

MEDIA MARATON CARBALLIÑO

Pos.	Fem.	Dor.	Nombre	Club	Cat.	Pos.	Paso1	Paso2	T. Oficial	T/Km.
1		45	Iglesias Raña, Luis	A. Arenteiro	ABSM	1	25:01	49:52	1:14:06.78	03:31
2		29	Corral Justo, Jose Manuel	A. Arenteiro	ABSM	2	25:01	49:52	1:14:26.91	03:32
3		53	Pacheco Martinez, Victor Hugo		ABSM	3	25:00	50:39	1:16:25.73	03:37
4		71	Rodriguez Torres, Juan Carlos	S.D.Barbantia Roda	VAM	1	25:40	51:43	1:16:59.23	03:39
5		20	Fernandez Garcia, Albino	A. Arenteiro	SNM	1	25:42	51:42	1:17:17.24	03:40
6		41	Carrera Blanco, Pablo	C.A. Carnicas Serrano	SNM	2	25:41	51:51	1:18:07.41	03:42
7		188	Gonzalez Fernandez, Ivan		SNM	3	25:41	51:52	1:19:01.21	03:45
8		70	Paradela Teixeira, João Manuel	Chaves Runing Team	VAM	2	26:17	53:04	1:19:24.04	03:46
9		122	Sa, Luis	Boavista FC	VBM	1	25:54	52:38	1:19:44.62	03:47
10		112	Gontan Castro, Jose Antonio	Fontes do Sar	VAM	3	26:21	53:08	1:19:46.68	03:47
11		48	Novoa Gutierrez, Julio	A. Arenteiro	VAM	4	26:21	53:05	1:19:54.98	03:47
12		75	Batista Ferreira, Carlos Manuel	Chaves Runing Team	VAM	5	26:22	53:00	1:20:26.27	03:49
13		17	Rodriguez Vazquez, Marcos	A. Arenteiro	SNM	4	26:24	53:07	1:20:43.86	03:50
14		46	Perez Reboredo, Fernando	A. Arenteiro	VAM	6	26:21	53:14	1:20:50.39	03:50
15		31	Sobral Gonzalez, Manuel	Pinarium	SNM	5	26:38	53:46	1:21:15.19	03:51
16		94	Garcia Gonzalez, Santiago	Burgas Ourense A.	VAM	7	26:26	53:45	1:21:35.00	03:52
17		72	Perez Rodriguez, Javier	Pinarium	VAM	8	27:11	54:43	1:22:07.11	03:54
18		44	Gonzalez Nuñez, Jluís	C.e A. Boimorto	SNM	6	26:45	54:23	1:22:17.80	03:54
19		105	Vazquez Boullosa, Dario		VAM	9	26:43	54:28	1:22:45.34	03:55
20		200	Rodríguez González, Ramón	A. Arenteiro	VBM	2	26:49	54:29	1:22:47.63	03:55
21		80	Piñeiro Groba, Miguel Angel	Taninos Runners	VAM	10	26:39	54:25	1:23:08.14	03:56
22		190	Perez Villamarin, Victor	A. Arenteiro	VCM	1	27:08	55:04	1:23:40.32	03:58
23		51	Casas Herrero, Manuel		VAM	11	27:57	55:52	1:23:52.53	03:59
24		24	Folgueira Diaz, Manuel		SNM	7	26:41	54:26	1:23:54.89	03:59
25		61	Fernandez Alberte, Gonzalo	A. Arenteiro	VAM	12	26:57	55:06	1:24:04.60	03:59
26		2	Iglesias Amores, Miguel	Pinarium	SNM	8	26:56	54:32	1:24:58.72	04:02
27		158	Neira, Manuel	runcar	VCM	2	27:56	56:06	1:25:05.42	04:02
28		126	Rua Vaamonde, Emilio	CAI A Estrada	VBM	3	27:57	56:39	1:25:39.85	04:04
29		87	Beltran Taboada, Jose Julian	Owl Runners	VAM	13	28:29	57:22	1:25:52.96	04:04
30		67	Vila Fernandez, Julio	TriatIOn Duero	VAM	14	28:11	57:01	1:26:07.34	04:05
31		106	Bugueiro Gonzalez, Luis Alberto		VAM	15	27:35	56:43	1:26:11.11	04:05
32		116	Gonzalez Ledo, Francisco Javier		VAM	16	28:00	56:54	1:26:27.71	04:06
33		102	Calvo Fernandez, Jose Ruben	Via XVIII Maceda	VAM	17	28:43	57:29	1:26:48.93	04:07

34	90	Ansia Garcia, Juan	Lamargha	VAM	18	28:44	57:30	1:26:49.00	04:07
35	125	Dopazo Louzan, Javier	Owl Runners	VBM	4	28:37	57:28	1:26:50.79	04:07
36	138	Gomez Iglesias, Jose Javier	Burgas Ourense A.	VBM	5	28:24	57:33	1:26:51.75	04:07
37	81	Rodriguez Duran, Marcos		VAM	19	28:44	57:31	1:26:59.84	04:07
38	9	Taboas Carrera, Ismael		SNM	9	28:14	57:42	1:27:04.72	04:08
39	4	Sanchez Valencia, Daniel	C. TriatlOn Ourense	SNM	10	28:43	57:34	1:27:09.00	04:08
40	47	Carballal Gonzalez, Antonio	Pinarium	VAM	20	28:50	57:34	1:27:09.93	04:08
41	121	Cao Garcia, Jose Manuel	Fontes do Sar	VBM	6	29:23	58:34	1:27:28.67	04:09
42	11	Rodriguez Ferreiro, Miguel	Lamargha	SNM	11	28:18	57:30	1:27:29.71	04:09
43	157	Morenza doforno, German	Pinarium	VCM	3	28:30	57:58	1:27:40.04	04:09
44	194	Dieguez Carreira, Carlos	San Paio A Estrada	VAM	21	28:28	57:34	1:27:41.78	04:09
45	128	Aramburu Garcia-pintos, Alberto	Owl Runners	VBM	7	28:44	58:00	1:27:46.18	04:10
46	13	Martinez Gomez, Daniel		SNM	12	28:37	57:56	1:27:54.96	04:10
47	36	Docampo, Ivan	Lamargha	SNM	13	29:32	58:45	1:28:11.21	04:11
48	33	Romero Fernandez, Juan	C.D. Aurum	SNM	14	29:12	58:51	1:28:19.80	04:11
49	123	Cartelle Cudilleiro, Jaime		VBM	8	28:51	58:36	1:28:30.98	04:12
50	85	Hermida Castro, Jose Luis	Limiaactiva	VAM	22	28:53	58:28	1:28:39.91	04:12
51	195	Feijoo Cantarilla, Roberto	Limiaactiva	VAM	23	28:52	58:29	1:28:40.01	04:12
52	199	Pérez Fernández, Roberto	A. Arenteiro	SNM	15	28:51	59:24	1:30:12.10	04:16
53	65	Rodriguez Vargas, Jorge		VAM	24	29:01	59:20	1:30:28.86	04:17
54	92	Lopez Villaverde, Jesus		VAM	25	30:51	1:01:23	1:30:47.08	04:18
55	55	Ferreiro Deaño, Alfredo	C.D. Aurum	VAM	26	29:35	59:52	1:30:51.07	04:18
56	127	Garcia Mosquera, Oscar		VBM	9	29:33	1:00:04	1:31:05.96	04:19
57	192	Rodriguez Pinal, Juan		VAM	27	29:58	59:59	1:31:24.72	04:20
58	103	Nores Gomez, Benito	A. Vet. Ourense	VAM	28	30:31	1:00:36	1:31:26.81	04:20
59	83	Carballo Penela, Adolfo		VAM	29	31:28	1:01:47	1:31:31.22	04:20
60	118	Rivera Corral, Cesar	Lamargha	VAM	30	29:59	1:00:40	1:31:44.91	04:21
61	109	Martinez Nieto, Michel	C.A.O.	VAM	31	29:44	1:00:17	1:31:48.48	04:21
62	136	Lopez Fernandez, Jose		VBM	10	30:08	1:00:55	1:32:07.65	04:22
63	151	Martinez Alonso, Teodoro		VBM	11	30:37	1:01:10	1:32:22.96	04:23
64	73	Dominguez Zufiaurre, Francisco Javier		VAM	32	30:02	1:00:32	1:32:41.66	04:24
65	27	Macia Marey, Jose Manuel		SNM	16	30:16	1:01:19	1:32:44.34	04:24
66	16	Tubio Del Rio, Andres Manuel		SNM	17	29:56	1:01:06	1:32:56.19	04:24
67	142	Brea Lopez, Miguel Angel	Tolemeia Bike	VBM	12	30:36	1:01:58	1:33:11.36	04:25
68	141	Rodriguez Vazquez, Juan Carlos		VBM	13	29:50	1:00:59	1:33:16.56	04:25
69	145	Diaz Araujo, Jose Javier	Tropa do Carallo	VBM	14	30:18	1:01:27	1:33:29.14	04:26

70	204	Barreiros Dapena, Brais	Tropa do Carallo	SNM	18	30:18	1:01:27	1:33:29.40	04:26
71	144	Carballo Gonzalez, Miguel		VBM	15	30:52	1:02:06	1:33:33.77	04:26
72	124	Blanco Figueirido, Marcos Antonio	C.A. Outes	VBM	16	30:58	1:02:17	1:33:36.10	04:26
73	111	Rodriguez Viso, Marcos	Esprintes Ourense	VAM	33	31:30	1:02:49	1:33:37.88	04:26
74	186	Mosquera Portas, Daniel		SNM	19	31:02	1:02:10	1:33:39.00	04:26
75	62	Garcia Gil, Javier		VAM	34	30:35	1:01:58	1:33:39.80	04:26
76	170	Limens Prado, Maximino	C. A. Negreira	VDM	1	30:54	1:02:14	1:33:40.58	04:26
77	6	Iglesias Fernandez, Luis Jesus		SNM	20	29:15	1:00:49	1:34:01.20	04:27
78	68	Silva Cordo, Manuel	A. Estrada	VAM	35	30:51	1:02:40	1:34:10.68	04:28
79	104	Garrido Rodriguez, Oscar	Esprintes Ourense	VAM	36	31:10	1:02:42	1:34:27.14	04:29
80	63	Fabello Cid, Eliseo		VAM	37	30:38	1:01:32	1:34:30.41	04:29
81	59	Torres Rivas, Carlos	A. Estrada	VAM	38	30:53	1:02:45	1:35:11.49	04:31
82	99	Rodriguez Rodriguez, Javier	C.D. Aurum	VAM	39	30:17	1:02:26	1:35:38.19	04:32
83	163	Gomez Lopez, Jose Enrique		VDM	2	30:57	1:03:16	1:35:51.37	04:33
84	175	Losada Marra, Jose	Burgas Ourense A.	VDM	3	32:11	1:04:26	1:35:58.70	04:33
85	58	Casas Casas, Jose Manuel		VAM	40	31:29	1:03:50	1:36:01.05	04:33
86	1 240	Ferreiro Lopez, Maria	Burgas Ourense A.	ABSF	1	30:57	1:02:59	1:36:19.75	04:34
87	64	Castro Reboredo, Alberto	Lamargha	VAM	41	32:13	1:04:01	1:36:21.01	04:34
88	49	Fernandez Salgueiro, Marcos		VAM	43	32:12	1:04:01	1:36:21.07	04:34
89	60	Lamas Cruz, Santiago	Korpore Carballiño	VAM	42	33:05	1:04:01	1:36:21.07	04:34
90	173	Gonzalez Quinteiros, Daniel	Limiaactiva	VDM	4	31:39	1:04:02	1:36:22.24	04:34
91	18	Ferro Rodriguez, Diego		SNM	21	31:27	1:03:28	1:36:30.80	04:34
92	155	Barreiro Tato, Joaquin	CAI A Estrada	VCM	4	32:29	1:05:05	1:37:01.37	04:36
93	96	Mallo Nieves, Jose Manuel		VAM	44	32:10	1:04:27	1:37:02.83	04:36
94	171	Gallardo Francisco, Benito	Run Carballiño	VDM	5	31:42	1:04:11	1:37:04.68	04:36
95	137	Vazquez Fernandez, Jose	Pato Blanco	VBM	17	31:35	1:04:25	1:37:16.67	04:37
96	43	Paris Lopez, Jose		SNM	22	30:11	1:03:47	1:37:29.41	04:37
97	2 246	Nuñez-naveira, Laura		ABSF	2	31:22	1:04:15	1:37:36.73	04:38
98	133	Perez Novoa, Antonio	Vigoentrena	VBM	18	32:17	1:04:41	1:37:44.68	04:38
99	149	Arnott Fernandez, Juan		VBM	19	33:16	1:05:43	1:37:53.46	04:38
100	152	Saavedra Pazos, Jose Antonio	Runaways	VCM	5	33:17	1:05:44	1:37:53.91	04:38
101	69	Del Arco Marquiz, Sergio	Olimpico de Vedra	VAM	45	32:11	1:05:06	1:38:10.47	04:39
102	84	Lamas Vila, Eligio Jesus		VAM	46	34:00	1:05:35	1:38:12.00	04:39
103	56	Gomez Gomez, Juan Carlos		VAM	47	32:15	1:04:45	1:38:12.06	04:39
104	143	Levoso Touceda, Jose Maria	Esprintes Ourense	VBM	20	32:33	1:05:31	1:38:19.06	04:40
105	203	Codón Vega, Alfonso		VBM	21	32:15	1:05:31	1:38:43.75	04:41

106	201	Raña Gregorio, Juan Carlos		VBM	22	32:15	1:05:31	1:38:44.03	04:41
107	117	Fernandez Sanchez, Ramiro		VAM	48	32:31	1:04:48	1:38:46.53	04:41
108	187	Framiñan Lamazares, Camilo		SNM	23	33:14	1:06:09	1:38:58.65	04:41
109	38	Pedrouzo Ulloa, Alberto		SNM	24	33:17	1:05:58	1:39:26.84	04:43
110	166	Alonso Martinez, Jose Manuel	Ourenrunning	VDM	6	31:53	1:05:01	1:39:39.22	04:43
111	25	Losada Garcia, Aitor		SNM	25	33:26	1:06:48	1:39:58.00	04:44
112	3	245 Lopez Arnau, Felicidad	Patukos Tim Ranin	ABSF	3	33:18	1:06:47	1:39:58.27	04:44
113	115	Mujeriego Gomez, Jose Luis		VAM	49	33:12	1:06:41	1:40:21.84	04:45
114	108	Taboada Firvida, Manuel		VAM	50	33:19	1:06:48	1:40:27.54	04:46
115	40	Calvo Fernandez, Jose Ignacio	C. AtlEtico BertamirAns	SNM	26	32:11	1:05:33	1:40:32.80	04:46
116	74	Fornos Gallego, Luis	Esprintes Ourense	VAM	51	34:32	1:08:07	1:40:47.82	04:47
117	131	Perez Garcia, Juan Carlos	Korpore Carballiño	VBM	23	33:34	1:07:09	1:41:19.26	04:48
118	100	Gallego Pato, Angel	Tropa do carallo	VAM	52	32:26	1:06:26	1:41:35.54	04:49
119	101	Rodriguez Fernandez, Felipe	Esprintes Ourense	VAM	53	34:32	1:08:09	1:41:47.57	04:49
120	76	Balseiro Amido, Jose Angel	C.e A. Vilalba	VAM	54	33:38	1:07:42	1:42:17.47	04:51
121	88	Iglesias Mira, Felipe	Esprintes Ourense	VAM	55	34:33	1:08:11	1:42:23.27	04:51
122	97	Diaz Valcarcel, Ruben	Fontes do Sar	VAM	56	36:12	1:09:41	1:42:42.22	04:52
123	91	Perez Zarraquiños, Roberto	Limiaactiva	VAM	57	32:37	1:07:01	1:43:01.71	04:53
124	196	alvarez perez, Iván	Limiaactiva	SNM	27	32:37	1:07:00	1:43:02.06	04:53
125	12	Pena Diaz, Pablo		SNM	28	32:50	1:07:29	1:43:25.95	04:54
126	177	Fernandez Lopez, Jose Manuel	Castro	VDM	7	32:38	1:07:31	1:43:31.98	04:54
127	107	Perez Gonzalez, Manuel Rafael	Esprintes Ourense	VAM	58	35:56	1:10:14	1:43:40.00	04:55
128	129	Guede Gomez, Jose Ramon	Ourenrunning	VBM	24	34:27	1:09:14	1:43:50.02	04:55
129	146	Forneiro Lopez, Jose Luis		VBM	25	33:52	1:08:35	1:43:53.56	04:55
130	37	Negreira Barcia, Daniel	Fontes do Sar	SNM	29	35:11	1:09:15	1:44:07.39	04:56
131	50	Rodriguez Framil, Alfonso	Noitebra	VAM	59	35:11	1:09:15	1:44:07.44	04:56
132	169	Ferraces Vazquez, Moncho	C. A. Boimorto	VDM	8	33:07	1:08:18	1:44:18.06	04:57
133	66	Perez Lijo, Jorge		VAM	60	34:37	1:09:51	1:44:35.54	04:57
134	156	De Dios De Dios, Jose Ramon		VCM	6	34:31	1:09:54	1:44:58.46	04:59
135	160	Fernandez Lopez, Martin	Autotodo Carballiño	VCM	7	33:25	1:08:16	1:45:11.00	04:59
136	154	Castro Fernandez, Camilo	A. Arenteiro	VCM	8	31:20	1:04:49	1:45:11.01	04:59
137	7	Paz Gomez, Arturo		SNM	30	35:26	1:10:52	1:45:45.69	05:01
138	162	Vila Blanco, Jesus	Val da Rabeda	VCM	9	34:07	1:09:30	1:45:46.66	05:01
139	167	Martinez Cachafeiro, Javier		VDM	9	33:44	1:09:05	1:46:28.00	05:03
140	176	Freire Velo, Manuel	Burgas Ourense A.	VDM	10	34:34	1:10:00	1:46:28.80	05:03
141	165	Guzman Lorenzo, Guillermo	Autotodo Carballiño	VDM	11	34:28	1:10:45	1:47:02.67	05:04

142	140	Rodriguez Gonzalez, Jose	Autotodo Carballiño	VBM	26	35:26	1:11:08	1:47:07.93	05:05
143	139	Lopez Iglesias, Luis		VBM	27	35:06	1:11:03	1:47:20.44	05:05
144	148	Dapena Tenorio, Jose Luis		VBM	28	34:43	1:10:08	1:47:41.76	05:06
145	39	Varela Santalla, Pepe		SNM	31	35:34	1:10:39	1:47:55.47	05:07
146	150	Leboso Ferreiro, Cesar	Esprintes Ourense	VBM	29	34:08	1:09:42	1:47:58.59	05:07
147	4	243 Perez Gonzalez, Elena		SNF	1	34:08	1:09:42	1:47:59.16	05:07
148	34	Alvarez Fernandez, Javier	Korpore Carballiño	SNM	32	37:14	1:14:54	1:49:09.92	05:10
149	79	Fompedriña Roca, Diego		VAM	61	37:05	1:13:22	1:49:33.47	05:12
150	134	Alonso Alvarez, Gonzalo		VBM	30	35:38	1:12:35	1:49:57.70	05:13
151	147	Seoane Lopez, Ramon		VBM	31	37:56	1:14:27	1:51:22.55	05:17
152	22	Piedras Puig, Hipolito		SNM	33	34:51	1:12:51	1:52:11.52	05:19
153	23	Vazquez Borrajo, Oscar		SNM	34	35:24	1:12:42	1:52:45.38	05:21
154	1	Caderno Gonzalez, Daniel		SNM	35	37:14	1:14:54	1:53:34.22	05:23
155	172	Bello Gonzalez, Juan Ignacio		VDM	12	39:09	1:17:50	1:55:50.70	05:29
156	193	Gonzalez Gonzalez, Manuel		VCM	10	39:09	1:17:50	1:55:51.32	05:29
157	180	Miranda Lorenzo, Javier	Val da Rabeda	VDM	13	38:55	1:17:36	1:56:27.77	05:31
158	98	Lagoa Millan, Manuel		VAM	62	38:15	1:16:50	1:56:37.62	05:32
159	5	244 Lorenzo Lopez, Isabel		VAF	1	37:40	1:16:52	1:57:08.87	05:33
160	161	Puga gonzalez, Jorge	Val da Rabeda	VCM	11	38:58	1:17:41	1:57:10.26	05:33
161	82	Barros Perez, Jose Manuel		VAM	63	39:10	1:18:51	1:58:07.32	05:36
162	181	Gonzalez Ordoñez, Miguel Angel	ADAS	VDM	14	38:08	1:17:36	1:58:53.41	05:38
163	198	Rosales Touza, Manuel		VDM	15	39:56	1:19:22	1:59:04.21	05:39
164	6	185 Salgado Perez, Andrea		VAF	2	38:11	1:17:56	1:59:26.69	05:40
165	114	Estevez Sobrino, Serafin		VAM	64	38:11	1:17:55	1:59:27.38	05:40
166	164	Otero cepeda, Daniel Angel		VDM	16	40:37	1:20:20	2:00:22.69	05:42
167	135	Lopez Muñoz, Alfonso		VBM	32	36:50	1:14:37	2:00:27.42	05:43
168	191	Fernandez Rodriguez, Jose		VDM	17	39:00	1:19:39	2:02:41.70	05:49
169	26	Gonzalez Rodriguez, Carlos		SNM	36	37:17	1:16:05	2:03:24.95	05:51
170	35	Gonzalez Rodriguez, Alberto	Korpore Carballiño	SNM	37	37:17	1:16:06	2:03:25.27	05:51
171	168	Perez Rodriguez, Jose Manuel	Esprintes Ourense	VDM	18	37:41	1:16:05	2:03:26.27	05:51
172	182	Barbeira Barja, Jose Maria		VDM	19	40:24	1:21:45	2:05:24.24	05:57
173	86	Carreira Nodar, Jorge	C.D. San Paio	VAM	65	41:51	1:23:21	2:05:47.91	05:58
174	8	Moure Caamaño, Ruben		SNM	38	37:42	1:19:42	2:06:47.57	06:01
175	153	Salgado Carames, Alberto	C. A. Carballiño	VCM	12	40:59	1:22:46	2:06:48.63	06:01