



22 de abril de 2017



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## CLASIFICACIÓN CARREIRA ABSOLUTA

| PTO | DOR | NOMBRE      | APELLIDOS        | CLUB                                   | T.NETO | CATEGORÍA      | RITMO | P.SEX | P.CAT |
|-----|-----|-------------|------------------|----------------------------------------|--------|----------------|-------|-------|-------|
| 1   | 63  | Lolo        | Penas Blanco     | New Balance                            | 35:01  | VETERANA/O 1   | 3:54  | 1     | 0     |
| 2   | 95  | Amador      | Pena Torreira    | Club Deportivo Vagalume                | 38:37  | VETERANA/O 1   | 4:17  | 2     | 0     |
| 3   | 76  | Miguel Anxo | Nogueira Pérez   | Noitebra F.C.                          | 38:37  | VETERANA/O 1   | 4:17  | 3     | 0     |
| 4   | 134 | Abel        | Barros González  | Atletismo +9 Moraña                    | 38:51  | VETERANA/O 2   | 4:19  | 4     | 1     |
| 5   | 121 | Manuel      | Vieites Carballo | Atletismo Cuntis                       | 39:04  | VETERANA/O 2   | 4:20  | 5     | 2     |
| 6   | 128 | Jose Carlos | Bujan Otero      | Noitebra F.C.                          | 39:09  | VETERANA/O 2   | 4:21  | 6     | 3     |
| 7   | 100 | Manuel      | Fraga Díaz       | Armadillos                             | 39:45  | VETERANA/O 1   | 4:25  | 7     | 1     |
| 8   | 27  | Maxi        | Oubiña Falcón    | C. A. Cambados - SeG. Noval            | 40:20  | SENIOR         | 4:29  | 8     | 1     |
| 9   | 114 | Juan Jesus  | Barral Varela    |                                        | 40:31  | VETERANA/O 2   | 4:30  | 9     | 4     |
| 10  | 97  | Víctor      | Maneiro Freire   | Club Deportivo Vagalume Energía        | 41:01  | VETERANA/O 1   | 4:33  | 10    | 2     |
| 11  | 142 | Gonzalo     | Rodríguez Lopez  | Asociacion Deportiva C.A.R             | 41:04  | VETERANA/O 2   | 4:33  | 11    | 5     |
| 12  | 26  | Miguel      | Iglesias Amores  | Club Deportivo Pinarium                | 41:14  | SENIOR         | 4:35  | 12    | 2     |
| 13  | 98  | J Luis      | Gonzalez Nunez   | Clube Atletismo Boimorto               | 41:18  | VETERANA/O 1   | 4:35  | 13    | 3     |
| 14  | 147 | Jose        | Bujan Gonzalez   | Club Atletismo Outes-john Turkey       | 41:31  | VETERANA/O 2   | 4:37  | 14    | 6     |
| 15  | 153 | Jesús       | Villaverde Lopez |                                        | 41:42  | VETERANA/O 2   | 4:38  | 15    | 7     |
| 16  | 149 | Jose        | Fernández Rendo  | La Gramola                             | 42:15  | VETERANA/O 2   | 4:41  | 16    | 8     |
| 17  | 191 | Ramiro      | Perez Pereira    | Sar-vermu Petroni                      | 42:28  | VETERANA/O 4   | 4:43  | 17    | 1     |
| 18  | 109 | Juan Ramón  | Ferreiro López   | Tambre Bike & Running                  | 42:42  | VETERANA/O 2   | 4:45  | 18    | 9     |
| 19  | 49  | Daniel      | Antelo           | Universidad Santiago De Compostela     | 42:43  | JUNIOR-PROMESA | 4:45  | 19    | 1     |
| 20  | 81  | Carlos      | Dieguez Carreira | Club Deportivo San Paio A Estrada      | 42:43  | VETERANA/O 1   | 4:45  | 20    | 4     |
| 21  | 145 | Rafael      | Cabo             | Noitebra                               | 43:16  | VETERANA/O 2   | 4:48  | 21    | 10    |
| 22  | 1   | Alexandre   | Fernández Tojo   | Tambrebike&running                     | 43:18  | SENIOR         | 4:48  | 22    | 2     |
| 23  | 146 | Pedro       | Traba Caamaño    | Club Atletismo Outes - John Turkey     | 43:20  | VETERANA/O 2   | 4:49  | 23    | 11    |
| 24  | 44  | Alberto     | Golan Cutrim     |                                        | 43:30  | SENIOR         | 4:50  | 24    | 3     |
| 25  | 3   | Marcos      | Penedo Taboada   | 3&run By Pedro Nimo                    | 43:43  | SENIOR         | 4:51  | 25    | 4     |
| 26  | 130 | Michel      | Martinez Nieto   | Club Atletismo Outes John Turkey - Cao | 43:45  | VETERANA/O 2   | 4:51  | 26    | 12    |
| 27  | 125 | Germán      | Pérez Vidal      | Noia                                   | 44:32  | VETERANA/O 2   | 4:57  | 27    | 13    |



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|-----|-----|------------------|---------------------|----------------------------------------|--------|----------------|-------|-------|-------|
| 28  | 185 | Juan             | Rivas Castro        | Club Atletismo Cambados SeG. Noval     | 44:44  | VETERANA/O 3   | 4:58  | 28    | 1     |
| 29  | 162 | Daniel           | Becerra             | Noitebra                               | 44:50  | VETERANA/O 3   | 4:59  | 29    | 2     |
| 30  | 40  | Ricardo          | León Viñas          | Sar - Vermú Petroni                    | 44:52  | SENIOR         | 4:59  | 30    | 5     |
| 31  | 172 | José Manuel      | Romero Olveira      | Veteranos De Samil                     | 44:56  | VETERANA/O 3   | 5:00  | 31    | 3     |
| 32  | 96  | Pedro            | Nimo Del Oro        | 3&run By Pedro Nimo Club De Corredores | 45:02  | VETERANA/O 1   | 5:00  | 32    | 5     |
| 33  | 48  | Borja            | Castro Hermida      | Club Atletismo Santiago                | 45:03  | JUNIOR-PROMESA | 5:00  | 33    | 3     |
| 34  | 188 | Carlos           | Silva Cesar         |                                        | 45:03  | VETERANA/O 3   | 5:00  | 34    | 4     |
| 35  | 13  | Santiago Manuel  | Gey Segade          | S.D. Barbantia Roda                    | 45:20  | SENIOR         | 5:02  | 35    | 6     |
| 36  | 55  | Jose Manuel      | Vazquez Mato        |                                        | 45:26  | VETERANA/O 1   | 5:03  | 36    | 6     |
| 37  | 163 | Ignacio          | Seijo Vázquez       | 3&run Pedro Nimo                       | 45:48  | VETERANA/O 3   | 5:05  | 37    | 5     |
| 38  | 110 | Manuel           | Costa Castro        |                                        | 45:48  | VETERANA/O 2   | 5:05  | 38    | 14    |
| 39  | 183 | Jesus            | Uzal Miramontes     | Club Deportivo Vagalume Energia        | 45:54  | VETERANA/O 3   | 5:06  | 39    | 6     |
| 40  | 11  | Alberto          | Gonzalez            |                                        | 46:00  | SENIOR         | 5:06  | 40    | 7     |
| 41  | 99  | Javier           | Gil Pereira         | Tartarugas                             | 46:01  | VETERANA/O 1   | 5:07  | 41    | 7     |
| 42  | 19  | Tina             | Fernández Barreiros | Urban Runners Santiago                 | 46:10  | SENIOR         | 5:08  | 1     | 0     |
| 43  | 56  | Santiago         | Ramos Iglesias      | Universidad De Santiago                | 46:10  | VETERANA/O 1   | 5:08  | 42    | 8     |
| 44  | 69  | Pablo            | Díaz Cardamas       | Club Atletismo Santiago                | 46:17  | VETERANA/O 1   | 5:09  | 43    | 9     |
| 45  | 50  | Marcos           | Fernandez           |                                        | 46:53  | JUNIOR-PROMESA | 5:13  | 44    | 4     |
| 46  | 32  | Yago             | Pérez Parrado       | Club Deportivo Vagalume Energía        | 47:06  | SENIOR         | 5:14  | 45    | 8     |
| 47  | 150 | Iván Pablo       | Sanmartín Carreira  | Club Deportivo Vagalume Energía        | 47:07  | VETERANA/O 2   | 5:14  | 46    | 15    |
| 48  | 15  | Ivan             | Alvarez Perez       | A. D Limiactiva                        | 47:08  | SENIOR         | 5:14  | 47    | 9     |
| 49  | 126 | Jose Luis        | Vázquez Meijide     | Tran-tran                              | 47:11  | VETERANA/O 2   | 5:14  | 48    | 16    |
| 50  | 78  | Xurxo            | Feijoo Garcia       | Tartarugas                             | 47:15  | VETERANA/O 1   | 5:15  | 49    | 10    |
| 51  | 184 | Francisco Javier | Cepeda Gacio        | Independiente                          | 47:16  | VETERANA/O 3   | 5:15  | 50    | 7     |
| 52  | 135 | Manuel           | Martinez Sestayo    | Tartarugas                             | 47:21  | VETERANA/O 2   | 5:16  | 51    | 17    |
| 53  | 118 | Jose Carlos      | Lado Torres         | Incor                                  | 47:23  | VETERANA/O 2   | 5:16  | 52    | 18    |
| 54  | 171 | Maximino         | Liméns Prado        | Club Atletismo Negreira                | 47:25  | VETERANA/O 3   | 5:16  | 53    | 8     |



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|-----|-----|-----------------|--------------------|---------------------------------|--------|--------------|-------|-------|-------|
| 55  | 9   | Martin Eugenio  | Rodriguez Gomez    | Noitebra F.C.                   | 47:31  | SENIOR       | 5:17  | 54    | 10    |
| 56  | 87  | Aurea           | Retamal Muñiz      | Atletismo Milladoiro            | 47:51  | VETERANA/O 1 | 5:19  | 2     | 0     |
| 57  | 64  | Marcos          | Tarrío Martínez    | Vagalume Energía                | 47:52  | VETERANA/O 1 | 5:19  | 55    | 11    |
| 58  | 84  | David           | Arias Quinteiro    | Where Is The Chandal?           | 47:56  | VETERANA/O 1 | 5:19  | 56    | 12    |
| 59  | 39  | Hadrian         | Fraga Dopazo       |                                 | 47:59  | SENIOR       | 5:20  | 57    | 11    |
| 60  | 70  | Txema           | Vazquez Vazquez    |                                 | 48:19  | VETERANA/O 1 | 5:22  | 58    | 13    |
| 61  | 169 | Francisco       | Moure Cañete       | Noitebra F.C.                   | 48:21  | VETERANA/O 3 | 5:23  | 59    | 9     |
| 62  | 194 | Manuel          | Calvo Gerardi      | Atletismo +9 Moraña             | 48:23  | VETERANA/O 4 | 5:23  | 60    | 2     |
| 63  | 79  | Sergio          | Nogueira Miñán     | Running Oleiros                 | 48:30  | VETERANA/O 1 | 5:23  | 61    | 14    |
| 64  | 25  | Oscar           | Santos Ferreiro    |                                 | 48:35  | SENIOR       | 5:24  | 62    | 12    |
| 65  | 28  | Javier          | Fieiro Rama        |                                 | 48:38  | SENIOR       | 5:24  | 63    | 13    |
| 66  | 139 | Oscar           | Leis Mouriño       |                                 | 48:55  | VETERANA/O 2 | 5:26  | 64    | 19    |
| 67  | 58  | Fernando Jose   | De Almeida Rey     | Independiente                   | 49:14  | VETERANA/O 1 | 5:28  | 65    | 15    |
| 68  | 152 | Carlos José     | Fernández Iglesias | Club Deportivo Vagalume Energía | 49:17  | VETERANA/O 2 | 5:29  | 66    | 20    |
| 69  | 42  | Mario           | Taibo              | Usc                             | 49:21  | SENIOR       | 5:29  | 67    | 14    |
| 70  | 12  | Xan             | Collazo Areosa     | Cd Os Muditos                   | 49:22  | SENIOR       | 5:29  | 68    | 15    |
| 71  | 31  | Anxo            | Castro Varela      | Miler Running Club              | 49:24  | SENIOR       | 5:29  | 69    | 16    |
| 72  | 75  | Abraham         | Benitez Somoza     | Escuela De Boxeo El Canario     | 49:29  | VETERANA/O 1 | 5:30  | 70    | 16    |
| 73  | 195 | Jose Manuel     | Albores Diaz       |                                 | 49:43  | VETERANA/O 4 | 5:31  | 71    | 3     |
| 74  | 80  | Carlos          | Portas Costa       |                                 | 49:44  | VETERANA/O 1 | 5:31  | 72    | 17    |
| 75  | 129 | Victor Manuel   | Botana Queiruga    |                                 | 49:47  | VETERANA/O 2 | 5:32  | 73    | 21    |
| 76  | 68  | Juan Jose       | Alvarelos Barreiro | Club Deportivo Vagalume Energia | 49:50  | VETERANA/O 1 | 5:32  | 74    | 18    |
| 77  | 60  | Fernando Rafael | Pardo Seco         |                                 | 49:50  | VETERANA/O 1 | 5:32  | 75    | 19    |
| 78  | 178 | Camilo          | Iglesias Lopez     | Atletismo Milladoiro            | 49:50  | VETERANA/O 3 | 5:32  | 76    | 10    |
| 79  | 4   | Miguel          | Lopez Noya         |                                 | 49:50  | SENIOR       | 5:32  | 77    | 17    |
| 80  | 14  | Daniel          | Abal Magariños     | Atletismo +9 Moraña             | 49:58  | SENIOR       | 5:33  | 78    | 18    |
| 81  | 124 | Alvaro          | César Vila         |                                 | 50:22  | VETERANA/O 2 | 5:36  | 79    | 22    |



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|-----|-----|---------------|--------------------|-----------------------------------------|--------|--------------|-------|-------|-------|
| 82  | 30  | Jorge         | Paz Calo           |                                         | 50:24  | SENIOR       | 5:36  | 80    | 19    |
| 83  | 85  | Jose Luis     | Barca Bravo        | Where Is The Chandal?                   | 50:26  | VETERANA/O 1 | 5:36  | 81    | 20    |
| 84  | 6   | José Ponciano | Blanco Villar      | Atletismo +9moraña                      | 50:38  | SENIOR       | 5:37  | 82    | 20    |
| 85  | 144 | José Enrique  | Abuin Gey          | Atletismo +9 Moraña                     | 50:41  | VETERANA/O 2 | 5:38  | 83    | 23    |
| 86  | 137 | Alvaro        | Pereiras Couto     |                                         | 50:47  | VETERANA/O 2 | 5:39  | 84    | 24    |
| 87  | 123 | Manuel        | Vieites Rodríguez  | Os Esfolas Arrós                        | 50:47  | VETERANA/O 2 | 5:39  | 85    | 25    |
| 88  | 72  | Ricardo       | Iglesias Casal     | Noitebra F.C.                           | 50:50  | VETERANA/O 1 | 5:39  | 86    | 21    |
| 89  | 89  | Oscar         | Torres Rego        | Atletismo +9 Moraña                     | 51:04  | VETERANA/O 1 | 5:41  | 87    | 22    |
| 90  | 82  | Rafael        | Barreiro Lopez     | Rafael Barreiro Lopez                   | 51:06  | VETERANA/O 1 | 5:41  | 88    | 23    |
| 91  | 17  | Efren         | Capelo Vieites     |                                         | 51:13  | SENIOR       | 5:41  | 89    | 21    |
| 92  | 54  | Cristina      | Carril Boo         | Club Deportivo Vagalume Energia         | 51:27  | VETERANA/O 1 | 5:43  | 3     | 0     |
| 93  | 22  | Oscar         | Cruz De La Fuente  | Villazala                               | 51:38  | SENIOR       | 5:44  | 90    | 22    |
| 94  | 102 | Sergio        | Seoane Carril      | Azulejos Milladoiro/restaurante Portico | 51:43  | VETERANA/O 1 | 5:45  | 91    | 24    |
| 95  | 112 | Martín        | Rozas Ramos        | Noitebra                                | 51:48  | VETERANA/O 2 | 5:45  | 92    | 26    |
| 96  | 175 | Carlos        | Pampín Boado       | Club Deportivo Pinarium                 | 52:15  | VETERANA/O 3 | 5:48  | 93    | 11    |
| 97  | 23  | Iago          | Lozano Núñez       | Miler Running Club                      | 52:17  | SENIOR       | 5:49  | 94    | 23    |
| 98  | 158 | Alberto A.    | Villar Conde       |                                         | 52:17  | VETERANA/O 2 | 5:49  | 95    | 27    |
| 99  | 65  | Jose Antonio  | Quintáns Vázquez   | Los Pelaos                              | 52:27  | VETERANA/O 1 | 5:50  | 96    | 25    |
| 100 | 10  | Alfonso       | Quintáns Vázquez   | C.A. Vilamarxant                        | 52:27  | SENIOR       | 5:50  | 97    | 24    |
| 101 | 161 | Nicolás       | Díaz Sueiras       | Independiente                           | 52:30  | VETERANA/O 3 | 5:50  | 98    | 12    |
| 102 | 373 | Luis          | García             |                                         | 52:37  | SENIOR       | 5:50  | 99    | 25    |
| 103 | 105 | Marcos        | Martinez Leis      |                                         | 52:43  | VETERANA/O 2 | 5:52  | 100   | 28    |
| 104 | 104 | Jorge         | Carballido Salgado | No                                      | 53:00  | VETERANA/O 2 | 5:53  | 101   | 29    |
| 105 | 187 | Moncho        | Ferraces Vazquez   | Clube Atletismo Boimorto                | 53:24  | VETERANA/O 3 | 5:56  | 102   | 13    |
| 106 | 122 | Maria Jose    | Bragaña Miguens    | Club Atletismo Outes-john Turkey        | 53:30  | VETERANA/O 2 | 5:57  | 4     | 1     |
| 107 | 66  | Jose Ignacio  | Calvo Fernandez    | Club Atletico Bertamirans               | 53:34  | VETERANA/O 1 | 5:57  | 103   | 26    |
| 108 | 186 | Jose Ramon    | Abel Suarez        | Noitebra F.C.                           | 53:52  | VETERANA/O 3 | 5:59  | 104   | 14    |



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| 109 | 138 | Jose Miguel    | Curiel Cepeda       | Jose Miguel Curiel Cepeda       | 53:56  | VETERANA/O 2 | 6:00  | 105   | 30    |
| 110 | 52  | Maria          | Tarrio Martínez     | Vagalume Energía                | 54:04  | VETERANA/O 1 | 6:00  | 5     | 1     |
| 111 | 132 | Tomas          | Camaño Malvido      |                                 | 54:05  | VETERANA/O 2 | 6:00  | 106   | 31    |
| 112 | 16  | Adrián         | Calvo               |                                 | 54:05  | SENIOR       | 6:00  | 107   | 26    |
| 113 | 166 | José           | Gómez Viaño         |                                 | 54:20  | VETERANA/O 3 | 6:02  | 108   | 15    |
| 114 | 41  | Alberto        | Fuertes Garcia      | Alberto Fuertes Garcia          | 54:27  | SENIOR       | 6:03  | 109   | 27    |
| 115 | 45  | Noe            | Riaño Lueiro        | Tribu Trail                     | 54:48  | SENIOR       | 6:05  | 6     | 1     |
| 116 | 117 | Juan Carlos    | Fernandez Oliveira  |                                 | 54:53  | VETERANA/O 2 | 6:06  | 110   | 32    |
| 117 | 88  | Pablo          | Baña Sanda          | Club Deportivo Vagalume Energia | 55:02  | VETERANA/O 1 | 6:07  | 111   | 27    |
| 118 | 107 | Angel          | Conde Pereira       |                                 | 55:03  | VETERANA/O 2 | 6:07  | 112   | 33    |
| 119 | 179 | Francisco      | Millet Ayaso        |                                 | 55:06  | VETERANA/O 3 | 6:07  | 113   | 16    |
| 120 | 131 | David          | Orihuela Conde      |                                 | 55:37  | VETERANA/O 2 | 6:11  | 114   | 34    |
| 121 | 119 | Raquel         | García Míguez       |                                 | 55:49  | VETERANA/O 2 | 6:12  | 7     | 2     |
| 122 | 46  | Anton          | Cruces Sande        | Anton Cruces                    | 56:17  | SENIOR       | 6:15  | 115   | 28    |
| 123 | 53  | Jose Luis      | Rosende Fuentes     |                                 | 56:38  | VETERANA/O 1 | 6:17  | 116   | 28    |
| 124 | 155 | Isaías         | Calvo De La Uz      |                                 | 56:39  | VETERANA/O 2 | 6:18  | 117   | 35    |
| 125 | 120 | Suso           | Rodríguez Rodríguez |                                 | 56:40  | VETERANA/O 2 | 6:18  | 118   | 36    |
| 126 | 165 | José Antonio   | Blanco Barreiro     |                                 | 56:44  | VETERANA/O 3 | 6:18  | 119   | 17    |
| 127 | 154 | Agustín        | Caamano Lado        |                                 | 56:48  | VETERANA/O 2 | 6:18  | 120   | 37    |
| 128 | 111 | Antonio Benito | Fernández Godás     |                                 | 56:54  | VETERANA/O 2 | 6:19  | 121   | 38    |
| 129 | 176 | Celina         | Rodríguez Sobrino   | Atletismo +9 Moraña             | 57:07  | VETERANA/O 3 | 6:21  | 8     | 1     |
| 130 | 77  | Luis           | Feijoo Garcia       | Tartarugas                      | 57:44  | VETERANA/O 1 | 6:25  | 122   | 29    |
| 131 | 90  | Natividad      | Romero Viñas        |                                 | 57:50  | VETERANA/O 1 | 6:25  | 9     | 2     |
| 132 | 86  | Agapito        | Baamonde Arufe      | Club Atletismo Outes            | 57:51  | VETERANA/O 1 | 6:26  | 123   | 30    |
| 133 | 101 | Juan Pablo     | Torres Antunez      |                                 | 58:28  | VETERANA/O 1 | 6:30  | 124   | 31    |
| 134 | 143 | Eduardo        | Montes Blanco       | Atletismo +9 Moraña             | 58:43  | VETERANA/O 2 | 6:31  | 125   | 39    |
| 135 | 160 | Rafael         | Sisto Edreira       |                                 | 58:49  | VETERANA/O 3 | 6:32  | 126   | 18    |



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|-----|-----|------------------|--------------------|---------------------------------|---------|--------------|-------|-------|-------|
| 136 | 180 | Marcial De       | Martín Vázquez     |                                 | 58:51   | VETERANA/O 3 | 6:32  | 127   | 19    |
| 137 | 91  | Francisco Javier | Suarez Bermudez    |                                 | 59:19   | VETERANA/O 1 | 6:35  | 128   | 32    |
| 138 | 113 | Juan Carlos      | Mallo Baluja       | Noitebra                        | 59:24   | VETERANA/O 2 | 6:36  | 129   | 40    |
| 139 | 24  | Ismael           | Bralo Nimo         |                                 | 59:32   | SENIOR       | 6:37  | 130   | 29    |
| 140 | 174 | Daniel Angel     | Otero Cepeda       |                                 | 59:54   | VETERANA/O 3 | 6:39  | 131   | 20    |
| 141 | 374 | Daniel           | Lorenzo Juarez     |                                 | 59:59   | VETERANO/A 1 | 6:40  | 132   | 33    |
| 142 | 141 | Alfredo          | Fandiño Ares       | Fontes Do Sar                   | 1:00:13 | VETERANA/O 2 | 6:41  | 133   | 41    |
| 143 | 7   | Manuel           | Barbeito Garcia    |                                 | 1:00:17 | SENIOR       | 6:42  | 134   | 30    |
| 144 | 133 | Vicente          | Sanmartin Vigo     | Verxel Nutrición Deportiva      | 1:00:34 | VETERANA/O 2 | 6:44  | 135   | 42    |
| 145 | 61  | Manuel           | Fondevila Alvarez  |                                 | 1:01:15 | VETERANA/O 1 | 6:48  | 136   | 34    |
| 146 | 164 | Manuel           | Moure Sande        | Noitebra                        | 1:01:21 | VETERANA/O 3 | 6:49  | 137   | 21    |
| 147 | 193 | Antonio Oscar    | Constenla Junquera |                                 | 1:01:34 | VETERANA/O 4 | 6:50  | 138   | 4     |
| 148 | 93  | Diego            | Castiñeiras Pintos |                                 | 1:01:35 | VETERANA/O 1 | 6:51  | 139   | 35    |
| 149 | 159 | Marcelino        | Rey Iglesias       |                                 | 1:01:54 | VETERANA/O 3 | 6:53  | 140   | 22    |
| 150 | 196 | Jose Ramon       | Conde Torres       |                                 | 1:02:00 | VETERANA/O 4 | 6:53  | 141   | 5     |
| 151 | 106 | Marga            | Ledesma Rico       | Club Deportivo Vagalume Energia | 1:02:03 | VETERANA/O 2 | 6:54  | 10    | 3     |
| 152 | 34  | Carlos           | Salvado Bermudez   |                                 | 1:02:14 | SENIOR       | 6:55  | 142   | 31    |
| 153 | 173 | Antonio          | Riveira Martinez   | Club Deportivo Vagalume Energia | 1:02:18 | VETERANA/O 3 | 6:55  | 143   | 23    |
| 154 | 71  | Alicia           | Muiño Pose         | Club Deportivo Vagalume Energia | 1:02:18 | VETERANA/O 1 | 6:55  | 11    | 3     |
| 155 | 189 | Manuel Francisco | Otero Echart       |                                 | 1:02:27 | VETERANA/O 4 | 6:56  | 144   | 6     |
| 156 | 35  | Roberto          | Rey Gomez          | C.D.San Paio                    | 1:02:28 | SENIOR       | 6:56  | 145   | 32    |
| 157 | 92  | José Ramón       | Señarís Boo        |                                 | 1:02:39 | VETERANA/O 1 | 6:58  | 146   | 36    |
| 158 | 59  | Inés             | López Curros       |                                 | 1:02:47 | VETERANA/O 1 | 6:58  | 12    | 4     |
| 159 | 190 | Manolo           | Otero Souto        |                                 | 1:03:09 | VETERANA/O 4 | 7:01  | 147   | 7     |
| 160 | 151 | Mª Isabel        | Quiroza Ramos      | Club De Atletismo Fontes Do Sar | 1:03:22 | VETERANA/O 2 | 7:03  | 13    | 4     |
| 161 | 148 | Jorge            | Carreira Nodar     | Club Deportivo San Paio         | 1:03:53 | VETERANA/O 2 | 7:06  | 148   | 43    |
| 162 | 167 | Jesús            | Pérez Balirac      | Noitebra F.C.                   | 1:03:54 | VETERANA/O 3 | 7:06  | 149   | 24    |



22 de abril de 2017



ABANCA



## CLASIFICACIÓN CARREIRA ABSOLUTA

| PTO | DOR | NOMBRE        | APELLIDOS          | CLUB                            | T.NETO  | CATEGORÍA      | RITMO | P.SEX | P.CAT |
|-----|-----|---------------|--------------------|---------------------------------|---------|----------------|-------|-------|-------|
| 163 | 67  | Ismael        | Barral Noya        |                                 | 1:04:05 | VETERANA/O 1   | 7:08  | 150   | 37    |
| 164 | 182 | Juan Carlos   | Castro Suarez      | Club Deportivo Vagalume Enerxia | 1:04:31 | VETERANA/O 3   | 7:10  | 151   | 25    |
| 165 | 74  | Rocio         | Garcia Felpeto     |                                 | 1:04:43 | VETERANA/O 1   | 7:11  | 14    | 5     |
| 166 | 73  | Jorge Alberto | Suárez Garea       |                                 | 1:04:45 | VETERANA/O 1   | 7:12  | 152   | 38    |
| 167 | 103 | Miguel Guido  | González Szmaocki  |                                 | 1:05:00 | VETERANA/O 1   | 7:13  | 153   | 39    |
| 168 | 43  | Juan          | Peleteiro Gallardo |                                 | 1:05:10 | SENIOR         | 7:14  | 154   | 33    |
| 169 | 18  | Cristian      | Vaamonde Carballo  |                                 | 1:05:21 | SENIOR         | 7:16  | 155   | 34    |
| 170 | 116 | Ana           | Vigo Liñares       | Atletismo Fontes Do Sar         | 1:06:15 | VETERANA/O 2   | 7:22  | 15    | 5     |
| 171 | 192 | Xosé Manuel   | Carballeira Hortas |                                 | 1:06:37 | VETERANA/O 4   | 7:24  | 156   | 8     |
| 172 | 20  | Lidia         | Alonso Sánchez     | Club Deportivo Vagalume Energia | 1:07:37 | SENIOR         | 7:31  | 16    | 2     |
| 173 | 168 | Alberto       | Do Rio Quiroga     |                                 | 1:08:26 | VETERANA/O 3   | 7:36  | 157   | 26    |
| 174 | 5   | Esther        | Noya Pardo         |                                 | 1:09:32 | SENIOR         | 7:44  | 17    | 3     |
| 175 | 33  | Leticia       | Seguín Outeiriño   | A.D.Limiactiva                  | 1:09:33 | SENIOR         | 7:44  | 18    | 4     |
| 176 | 177 | Miguel Angel  | Vázquez Veiga      | Clube Atletismo Boimorto        | 1:09:52 | VETERANA/O 3   | 7:46  | 158   | 27    |
| 177 | 21  | Patricia      | Carbia Rodriguez   | Atletismo +9 Moraña             | 1:10:41 | SENIOR         | 7:51  | 19    | 1     |
| 178 | 47  | Laura         | Abal Magariños     | Atletismo +9 Moraña             | 1:10:42 | JUNIOR-PROMESA | 7:51  | 20    | 2     |
| 179 | 140 | Rosa          | Gomez Gomez        |                                 | 1:11:44 | VETERANA/O 2   | 7:58  | 21    | 6     |
| 180 | 36  | Pablo         | Gonzalez Gestoso   |                                 | 1:13:56 | SENIOR         | 8:13  | 159   | 35    |
| 181 | 115 | Chelo         | Vigo Liñares       | Atletismo Fontes Do Sar         | 1:14:05 | VETERANA/O 2   | 8:14  | 22    | 7     |
| 182 | 29  | Laura         | Baña Nimo          |                                 | 1:16:46 | SENIOR         | 8:32  | 23    | 5     |
| 183 | 2   | Marie Noelle  | García Salazar     |                                 | 1:28:35 | SENIOR         | 9:50  | 24    | 6     |