

## QUIROGA TRAIL CHALLENGE

- TRAIL DO LOR 2018 -

- XERAL ULTRA -

05 MAYO 2018

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	PARTEME	MARGARIDE	PARTEME VOLTA	META	DIF 1º	RITMO
1	1	1	ARCA CASAL , FERNANDO	MALE	VET-M	CDM XESTEIRAS	00:50:54.930	03:36:15.310	06:42:08.070	<b>08:07:29.060</b>		07:38 min/Km
2	1	37	NAVARRO VIDAL , AGUSTÍN	MALE	ABS-M	LUDOAVENTURA	00:50:55.440	03:45:09.030	06:49:35.510	<b>08:26:37.300</b>	+00:19:08.240	07:55 min/Km
3	2	11	CANCELO BARBEITO , FERNANDO	MALE	VET-M	ARTABROS	00:54:55.920	03:46:42.130	07:07:59.980	<b>08:29:33.660</b>	+00:22:04.600	07:58 min/Km
4	2	45	RODRÍGUEZ GIL , DAVID	MALE	ABS-M	MARQUES DE VIZOJA CORNELIOS	00:58:30.220	04:06:12.510	07:08:44.990	<b>08:34:39.840</b>	+00:27:10.780	08:03 min/Km
5	3	22	GARCIA RODRIGUEZ , JORGE MANUEL	MALE	VET-M	NOITEBRA	00:58:47.510	04:06:08.290	07:08:36.770	<b>08:37:42.630</b>	+00:30:13.570	08:06 min/Km
6	3	38	PENAS TALLÓN , CHECHU	MALE	ABS-M		00:54:07.110	03:46:34.310	07:11:21.980	<b>08:44:41.660</b>	+00:37:12.600	08:12 min/Km
7	4	29	LAGO RIOS , MANUEL ALEJANDRO	MALE	VET-M		00:59:27.860	04:13:44.290	07:27:31.520	<b>08:52:15.620</b>	+00:44:46.560	08:19 min/Km
8	4	6	ALVES , JORGE	MALE	ABS-M		00:59:37.290	04:16:14.440	07:35:54.290	<b>09:14:57.410</b>	+01:07:28.350	08:41 min/Km
9	5	40	PEREZ MELIDA , JUAN JOSE	MALE	VET-M	INDEPENDIENTE	00:58:43.800	04:17:25.160	07:42:34.530	<b>09:22:55.180</b>	+01:15:26.120	08:48 min/Km
10	5	4	ALONSO SAYAR , DANIEL	MALE	ABS-M	C.A.R. MARISQUEIRO	01:00:15.340	04:23:04.600	07:57:36.250	<b>09:33:49.030</b>	+01:26:19.970	08:58 min/Km
11	6	42	REDONDO VIDAL , IVAN	MALE	ABS-M	AD JARNACHAS	00:59:40.670	04:25:08.820	07:59:24.990	<b>09:33:49.390</b>	+01:26:20.330	08:58 min/Km
12	7	41	PORTAL LOSADA , MIGUEL	MALE	ABS-M	A.M.E. BESTARRUZA	01:02:38.690	04:19:55.970	07:57:37.840	<b>09:33:49.610</b>	+01:26:20.550	08:58 min/Km
13	8	14	COSTAS VARELA , DAVID	MALE	ABS-M	CANICROSS VIGO	01:00:21.820	04:15:34.240	08:09:09.140	<b>09:52:47.020</b>	+01:45:17.960	09:16 min/Km
14	6	33	MAYO MARTINEZ , JOSE RAMON	MALE	VET-M	TRIBUTRAIL	01:02:35.130	04:33:35.630	08:07:32.820	<b>09:55:16.590</b>	+01:47:47.530	09:19 min/Km
15	7	15	COUTINHO , DAVID	MALE	VET-M	JOBRA (501685596)	00:58:39.150	04:27:15.140	08:04:57.560	<b>09:59:32.080</b>	+01:52:03.020	09:23 min/Km
16	9	53	SENRA EIROA , DAVID	MALE	ABS-M	AD JARNACHAS	01:01:32.380	04:33:58.650	08:27:03.120	<b>10:37:32.700</b>	+02:30:03.640	09:58 min/Km
17	10	28	IGLESIAS LÓPEZ , ÁLVARO	MALE	ABS-M	AD JARNACHAS	01:01:31.440	04:33:12.790	08:26:57.670	<b>10:37:32.790</b>	+02:30:03.730	09:58 min/Km
18	11	62	RODRIGUEZ ESTEVEZ , RUBEN	MALE	ABS-M		01:02:39.040	04:35:33.360	08:27:29.520	<b>10:40:38.140</b>	+02:33:09.080	10:01 min/Km
19	8	63	BARRIO GONZALEZ , ROBERTO	MALE	VET-M		01:02:39.910	04:34:27.990	08:31:30.720	<b>10:41:11.740</b>	+02:33:42.680	10:02 min/Km
20	9	16	COUTO NAYA , DIEGO	MALE	VET-M	AD JARNACHAS	01:03:42.690	04:49:37.250	08:45:42.050	<b>10:41:19.100</b>	+02:33:50.040	10:02 min/Km
21	12	54	SOTELO SOLIÑO , ALEJANDRO	MALE	ABS-M	CANICROSS VIGO	01:06:31.980	04:51:59.020	08:50:52.460	<b>10:57:02.320</b>	+02:49:33.260	10:16 min/Km
22	13	50	RUBIO REGO , PABLO	MALE	ABS-M	C.M FORMIGUEIROS	00:58:30.820	04:32:24.870	08:44:26.430	<b>10:59:38.110</b>	+02:52:09.050	10:19 min/Km
23	14	39	PEREIRO , JAVIER	MALE	ABS-M	PENA TREVINCA	01:30:54.420	06:58:50.240	08:44:26.431	<b>11:00:01.620</b>	+02:52:32.560	10:19 min/Km
24	10	56	SUREDA FONS , SEBASTIAN	MALE	VET-M		01:02:45.440	04:49:17.530	08:51:23.390	<b>11:00:10.950</b>	+02:52:41.890	10:19 min/Km
25	11	3	ALCANTARA LORENZO , ALFREDO	MALE	VET-M	COUTADAS TRAIL TEAM	01:07:26.990	05:15:43.060	09:03:03.550	<b>11:07:50.430</b>	+03:00:21.370	10:27 min/Km
26	12	12	CARPINTERO LABRADOR , JOSE MARIA	MALE	VET-M	COUTADAS TRAIL TEAM	01:07:25.300	05:15:41.620	09:03:02.190	<b>11:07:51.440</b>	+03:00:22.380	10:27 min/Km
27	15	47	RODRÍGUEZ OTERO , MARIO	MALE	ABS-M	EDV-VIANA TRAIL	01:04:11.560	04:49:26.930	08:52:27.480	<b>11:09:20.990</b>	+03:01:51.930	10:28 min/Km
28	13	35	MORAL PALOMAR , ÁNGEL	MALE	VET-M		01:07:31.360	04:54:32.120	09:06:07.180	<b>11:10:45.780</b>	+03:03:16.720	10:29 min/Km
29	14	55	SOUTO VEIGA , CARLOS	MALE	VET-M	AD JARNACHAS	01:12:35.120	05:06:54.710	09:10:39.130	<b>11:13:38.120</b>	+03:06:09.060	10:32 min/Km
30	15	8	BARREIRO MACHADO , JOSE MANUEL	MALE	VET-M	CLUB DE MONTAÑA FORMIGUEIROS	01:15:24.850	05:40:01.140	08:53:32.110	<b>11:23:01.410</b>	+03:15:32.350	10:41 min/Km
31	16	31	MARTÍNEZ MARTÍNEZ , MARCIAL	MALE	VET-M	CANICROSS VIGO	01:06:35.180	04:52:00.350	09:11:23.010	<b>11:26:38.440</b>	+03:19:09.380	10:44 min/Km
32	17	48	RODRIGUEZ SILVA , FRANCISCO	MALE	VET-M	PENA TREVINCA	01:14:42.220	05:25:09.420	09:11:23.011	<b>11:26:39.180</b>	+03:19:10.120	10:44 min/Km
33	1	61	ZEKAJ DULI , MYRVETE	FEMALE	ABS-F	LA VARA TRAIL	01:18:02.520	05:23:16.820	09:40:06.060	<b>11:36:27.610</b>	+03:28:58.550	10:53 min/Km
34	16	9	BLANCO GUARDADO , JAVIER	MALE	ABS-M	DUBRA TEAM	01:14:40.350	05:30:36.640	09:45:30.810	<b>11:41:10.310</b>	+03:33:41.250	10:58 min/Km
35	18	46	RODRIGUEZ NUÑEZ , LUIS	MALE	VET-M	COUTADAS TRAIL TEAM	01:07:25.070	05:30:31.250	09:59:35.170	<b>11:54:55.120</b>	+03:47:26.060	11:11 min/Km
36	19	34	MERA CUEVAS , MIGUEL	MALE	VET-M	CAMINHANTES DO CONDADO	01:04:03.600	05:32:36.960	10:03:32.720	<b>12:08:36.360</b>	+04:01:07.300	11:24 min/Km
37	20	32	MARTÍNEZ PÉREZ , JOSÉ LUIS	MALE	VET-M		01:15:01.730	05:27:54.630	10:11:35.730	<b>12:16:59.390</b>	+04:09:30.330	11:31 min/Km
38	21	57	TEJUIRO LÓPEZ , PABLO	MALE	VET-M	CLUB TRIATLON CORUÑA	01:11:13.020	05:01:42.250	09:49:48.520	<b>12:19:02.020</b>	+04:11:32.960	11:33 min/Km
39	2	7	ARGUELLES BELTRÁN , EVA MARIA	FEMALE	ABS-F	GM TEXU	01:13:17.730	05:37:59.180	10:06:34.900	<b>12:19:04.610</b>	+04:11:35.550	11:33 min/Km
40	1	2	LÓPEZ GABÍN , RAQUEL	FEMALE	VET-F	AD JARNACHAS	01:14:36.140	05:39:41.190	10:36:47.510	<b>13:00:00.840</b>	+04:52:31.780	12:12 min/Km
41	22	19	FERNANDEZ DOCASAR , ADOLFO	MALE	VET-M	RUNNING SPORT TRAIL OURENSE	01:13:18.880	05:39:40.070	10:36:45.810	<b>13:00:00.890</b>	+04:52:31.830	12:12 min/Km

# QUIROGA TRAIL CHALLENGE

- TRAIL DO LOR 2018 -

- XERAL ULTRA -

05 MAYO 2018

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	PARTEME	MARGARIDE	PARTEME VOLTA	META	DIF 1º	RITMO
42	23	13	CARRERA DE CASTRO , JORGE	MALE	VET-M		01:12:08.720	05:28:01.230	10:37:16.790	<b>13:00:00.990</b>	+04:52:31.930	12:12 min/Km
43	24	26	GONZÁLEZ NOVOA , MANUEL	MALE	VET-M	BOIMORTO TRAIL	01:18:57.430	06:04:44.700	10:45:21.160	<b>13:11:18.700</b>	+05:03:49.640	12:22 min/Km
44	25	44	RIAL SANCHEZ , JOSE ANTONIO	MALE	VET-M		01:16:47.310	06:03:38.210	11:26:48.480	<b>13:48:20.410</b>	+05:40:51.350	12:57 min/Km
45	3	58	VARELA CRESPO , VANESSA	FEMALE	ABS-F		01:16:48.650	06:03:39.910	11:26:50.710	<b>13:48:20.460</b>	+05:40:51.400	12:57 min/Km
46	17	5	ÁLVAREZ LÓPEZ , MARCOS GUSTAVO	MALE	ABS-M		01:11:20.620	05:48:52.720	11:14:28.700	<b>14:00:17.460</b>	+05:52:48.400	13:08 min/Km