

I TRAIL DA FILLOA - ZAS

12 FEBREIRO 2017

- TRAIL CURTO-

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
1	1	241	SOCIAS PINTO , LLORENÇ	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:39:06.363		06:12 min/Km
2	2	33	ÁLVAREZ CURES , JUAN	MALE	SENIOR-M	A.D. MEDIADUCIA	01:39:57.893	+00:00:51.530	06:15 min/Km
3	3	310	RODRIGUEZ OTERO , MARIO	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:40:01.073	+00:00:54.710	06:16 min/Km
4	4	222	MENDEZ CASTIÑEIRA , DOMI	MALE	SENIOR-M		01:40:19.943	+00:01:13.580	06:17 min/Km
5	1	39	BARRIOS GONZALEZ , CESAR	MALE	VETERAN-M	ATLETAS ACEA DE AMA	01:40:44.803	+00:01:38.440	06:18 min/Km
6	5	278	FADEVILLE CAJUSO , PABLO	MALE	SENIOR-M		01:40:58.133	+00:01:51.770	06:19 min/Km
7	6	199	SILVA BRENLLA , GONZALO	MALE	SENIOR-M	NOITEBRA	01:41:42.763	+00:02:36.400	06:22 min/Km
8	7	374	DEL POZO SANCHEZ , IAGO	MALE	SENIOR-M	KURAI	01:41:52.123	+00:02:45.760	06:23 min/Km
9	8	160	PARADELA MARTICO , JAVIER	MALE	SENIOR-M		01:42:26.783	+00:03:20.420	06:25 min/Km
10	2	309	PASANTES VIDAL , ARTURO	MALE	VETERAN-M	TRIATLÓN COSTA DA MORTE	01:43:22.133	+00:04:15.770	06:28 min/Km
11	3	332	CORES CALVO , JUAN	MALE	VETERAN-M		01:44:34.473	+00:05:28.110	06:33 min/Km
12	9	164	CANOSA LIRES , MANUEL FRANCISCO	MALE	SENIOR-M	TRIATLÓN COSTA DA MORTE	01:44:59.883	+00:05:53.520	06:34 min/Km
13	10	308	LÓPEZ AGRA , FERMÍN	MALE	SENIOR-M	TERRA DE SONEIRA	01:45:11.133	+00:06:04.770	06:35 min/Km
14	4	181	PENA SUÁREZ , JOSE MANUEL	MALE	VETERAN-M	INDEPENDIENTE	01:45:45.043	+00:06:38.680	06:37 min/Km
15	11	297	GARCÍA GUILLÉN , DAVID	MALE	SENIOR-M	C.C. RIAZOR	01:46:17.353	+00:07:10.990	06:39 min/Km
16	12	224	ESPASANDÍN LEMA , DAMIÁN	MALE	SENIOR-M	DAFIT	01:46:37.673	+00:07:31.310	06:40 min/Km
17	13	17	NAVEIRAS ROUCO , CARLOS	MALE	SENIOR-M	INDEPENDIENTE	01:46:38.123	+00:07:31.760	06:40 min/Km
18	14	165	LAGO SANTIAGO , KIKO	MALE	SENIOR-M	A.D.OLIMPIA	01:46:41.673	+00:07:35.310	06:41 min/Km
19	5	144	RODRIGUEZ VENTUREIRA , CESAR	MALE	VETERAN-M		01:46:43.013	+00:07:36.650	06:41 min/Km
20	15	204	VARELA GARCIA , JAVIER	MALE	SENIOR-M	A.D. MEDIADUCIA	01:46:43.653	+00:07:37.290	06:41 min/Km
21	16	383	PONTE IGLESIAS , DAVID	MALE	SENIOR-M	INDEPENDIENTE	01:46:45.483	+00:07:39.120	06:41 min/Km
22	17	244	MONTEAGUDO RODRIGUEZ , SERGIO	MALE	SENIOR-M		01:48:14.233	+00:09:07.870	06:46 min/Km
23	18	205	PEÑA ALVAREZ , MARCOS	MALE	SENIOR-M	A.D. MEDIADUCIA	01:48:22.353	+00:09:15.990	06:47 min/Km
24	19	163	PRIETO CAAMAÑO , JAIRO	MALE	SENIOR-M	TRIATLÓN COSTA DA MORTE	01:48:40.643	+00:09:34.280	06:48 min/Km
25	20	176	PARÍS LÓPEZ , JOSÉ	MALE	SENIOR-M		01:50:04.973	+00:10:58.610	06:53 min/Km
26	6	125	SANDOVAL ARNALDOS , EDUARDO	MALE	VETERAN-M	INDEPENDIENTE	01:50:22.643	+00:11:16.280	06:54 min/Km
27	21	375	LAGE SEXTO , BORJA	MALE	SENIOR-M	INDEPENDIENTE	01:50:41.213	+00:11:34.850	06:56 min/Km
28	22	217	CERNADAS VAZQUEZ , IVAN	MALE	SENIOR-M	KURAI	01:51:16.483	+00:12:10.120	06:58 min/Km
29	7	155	VIDAL RODRIGUEZ , GUILLERMO	MALE	VETERAN-M	ATLETAS ACEA DE AMA	01:51:20.333	+00:12:13.970	06:58 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
30	8	376	FERNÁNDEZ MUÑOZ , ALBERTO	MALE	VETERAN-M	NOSPORTLIMIT	01:51:35.230	+00:12:28.867	06:59 min/Km
31	23	307	CASTRO FRAGA , FELIPE	MALE	SENIOR-M	CLUB MONTEPENARUBIA LUGO/AB	01:51:59.893	+00:12:53.530	06:60 min/Km
32	24	284	VALERIO GONZÁLEZ , ROSENDO	MALE	SENIOR-M	NOSPORTLIMIT	01:52:39.013	+00:13:32.650	07:03 min/Km
33	25	333	BARBEITO GESTAL , RAUL	MALE	SENIOR-M		01:53:03.333	+00:13:56.970	07:04 min/Km
34	26	287	RIVAS ALENDE , JUAN	MALE	SENIOR-M	NOITEBRA	01:53:28.403	+00:14:22.040	07:06 min/Km
35	9	44	GARCIA GARCIA , MARCOS	MALE	VETERAN-M	NOSPORTLIMIT	01:54:40.513	+00:15:34.150	07:11 min/Km
36	27	329	COLLAZO AREOSA , XAN	MALE	SENIOR-M	OS MUDITOS	01:55:55.183	+00:16:48.820	07:15 min/Km
37	10	87	PAZOS CARBÓN , PEDRO	MALE	VETERAN-M	FONTES DO SAR	01:56:17.703	+00:17:11.340	07:17 min/Km
38	11	114	ROMERO OLVEIRA , JOSÉ MANUEL	MALE	VETERAN-M	VETERANOS DE SAMIL	01:56:19.893	+00:17:13.530	07:17 min/Km
39	28	363	GONZALEZ ARIAS , MANU	MALE	SENIOR-M	INDEPENDIENTE	01:56:26.243	+00:17:19.880	07:17 min/Km
40	29	379	GARCÍA ESTÉVEZ , SERGIO	MALE	SENIOR-M	INDEPENDIENTE	01:56:38.623	+00:17:32.260	07:18 min/Km
41	12	385	ROMERO PARADA , KIKO	MALE	VETERAN-M	BARBANTIA RODA	01:56:46.263	+00:17:39.900	07:18 min/Km
42	30	346	BELLAS GÓMEZ , MARTÍN	MALE	SENIOR-M	INDEPENDIENTE	01:56:54.893	+00:17:48.530	07:19 min/Km
43	1	226	ESTEIRO RAMOS , PAULA	FEMALE	SENIOR-F	DAFIT	01:57:25.193	+00:18:18.830	07:21 min/Km
44	31	19	DOMÍNGUEZ GONZÁLEZ , PEDRO	MALE	SENIOR-M	INDEPENDIENTE	01:57:26.313	+00:18:19.950	07:21 min/Km
45	32	23	RODRÍGUEZ PALLAS , MARCOS	MALE	SENIOR-M	A.D.DOWNHILL	01:57:26.573	+00:18:20.210	07:21 min/Km
46	13	123	VÁZQUEZ DOCE , DAVID	MALE	VETERAN-M		01:57:32.853	+00:18:26.490	07:21 min/Km
47	14	260	GOMEZ MATO , JAVIER	MALE	VETERAN-M	CLUB MULTIDEPORTIVO LAXE	01:59:09.593	+00:20:03.230	07:27 min/Km
48	33	298	BARCA CANTORNA , JAVIER	MALE	SENIOR-M	INDEPENDIENTE	01:59:23.073	+00:20:16.710	07:28 min/Km
49	15	239	PEREIRAS COUTO , ALVARO	MALE	VETERAN-M		01:59:29.093	+00:20:22.730	07:29 min/Km
50	2	257	NÚÑEZ NAVEIRA , LAURA	FEMALE	SENIOR-F	CLUB ATLETISMO SADA	01:59:29.983	+00:20:23.620	07:29 min/Km
51	34	343	OREIRO VARELA , ADRIAN	MALE	SENIOR-M	INDEPENDIENTE	01:59:39.543	+00:20:33.180	07:29 min/Km
52	35	234	FERNÁNDEZ BALADO , JUAN	MALE	SENIOR-M	CLUB ATLETISMO FONTES DO SAR	01:59:53.473	+00:20:47.110	07:30 min/Km
53	36	184	VÁZQUEZ MATO , JOSÉ MANUEL	MALE	SENIOR-M	INDEPENDIENTE	01:59:56.943	+00:20:50.580	07:30 min/Km
54	16	130	MIRA PÉREZ , PABLO	MALE	VETERAN-M	TERRA DE SONEIRA	02:00:11.983	+00:21:05.620	07:31 min/Km
55	37	311	BARATA ALONSO , JORGE	MALE	SENIOR-M	CLUB HÉRCULES TERMARIA	02:00:26.083	+00:21:19.720	07:32 min/Km
56	38	152	PEREZ BLANCO , ALVARO	MALE	SENIOR-M		02:00:26.223	+00:21:19.860	07:32 min/Km
57	39	140	TRIGO RODRÍGUEZ , IVAN	MALE	SENIOR-M	INDEPENDIENTE	02:00:43.173	+00:21:36.810	07:33 min/Km
58	3	353	AMADO , BEA	FEMALE	SENIOR-F	CLUB ATLETISMO FONTES DO SAR	02:01:17.413	+00:22:11.050	07:35 min/Km

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CRONOMETRAXE

- TRAIL CURTO-

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
59	40	283	MOSQUERA RODRIGUEZ , DAVID	MALE	SENIOR-M	INDEPENDIENTE	02:01:22.223	+00:22:15.860	07:36 min/Km
60	17	21	AMADO LOUREIRO , MARCOS	MALE	VETERAN-M	A.D. DOWNHILL	02:01:52.453	+00:22:46.090	07:38 min/Km
61	41	386	MUÑIZ SANVICENTE , MIGUEL ANGEL	MALE	SENIOR-M	BARBANTIA RODA	02:01:58.803	+00:22:52.440	07:38 min/Km
62	42	325	BOTANA TOBA , JAVIER	MALE	SENIOR-M	RANNASS	02:02:19.443	+00:23:13.080	07:39 min/Km
63	43	189	GÓMEZ RAPOSO , EDUARDO	MALE	SENIOR-M	KURAI	02:02:54.873	+00:23:48.510	07:41 min/Km
64	18	219	COUCE VELLON , RAMIRO	MALE	VETERAN-M		02:03:20.903	+00:24:14.540	07:43 min/Km
65	44	368	PARDIÑAS BUSTO , KEVIN	MALE	SENIOR-M	INDEPENDIENTE	02:03:45.633	+00:24:39.270	07:45 min/Km
66	45	37	BELLO MARIÑO , MANUEL JESUS	MALE	SENIOR-M		02:03:56.563	+00:24:50.200	07:45 min/Km
67	46	378	TRILLO CAAMAÑO , JUAN CARLOS	MALE	SENIOR-M	INDEPENDIENTE	02:04:14.423	+00:25:08.060	07:46 min/Km
68	19	263	CALZAS SUÁREZ , FRANCISCO	MALE	VETERAN-M	TERRA DE SONEIRA	02:04:31.223	+00:25:24.860	07:47 min/Km
69	4	88	ROCA VAZQUEZ , AMELIA	FEMALE	SENIOR-F	GALLAECIA RAID	02:04:43.153	+00:25:36.790	07:48 min/Km
70	47	360	GOMEZ SANTOS , JESUS FRANCISCO	MALE	SENIOR-M	NOSPORTLIMIT	02:06:23.713	+00:27:17.350	07:54 min/Km
71	48	25	GAVIN VILLAR , MARTÍN	MALE	SENIOR-M	A.D. DOWNHILL	02:06:52.953	+00:27:46.590	07:56 min/Km
72	5	191	MARTÍNEZ GARCÍA , LAURA	FEMALE	SENIOR-F	KURAI	02:06:59.723	+00:27:53.360	07:57 min/Km
73	6	279	CAAMAÑO MARTINEZ , LAURA	FEMALE	SENIOR-F	INDEPENDIENTE	02:07:12.793	+00:28:06.430	07:58 min/Km
74	49	213	RODRIGUEZ FERNANDEZ , ANTO NITO	MALE	SENIOR-M	KURAI	02:07:12.813	+00:28:06.450	07:58 min/Km
75	20	187	FERNANDEZ OLIVEIRA , JUAN CARLOS	MALE	VETERAN-M	INDEPENDIENTE	02:07:16.843	+00:28:10.480	07:58 min/Km
76	50	136	ROMERO DOMINGUEZ , IVAN	MALE	SENIOR-M	TERRA DE SONEIRA	02:07:58.263	+00:28:51.900	07:60 min/Km
77	51	200	LOPEZ GONZALEZ , ALBERTO	MALE	SENIOR-M	KURAI	02:08:02.173	+00:28:55.810	08:01 min/Km
78	7	135	SOLIS CAAMAÑO , MONSE	FEMALE	SENIOR-F	TERRA DE SONEIRA	02:08:03.963	+00:28:57.600	08:01 min/Km
79	21	341	RODRÍGUEZ ALDAO , ROBERTO	MALE	VETERAN-M	A.D. JARNACHAS	02:08:18.023	+00:29:11.660	08:02 min/Km
80	22	148	VAZQUEZ SANJURJO , MANUEL JOSE	MALE	VETERAN-M	INDEPENDIENTE	02:08:18.133	+00:29:11.770	08:02 min/Km
81	52	344	LIRA GROBA , ANGEL	MALE	SENIOR-M	CLUB CANICROSS VIGO	02:08:39.897	+00:29:33.534	08:03 min/Km
82	23	365	GÓMEZ GÓMEZ , MANUEL	MALE	VETERAN-M	CLUB ATLETISMO LOUSAME- DEPO	02:08:43.133	+00:29:36.770	08:03 min/Km
83	24	110	PATIÑO ABEIJON , JOSÉ MANUEL	MALE	VETERAN-M	NOSPORTLIMIT	02:08:50.653	+00:29:44.290	08:04 min/Km
84	8	149	DELGADO REGUEIRA , ESTEFANÍA	FEMALE	SENIOR-F	INDEPENDIENTE	02:08:50.663	+00:29:44.300	08:04 min/Km
85	25	367	SANDE GIL , JOSE M	MALE	VETERAN-M		02:08:52.263	+00:29:45.900	08:04 min/Km
86	53	179	LEMA , DANI	MALE	SENIOR-M		02:09:00.473	+00:29:54.110	08:04 min/Km
87	54	197	MAYO LAGE , GERARDO	MALE	SENIOR-M	INDEPENDIENTE	02:09:56.393	+00:30:50.030	08:08 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
88	55	231	ARIAS URONES , PEDRO	MALE	SENIOR-M	KURAI	02:10:18.953	+00:31:12.590	08:09 min/Km
89	56	58	CARREIRA LAGOA , ALBERTO	MALE	SENIOR-M		02:10:34.183	+00:31:27.820	08:10 min/Km
90	26	251	LAMAS SOUSA , BRAULIO	MALE	VETERAN-M	INDEPENDIENTE	02:10:36.003	+00:31:29.640	08:10 min/Km
91	27	104	JUVIÑO PREGO , ANGEL	MALE	VETERAN-M		02:10:50.963	+00:31:44.600	08:11 min/Km
92	57	93	AMEIJENDA BLANCO , FABIAN	MALE	SENIOR-M	INDEPENDIENTE	02:11:11.173	+00:32:04.810	08:12 min/Km
93	58	369	CÀNAVES NAVARRO , JAUME	MALE	SENIOR-M	CLUB MUNTANYA ALCÚDIA	02:11:11.823	+00:32:05.460	08:12 min/Km
94	59	26	VÁZQUEZ VÁZQUEZ , CARLOS	MALE	SENIOR-M	INDEPENDIENTE	02:11:20.943	+00:32:14.580	08:13 min/Km
95	60	193	SEOANE NIETO , GONZALO	MALE	SENIOR-M	TARTARUGAS	02:12:39.943	+00:33:33.580	08:18 min/Km
96	61	80	SANTOS-DÍEZ VÁZQUEZ , BORJA	MALE	SENIOR-M	3&RUN CLUB DE CORREDORES BY F	02:12:50.473	+00:33:44.110	08:19 min/Km
97	28	295	VAL GUERREIRO , PABLO	MALE	VETERAN-M	INDEPENDIENTE	02:13:11.853	+00:34:05.490	08:20 min/Km
98	62	42	GARCA GUIMARAES , GERARD	MALE	SENIOR-M		02:13:21.743	+00:34:15.380	08:21 min/Km
99	29	67	SOUTO VÁZQUEZ , EDUARDO	MALE	VETERAN-M	NOSPORTLIMIT	02:13:37.933	+00:34:31.570	08:22 min/Km
100	1	296	MACEIRAS SEOANE , ROSA MARÍA	FEMALE	VETERAN-F		02:13:56.473	+00:34:50.110	08:23 min/Km
101	30	248	DAPENA TEJEIRO , FRANCISCO JAVIER	MALE	VETERAN-M	INDEPENDIENTE	02:14:13.593	+00:35:07.230	08:24 min/Km
102	31	183	REMUIÑÁN SÁNCHEZ , ANTONIO	MALE	VETERAN-M	ATLETISMO CARBALLO	02:14:17.913	+00:35:11.550	08:24 min/Km
103	32	182	REMUIÑÁN SÁNCHEZ , ALFONSO	MALE	VETERAN-M	ATLETISMO CARBALLO	02:14:17.963	+00:35:11.600	08:24 min/Km
104	33	78	FERNANDEZ RIAL , SANTIAGO	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	02:14:21.493	+00:35:15.130	08:24 min/Km
104	63	207	PAZOS RECAREY , JAVIER	MALE	SENIOR-M	INDEPENDIENTE	02:14:21.493	+00:35:15.130	08:24 min/Km
106	64	370	ROMERO NUÑEZ , IVAN	MALE	SENIOR-M	VGA RUNNERS	02:14:28.513	+00:35:22.150	08:25 min/Km
107	34	285	PIÑOL CHAS , JOAQUIN	MALE	VETERAN-M	INDEPENDIENTE	02:14:35.793	+00:35:29.430	08:25 min/Km
108	35	229	MENÉNDEZ ARBESU , JUAN	MALE	VETERAN-M	EGOVARROS VIVEIRO	02:14:43.063	+00:35:36.700	08:26 min/Km
109	9	228	DIEZ BERMUDEZ , SILVIA	FEMALE	SENIOR-F	EGOVARROS VIVEIRO	02:14:43.233	+00:35:36.870	08:26 min/Km
110	36	109	GARCIA LISTA , MARCOS	MALE	VETERAN-M	A.D. DOWNHILL	02:15:18.413	+00:36:12.050	08:28 min/Km
111	37	86	IGLESIAS MARIÑO , JESÚS MANUEL	MALE	VETERAN-M	KOES RUNNING	02:15:24.683	+00:36:18.320	08:28 min/Km
112	38	387	LÓPEZ FERREIRO , FEDERICO JOSÉ	MALE	VETERAN-M	NO SPORT LIMIT	02:15:34.983	+00:36:28.620	08:29 min/Km
113	39	275	NOVO , JORGE	MALE	VETERAN-M		02:15:42.603	+00:36:36.240	08:29 min/Km
114	65	6	PARDIÑAS , OSCAR	MALE	SENIOR-M	INDEPENDIENTE	02:17:17.393	+00:38:11.030	08:35 min/Km
115	66	216	LÓPEZ AGRA , ADRIÁN	MALE	SENIOR-M	INDEPENDIENTE	02:17:17.593	+00:38:11.230	08:35 min/Km
116	40	34	EIRÍS ESPAÑA , CARLOS	MALE	VETERAN-M	A.D. MEDIADUCIA	02:17:54.063	+00:38:47.700	08:38 min/Km

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CRONOMETRAXE

POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
117	67	354	AGUETE LEMA , JOSÉ MARIA	MALE	SENIOR-M	SIEIRO RUNNING	02:19:40.683	+00:40:34.320	08:44 min/Km
118	41	315	GALGO BOGO , MIGUEL ANGEL	MALE	VETERAN-M	INDEPENDIENTE	02:19:41.123	+00:40:34.760	08:44 min/Km
119	68	27	CARRACEDO LAMAS , RODRIGO	MALE	SENIOR-M	A.D. DOWNHILL	02:19:48.193	+00:40:41.830	08:45 min/Km
120	10	323	SALGADO ALBORES , MAITE	FEMALE	SENIOR-F		02:19:49.033	+00:40:42.670	08:45 min/Km
121	42	361	PIÑEIRO VÁZQUEZ , JOSÉ VICENTE	MALE	VETERAN-M	CLUB ATLETISMO FONTES DO SAR	02:20:17.353	+00:41:10.990	08:47 min/Km
122	69	16	GRILLE , BERNABÉ	MALE	SENIOR-M		02:20:20.093	+00:41:13.730	08:47 min/Km
123	70	98	BLANCO AMADO , CRISTIAN	MALE	SENIOR-M	INDEPENDIENTE	02:20:20.123	+00:41:13.760	08:47 min/Km
124	11	169	LORENZO LÓPEZ , ISABEL	FEMALE	SENIOR-F		02:20:25.623	+00:41:19.260	08:47 min/Km
125	71	345	CELESTINO RODRIGUEZ , DIEGO	MALE	SENIOR-M	INDEPENDIENTE	02:21:15.173	+00:42:08.810	08:50 min/Km
126	72	170	MOURE CAAMAÑO , RUBEN	MALE	SENIOR-M	INDEPENDIENTE	02:22:22.933	+00:43:16.570	08:54 min/Km
127	73	388	PIÑEIRO GARCIA , HÉCTOR	MALE	SENIOR-M	INDEPENDIENTE	02:22:27.963	+00:43:21.600	08:55 min/Km
128	74	55	AGUIAR VILLAR , ANGEL	MALE	SENIOR-M	AD DOWNHILL	02:22:31.423	+00:43:25.060	08:55 min/Km
129	75	173	MOURELLE CASTRO , DANIEL	MALE	SENIOR-M	INDEPENDIENTE	02:22:31.723	+00:43:25.360	08:55 min/Km
130	76	100	CURROS CACHO , CARLOS	MALE	SENIOR-M	BRIGANTIA AVENTURA	02:22:56.523	+00:43:50.160	08:57 min/Km
131	12	99	BARREIROS ARNOSO , JUANA	FEMALE	SENIOR-F	AD JARNACHAS	02:22:56.783	+00:43:50.420	08:57 min/Km
132	2	101	GRANDÍO VICENTE , ARACELI	FEMALE	VETERAN-F	INDEPENDIENTE	02:23:33.273	+00:44:26.910	08:59 min/Km
133	77	280	ANDRADE SEOANE , MARCO ANTONIO	MALE	SENIOR-M	INDEPENDIENTE	02:24:27.723	+00:45:21.360	09:02 min/Km
134	3	38	VÁZQUEZ HERNÁNDEZ , PASTORA	FEMALE	VETERAN-F	NOSPORTLIMIT	02:24:27.843	+00:45:21.480	09:02 min/Km
135	13	364	SUAREZ SANTOS , LORENZA	FEMALE	SENIOR-F	AD JARNACHAS	02:24:47.733	+00:45:41.370	09:03 min/Km
136	78	126	FERNÁNDEZ VÁZQUEZ , MANUEL ÁNGEL	MALE	SENIOR-M		02:24:48.583	+00:45:42.220	09:04 min/Km
137	14	129	DELGADO ROJO , AINHOA	FEMALE	SENIOR-F		02:24:48.833	+00:45:42.470	09:04 min/Km
138	15	95	RIVERA HAZ , MARIA	FEMALE	SENIOR-F	AD DOWNHILL	02:26:09.813	+00:47:03.450	09:09 min/Km
139	16	20	VILLAR RE CAREY , MARIA PILAR	FEMALE	SENIOR-F	A.D.DOWNHILL	02:26:09.833	+00:47:03.470	09:09 min/Km
140	43	122	TEJEIRO MÉNDEZ , INDALECIO	MALE	VETERAN-M	CAS SADA	02:29:05.523	+00:49:59.160	09:20 min/Km
141	17	210	PORTAS LEMIUS , EVA	FEMALE	SENIOR-F		02:29:14.933	+00:50:08.570	09:20 min/Km
142	4	118	IGLESIAS FRAGA , INES	FEMALE	VETERAN-F	CAS MONTAÑA	02:29:15.873	+00:50:09.510	09:20 min/Km
143	44	391	LÓPEZ ULLOA , JACOBO	MALE	VETERAN-M		02:29:37.773	+00:50:31.410	09:22 min/Km
144	45	381	RAMIREZ FERNANDEZ , MARIANO	MALE	VETERAN-M		02:29:37.893	+00:50:31.530	09:22 min/Km
145	79	97	VARELA COSTA , ALEJANDRO	MALE	SENIOR-M	INDEPENDIENTE	02:29:39.243	+00:50:32.880	09:22 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
146	46	324	SANTOS MALLO , ANTONIO	MALE	VETERAN-M	INDEPENDIENTE	02:29:58.183	+00:50:51.820	09:23 min/Km
147	47	377	ROMERO DURAN , DANIEL	MALE	VETERAN-M	INDEPENDIENTE	02:30:41.023	+00:51:34.660	09:26 min/Km
148	18	75	MARTINEZ VAZQUEZ , VERONICA	FEMALE	SENIOR-F		02:30:56.723	+00:51:50.360	09:27 min/Km
149	19	76	MARTINEZ VAZQUEZ , VICTORIA	FEMALE	SENIOR-F		02:30:56.783	+00:51:50.420	09:27 min/Km
150	48	282	GARRIDO FRANCISCO , JORGE	MALE	VETERAN-M	INDEPENDIENTE	02:31:56.473	+00:52:50.110	09:30 min/Km
151	5	209	PORTAS LEMUS , ESTELA	FEMALE	VETERAN-F		02:32:38.513	+00:53:32.150	09:33 min/Km
152	6	51	POSE LEMA , ALEJANDRA	FEMALE	VETERAN-F		02:32:38.683	+00:53:32.320	09:33 min/Km
153	80	389	CALO ROMAR , JOSE ANTONIO	MALE	SENIOR-M		02:32:53.993	+00:53:47.630	09:34 min/Km
154	81	212	GARCIA CASTAÑO , ANGEL	MALE	SENIOR-M	RANNASS	02:34:06.003	+00:54:59.640	09:38 min/Km
155	82	256	DOMINGUEZ REY , JOAQUIN	MALE	SENIOR-M	INDEPENDIENTE	02:34:45.333	+00:55:38.970	09:41 min/Km
156	49	306	ALFONSIN SOLIÑO , GONZALO	MALE	VETERAN-M	TARTARUGAS	02:34:53.453	+00:55:47.090	09:41 min/Km
157	20	192	CASTIÑEIRAS PEREIRA , RAQUEL	FEMALE	SENIOR-F	TARTARUGAS	02:35:13.663	+00:56:07.300	09:43 min/Km
158	83	319	POSE POSE , PABLO	MALE	SENIOR-M		02:35:59.723	+00:56:53.360	09:45 min/Km
159	50	238	VAZQUEZ RODRÍGUEZ , NACHO	MALE	VETERAN-M	ATLETAS ACEA DE AMA	02:36:16.873	+00:57:10.510	09:47 min/Km
160	51	52	CALVO LÓPEZ , RICARDO	MALE	VETERAN-M	ATLETAS ACEA DE AMA	02:36:17.013	+00:57:10.650	09:47 min/Km
161	21	225	CLAVIJO PELÁEZ , GLORIA	FEMALE	SENIOR-F	ATLETAS ACEA DE AMA	02:36:17.053	+00:57:10.690	09:47 min/Km
162	7	214	MENDOZA CONTRERAS , ESTEFANIA	FEMALE	VETERAN-F	ATHLETAS ACEA DA MA	02:36:17.193	+00:57:10.830	09:47 min/Km
163	84	271	CASTRO TATO , JOSE MANUEL	MALE	SENIOR-M	INDEPENDIENTE	02:37:44.323	+00:58:37.960	09:52 min/Km
164	22	327	PANTIN LÓPEZ , ALMUDENA	FEMALE	SENIOR-F		02:37:45.373	+00:58:39.010	09:52 min/Km
165	23	328	GÓMEZ COUTO , NATALIA	FEMALE	SENIOR-F	INDEPENDIENTE	02:37:45.423	+00:58:39.060	09:52 min/Km
166	85	253	INFESTA SAR , IGNACIO	MALE	SENIOR-M	INDEPENDIENTE	02:38:12.893	+00:59:06.530	09:54 min/Km
167	8	321	ORTEGANO PÉREZ , ARACELIS	FEMALE	VETERAN-F		02:38:15.133	+00:59:08.770	09:54 min/Km
168	86	250	PEREIRA ALVAREZ , RUBEN	MALE	SENIOR-M	INDEPENDIENTE	02:39:03.813	+00:59:57.450	09:57 min/Km
169	9	105	GOYANES MARTINEZ , SUSANA	FEMALE	VETERAN-F	RUNNING OLEIROS	02:39:19.333	+01:00:12.970	09:58 min/Km
170	10	83	VEIGA BLANCO , MONTSE	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:39:39.553	+01:00:33.190	09:59 min/Km
171	52	223	BANGUESES GARCÍA , JOSÉ ANTONIO	MALE	VETERAN-M	CLUB ATLETISMO SADA	02:39:39.783	+01:00:33.420	09:59 min/Km
172	11	357	LOPEZ , CRISTINA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:39:39.963	+01:00:33.600	09:59 min/Km
173	24	18	MARTÍNEZ MOREIRA , ESTEFANÍA	FEMALE	SENIOR-F		02:39:58.103	+01:00:51.740	09:60 min/Km
174	25	158	RIVAS RIO , CRISTINA	FEMALE	SENIOR-F	INDEPENDIENTE	02:40:31.563	+01:01:25.200	10:02 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
175	26	151	RODRIGUEZ LAGO , BEGOÑA	FEMALE	SENIOR-F		02:40:31.743	+01:01:25.380	10:02 min/Km
176	12	232	VARELA FONTELA , ALEJANDRA	FEMALE	VETERAN-F	CLUB ATLETISMO FONTES DO SAR	02:40:54.583	+01:01:48.220	10:04 min/Km
177	13	339	FALCON RUIBAL , BEATRIZ	FEMALE	VETERAN-F	USBA MORILLO	02:41:24.953	+01:02:18.590	10:06 min/Km
178	87	235	MAYÁN MARTÍNEZ , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	02:41:38.743	+01:02:32.380	10:07 min/Km
179	88	127	ALONSO MOREIRA , CARLOS ALBERTO	MALE	SENIOR-M		02:41:41.393	+01:02:35.030	10:07 min/Km
180	27	128	REGUEIRO RAMA , NEREA	FEMALE	SENIOR-F		02:41:41.473	+01:02:35.110	10:07 min/Km
181	89	65	GUILLÍN GÓMEZ , GUSTAVO	MALE	SENIOR-M	WILDBOAR	02:42:45.333	+01:03:38.970	10:11 min/Km
182	90	220	REY GOMEZ , ROBERTO	MALE	SENIOR-M	C.D. SAN PAIO	02:42:52.023	+01:03:45.660	10:11 min/Km
183	53	264	ROMERO LEMA , PABLO	MALE	VETERAN-M		02:44:01.213	+01:04:54.850	10:16 min/Km
184	28	265	GONZÁLEZ GARCIA , ANA LORENA	FEMALE	SENIOR-F		02:44:01.283	+01:04:54.920	10:16 min/Km
185	91	50	MARTINEZ CANCELA , JAVIER	MALE	SENIOR-M	A.D.MEDIADUCIA	02:44:18.763	+01:05:12.400	10:17 min/Km
186	29	40	VAZQUEZ RODRIGUEZ , ROCIO	FEMALE	SENIOR-F		02:44:18.813	+01:05:12.450	10:17 min/Km
187	14	259	RAMUDO RIVAS , ROSA	FEMALE	VETERAN-F	INDEPENDIENTE	02:44:26.203	+01:05:19.840	10:17 min/Km
188	92	273	GOMEZ PRECEDO , LUIS ALBERTO	MALE	SENIOR-M	INDEPENDIENTE	02:44:30.393	+01:05:24.030	10:17 min/Km
189	15	90	VIGO LIÑARES , ANA	FEMALE	VETERAN-F	ATLETISMO FONTES DO SAR	02:46:18.893	+01:07:12.530	10:24 min/Km
190	16	215	ROMERO ROEL , BEATRIZ	FEMALE	VETERAN-F	NOSPORTLIMIT	02:50:57.223	+01:11:50.860	10:42 min/Km
191	30	322	FARIÑA BALSA , SANDRA	FEMALE	SENIOR-F	NOSPORTLIMIT	02:50:57.553	+01:11:51.190	10:42 min/Km
192	17	337	PEREIRA FERREIRO , ANA	FEMALE	VETERAN-F	NOSPORTLIMIT	02:50:57.563	+01:11:51.200	10:42 min/Km
193	31	82	PEREZ GONZALEZ , PATRICIA	FEMALE	SENIOR-F	INDEPENDIENTE	02:51:01.013	+01:11:54.650	10:42 min/Km
194	32	31	POSE GARCÍA , TANIA	FEMALE	SENIOR-F	INDEPENDIENTE	02:51:24.973	+01:12:18.610	10:43 min/Km
195	33	3	MUIÑOS BLANCO , NOEMI	FEMALE	SENIOR-F		02:59:59.183	+01:20:52.820	11:15 min/Km
196	54	167	PEREZ RIVERA , CESAR	MALE	VETERAN-M	MULTIDEPORTIVO LAXE	03:00:36.953	+01:21:30.590	11:18 min/Km
197	93	190	ROMERO VÁZQUEZ , JULIO	MALE	SENIOR-M	MULTIDEPORTIVO LAXE	03:00:37.093	+01:21:30.730	11:18 min/Km
198	55	317	PEREZ RIVERA , MARCOS	MALE	VETERAN-M	CLUB MULTIDEPORTIVO LAXE	03:00:37.133	+01:21:30.770	11:18 min/Km
199	18	203	VÁZQUEZ RIVERA , MARÍA DEL CARMEN	FEMALE	VETERAN-F		03:00:37.213	+01:21:30.850	11:18 min/Km
200	19	2	BLANCO LOPEZ , ANA BEATRIZ	FEMALE	VETERAN-F		03:00:40.163	+01:21:33.800	11:18 min/Km
201	94	153	CANOSA LAGO , ELOY	MALE	SENIOR-M	INDEPENDIENTE	03:03:08.213	+01:24:01.850	11:27 min/Km
202	34	103	FORJAN SANTOS , MARTA	FEMALE	SENIOR-F	INDEPENDIENTE	03:06:00.883	+01:26:54.520	11:38 min/Km
203	95	102	MOREIRA BAÑA , ALFREDO	MALE	SENIOR-M	INDEPENDIENTE	03:06:01.053	+01:26:54.690	11:38 min/Km

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POS.	P.CAT.	DORSAL	PARTICIPANTE	SEXO	CATEGORIA	CLUB	META	DIFF.1º	RITMO
204	35	73	DOURADO , ROMINA	FEMALE	SENIOR-F		03:06:44.323	+01:27:37.960	11:41 min/Km
205	36	74	CURES RODRIGUEZ , VERÓNICA MARIA	FEMALE	SENIOR-F		03:06:44.343	+01:27:37.980	11:41 min/Km
206	56	258	GARCIA GOMEZ , EDMUNDO	MALE	VETERAN-M	INDEPENDIENTE	03:08:41.583	+01:29:35.220	11:48 min/Km
207	20	106	VEIGA BERMEJO , ARACELI	FEMALE	VETERAN-F	ATLETISMO CARBALLO	03:13:19.313	+01:34:12.950	12:05 min/Km
208	96	131	GARCIA VARELA , ANXO	MALE	SENIOR-M		03:16:26.733	+01:37:20.370	12:17 min/Km
209	97	5	MATOS COTELO , ABEL	MALE	SENIOR-M	GMTA GALICIA MAXICA TRAIL AVEN	03:16:26.863	+01:37:20.500	12:17 min/Km
210	37	132	GARCIA MATO , PATRICIA	FEMALE	SENIOR-F		03:16:26.943	+01:37:20.580	12:17 min/Km
211	21	198	RODRIGUEZ GOLAN , MARIA CARMEN	FEMALE	VETERAN-F		03:16:27.213	+01:37:20.850	12:17 min/Km
212	22	137	SANCHEZ LOPEZ , CRISTINA	FEMALE	VETERAN-F		03:16:27.233	+01:37:20.870	12:17 min/Km
213	38	201	LEMA OZÓN , SANDRA	FEMALE	SENIOR-F		03:19:07.443	+01:40:01.080	12:27 min/Km
214	39	267	SOUTO TEJEIRO , ANA	FEMALE	SENIOR-F	INDEPENDIENTE	03:19:07.693	+01:40:01.330	12:27 min/Km
215	57	92	MENDEZ , RAFAEL	MALE	VETERAN-M		03:21:58.083	+01:42:51.720	12:38 min/Km
216	58	313	CAAMAÑO LAGO , JOSÉ MANUEL	MALE	VETERAN-M		03:22:56.113	+01:43:49.750	12:42 min/Km
217	98	141	AMIGO CAAMAÑO , MARTIN	MALE	SENIOR-M	INDEPENDIENTE	03:22:57.113	+01:43:50.750	12:42 min/Km
218	99	121	OREIRO MALLON , ESTEFAN	MALE	SENIOR-M	INDEPENDIENTE	03:22:57.533	+01:43:51.170	12:42 min/Km
219	23	240	BLANCO PITA , ALMA	FEMALE	VETERAN-F		03:25:59.683	+01:46:53.320	12:53 min/Km
220	24	145	BALSA CANTO , MONTSE	FEMALE	VETERAN-F		03:25:59.953	+01:46:53.590	12:53 min/Km
221	40	13	VELO PICALLO , VANESSA	FEMALE	SENIOR-F		03:26:00.343	+01:46:53.980	12:53 min/Km
222	25	63	AGUIAR ENRIQUEZ , ANA	FEMALE	VETERAN-F		03:26:11.513	+01:47:05.150	12:54 min/Km
223	41	64	RIVERA DACAL , SONIA	FEMALE	SENIOR-F		03:26:11.603	+01:47:05.240	12:54 min/Km
224	26	304	ALVIÁREZ , SORAYA	FEMALE	VETERAN-F	ADTL A PEDROSA	03:30:01.293	+01:50:54.930	13:08 min/Km
225	59	305	CARBALLO FERNÁNDEZ , JUAN CARLOS	MALE	VETERAN-M	ADTL A PEDROSA	03:30:02.633	+01:50:56.270	13:08 min/Km
226	42	112	GONZÁLEZ ROMERO , VANESA	FEMALE	SENIOR-F	INDEPENDIENTE	03:37:44.743	+01:58:38.380	13:37 min/Km
227	43	111	GARCÍA ANTELO , FÁTIMA	FEMALE	SENIOR-F	INDEPENDIENTE	03:54:00.353	+02:14:53.990	14:38 min/Km