMA		SNM- 17	00:12:41	00:04:14			CEE
18	1033	FRANCISCO JAVIER FERNÁNDEZ GARCÍA		SNM- 18	00:12:46	00:04:16			MUROS
19	1541	APOLONIA BERMUDEZ CANOSA	F- 1	SNF- 1	00:12:53	00:04:18			VIMIANZO
20	1636	MARTIN SANTOS SUAREZ		SNM- 19	00:12:57	00:04:19			LAXE
21	1640	ALBERTO SUÁREZ SUREDA		SNM- 20	00:13:16	00:04:26			CEE
22	1504	JULIO CESAR SAR VAZQUEZ		SNM- 21	00:13:31	00:04:31		ASOCIACIÓN DEPORTIVA OLIMPIA	FISTERRA
23	1628	JUAN PAIS MIÑONES		SNM- 22	00:13:37	00:04:33			VIMIANZO
24	1008	ALICIA GARCÍA CRUZ	F- 2	SNF- 2	00:13:37	00:04:33		A.D. OLIMPIA	CEE
25	1614	OSCAR FONDO SUAREZ		SNM- 23	00:13:41	00:04:34			A CORUÑA
26	1517	RAFAEL QUINTÁNS CANOSA		SNM- 24	00:13:42	00:04:34			CEE
27	1536	CRISTIAN RODRÍGUEZ REY		SNM- 25	00:13:51	00:04:37			CARBALLO
28	1007	TAMARA CAAMAÑO ROMERO	F- 3	SNF- 3	00:13:54	00:04:38			CARNOTA
29	1505	MANUEL QUINTANS LOPEZ		SNM- 26	00:14:04	00:04:42		ASOCIACIÓN DEPORTIVA OLIMPIA	MUXIA
30	1615	MARIO GONZÁLEZ CANCELA		SNM- 27	00:14:05	00:04:42			ZAS

31	1056	IRENE PARADELA LEMA	F- 4	SNF- 4	00:14:10	00:04:44	CEE
32	1538	JESUS MANUEL BLANCO GONZALEZ		SNM- 28	00:14:13	00:04:45	DUMBRIA
33	1010	TANIA ANDREA PARDIÑAS FERREIRO	F- 5	SNF- 5	00:14:15	00:04:45	ZAS
34	1519	BEATRIZ OLVEIRA TRABA	F- 6	SNF- 6	00:14:17	00:04:46	CORCUBION
35	1045	MARCOS MARTIN CERNADAS VILELA		SNM- 29	00:14:21	00:04:47	CORCUBION
36	1514	JOSÉ MANUEL BLANCO NOVO		SNM- 30	00:14:43	00:04:55	CEE
37	1044	JAIME VIDAL VIDAL		SNM- 31	00:14:44	00:04:55	VIMIANZO
38	1606	BRYAN ANDREA VIDAL		SNM- 32	00:14:45	00:04:55	VIMIANZO
39	1613	MIGUEL ANGEL EZARA TRILLO		SNM- 33	00:14:49	00:04:57	CEE
40	1518	CARMEN CASTRO LEMA	F- 7	SNF- 7	00:14:49	00:04:57	DUMBRIA
41	1620	DARIO LAGO LOUZAN		SNM- 34	00:14:55	00:04:59	CEE
42	1622	JAVIER LIRES CALO		SNM- 35	00:15:01	00:05:01	VIMIANZO (SAN VICENZO)
43	1522	FERNANDO OUTES TARRELA		SNM- 36	00:15:02	00:05:01	CEE
44	1017	CARLOS VARELA CALVELO		SNM- 37	00:15:03	00:05:01	CLUB ATLETISMO DUBRA VAL DO DUBRA
45	1534	INES PEREZ MARIÑO	F- 8	SNF- 8	00:15:03	00:05:01	NOIA
46	1015	MARIA JOSE TRABA	F- 9	SNF- 9	00:15:05	00:05:02	ASOCIACIÓN DEPORTIVA OLIMPIA CORCUBION
47	1550	JOSÉ FRANCISCO QUINTELA TAJES		SNM- 38	00:15:07	00:05:03	LIRA - CARNOTA
48	1608	ELENA BERMUDEZ ALBORES	F- 10	SNF- 10	00:15:15	00:05:05	MALPICA
49	1038	JUAN JOSÉ ALLO NOVO		SNM- 39	00:15:18	00:05:06	ZAS
50	1560	FATIMA POSE CARAMES	F- 11	SNF- 11	00:15:19	00:05:07	MUXIA
51	1704	NEREA RODRIGUEZ BLANCO	F- 12	SNF- 12	00:15:23	00:05:08	GUITIRIZ
52	1701	LUIS ALVELA DOMINGUEZ		SNM- 40	00:15:28	00:05:10	MAZARICOS
53	1036	TANIA PAZOS FERNANDEZ	F- 13	SNF- 13	00:15:33	00:05:11	VIMIANZO
54	1575	JAVIER TABOADA GONZALEZ		SNM- 41	00:15:48	00:05:16	CEE
55	1568	GREPCY MAYO SANCHEZ	F- 14	SNF- 14	00:15:49	00:05:17	CEE
56	1547	PABLO POSE POSE		SNM- 42	00:15:54	00:05:18	ZAS
57	1630	ADRIANA POSE POSE	F- 15	SNF- 15	00:15:55	00:05:19	APLAZADOIRO,NANDE,LAXE
58	1618	JOSÉ MANUEL LADO CASTIÑEIRA		SNM- 43	00:15:55	00:05:19	BAÍÑAS
59	1057	DIANA LOURO BLANCO	F- 16	SNF- 16	00:16:12	00:05:24	MAZARICOS
60	1022	BEGOÑA SAMBADE CAAMAÑO	F- 17	SNF- 17	00:16:12	00:05:24	DAFIT CEE
61	1569	MARI LEMA SANDE	F- 18	SNF- 18	00:16:13	00:05:25	DUMBRIA
62	1014	MIGUEL ÁNGEL AMADO SUÁREZ		SNM- 44	00:16:14	00:05:25	ABELLARIZA PONTECESO
63	1032	BÁRBARA CASTRO VÁZQUEZ	F- 19	SNF- 19	00:16:23	00:05:28	CEE
64	1503	IRIA LAGO ANDRADE	F- 20	SNF- 20	00:16:35	00:05:32	ASOCIACIÓN DEPORTIVA OLIMPIA BRENS. CEE
65	1054	CARLOTA SANTOS BAÑA	F- 21	SNF- 21	00:16:41	00:05:34	ZAS

66	1633 ELSA RODRIGUEZ LEMA	F- 22	SNF- 22	00:16:42	00:05:34		VIMIANZO
67	1570 MONTERRAT LEMA PAZOS	F- 23	SNF- 23	00:16:42	00:05:34		VIMIANZO
68	1634 SUSANA RODRIGUEZ LEMA	F- 24	SNF- 24	00:16:43	00:05:35		VIMIANZO
69	1702 JESÚS BERNAL GÓMEZ		SNM- 45	00:16:47	00:05:36		FERROL
70	1545 IRIA DOMINGUEZ MARTINEZ	F- 25	SNF- 25	00:16:56	00:05:39		DUMBRIA
71	1533 MONICA CASTIÑEIRA MOLEDO	F- 26	SNF- 26	00:16:57	00:05:39		VIMIANZO
72	1542 MIRIAM REY GARCIA	F- 27	SNF- 27	00:17:03	00:05:41		VIMIANZO
73	1639 ANABEL SONEIRA	F- 28	SNF- 28	00:17:12	00:05:44		CABANA DE BERGANTIÑOS
74	1629 JOSE LUIS PAZ QUINTELA		SNM- 46	00:17:12	00:05:44		CEE
75	627 ALEJANDRO MUIÑO GONZÁLEZ		SNM- 47	00:17:14	00:05:45		DUMBRIA
76	1501 MARIA ANDRADE LAGO	F- 29	SNF- 29	00:17:16	00:05:46	A. D. OLIMPIA	CORCUBION
77	1635 LORETO SAMBADE LESTÓN	F- 30	SNF- 30	00:17:19	00:05:47		MUROS
78	1609 GABRIEL CASTIÑEIRA IGLESIA		SNM- 48	00:17:31	00:05:51		VIMIANZO
79	1512 PATRICIA TUÑEZ LEMA	F- 31	SNF- 31	00:17:38	00:05:53		CEE
80	1548 LETICIA BUITURON FERNANDEZ	F- 32	SNF- 32	00:17:49	00:05:57		FISTERRA
81	1554 LETICIA CAMBEIRO CANOSA	F- 33	SNF- 33	00:17:52	00:05:58		CEE
82	1516 JESÚS LORENZO FARIÑA		SNM- 49	00:17:53	00:05:58		ABEGONDO
83	1028 EVA LÓPEZ VIDAL	F- 34	SNF- 34	00:17:54	00:05:58		ABEGONDO
84	1574 JUAN INSUA LAGO		SNM- 50	00:17:54	00:05:58		CEE
85	1565 BERTA OUTON CACHEIRO	F- 35	SNF- 35	00:17:54	00:05:58		MAZARICOS
86	1524 NIEVES LADO LAGO	F- 36	SNF- 36	00:18:02	00:06:01		MUROS
87	1013 MARI CARMEN VAZQUEZ RIVERA	F- 37	SNF- 37	00:18:03	00:06:01	ABELLARIZA	PONTECESO
88	1543 SILVIA LOPEZ INSUA	F- 38	SNF- 38	00:18:26	00:06:09		VIMIANZO
89	1047 MARTINA TRILLO SANDE	F- 39	SNF- 39	00:18:30	00:06:10		CEE
90	1540 MARÍA PAZ MARTÍNEZ SANTIAGO	F- 40	SNF- 40	00:18:36	00:06:12		CARNOTA
91	1607 AGUSTIN ARGUINCHONA		SNM- 51	00:18:38	00:06:13		LA CORUÑA
92	1552 YOLANDA PÉREZ FERRADÁS	F- 41	SNF- 41	00:18:39	00:06:13		MAZARICOS
93	1555 MARIA DOLORES OTERO ALVITE	F- 42	SNF- 42	00:18:39	00:06:13		MAZARICOS
94	1578 FATIMA FERREIRO FONDO	F- 43	SNF- 43	00:18:39	00:06:13	A.D.MEDIADUCIA	CARBALLO
95	1572 MARIA ISABEL ALVITE SANTABAYA	F- 44	SNF- 44	00:18:41	00:06:14		BERDEOGAS
96	1035 AURORA YENIL VARELA CABRERA	F- 45	SNF- 45	00:18:52	00:06:18		LA CORUÑA
97	1612 HILDA ESPASANDIN VELOSO	F- 46	SNF- 46	00:18:55	00:06:19		ZAS
98	1642 MANUEL ANTONIO TRILLO PAZ		SNM- 52	00:19:13	00:06:25		MAZARICOS
99	1513 MARIA TERESA CASTIÑEIRA TOURIÑAN	F- 47	SNF- 47	00:19:14	00:06:25		CEE
100	1621 BEATRIZ LEMA BLANCO	F- 48	SNF- 48	00:19:39	00:06:33		VIMIANZO

101	1623	RAQUEL LÓPEZ ROMERO	F- 49	SNF- 49	00:19:40	00:06:34		VIMIANZO
102	1643	MARÍA ISABEL TURNES CORDEIRO	F- 50	SNF- 50	00:19:40	00:06:34		SANTA COMBA
103	1576	BEATRIZ FUENTES CASTIÑEIRA	F- 51	SNF- 51	00:19:45	00:06:35		BAIO
104	1617	YOLANDA LABANDEIRA RODRIGUEZ	F- 52	SNF- 52	00:20:09	00:06:43		SANTIAGO
105	1506	M.CARMEN SÁNCHEZ SÁNCHEZ	F- 53	SNF- 53	00:20:12	00:06:44	ATLETISMO OLIMPIA	MUXIA
106	1535	SUSANA RIVEIRO SIABA	F- 54	SNF- 54	00:20:28	00:06:50		CARNOTA
107	1527	SANDRA VÁZQUEZ MIRA	F- 55	SNF- 55	00:20:35	00:06:52		LAXE
108	1627	LETICIA OUTÓN CACHEIRO	F- 56	SNF- 56	00:20:36	00:06:52		MAZARICOS
109	1632	TERESA RIAL SANCHIÑO	F- 57	SNF- 57	00:20:52	00:06:58		SANTIAGO
110	1631	JENIFER RIAL CACHEIRO	F- 58	SNF- 58	00:20:52	00:06:58		SANTIAGO
111	1580	TANIA MALLON FERNANDEZ	F- 59	SNF- 59	00:20:53	00:06:58		A CORUÑA
112	1562	MELINA SAMBADE CASAIS	F- 60	SNF- 60	00:21:10	00:07:04		CARNOTA
113	1602	MARKO FORMOSO LEIS		SNM- 53	00:21:11	00:07:04	LESTONFIT	LIRA- CARNOTA
114	1048	SHEILA POSE PÉREZ	F- 61	SNF- 61	00:21:30	00:07:10		ÉZARO-DUMBRÍA
115	1604	NATALIA ABELENDALAMEIRO	F- 62	SNF- 62	00:21:46	00:07:16		NEGREIRA
116	1031	SANDRA ALVITE FERREIRO	F- 63	SNF- 63	00:22:04	00:07:22		MAZARICOS
117	1523	ROSANA MARTINEZ LAGO	F- 64	SNF- 64	00:22:11	00:07:24		MUROS
118	1551	ANA ISABEL SABORIDO GÓMEZ	F- 65	SNF- 65	00:22:13	00:07:25		LIRA - CARNOTA
119	626	INÉS LADO HERMIDA	F- 66	SNF- 66	00:22:39	00:07:33		CARNOTA
120	1520	MARTINA FERREIRO RIAL	F- 67	SNF- 67	00:23:07	00:07:43		CEE
121	1521	JUAN JOSE VIEITES GARCIA		SNM- 54	00:23:08	00:07:43		CEE
122	1611	PATRICIA DOMINGUEZ	F- 68	SNF- 68	00:24:22	00:08:08		VIMIANZO
123	1019	VICTORIA FERNÁNDEZ GARCÍA	F- 69	SNF- 69	00:24:22	00:08:08	GA 764702 COMESAÑA SPORTING CLUB	VIMIANZO