

# IV SAN SILVESTRE SOLIDARIA CAMBADOS

31 DECEMBRO 2017

- ABSOLUTA -

**Galitiming**  
DUWILIMING

CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	V1	V2	META
1	1	1	ABAL CHAVES , AMADEO	MALE	MALE	VERXEL NUTRICIÓN DEPORTIVA	00:07:14.160	00:07:23.130	00:14:37.290
2	2	95	DOS REIS , ALBERTO	MALE	MALE	VENGADORES BEONE	00:07:31.120	00:07:41.320	00:15:12.440
3	3	19	ALVAREZ FARIÑA , VICTOR	MALE	MALE	VAL MIÑOR	00:07:31.680	00:07:48.690	00:15:20.370
4	4	74	COIRA LOJO , CARLOS	MALE	MALE	CLUB TRIATLÓN VILAGARCÍA ATENAS RUNNING VDA	00:07:55.130	00:08:16.420	00:16:11.550
5	5	93	DOMINGUEZ MARTINEZ , PABLO	MALE	MALE		00:07:55.280	00:08:17.210	00:16:12.490
6	6	356	VIDAL MORENO , FERNANDO	MALE	MALE	ATENAS RUNNING VDA	00:08:03.600	00:08:13.470	00:16:17.070
7	7	317	SANTOS NÚÑEZ , PABLO	MALE	MALE	CLUB ATLETISMO CAMBADOS SEG.NOVAL	00:07:58.470	00:08:28.920	00:16:27.390
8	8	164	GUERRA MAGAN , OSCAR	MALE	MALE	C. A. CAMBADOS SEGUROS NOVAL	00:07:58.450	00:08:28.970	00:16:27.420
9	9	20	AMENEIROS GOMEZ , JOSÉ LUIS	MALE	MALE	TEAM CORBELO	00:07:59.850	00:08:36.850	00:16:36.700
10	10	11	AGRA RIAL , CARLOS	MALE	MALE	PUNTA CABALO AROUSA RUNNERS	00:08:17.700	00:08:34.920	00:16:52.620
11	11	344	TRIGO LORES , ROBERTO	MALE	MALE	CLUBE ATLETISMO CAMBADOS SEGUROS NOVAL	00:08:16.520	00:08:37.230	00:16:53.750
12	12	322	SEÑORANS TOBIO , CARLOS	MALE	MALE	C.A. CAMBADOS - SEGUROS NOVAL	00:08:20.320	00:08:35.780	00:16:56.100
13	13	24	ARGIBAY HERMIDA , RODRIGO	MALE	MALE	CLUB ATLETISMO CAMBADOS	00:08:23.360	00:08:34.180	00:16:57.540
14	14	33	BARREIRO PEREIRA , XOSÉ ANTÓN	MALE	MALE	AXESTIÓN	00:08:23.361	00:08:34.181	00:16:58.570
15	15	141	GARCIA IGLESIAS , LUCAS	MALE	MALE	PUNTA CABALO	00:08:28.000	00:08:31.180	00:16:59.180
16	1	199	MEAÑOS ASENSI , RAQUEL	FEMALE	FEMALE	VALENCIA ESPORTS	00:08:16.780	00:08:46.930	00:17:03.710
17	16	40	BÚA IGLESIAS , RAÚL	MALE	MALE	INDEPENDIENTE	00:08:29.250	00:08:35.530	00:17:04.780
18	17	78	COSTA RODRIGUEZ , JOSE ANTONIO	MALE	MALE	AGRUPACIÓN ATLÉTICA MAZÍ	00:08:26.040	00:08:45.910	00:17:11.950
19	18	65	CASTROAGUDIN GOMEZ , ADRIAN	MALE	MALE	ATLETISMO + 9 MORAÑA	00:08:30.530	00:08:45.290	00:17:15.820
20	19	323	SEOANE MUÑIZ , TOMAS	MALE	MALE	CLUBE ATLETISMO RIA DE AROSA	00:08:38.080	00:08:45.210	00:17:23.290
21	2	166	GONZÁLEZ VERDE , ARIANA	FEMALE	FEMALE	S.A.TREGA	00:08:38.310	00:08:46.120	00:17:24.430
22	20	120	FERNÁNDEZ FERNÁNDEZ , JAVIER	MALE	MALE	CLUB TRIATLÓN VILAGARCÍA	00:08:41.020	00:08:44.000	00:17:25.020
23	21	353	VÁZQUEZ REMIGIO , JUAN DIEGO	MALE	MALE	RIA DE AROUSA	00:08:30.830	00:08:55.440	00:17:26.270
24	22	26	ASPEREZ DOPAZO , DAVID	MALE	MALE	CLUB ATLETISMO CAMBADOS- SEG.NOVAL	00:08:30.040	00:08:59.940	00:17:29.980
25	23	29	BARRAL LIJÓ , JAVIER	MALE	MALE		00:08:37.090	00:08:56.200	00:17:33.290
26	24	142	GARCÍA MENIÑO , JUAN LUIS	MALE	MALE	C.A. CAMBADOS - SEGUROS NOVAL	00:08:32.840	00:09:16.820	00:17:49.660
27	25	108	FANDIÑO GARCIA , OSCAR	MALE	MALE	CLUB ATLETISMO CAMBADOS SEG.NOVAL	00:08:57.800	00:09:06.350	00:18:04.150
28	26	71	CHAVES PIÑEIRO , MARTIN	MALE	MALE	INDEPENDIENTE	00:08:55.690	00:09:11.270	00:18:06.960
29	27	61	CASTRELO CONDE , FCO. JAVIER	MALE	MALE	CLUB TRIATLÓN VILAGARCÍA ATENAS RUNNING VDA	00:09:21.650	00:09:12.730	00:18:34.380
30	28	62	CASTRO ALARCON , ALEJANDRO	MALE	MALE	INDEPENDIENTE	00:08:57.200	00:09:38.510	00:18:35.710
31	29	77	COSTA POMBO , JOAQUIN CARLOS	MALE	MALE	INDEPENDIENTE	00:09:09.150	00:09:27.310	00:18:36.460
32	30	27	BALBOA BESADA , EDGAR	MALE	MALE	TEAM CORBELO	00:09:00.680	00:09:36.710	00:18:37.390
33	31	3	ABAL MAGARIÑOS , DANIEL	MALE	MALE	ATLETISMO +9 MORAÑA	00:08:58.850	00:09:39.730	00:18:38.580

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	V1	V2	META
34	32	107	FANDIÑO FERNANDEZ , RUBÉN	MALE	MALE		00:08:56.630	00:09:45.600	00:18:42.230
35	33	311	SANTIAGO RODRÍGUEZ , FERNANDO	MALE	MALE	CD PUNTA CABALO AROUSA RUNNERS	00:09:20.980	00:09:24.400	00:18:45.380
36	34	219	OTERO POZA , MANUEL	MALE	MALE	INDEPENDIENTE	00:09:21.020	00:09:29.020	00:18:50.040
37	35	352	VÁZQUEZ OSORIO , MANUEL	MALE	MALE	TRAN TRAN	00:09:20.780	00:09:33.360	00:18:54.140
38	36	195	MARTINEZ LOPEZ , GUILLERMO	MALE	MALE	INDEPENDIENTE	00:09:22.530	00:09:44.830	00:19:07.360
39	37	210	NUÑEZ MOSTEIRO , RUBEN	MALE	MALE	C.A.CAMBADOS .SEGUROS NOVAL	00:09:40.240	00:09:29.170	00:19:09.410
40	38	277	RIVAS CASTRO , JUAN	MALE	MALE	CLUB ATLETISMO CAMBADOS SEG.NOVAL	00:09:26.550	00:09:43.160	00:19:09.710
41	39	261	REY AGUIAR , CARLOS	MALE	MALE	CLUBE ATLETISMO CAMBADOS SEGUROS NOVAL	00:09:26.900	00:09:42.870	00:19:09.770
42	3	98	DURAN SINEIRO , ESTHER	FEMALE	FEMALE	INDEPENDIENTE	00:09:04.180	00:10:08.350	00:19:12.530
43	40	18	ALVAREZ CORES , RUBEN	MALE	MALE	C.A. CAMBADOS - SEGUROS NOVAL	00:09:42.360	00:09:34.780	00:19:17.140
44	41	197	MARTINEZ PUENTE , JESUS	MALE	MALE	ATLETISMO + 9 MORAÑA	00:09:38.170	00:09:39.180	00:19:17.350
45	42	37	BOTANA ÁLVAREZ , BORJA	MALE	MALE	INDEPENDIENTE	00:09:37.500	00:09:41.990	00:19:19.490
46	43	259	REBOEIRAS PAZ , SERGIO	MALE	MALE	INDEPENDIENTE	00:09:23.580	00:09:58.340	00:19:21.920
47	44	128	FERNANDEZ REY , CHEMA	MALE	MALE	CLUB TRIATLÓN VILAGARCÍA ATENAS RUNNING VDA	00:09:44.780	00:09:38.090	00:19:22.870
48	45	68	CHARLIN TRIGO , JOSE BENITO	MALE	MALE		00:09:44.460	00:09:38.560	00:19:23.020
49	46	13	ALLO ARAGUNDE , FRANCISCO JAVIER	MALE	MALE	PUNTA CABALO AROUSA RUNNERS	00:09:36.690	00:09:54.890	00:19:31.580
50	47	91	DIZ CHAVES , MANUEL	MALE	MALE	TRIATLON VILAGARCIA	00:09:51.960	00:09:42.130	00:19:34.090
51	48	46	CALVO GERARDI , MANUEL	MALE	MALE	ATLETISMO +9 MORAÑA	00:09:44.710	00:09:54.770	00:19:39.480
52	4	176	LODEIRO MURAS , MARÍA LUISA	FEMALE	FEMALE	ATLETISMO +9 MORAÑA	00:09:38.390	00:10:03.610	00:19:42.000
53	49	357	VIDAL POUOSO , MARLOS	MALE	MALE		00:09:48.750	00:10:00.970	00:19:49.720
54	50	355	VICENTE GARCÍA , JOSÉ ANTONIO	MALE	MALE	INDEPENDIENTE	00:09:33.080	00:10:24.070	00:19:57.150
55	51	221	OUBIÑA ABAL , JOSE	MALE	MALE	YONKYSTRAIL	00:09:33.030	00:10:27.270	00:20:00.300
56	52	286	RODRÍGUEZ FONTÁN , GONZALO	MALE	MALE	INDEPENDIENTE	00:09:38.740	00:10:27.060	00:20:05.800
57	53	287	RODRÍGUEZ FRAGA , DAVID	MALE	MALE	ATLETISMO +9 MORAÑA	00:10:17.520	00:09:51.010	00:20:08.530
58	54	334	SOTO BUCETA , SERGIO	MALE	MALE	CLUB ATLETISMO CAMBADOS- SEG.NOVAL	00:10:06.150	00:10:04.700	00:20:10.850
59	55	116	FERNANDEZ ALVAREZ , CARLOS	MALE	MALE	S.A.TREGA	00:10:29.940	00:09:44.040	00:20:13.980
60	56	223	OUBIÑA ARAGUNDE , MANU	MALE	MALE	CAMBADOS GAÉLICO	00:10:06.200	00:10:11.640	00:20:17.840
61	57	22	ARABI PLANELLS , OSCAR	MALE	MALE		00:09:58.870	00:10:30.560	00:20:29.430
62	5	312	SANTIAGO RODRÍGUEZ , NURIA	FEMALE	FEMALE	CD PUNTA CABALO AROUSA RUNNERS	00:10:05.470	00:10:29.060	00:20:34.530
63	58	48	CAMPOS LIJÓ , FRANCISCO	MALE	MALE		00:10:16.060	00:10:22.950	00:20:39.010
64	59	186	MAQUIEIRA CACABELOS , JUAN JOSÉ	MALE	MALE		00:10:35.390	00:10:05.060	00:20:40.450
65	60	70	CHAVES PEREIRA , JOSÉ	MALE	MALE	ATLETISMO +9 MORAÑA	00:09:58.650	00:10:43.780	00:20:42.430
66	61	117	FERNÁNDEZ BOO , ALBERTO	MALE	MALE	CLUB ATLETISMO CAMBADOS- SEG.NOVAL	00:10:10.170	00:10:32.380	00:20:42.550

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67	62	340	TORRES REGO , OSCAR	MALE	MALE	ATLETISMO +9 MORAÑA	00:09:58.950	00:10:43.610	00:20:42.560
68	63	230	PADIN TRIÑANES , ALEJANDRO	MALE	MALE	C.D. RIA DE AROUSA O GROVE	00:10:15.990	00:10:40.730	00:20:56.720
69	64	63	CASTRO PORTAS , MANUEL ANGEL	MALE	MALE		00:10:36.040	00:10:25.250	00:21:01.290
70	65	203	MOLDES TORRES , ALEJANDRO	MALE	MALE	INDEPENDIENTE	00:10:37.200	00:10:35.660	00:21:12.860
71	66	123	FERNANDEZ GONDAR , ROBERTO	MALE	MALE	INDEPENDIENTE	00:10:37.150	00:10:35.780	00:21:12.930
72	67	87	DIOS FERNÁNDEZ , FRANCISCO MANUEL	MALE	MALE	PUNTA CABALO AROUSA RUNNERS	00:10:21.610	00:10:52.400	00:21:14.010
73	68	247	PIÑEIRO CHAVES , ÁNGEL	MALE	MALE	PUNTA CABALO AROUSA RUNNERS	00:10:44.360	00:10:33.050	00:21:17.410
74	69	113	FARIÑA PRADO , JAVIER	MALE	MALE	C. A. CAMBADOS SEGUROS NOVAL	00:10:41.180	00:10:43.890	00:21:25.070
75	70	23	ARAGUNDE DIESTE , JOSÉ ANTONIO	MALE	MALE	CLUB TRIATLÓN VILAGARCÍA	00:10:40.900	00:10:44.760	00:21:25.660
76	71	174	LEAL FERNÁNDEZ , CIBRÁN	MALE	MALE	TRIATLÓN MOTOBIKE GALAICO	00:11:01.620	00:10:25.840	00:21:27.460
77	72	84	DIAZ ESTEBAN , JOSE MANUEL	MALE	MALE	INDEPENDIENTE	00:10:53.530	00:10:35.060	00:21:28.590
78	73	290	RODRÍGUEZ MARTÍNEZ , BENITO	MALE	MALE	INDEPENDIENTE	00:11:15.520	00:10:13.390	00:21:28.910
79	6	306	SANCHEZ NAVIA , ANGELES	FEMALE	FEMALE	TRAN TRAN	00:10:44.640	00:10:48.370	00:21:33.010
80	74	189	MARTINEZ ABAL , ROI	MALE	MALE	INDEPENDIENTE	00:10:13.690	00:11:20.800	00:21:34.490
81	7	260	REDONDO PEGO , EVA	FEMALE	FEMALE	ATLETISMO +9 MORAÑA	00:10:34.420	00:11:01.500	00:21:35.920
82	75	207	MUÑIZ GONZALEZ , DIONISIO	MALE	MALE		00:11:34.260	00:10:05.310	00:21:39.570
83	76	279	RIVEIRO GARCIA , ELADIO	MALE	MALE		00:10:48.550	00:10:55.150	00:21:43.700
84	77	100	DURAN SOMOZA , JOAQUIN	MALE	MALE		00:10:50.830	00:11:06.340	00:21:57.170
85	78	9	ABUIN CHAVES , CARLOS	MALE	MALE	CD RÍA DE AROUSA O GROVE	00:11:15.700	00:10:41.870	00:21:57.570
86	79	278	RIVAS FONDEVILA , TOMÁS	MALE	MALE	CLUB ATLETISMO CAMBADOS SEG.NOVAL	00:10:13.210	00:11:47.480	00:22:00.690
87	80	337	SUEIRO MÉNDEZ , MIGUEL	MALE	MALE	INDEPENDIENTE	00:11:34.430	00:10:28.970	00:22:03.400
88	8	192	MARTÍNEZ ÁLVAREZ , MARÍA	FEMALE	FEMALE	ARMENTEIRA E PUNTO	00:11:01.320	00:11:02.870	00:22:04.190
89	9	309	SANTIAGO LEAL , PEPI	FEMALE	FEMALE		00:10:32.520	00:11:42.760	00:22:15.280
90	81	180	LÓPEZ LOUT , JUAN	MALE	MALE	INDEPENDIENTE	00:11:30.190	00:10:48.350	00:22:18.540
91	82	148	GEHRHARDT CHAVES , CARLOS	MALE	MALE	INDEPENDIENTE	00:10:51.540	00:11:28.450	00:22:19.990
92	83	358	VIEITES MENDEZ , RUBEN	MALE	MALE	INDEPENDIENTE	00:11:35.870	00:10:48.130	00:22:24.000
93	10	250	PIÑEIRO SANTORUN , ERNESTINA	FEMALE	FEMALE	CLUB ATLETISMO CAMBADOS SEG.NOVAL	00:11:32.310	00:10:53.010	00:22:25.320
94	11	4	ABAL MAGARIÑOS , LAURA	FEMALE	FEMALE	ATLETISMO + 9 MORAÑA	00:10:48.050	00:11:44.330	00:22:32.380
95	12	350	VAZQUEZ CASAIS , CAROLINA	FEMALE	FEMALE		00:11:38.340	00:10:56.930	00:22:35.270
96	84	121	FERNANDEZ FERNANDEZ , OSCAR	MALE	MALE		00:13:03.600	00:09:31.960	00:22:35.560
97	85	75	CORDAL BARREIRO , ANTÓN	MALE	MALE	CLUB ATLETISMO CAMBADOS	00:11:09.910	00:11:26.310	00:22:36.220
98	86	214	OTERO GARCÍA , SEGIO	MALE	MALE	INDEPENDIENTE	00:11:33.290	00:11:06.450	00:22:39.740
99	87	280	RODIÑO BALBOA , RICARDO	MALE	MALE	INDEPENDIENTE	00:11:33.170	00:11:06.700	00:22:39.870

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	V1	V2	META
100	88	92	DOBARRO LÓPEZ , TOMÁS	MALE	MALE	INDEPENDIENTE	00:11:30.540	00:11:09.530	00:22:40.070
101	89	172	LASTRES BALBOA , JAVIER	MALE	MALE	INDEPENDIENTE	00:11:32.760	00:11:07.580	00:22:40.340
102	90	178	LOIS ARAGUNDE , MANUEL	MALE	MALE	INDEPENDIENTE	00:11:31.960	00:11:18.790	00:22:50.750
103	13	216	OTERO OTERO , CHUS	FEMALE	FEMALE	C.A.CAMBADOS-SEG NOVAL	00:11:32.130	00:11:18.870	00:22:51.000
104	14	313	SANTILLÁN NANIN , MICAELA	FEMALE	FEMALE	CLUB ATLETISMO CAMBADOS	00:11:32.520	00:11:19.060	00:22:51.580
105	91	333	SOMOZA COSTA , MANUEL	MALE	MALE	INDEPENDIENTE	00:11:31.960	00:11:19.790	00:22:51.750
106	92	206	MUELLE GONZALEZ , JOSE RAMON	MALE	MALE	C.A. CAMBADOS - SEGUROS NOVAL	00:11:40.640	00:11:11.290	00:22:51.930
107	15	276	RIAL SUÁREZ , ANA	FEMALE	FEMALE		00:11:40.640	00:11:12.190	00:22:52.830
108	16	34	BAÚLO ESCUDEIRO , ANDREA	FEMALE	FEMALE	CLUB ATLETISMO CAMBADOS SEG.NOVAL	00:11:40.440	00:11:13.270	00:22:53.710
109	93	50	CAMPOS SÁNCHEZ , FRANCISCO	MALE	MALE		00:11:37.920	00:11:16.380	00:22:54.300
110	94	42	BUCETA MOSTEIRO , RICARDO	MALE	MALE	INDEPENDIENTE	00:11:16.010	00:11:54.250	00:23:10.260
111	95	202	MOCHALES VIGO , ALEXANDRE	MALE	MALE	INDEPENDIENTE	00:11:05.820	00:12:05.560	00:23:11.380
112	17	81	DEZA DOMINGUEZ , MARIA	FEMALE	FEMALE	AGRUPACIÓN ATLÉTICA MAZÍ	00:11:19.490	00:11:53.180	00:23:12.670
113	96	110	FARIÑA GOMEZ , JUAN ALBERTO	MALE	MALE	INDEPENDIENTE	00:10:57.590	00:12:15.110	00:23:12.700
114	97	171	JAMARDO ABOY , ESTEBAN	MALE	MALE		00:12:37.630	00:10:42.580	00:23:20.210
115	98	227	PACHE HERMIDA , VÍCTOR	MALE	MALE	INDEPENDIENTE	00:11:49.670	00:11:31.270	00:23:20.940
116	99	15	ALONSO CASTRO , BREIXO	MALE	MALE	INDEPENDIENTE	00:11:01.450	00:12:19.690	00:23:21.140
117	100	149	GÓMEZ CHARLÍN , JESÚS MARÍA	MALE	MALE	INDEPENDIENTE	00:11:56.740	00:11:25.000	00:23:21.740
118	101	158	GONZÁLEZ OZORES , JOSÉ	MALE	MALE	INDEPENDIENTE	00:11:01.450	00:12:20.490	00:23:21.940
119	18	292	RODRIGUEZ RUIZ-MALO , LAURA	FEMALE	FEMALE	INDEPENDIENTE	00:11:01.451	00:12:20.491	00:23:22.370
120	102	332	SINEIRO FERNANDEZ , EMILIO	MALE	MALE	CLUB ATLETISMO CAMBADOS- SEG.NOVAL	00:11:38.320	00:11:44.780	00:23:23.100
121	103	111	FARIÑA GONZÁLEZ , MANUEL	MALE	MALE	INDEPENDIENTE	00:11:38.321	00:11:44.781	00:23:23.710
122	104	177	LODEIRO SANTISO , MARCOS	MALE	MALE	INDEPENDIENTE	00:11:38.322	00:11:44.782	00:23:24.470
123	105	211	NÚÑEZ OTERO , ERIC ADRIÁN	MALE	MALE	INDEPENDIENTE	00:11:45.720	00:11:41.310	00:23:27.030
124	19	217	OTERO OUBIÑA , NATALIA	FEMALE	FEMALE	PUNTA CABALO AROUSA RUNNERS	00:11:54.970	00:11:32.080	00:23:27.050
125	106	85	DINERO OUBIÑA , JUAN MANUEL	MALE	MALE	INDEPENDIENTE	00:11:54.800	00:11:32.410	00:23:27.210
126	107	125	FERNÁNDEZ GONZÁLEZ , SANTIAGO	MALE	MALE	CAMBADOS GAÉLICO	00:10:56.980	00:12:32.070	00:23:29.050
127	108	82	DEZA GOMEZ , ANDRES	MALE	MALE	AGRUPACIÓN ATLÉTICA MAZÍ	00:11:40.300	00:11:58.000	00:23:38.300
128	109	133	FONTAN PEREZ , GERARDO MIGUEL	MALE	MALE	CLUBE CICLISTA ARMENTEIRA E PUNTO	00:11:49.820	00:12:01.850	00:23:51.670
129	110	308	SANTIAGO ACUÑA , JOSE ALBERTO	MALE	MALE	VGA RUNNERS	00:12:52.680	00:11:02.680	00:23:55.360
130	111	302	SALGUEIRO GONZÁLEZ , ANTONIO	MALE	MALE		00:12:05.290	00:11:56.600	00:24:01.890
131	112	310	SANTIAGO MONTEAGUDO , ADRIÁN	MALE	MALE	ATLETISMO +9 MORAÑA	00:12:05.291	00:11:56.601	00:24:05.067
132	113	297	ROMERO VILLANUEVA , LUIS	MALE	MALE		00:13:11.070	00:11:02.150	00:24:13.220

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CRONOMETRAXE

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	V1	V2	META
133	20	129	FERNÁNDEZ RIAL , CLAUDIA	FEMALE	FEMALE	INDEPENDIENTE	00:11:23.480	00:12:53.630	00:24:17.110
134	114	2	ABAL FONTAN , MANUEL	MALE	MALE	INDEPENDIENTE	00:11:43.800	00:12:34.150	00:24:17.950
135	115	245	PESADO ISORNA , ISMA	MALE	MALE	CDA RUNNERS	00:12:53.140	00:11:35.100	00:24:28.240
136	116	254	PORTELA RODRÍGUEZ , ROBERTO	MALE	MALE		00:12:53.030	00:11:35.310	00:24:28.340
137	117	228	PADÍN PAZ , CONSTANTINO	MALE	MALE		00:12:37.100	00:11:56.670	00:24:33.770
138	118	138	GANDARA VIDAL , IVAN	MALE	MALE	INDEPENDIENTE	00:12:37.101	00:11:56.671	00:24:34.190
139	119	160	GONZALEZ RODRIGUEZ , FERNANDO	MALE	MALE		00:13:09.680	00:11:25.100	00:24:34.780
140	120	209	NOGUEIRA MISER , RUBEN	MALE	MALE		00:13:09.970	00:11:25.700	00:24:35.670
141	121	347	TRIÑANES PIÑEIRO , JOSÉ MANUEL	MALE	MALE	INDEPENDIENTE	00:12:10.600	00:12:31.710	00:24:42.310
142	122	215	OTERO LEMA , ENRIQUE	MALE	MALE	INDEPENDIENTE	00:12:11.250	00:12:31.180	00:24:42.430
143	123	6	ABAL ROMA , CARLOS	MALE	MALE		00:12:03.790	00:12:39.270	00:24:43.060
144	21	35	BESADA ALLO , PILI	FEMALE	FEMALE		00:12:12.540	00:12:30.570	00:24:43.110
145	124	246	PIÑEIRO , MANUEL	MALE	MALE	INDEPENDIENTE	00:12:03.740	00:12:39.460	00:24:43.200
146	125	69	CHARLIN ULLO , FERNANDO	MALE	MALE	INDEPENDIENTE	00:12:03.741	00:12:39.461	00:24:47.027
147	126	8	ABALO BARRAL , FIDEL	MALE	MALE	INDEPENDIENTE	00:12:03.742	00:12:39.462	00:24:48.027
148	22	249	PIÑEIRO SANTORUN , ENCARNACIÓN	FEMALE	FEMALE		00:12:48.340	00:12:06.320	00:24:54.660
149	127	51	CANCELO SEOANE , MARCOS	MALE	MALE	INDEPENDIENTE	00:12:22.700	00:12:39.830	00:25:02.530
150	128	194	MARTÍNEZ GONZÁLEZ , SERGIO	MALE	MALE	INDEPENDIENTE	00:11:30.660	00:13:32.640	00:25:03.300
151	129	83	DÍAZ DÍAZ , IAGO	MALE	MALE	INDEPENDIENTE	00:11:35.990	00:13:34.510	00:25:10.500
152	23	57	CARRERA FERNANDEZ , NEREA	FEMALE	FEMALE	C.A. CAMBADOS - SEGUROS NOVAL	00:13:04.620	00:12:07.430	00:25:12.050
153	130	47	CAMPOS LIJÓ , DANIEL	MALE	MALE		00:11:39.000	00:13:34.030	00:25:13.030
154	24	235	PAZ SEÑORANS , OLGA	FEMALE	FEMALE	MONTEPENARUBIA	00:12:46.900	00:12:29.760	00:25:16.660
155	131	295	RODRIGUEZ VEIGA , RAFAEL	MALE	MALE	INDEPENDIENTE	00:12:46.570	00:12:30.240	00:25:16.810
156	132	339	TORRES CHAVES , ELOY	MALE	MALE		00:12:05.280	00:13:14.673	00:25:19.953
157	25	45	CABALLA LIMA , YENNY	FEMALE	FEMALE		00:12:20.400	00:13:01.680	00:25:22.080
158	26	315	SANTOS LOIS , MONICA	FEMALE	FEMALE		00:12:37.140	00:12:48.340	00:25:25.480
159	27	99	DURÁN SINEIRO , MARIOLA	FEMALE	FEMALE		00:10:50.000	00:14:37.040	00:25:27.040
160	133	346	TRIGO PADIN , RAMON DAVID	MALE	MALE		00:12:37.150	00:12:49.960	00:25:27.110
161	134	252	POMARES FERNANDEZ , JOSÉ MARÍA	MALE	MALE	CD PUNTA CABALO AROUSA RUNNERS	00:12:59.810	00:12:27.310	00:25:27.120
162	135	241	PÉREZ GARCÍA , JESÚS	MALE	MALE	C.A. CAMBADOS - SEGUROS NOVAL	00:13:08.940	00:12:24.860	00:25:33.800
163	136	354	VERA SANMARTIN , CLAUDIO	MALE	MALE	C.A. CAMBADOS - SEGUROS NOVAL	00:13:08.300	00:12:25.660	00:25:33.960
164	137	103	ESTÉVEZ LÓPEZ , JOSE	MALE	MALE	C.A. CAMBADOS - SEGUROS NOVAL	00:13:08.280	00:12:25.900	00:25:34.180
165	138	143	GARCIA OTERO , ALEJANDRO	MALE	MALE	CAMBADOS GAELICO	00:12:13.950	00:13:22.220	00:25:36.170

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	V1	V2	META
166	139	226	OUBIÑA SOMOZA , FERNANDO	MALE	MALE		00:12:20.500	00:13:16.180	00:25:36.680
167	140	296	ROMERO CHANTADA , LUIS	MALE	MALE		00:13:09.580	00:12:32.130	00:25:41.710
168	141	196	MARTINEZ LORES , BENITO	MALE	MALE	INDEPENDIENTE	00:13:11.360	00:12:30.450	00:25:41.810
169	142	187	MARIÑO PAZ , SAMUEL	MALE	MALE	INDEPENDIENTE	00:13:35.630	00:12:06.880	00:25:42.510
170	143	220	OTERO TRIGO , ALBERTO	MALE	MALE	INDEPENDIENTE	00:13:35.710	00:12:06.820	00:25:42.530
171	28	229	PADIN REY , ANA	FEMALE	FEMALE		00:13:03.930	00:12:47.520	00:25:51.450
172	144	144	GARCIA PIÑEIRO , SERGIO	MALE	MALE		00:13:11.720	00:12:39.890	00:25:51.610
173	145	58	CASAIS BARRAL , DARIO	MALE	MALE	CAC SEGUROS NOVAL	00:12:15.180	00:13:36.923	00:25:52.103
174	146	79	CRESPO PADIN , MARCO ANTONIO	MALE	MALE	CAC SEGUROS NOVAL	00:13:10.630	00:12:42.380	00:25:53.010
175	29	265	REY RODRIGUEZ , LIDIA	FEMALE	FEMALE	INDEPENDIENTE	00:12:54.160	00:12:59.510	00:25:53.670
176	30	349	VÁZQUEZ ARGIBAY , IRIA MARIA	FEMALE	FEMALE	INDEPENDIENTE	00:13:39.810	00:12:18.880	00:25:58.690
177	147	301	SALGADO TOURIÑO , MIGUEL	MALE	MALE	CLUB PIRAGÜISMO AS TORRES ROMARÍA VIKINGA	00:13:04.330	00:13:02.960	00:26:07.290
178	148	234	PAZ PARADA , JOSÉ LUIS	MALE	MALE	CLUB ATLETISMO CAMBADOS SEG.NOVAL	00:12:43.290	00:13:36.380	00:26:19.670
179	149	101	ESCUDEIRO VIEITES , ANDRES	MALE	MALE	INDEPENDIENTE	00:12:33.740	00:13:46.110	00:26:19.850
180	150	7	ABAL TORRES , CÁNDIDO	MALE	MALE		00:13:32.440	00:12:49.730	00:26:22.170
181	31	17	ALVAREZ ALVAREZ , CRISTINA	FEMALE	FEMALE		00:12:48.570	00:13:38.200	00:26:26.770
182	32	218	OTERO PADIN , VIVIANA	FEMALE	FEMALE	INDEPENDIENTE	00:12:53.830	00:13:34.570	00:26:28.400
183	33	225	OUBIÑA PIÑEIRO , JENNYFER	FEMALE	FEMALE		00:13:39.540	00:13:02.150	00:26:41.690
184	151	66	CHARLIN PADIN , LUIS EDUARDO	MALE	MALE	INDEPENDIENTE	00:13:07.660	00:13:35.150	00:26:42.810
185	152	291	RODRIGUEZ PILLADO , IVAN	MALE	MALE		00:12:32.320	00:14:12.360	00:26:44.680
186	153	159	GONZALEZ RESUA , VICENTE	MALE	MALE		00:12:20.430	00:14:24.300	00:26:44.730
187	154	320	SEÑORÁNS SILVA , RUBEN	MALE	MALE	INDEPENDIENTE	00:12:45.070	00:14:18.950	00:27:04.020
188	34	126	FERNANDEZ GONZALEZ , VANIA	FEMALE	FEMALE	S.A.TREGA	00:12:26.100	00:14:49.190	00:27:15.290
189	35	175	LEMA ACHA , LUCÍA	FEMALE	FEMALE	AXESTIÓN: ASESORÍA E BUFETE	00:13:46.260	00:13:42.760	00:27:29.020
190	155	32	BARREIRO PEREIRA , LAUREANO MANUEL	MALE	MALE	AXESTIÓN: ASESORÍA E BUFETE	00:13:46.240	00:13:42.910	00:27:29.150
191	156	60	CASTAÑO GARCÍA , ROI	MALE	MALE	INDEPENDIENTE	00:13:03.820	00:14:26.290	00:27:30.110
192	157	258	QUINTÁNS LAYA , JESÚS	MALE	MALE	INDEPENDIENTE	00:13:35.537	00:13:58.803	00:27:34.340
193	36	54	CARBIA RODRÍGUEZ , PATRICIA	FEMALE	FEMALE	ATLETISMO +9 MORAÑA	00:13:52.150	00:13:57.470	00:27:49.620
194	37	191	MARTÍNEZ ALFONSÍN , LETICIA	FEMALE	FEMALE	INDEPENDIENTE	00:15:49.210	00:12:04.180	00:27:53.390
195	38	53	CARBIA RODRÍGUEZ , NATIVIDAD	FEMALE	FEMALE	ATLETISMO +9 MORAÑA	00:13:44.550	00:14:09.970	00:27:54.520
196	39	239	PEITEADO SUÁREZ , MARÍA	FEMALE	FEMALE	CAC SEGUROS NOVAL	00:13:42.760	00:14:12.560	00:27:55.320
197	40	72	CHAVES SANTAMARÍA , NOELIA	FEMALE	FEMALE	INDEPENDIENTE	00:13:15.420	00:14:44.900	00:28:00.320
198	158	56	CAROU GARCÍA , ÁLVARO	MALE	MALE	VGA RUNNERS	00:12:52.380	00:15:08.160	00:28:00.540

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	V1	V2	META
199	159	351	VÁZQUEZ GARCÍA , IVÁN	MALE	MALE	VGA RUNNERS	00:12:52.080	00:15:08.480	00:28:00.560
200	160	64	CASTRO VILAS , FERNANDO JAVIER	MALE	MALE	VGA RUNNERS	00:12:52.060	00:15:08.720	00:28:00.780
201	161	318	SANTOS TEIJELO , CARLOS	MALE	MALE	VGA RUNNERS	00:12:51.640	00:15:09.340	00:28:00.980
202	162	184	MAGDALENA ARIAS , DAVID	MALE	MALE		00:14:47.030	00:13:21.330	00:28:08.360
203	163	262	REY ARAGUNDE , DANIEL	MALE	MALE	CAMBADOS GAÉLICO	00:12:13.920	00:15:55.260	00:28:09.180
204	164	31	BARREIRO , RUBÉN	MALE	MALE		00:14:27.090	00:13:46.610	00:28:13.700
205	41	150	GONZALEZ , PAULA	FEMALE	FEMALE		00:14:27.590	00:14:05.250	00:28:32.840
206	165	264	REY GARCIA , JOSE MANUEL	MALE	MALE	INDEPENDIENTE	00:13:40.570	00:14:52.770	00:28:33.340
207	166	119	FERNANDEZ CORES , JUANJO	MALE	MALE	C.A.CAMBADOS .SEGUROS NOVAL	00:14:26.790	00:14:07.390	00:28:34.180
208	167	115	FERNANDEZ , OLIVER	MALE	MALE		00:14:26.820	00:14:07.530	00:28:34.350
209	168	44	CAAMAÑO PAZ , MARTÍN	MALE	MALE		00:14:27.070	00:14:07.370	00:28:34.440
210	42	97	DURAN SINEIRO , CAYETANA	FEMALE	FEMALE		00:13:50.770	00:14:57.190	00:28:47.960
211	43	10	AGIS ROSAL , ANDREA	FEMALE	FEMALE	INDEPENDIENTE	00:13:51.070	00:14:57.020	00:28:48.090
212	169	36	BOSCH MOGIN , IGNACIO	MALE	MALE	INDEPENDIENTE	00:13:51.071	00:14:57.021	00:28:49.260
213	170	76	CORDAL BARREIRO , IVAN	MALE	MALE	CLUBE ATLETISMO CAMBADOS SEGUROS NOVAL	00:15:27.090	00:13:30.460	00:28:57.550
214	171	16	ALONSO VILAR , MARTIN	MALE	MALE	INDEPENDIENTE	00:13:40.600	00:15:28.810	00:29:09.410
215	172	12	ALBA SALGUEIRO , BENI	MALE	MALE		00:14:27.770	00:14:46.110	00:29:13.880
216	173	25	ARIAS QUINTEIRO , DAVID	MALE	MALE	WHERE IS THE CHANDAL?	00:16:02.730	00:13:14.220	00:29:16.950
217	44	198	MARTINEZ SOTELO , SONIA	FEMALE	FEMALE	INDEPENDIENTE	00:13:58.380	00:15:18.670	00:29:17.050
218	45	284	RODRÍGUEZ BÓVEDA , ALEXANDRA	FEMALE	FEMALE	ATENAS RUNNING VDA	00:16:03.170	00:13:14.340	00:29:17.510
219	46	30	BARRAL NÚÑEZ , MAR	FEMALE	FEMALE	INDEPENDIENTE	00:16:03.200	00:13:14.340	00:29:17.540
220	47	43	BUJAN BARRAL , MARIA DOLORES	FEMALE	FEMALE	WHERE IS THE CHANDAL?	00:16:03.240	00:13:14.580	00:29:17.820
221	174	28	BARCA BRAVO , JOSE LUIS	MALE	MALE	WHERE IS THE CHANDAL?	00:16:03.590	00:13:14.400	00:29:17.990
222	175	335	SOTO LOPEZ , MANUEL	MALE	MALE	WHERE IS THE CHANDAL?	00:16:02.130	00:13:16.230	00:29:18.360
223	48	275	RIAL SANTOS , SUSANA	FEMALE	FEMALE	CLUB ATLETISMO BOIMORTO	00:16:01.790	00:13:16.970	00:29:18.760
224	176	162	IGLESIAS GARCIA , MATEO	MALE	MALE		00:16:01.791	00:13:16.971	00:29:35.270
225	49	314	SANTOS BARBOSA , JAMAICA	FEMALE	FEMALE		00:15:26.410	00:14:11.850	00:29:38.260
226	177	205	MONTENEGRO MISER , BORJA	MALE	MALE		00:13:54.400	00:16:04.710	00:29:59.110
227	178	122	FERNÁNDEZ FERNÁNDEZ , RAÚL	MALE	MALE		00:14:00.400	00:16:00.280	00:30:00.680
228	50	345	TRIGO NÚÑEZ , SILVIA	FEMALE	FEMALE		00:15:05.810	00:14:56.300	00:30:02.110
229	51	154	GONZALEZ DAPORTA , , ROSALIA	FEMALE	FEMALE		00:15:05.130	00:14:57.000	00:30:02.130
230	52	157	GONZÁLEZ IGLESIAS , MAYCA	FEMALE	FEMALE		00:15:05.780	00:14:56.410	00:30:02.190
231	53	348	VAZQUEZ , MARIA	FEMALE	FEMALE		00:15:05.730	00:14:56.640	00:30:02.370

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POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	V1	V2	META
232	179	305	SÁNCHEZ , LEONARDO	MALE	MALE	INDEPENDIENTE	00:16:03.360	00:14:11.560	00:30:14.920
233	54	153	GONZÁLEZ BETANZOS , JESSICA	FEMALE	FEMALE		00:15:02.530	00:15:15.450	00:30:17.980
234	55	118	FERNÁNDEZ BUGALLO , CRISTINA	FEMALE	FEMALE		00:15:02.560	00:15:15.620	00:30:18.180
235	180	336	SOTO RAMOS , JORGE	MALE	MALE	GALITAR RUNNERS	00:14:54.050	00:15:26.170	00:30:20.220
236	56	156	GONZALEZ GONZALEZ , MONICA	FEMALE	FEMALE	GALITAR RUNNERS	00:14:54.330	00:15:26.170	00:30:20.500
237	181	233	PAULOS LOBATO , JOSÉ	MALE	MALE	GALITAR RUNNERS	00:14:53.760	00:15:26.770	00:30:20.530
238	182	224	OUBIÑA DURAN , CARMELO	MALE	MALE	C.A.CAMBADOS-SEG NOVAL	00:15:27.510	00:15:11.800	00:30:39.310
239	57	104	FALCÓN ARAGUNDE , ESTRELLA	FEMALE	FEMALE	INDEPENDIENTE	00:15:29.050	00:15:10.280	00:30:39.330
240	58	289	RODRÍGUEZ LAMELO , PAULA	FEMALE	FEMALE		00:15:22.260	00:15:40.690	00:31:02.950
241	59	145	GARCIA RODRIGUEZ , CLAUDIA	FEMALE	FEMALE	INDEPENDIENTE	00:15:25.280	00:15:47.430	00:31:12.710
242	60	244	PÉREZ TORRES , VICTORIA	FEMALE	FEMALE		00:15:26.140	00:15:50.130	00:31:16.270
243	61	55	CARMONA PLAZA , MARIANNE	FEMALE	FEMALE		00:15:58.813	00:16:29.987	00:32:28.800
244	62	89	DIOS GARCÍA , AROA	FEMALE	FEMALE	CLUB ATLETISMO CAMBADOS SEG.NOVAL	00:16:41.960	00:17:36.480	00:34:18.440
245	63	88	DIOS FERNANDEZ , MARIA	FEMALE	FEMALE	INDEPENDIENTE	00:16:42.120	00:17:36.400	00:34:18.520
246	183	267	RIAL GONDAR , ALBERTO	MALE	MALE	TEAM CORBELO	00:15:56.700	00:19:40.890	00:35:37.590
247	184	274	RIAL SALGUEIRO , ÓSCAR	MALE	MALE	INDEPENDIENTE	00:15:57.680	00:19:39.990	00:35:37.670
248	185	272	RIAL SALGUEIRO , CÉSAR	MALE	MALE	INDEPENDIENTE	00:16:08.160	00:19:29.520	00:35:37.680
249	64	271	RIAL PÉREZ , SUSANA	FEMALE	FEMALE	INDEPENDIENTE	00:16:23.720	00:19:14.290	00:35:38.010
250	186	185	MALVIDO CANCELAS , RUBÉN	MALE	MALE	INDEPENDIENTE	00:15:59.020	00:19:39.310	00:35:38.330
251	65	155	GONZÁLEZ FERNÁNDEZ , LARA	FEMALE	FEMALE	INDEPENDIENTE	00:16:26.830	00:19:11.940	00:35:38.770
252	66	268	RIAL GONDAR , CARINA	FEMALE	FEMALE	INDEPENDIENTE	00:16:09.130	00:19:29.740	00:35:38.870
253	187	273	RIAL SALGUEIRO , ESTEBAN	MALE	MALE	INDEPENDIENTE	00:15:57.550	00:19:41.470	00:35:39.020
254	188	304	SAMPEDRO RIAL , LUIS	MALE	MALE	INDEPENDIENTE	00:16:07.640	00:19:31.510	00:35:39.150
255	67	270	RIAL PEREZ , IRENE	FEMALE	FEMALE	INDEPENDIENTE	00:16:09.810	00:19:29.370	00:35:39.180
256	189	299	SABARIS ABALO , GUILLERMO	MALE	MALE		00:16:09.560	00:19:30.440	00:35:40.000
257	190	343	TRIGO LORES , DIEGO	MALE	MALE	INDEPENDIENTE	00:17:47.400	00:17:59.880	00:35:47.280
258	68	137	GÁLVEZ GONZÁLEZ , ANDREA	FEMALE	FEMALE		00:17:55.790	00:20:38.150	00:38:33.940
259	69	237	PAZOS VIDAL , SONIA	FEMALE	FEMALE		00:17:55.410	00:20:39.570	00:38:34.980
260	191	182	LORENZO , RAMON	MALE	MALE		00:17:58.160	00:21:13.590	00:39:11.750