

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|--------------------------------|------|--------|---------|----------|---------|-------|-----------|------------------------|---------------------------------|
| 1 | 6 | Jesús de la Fuente Fernández | | IM- 1 | 29:51 | 2:59 | 29:50 | 14:49 | 7:04 | Santiago de Compostela | Playas de Jandia |
| 2 | 553 | Iván Iglesias Carballo | | EM- 1 | 30:12 | 3:01 | 30:09 | 14:55 | 7:09 | Santiago de Compostela | C.D.U. Santiago |
| 3 | 2 | Manuel Ángel Penas Blanco | | GM- 1 | 30:51 | 3:05 | 30:49 | 14:49 | 7:42 | Culleredo | Puma Chapin de Jerez |
| 4 | 9 | Robertas Geralavicius | | FM- 1 | 30:53 | 3:05 | 30:51 | 15:17 | 7:16 | Santiago de Compostela | Ourense Atletismo |
| 5 | 1304 | Alejandro Fernández Rivera | | FM- 2 | 30:58 | 3:06 | 30:56 | 15:17 | 7:17 | Ourense | Ourense Atletismo |
| 6 | 5 | Ramón Serantes Gómez | | IM- 2 | 31:18 | 3:08 | 31:16 | 15:11 | 7:29 | Cambre | Playas de Jandia |
| 7 | 4 | Gustavo Platas Vidal | | FM- 3 | 31:39 | 3:10 | 31:38 | 15:36 | 7:16 | Lugo | Playas de Jandia |
| 8 | 10 | Carlos Villamor Castiñeira | | FM- 4 | 31:49 | 3:11 | 31:47 | 15:36 | 7:18 | Lugo | Medilast Sport Carrefour Lleida |
| 9 | 8 | Rubén Castro Portela | | GM- 2 | 32:05 | 3:12 | 32:04 | 15:36 | 7:40 | Lugo | Independiente |
| 10 | 1 | Alberto Álvarez Flores | | HM- 1 | 32:22 | 3:14 | 32:21 | 15:45 | 7:42 | Lugo | Independiente |
| 11 | 3 | Juan Pena Holguín | | GM- 3 | 32:25 | 3:14 | 32:24 | 15:46 | 7:45 | Lugo | San Fernando Lucus |
| 12 | 1311 | Jesús Alonso Prieto | | JM- 1 | 32:37 | 3:16 | 32:37 | 16:02 | 7:46 | Camponaraya | Picospardos Graf 93 |
| 13 | 11 | Manuel Oliver Pérez López | | HM- 2 | 32:42 | 3:16 | 32:41 | 16:07 | 7:36 | El Burgo | C.A. As Mariñas-Betanzos |
| 14 | 1250 | Iván Cáceres López | | EM- 2 | 32:54 | 3:17 | 32:52 | 16:02 | 7:51 | Lugo | Cidade de Lugo Fluvial Triatlon |
| 15 | 615 | Gustavo Silvan Silvan | | IM- 3 | 32:58 | 3:18 | 32:55 | 16:23 | 7:41 | Torre del Bierzo | Independiente |
| 16 | 963 | Carlos Piñeiro Rivas | | JM- 2 | 33:13 | 3:19 | 33:11 | 16:08 | 7:58 | Ferrol | C. A. Sierra Narón |
| 17 | 13 | Jesús Mª Álvarez Rodríguez | | HM- 3 | 33:25 | 3:20 | 33:23 | 16:17 | 8:00 | O Burgo - Culleredo | Cimans Coruña Comarca |
| 18 | 1305 | Adrián Otero Romero | | FM- 5 | 33:31 | 3:21 | 33:28 | 16:29 | 7:55 | Teo | Ourense Atletismo |
| 19 | 294 | Luis Eduardo García Núñez | | HM- 4 | 33:33 | 3:21 | 33:22 | 16:44 | 7:47 | Lugo | San Fernando Lucus |
| 20 | 12 | Juan Luis Trillo Caamaño | | GM- 4 | 33:40 | 3:22 | 33:39 | 16:29 | 8:00 | Lugo | Ourense Atletismo |
| 21 | 389 | Jonathan Sierra García | | EM- 3 | 33:46 | 3:23 | 33:46 | 16:32 | 8:05 | Lugo | Independiente |
| 22 | 669 | Ignacio Antonio Couñago Castro | | IM- 4 | 33:48 | 3:23 | 33:45 | 16:44 | 8:00 | Teo | Ria Ferrol Concepción Arenal |
| 23 | 175 | Higinio Rodríguez Souto | | JM- 3 | 33:52 | 3:23 | 33:50 | 16:32 | 8:09 | Lugo | Club Fluvial Lugo |
| 24 | 1058 | Jorge Rodríguez Lariño | | EM- 4 | 33:54 | 3:23 | 33:47 | 16:44 | 8:02 | Cee | San Fernando Lucus |
| 25 | 1162 | Antonio José Fernández Vijande | | IM- 5 | 34:01 | 3:24 | 33:51 | 16:53 | 8:01 | Vegadeo | Independiente |
| 26 | 723 | Jesús Cobelo Fojo | | GM- 5 | 34:07 | 3:25 | 34:04 | 16:33 | 8:11 | Ortigueira | Independiente |
| 27 | 246 | Daniel Trigo González | | FM- 6 | 34:12 | 3:25 | 33:58 | 16:43 | 8:05 | Burela | C.D. Egovarros-Viveiro |
| 28 | 927 | Xosé Luis Otero Cepeda | | LM- 1 | 34:21 | 3:26 | 34:19 | 16:47 | 8:17 | Teo | Independiente |
| 29 | 556 | Julio Manuel Iglesias Miranda | | JM- 4 | 34:21 | 3:26 | 34:19 | 16:47 | 8:13 | Santiago de Compostela | C.D.U. Santiago |
| 30 | 14 | Fernanda Miranda | F- 1 | IF- 1 | 34:22 | 3:26 | 34:19 | 16:47 | 8:15 | Portugal | Sporting Clube de Braga |

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| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|------------------------------------|------|--------|---------|----------|---------|-------|-----------|------------------------|---------------------------------|
| 31 | 1129 | José Vieito Vilacoba | | FM- 7 | 34:24 | 3:26 | 34:22 | 16:47 | 8:18 | Santiago D Compostela | Independiente |
| 32 | 136 | Alfredo Trincado Fernández | | IM- 6 | 34:28 | 3:27 | 34:20 | 16:58 | 8:08 | Culleredo | Independiente |
| 33 | 1251 | Adrián García Herranz | | EM- 5 | 34:29 | 3:27 | 34:23 | 16:54 | 8:09 | Segovia | Cidade de Lugo Fluvial Triatlon |
| 34 | 785 | Diego Tejero Rioseras | | FM- 8 | 34:32 | 3:27 | 34:20 | 17:13 | 8:05 | Valladolid | Independiente |
| 35 | 212 | Emilio Estévez Núñez | | KM- 1 | 34:32 | 3:27 | 34:28 | 16:48 | 8:15 | Monforte de Lemos | Independiente |
| 36 | 865 | Miguel Ángel Arias Villajos | | HM- 5 | 34:33 | 3:27 | 34:14 | 17:05 | 8:12 | Lugo | Cidade de Lugo Fluvial Triatlon |
| 37 | 980 | Juan Iglesias Suárez | | HM- 6 | 34:34 | 3:27 | 34:27 | 16:54 | 8:14 | Touro | Independiente |
| 38 | 878 | Manuel Martínez Fernández | | GM- 6 | 34:40 | 3:28 | 34:30 | 17:07 | 8:12 | Lugo | Anigasa Championship Muralla |
| 39 | 1174 | Roberto Carlos Vales López | | GM- 7 | 34:47 | 3:29 | 34:45 | 17:00 | 8:16 | Culleredo | Cimans Coruña Comarca |
| 40 | 624 | José Antonio Santin Quiroga | | HM- 7 | 34:48 | 3:29 | 34:44 | 17:06 | 8:12 | Ponferrada , El Bierzo | A Tope Piragüismo Cacabelos |
| 41 | 614 | Ricardo García Sancedo | | JM- 5 | 34:50 | 3:29 | 34:46 | 16:58 | 8:20 | Ponferrada | Independiente |
| 42 | 139 | Manuel Gayoso Real | | IM- 7 | 34:51 | 3:29 | 34:43 | 16:58 | 8:19 | Lugo | Anigasa Championship Muralla |
| 43 | 111 | Ángel Maceiras Lago | | HM- 8 | 35:00 | 3:30 | 34:54 | 17:04 | 8:21 | Culleredo | At. Sar |
| 44 | 67 | Roberto Luis Sánchez Rábade | | JM- 6 | 35:02 | 3:30 | 34:56 | 17:20 | 8:20 | Lugo | Club Fluvial Lugo |
| 45 | 191 | Víctor Cousillas Diéguez | | HM- 9 | 35:05 | 3:30 | 34:52 | 17:04 | 8:27 | Arteixo | Independiente |
| 46 | 472 | Manuel Francisco Rodríguez Vázquez | | IM- 8 | 35:07 | 3:31 | 35:04 | 17:20 | 8:17 | Lugo | Atletica Muralla |
| 47 | 424 | Nicolás Domínguez García | | FM- 9 | 35:08 | 3:31 | 35:02 | 17:01 | 8:29 | Bergondo | C.A. As Mariñas-Betanzos |
| 48 | 1217 | Nicolás Arrojo Fernández | | EM- 6 | 35:10 | 3:31 | 35:00 | 17:20 | 8:24 | Lugo | San Fernando Lucus |
| 49 | 18 | María Jesús Gestido Rodríguez | F- 2 | GF- 1 | 35:15 | 3:31 | 35:13 | 17:10 | 8:25 | Cangas de Morrazo | Ria Ferrol Concepción Arenal |
| 50 | 648 | Adrián Vázquez Fernández | | FM- 10 | 35:18 | 3:32 | 35:10 | 17:14 | 8:27 | Lugo | Fefeme Triatlón |
| 51 | 684 | José Manuel Corral | | HM- 10 | 35:22 | 3:32 | 35:14 | 17:37 | 8:18 | Lugo | Independiente |
| 52 | 461 | Juan José Casanova Vázquez | | JM- 7 | 35:24 | 3:32 | 35:18 | 17:20 | 8:23 | Lugo | Independiente |
| 53 | 740 | Francisco Luis Caamaño Rama | | LM- 2 | 35:24 | 3:32 | 35:12 | 17:25 | 8:24 | Muros | Ag. Dep. Atletes |
| 54 | 597 | José Antonio Mayo Caamaño | | JM- 8 | 35:24 | 3:32 | 35:12 | 17:24 | | Outes | Ag. Dep. Atletes |
| 55 | 646 | Carlos David Prieto López | | HM- 11 | 35:27 | 3:33 | 35:21 | 17:13 | 8:36 | Lugo | Cidade de Lugo Fluvial Triatlon |
| 56 | 1302 | Roberto García Ferreras | | GM- 8 | 35:33 | 3:33 | 35:28 | 17:21 | 8:37 | Leon | Independiente |
| 57 | 278 | Miguel Fernández Núñez | | IM- 9 | 35:39 | 3:34 | 35:23 | 17:39 | 8:27 | Lugo | Club Fluvial Lugo |
| 58 | 675 | Ángel Miguel Veiguela Pedre | | GM- 9 | 35:44 | 3:34 | 35:35 | 16:52 | 8:56 | Mugardos | Ria Ferrol Concepción Arenal |
| 59 | 929 | José Manuel Rodríguez Moure | | IM- 10 | 35:48 | 3:35 | 35:36 | 17:33 | 8:29 | Culleredo | Cimans Coruña Comarca |
| 60 | 335 | Paulo Xoán Muínelo Pedreira | | IM- 11 | 35:52 | 3:35 | 35:46 | 17:41 | 8:29 | Cambre | C.A. As Mariñas-Betanzos |

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|-----|--------|-----------------------------|----|--------|---------|----------|---------|-------|-----------|------------------------|----------------------------------|
| 61 | 982 | Francisco López López | | GM- 10 | 35:53 | 3:35 | 35:50 | 17:12 | 8:43 | Lugo | San Fernando Lucus |
| 62 | 328 | Rubén Arrojo Fernández | | FM- 11 | 35:55 | 3:35 | 35:53 | 17:10 | 8:46 | Lugo | San Fernando Lucus |
| 63 | 681 | Miguel Álvarez López | | HM- 12 | 36:00 | 3:36 | 35:51 | 17:42 | 8:35 | Lugo | Independiente |
| 64 | 942 | Carlos Vispo Basalo | | IM- 12 | 36:02 | 3:36 | 35:47 | 17:45 | 8:35 | Santiago de Compostela | Pato Blanco Celanova |
| 65 | 1011 | Rubén Fernández Casanova | | FM- 12 | 36:09 | 3:37 | 36:00 | 17:56 | 8:21 | Lugo | Independiente |
| 66 | 75 | Diego Álvarez Carballeira | | GM- 11 | 36:10 | 3:37 | 35:56 | 17:45 | 8:35 | Lugo | Anigasa Championship Muralla |
| 67 | 7 | Eldo Aguilar Morán | | HM- 13 | 36:10 | 3:37 | 36:08 | 17:42 | 8:35 | Lugo | Independiente |
| 68 | 555 | Miguel Martínez Basurko | | HM- 14 | 36:15 | 3:37 | 35:55 | 18:25 | 8:19 | Villafranca del Bierzo | Independiente |
| 69 | 742 | Carlos Penas García | | HM- 15 | 36:18 | 3:38 | 36:13 | 17:47 | 8:37 | Lugo | Independiente |
| 70 | 82 | Modesto Barro Rochela | | JM- 9 | 36:19 | 3:38 | 36:13 | 17:51 | 8:38 | Ferrol | Ribeiron-As Pontes |
| 71 | 533 | Emilio Seoane Bello | | HM- 16 | 36:22 | 3:38 | 36:17 | 18:06 | 8:22 | Santiago | Independiente |
| 72 | 851 | Mikel Lascurain Erreca | | IM- 13 | 36:24 | 3:38 | 36:10 | 17:53 | 8:40 | Berriz-Olakueta | Independiente |
| 73 | 1066 | Javier Fernández Vega | | HM- 17 | 36:26 | 3:39 | 36:16 | 18:03 | 8:35 | O Barco de Valdeorras | A.D.A.S. |
| 74 | 593 | Juan José Merlos Miniño | | HM- 18 | 36:29 | 3:39 | 36:26 | 17:38 | 9:00 | Teo | Ria Ferrol Concepción Arenal |
| 75 | 563 | Juan Luis Torrón Iglesias | | JM- 10 | 36:32 | 3:39 | 36:22 | 17:53 | 8:44 | Lugo | Independiente |
| 76 | 341 | Fernando Díez Gómez | | FM- 13 | 36:32 | 3:39 | 36:26 | 17:43 | 8:44 | Lugo | Independiente |
| 77 | 1070 | Jesús Carballo Felpete | | JM- 11 | 36:36 | 3:40 | 36:16 | 18:10 | 8:38 | A Coruña | Marineda Atlético |
| 78 | 142 | Roberto Buide Vázquez | | IM- 14 | 36:37 | 3:40 | 36:34 | 17:58 | 8:35 | Lugo | Club Fluvial Lugo |
| 79 | 260 | Felipe Barata Villapol | | HM- 19 | 36:40 | 3:40 | 36:31 | 18:10 | 8:35 | Lugo | Independiente |
| 80 | 1213 | José Manuel Arias Veiga | | IM- 15 | 36:42 | 3:40 | 36:39 | 18:10 | 8:46 | Lugo | Independiente |
| 81 | 184 | Fernando Pan Otero | | JM- 12 | 36:59 | 3:42 | 36:48 | 18:07 | 8:51 | Arteixo | Independiente |
| 82 | 287 | Ginés Vázquez Losada | | IM- 16 | 36:59 | 3:42 | 36:53 | 18:22 | 8:35 | Lugo | Independiente |
| 83 | 737 | Andrés Lombardero Fernández | | HM- 20 | 37:00 | 3:42 | 36:34 | 18:10 | 8:49 | A Pontenova | Independiente |
| 84 | 546 | Euniciano Lopes Sousa | | FM- 14 | 37:02 | 3:42 | 36:37 | 18:38 | 8:28 | Ponferrada | C. A. Ponferrada |
| 85 | 1207 | Paulo González Porto | | GM- 12 | 37:02 | 3:42 | 36:59 | 17:35 | 8:50 | Lugo | Independiente |
| 86 | 501 | Esteban Ortega García | | KM- 2 | 37:03 | 3:42 | 36:32 | 18:25 | 8:48 | La Bañeza | Club Deport. Atletismo La Bañeza |
| 87 | 78 | Alfredo Polín Núñez | | FM- 15 | 37:07 | 3:43 | 37:02 | 18:02 | 8:53 | Navia de Suarna | Independiente |
| 88 | 622 | José Manuel Pardo Leis | | HM- 21 | 37:10 | 3:43 | 36:53 | 18:22 | 8:47 | Arteixo | Anigasa Championship Muralla |
| 89 | 1104 | Aniceto Rosique Nieto | | KM- 3 | 37:15 | 3:43 | 37:07 | 18:15 | 8:47 | Ferrol | Fuente-Álamo (Murcia) |
| 90 | 318 | Rubén Ferreiro Valledor | | GM- 13 | 37:19 | 3:44 | 37:15 | 18:22 | 8:57 | Lugo | Independiente |

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|-----|--------|-------------------------------|------|--------|---------|----------|---------|-------|-----------|----------------------|--------------------------------|
| 91 | 1023 | Pedro Calvo Roo | | GM- 14 | 37:24 | 3:44 | 37:02 | 18:53 | 8:35 | Lousame | Independiente |
| 92 | 157 | José Manuel Otero Fernández | | JM- 13 | 37:26 | 3:45 | 37:18 | 18:24 | 8:55 | Lugo | Anigasa Championship Muralla |
| 93 | 387 | José Manuel Prieto Souto | | HM- 22 | 37:27 | 3:45 | 37:11 | 18:31 | 8:51 | Cambre | Independiente |
| 94 | 1268 | Breogán Gigirey Cancela | | EM- 7 | 37:29 | 3:45 | 36:26 | 19:16 | 8:33 | Lu | C.D.U. Santiago |
| 95 | 62 | José Manuel Álvarez Rivas | | IM- 17 | 37:29 | 3:45 | 37:23 | 18:27 | 8:57 | Lugo | Club Fluvial Lugo |
| 96 | 758 | Gerardo Raposo Bujan | | IM- 18 | 37:30 | 3:45 | 37:27 | 18:22 | 8:55 | Lugo | San Fernando Lucus |
| 97 | 901 | Francisco López Rodríguez | | IM- 19 | 37:33 | 3:45 | 37:17 | 18:50 | 8:46 | Vivero | A.D.San Roque Viveiro |
| 98 | 720 | Juan Ignacio López Silva | | JM- 14 | 37:33 | 3:45 | 37:19 | 18:35 | 8:49 | Vilagarcia de Arousa | C.D. Egovarros-Viveiro |
| 99 | 1144 | Julio Docampo Basanta | | EM- 8 | 37:33 | 3:45 | 37:18 | 17:27 | 8:47 | Viveiro | A.D.San Roque Viveiro |
| 100 | 653 | Pedro Antonio Esmorís Molina | | HM- 23 | 37:34 | 3:45 | 37:18 | 18:13 | 9:04 | Arteixo | Anigasa Championship Muralla |
| 101 | 1018 | Antonio Menduiña Baston | | KM- 4 | 37:35 | 3:45 | 37:17 | 18:44 | 8:50 | Cangas | Independiente |
| 102 | 1203 | Ramón Rebolo Rodríguez | | JM- 15 | 37:38 | 3:46 | 37:34 | 18:34 | 8:49 | Lugo | Independiente |
| 103 | 738 | José María Rodil Arruñada | | JM- 16 | 37:41 | 3:46 | 37:15 | 18:39 | 8:52 | A Pontenova | Sd Arbions |
| 104 | 1089 | Juan José Vilachá Fernández | | FM- 16 | 37:45 | 3:46 | 36:55 | 18:54 | 8:46 | Cartelle | Independiente |
| 105 | 25 | Manuel Trabada Gómez | | JM- 17 | 37:46 | 3:47 | 37:26 | 18:39 | 8:57 | Lugo | Independiente |
| 106 | 1020 | Ángel Iglesias González | | JM- 18 | 37:47 | 3:47 | 37:28 | 18:51 | 8:48 | Bueu | Clube de Atletismo Corredoiras |
| 107 | 316 | José Luis Merodio Vázquez | | MM- 1 | 37:48 | 3:47 | 37:37 | 18:40 | 8:57 | Lugo | San Fernando Lucus |
| 108 | 540 | Pablo Menéndez Iglesias | | IM- 20 | 37:49 | 3:47 | 37:39 | 18:46 | 8:55 | Oleiros | Independiente |
| 109 | 255 | Alejandro Carril Brea | | HM- 24 | 37:52 | 3:47 | 37:38 | 18:46 | 8:53 | A Coruña | C.D. Egovarros-Viveiro |
| 110 | 499 | José Manuel Calvo Alvares | | IM- 21 | 37:57 | 3:48 | 37:50 | 18:25 | 9:09 | Tombrio | Independiente |
| 111 | 537 | Adrián Varela Sanz | | FM- 17 | 37:57 | 3:48 | 37:48 | 18:39 | 9:05 | La Coruña | Cimans Coruña Comarca |
| 112 | 1297 | Xoán Ramón Fernández Garrido | | KM- 5 | 37:58 | 3:48 | 37:19 | 19:10 | 8:46 | Vimianzo | Club Atletismo Milladoiro |
| 113 | 1284 | Manuel Buide Paz | | HM- 25 | 37:58 | 3:48 | 37:41 | 18:44 | 8:59 | Lugo | Independiente |
| 114 | 1164 | Miguel Varela Fernández | | HM- 27 | 38:02 | 3:48 | 37:24 | 19:05 | 8:46 | Lalin | Independiente |
| 115 | 875 | Francisco Javier Ramos Botana | | HM- 26 | 38:02 | 3:48 | 37:41 | 18:57 | 8:52 | A Coruña | C. A. Sierra Narón |
| 116 | 17 | Maria Hurtado Sanjurjo | F- 3 | EF- 1 | 38:02 | 3:48 | 38:01 | 18:40 | 9:03 | Lugo | Canal Isabel II |
| 117 | 1088 | Lisa Müller | F- 4 | FF- 1 | 38:02 | 3:48 | 37:48 | 19:07 | 8:52 | Alemania | Independiente |
| 118 | 481 | Isidoro Feijoo Ansean | | LM- 3 | 38:02 | 3:48 | 37:42 | 18:56 | 8:56 | Lugo | Club Fluvial Lugo |
| 119 | 411 | Pedro Díaz López | | GM- 15 | 38:05 | 3:48 | 37:38 | 18:59 | 8:49 | Toreno | Independiente |
| 120 | 473 | José Luis Santos Ferreiro | | JM- 19 | 38:08 | 3:49 | 37:54 | 18:49 | 9:00 | Lugo | Independiente |

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|-----|--------|-------------------------------|------|--------|---------|----------|---------|-------|-----------|------------------------|---------------------------------|
| 121 | 1175 | Julio García Fachal | | GM- 16 | 38:10 | 3:49 | 38:02 | 18:39 | 9:09 | Bergondo | Cimans Coruña Comarca |
| 122 | 242 | Daniel Barata Villapol | | LM- 4 | 38:11 | 3:49 | 38:05 | 18:41 | 9:08 | Burela | C.D. Egovarros-Viveiro |
| 123 | 527 | Antonio López Fernández | | IM- 22 | 38:13 | 3:49 | 37:40 | 19:06 | 8:58 | Oimbra | Atletas Da Baixa Limia |
| 124 | 422 | Luis León Mateos | | HM- 28 | 38:15 | 3:49 | 37:32 | 19:27 | 8:45 | Pontevedra | Independiente |
| 125 | 28 | Alfonso Ferradás Vilán | | HM- 29 | 38:15 | 3:49 | 37:39 | 19:34 | 8:42 | A Coruña | Correrengalicia.org |
| 126 | 1253 | Omar González Sampedro | | HM- 30 | 38:17 | 3:50 | 38:10 | 18:59 | 9:06 | Pontevedra | Cidade de Lugo Fluvial Triatlon |
| 127 | 928 | José Carballeira Puñal | | HM- 31 | 38:19 | 3:50 | 37:54 | 18:52 | 9:01 | Santiago de Compostela | Independiente |
| 128 | 300 | Rubén Fernández Fernández | | GM- 17 | 38:21 | 3:50 | 38:17 | 19:14 | 8:54 | Lugo | Independiente |
| 129 | 1281 | Santiago Cabado Estraviz | | JM- 20 | 38:23 | 3:50 | 38:20 | 18:29 | 9:27 | Lugo | Independiente |
| 130 | 370 | José Ramón Salaverry Maseda | | IM- 23 | 38:24 | 3:50 | 38:05 | 19:00 | 9:09 | Culleredo | C.A. As Mariñas-Betanzos |
| 131 | 203 | Javier Soriano Sutil | | FM- 18 | 38:27 | 3:51 | 37:58 | 18:54 | 9:15 | Lugo | Independiente |
| 132 | 1010 | Paula Mayobre González | F- 5 | EF- 2 | 38:28 | 3:51 | 38:21 | 18:39 | 9:20 | Ares | Ria Ferrol Concepción Arenal |
| 133 | 674 | Juan Quintia Valencia | | HM- 32 | 38:30 | 3:51 | 38:19 | 19:06 | 9:04 | Fene | Independiente |
| 134 | 471 | Gabriel Cortón Fernández | | IM- 24 | 38:31 | 3:51 | 38:13 | 19:05 | 9:08 | Lugo | Club de Comunicaciones |
| 135 | 703 | Manuel Vigo Mourullo | | JM- 21 | 38:31 | 3:51 | 38:11 | 19:11 | 8:57 | Santiago de Compostela | At. Milla de Ouro-Viaxes Canoa |
| 136 | 19 | Mela Penas Blanco | F- 6 | GF- 2 | 38:35 | 3:51 | 38:32 | 18:56 | 9:18 | Arzua | Independiente |
| 137 | 973 | Manuel Folgueira Díaz | | EM- 9 | 38:37 | 3:52 | 38:01 | 19:08 | 9:07 | Foz | E.D.M. Lourenza |
| 138 | 1244 | José Luis Díaz Vázquez | | JM- 22 | 38:38 | 3:52 | 38:28 | 18:51 | 9:13 | Lugo | Independiente |
| 139 | 769 | Brais Sánchez González | | GM- 18 | 38:39 | 3:52 | 38:39 | | | Vilalba | Independiente |
| 140 | 317 | Javier Revuelta Méndez | | KM- 6 | 38:40 | 3:52 | 38:35 | 19:16 | 8:58 | Lugo | San Fernando Lucus |
| 141 | 363 | Víctor Manuel Álvarez Priegue | | JM- 23 | 38:42 | 3:52 | 38:38 | 19:15 | 9:03 | Lugo | Promocións Abuin e Escolante |
| 142 | 454 | Antonio Díez Silván | | HM- 33 | 38:44 | 3:52 | 38:18 | 19:09 | 9:13 | Manzaneda | Independiente |
| 143 | 1041 | Daniel Jesús Ruiz Rivera | | FM- 19 | 38:46 | 3:53 | 38:35 | 18:49 | 9:24 | Sada | Independiente |
| 144 | 214 | Pedro Estévez Núñez | | JM- 24 | 38:46 | 3:53 | 38:36 | 18:59 | 9:16 | Monforte de Lemos | Independiente |
| 145 | 233 | Francisco Sierra Rodríguez | | GM- 19 | 38:47 | 3:53 | 38:40 | 18:46 | 9:27 | A Coruña | Fisiointegral Coruña |
| 146 | 625 | Xavier Viana Álvarez | | GM- 20 | 38:47 | 3:53 | 38:28 | 18:59 | 9:20 | Chantada | Independiente |
| 147 | 420 | Jesús Díaz Piñeiro | | JM- 25 | 38:49 | 3:53 | 38:32 | 19:16 | 9:12 | Burela | C.D. Egovarros-Viveiro |
| 148 | 749 | José Miguel Guapo Rafael | | JM- 26 | 38:49 | 3:53 | 38:33 | 18:59 | 9:20 | Ponferrada | Independiente |
| 149 | 656 | Saúl Gómez Arrojo | | KM- 7 | 38:50 | 3:53 | 38:34 | 18:55 | 9:22 | El Temple-Cambre | Independiente |
| 150 | 235 | Juan Alberto Losada García | | IM- 25 | 38:50 | 3:53 | 38:29 | 19:22 | 9:09 | Ponferrada | Rutas Del Bierzo |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-------------------------------------|------|--------|---------|----------|---------|-------|-----------|------------------------|----------------------------------|
| 151 | 1091 | José Antonio Vázquez Fernández | | HM- 34 | 38:51 | 3:53 | 38:01 | 19:18 | 9:20 | Cartelle | Independiente |
| 152 | 99 | Javier Fontao Ageitos | | IM- 26 | 38:52 | 3:53 | 38:43 | 19:06 | 9:09 | Ribeira | Riveira Atletismo |
| 153 | 870 | Jacinto Fontao Ageitos | | IM- 27 | 38:53 | 3:53 | 38:44 | 19:06 | 9:07 | Ribeira | Riveira Atletismo |
| 154 | 1155 | Ramón Suárez Gómez | | LM- 5 | 38:54 | 3:53 | 38:37 | 19:43 | 8:55 | Milladoiro . Ames. | Club Atletismo Milladoiro |
| 155 | 313 | Francisco Blanco Becerro | | KM- 8 | 38:55 | 3:53 | 38:45 | 19:07 | 9:17 | La Bañeza | Club Deport. Atletismo La Bañeza |
| 156 | 665 | Xil Rodríguez Gil | | IM- 28 | 38:56 | 3:54 | 38:51 | 19:03 | 9:16 | O Milladoiro - Ames | C.D. Egovarros-Viveiro |
| 157 | 354 | Xabier Díaz Fernández | | HM- 35 | 38:58 | 3:54 | 38:43 | 19:21 | 9:03 | Lugo | San Fernando Lucus |
| 158 | 163 | Francisco Antonio Cabanas Argerey | | IM- 29 | 38:58 | 3:54 | 38:54 | 19:16 | 9:08 | Lugo | Promocións Abuin e Escolante |
| 159 | 296 | Abraham Torre Soengas | | GM- 21 | 39:00 | 3:54 | 38:35 | 19:15 | 9:19 | Lugo | Franciscanos-Verxel |
| 160 | 331 | Francisco Javier Sevilla Gómez | | HM- 36 | 39:00 | 3:54 | 38:50 | 19:05 | 9:21 | Santiago de Compostela | Independiente |
| 161 | 395 | José Manuel Traseira Meilán | | KM- 9 | 39:00 | 3:54 | 38:50 | 18:56 | 9:35 | Lugo | San Fernando Lucus |
| 162 | 1256 | José Barreiro Arias | | HM- 37 | 39:01 | 3:54 | 38:43 | 19:43 | 8:53 | Lugo | Independiente |
| 163 | 1198 | Horacio Bargeiras Lago | | HM- 38 | 39:02 | 3:54 | 38:39 | 19:39 | 8:57 | Lugo | Independiente |
| 164 | 430 | Dalmacio Santamarta Caballero | | JM- 27 | 39:02 | 3:54 | 37:55 | 19:50 | 8:58 | Navatejera | Triatlón Leon |
| 165 | 1159 | Alfonso Toimil Castro | | IM- 30 | 39:03 | 3:54 | 38:44 | 19:18 | 9:17 | Teo | Independiente |
| 166 | 635 | Francisco José Roca López | | IM- 31 | 39:08 | 3:55 | 38:36 | 19:53 | 9:01 | Lugo | Independiente |
| 167 | 503 | Gerardo Pérez Lenza | | KM- 10 | 39:08 | 3:55 | 39:04 | 18:53 | 9:38 | Lugo | Independiente |
| 168 | 392 | Manuel Francisco Rodríguez Figueroa | | JM- 28 | 39:09 | 3:55 | 38:47 | 19:35 | 9:05 | Coruña | Independiente |
| 169 | 966 | Juan Menéndez Arbesú | | JM- 29 | 39:10 | 3:55 | 37:34 | 20:20 | 8:48 | O Burgo | C.A. As Mariñas-Betanzos |
| 170 | 1022 | Javier Pacios Álvarez | | GM- 22 | 39:12 | 3:55 | 38:59 | 19:02 | 9:23 | Ponferrada | Independiente |
| 171 | 756 | Luis Otero Otero | | KM- 11 | 39:13 | 3:55 | 38:50 | 19:34 | 9:10 | Oza de Los Rios | C.A. As Mariñas-Betanzos |
| 172 | 108 | José Ramón López Iglesias | | JM- 30 | 39:15 | 3:55 | 38:58 | 19:04 | 9:31 | Lugo | Promocións Abuin e Escolante |
| 173 | 508 | Cándido Jesús Míguez García | | JM- 31 | 39:15 | 3:55 | 38:59 | 19:39 | 9:02 | Cacheiras-Teo | Club Atletismo Milladoiro |
| 174 | 1094 | Enrique Fandiño | | HM- 39 | 39:15 | 3:55 | 38:57 | 19:54 | 9:01 | Santiago de Compostela | Independiente |
| 175 | 20 | Chus Valiño Novo | F- 7 | GF- 3 | 39:15 | 3:55 | 39:13 | 19:05 | 9:30 | Lugo | Ria Ferrol Concepción Arenal |
| 176 | 250 | David Pérez Santamaría | | IM- 32 | 39:18 | 3:56 | 39:10 | 19:36 | 9:09 | Padrón | Independiente |
| 177 | 1218 | Sergio Somoza González | | KM- 12 | 39:20 | 3:56 | 39:15 | 19:14 | 9:17 | Lugo | Independiente |
| 178 | 528 | José Luis Santos Suárez | | IM- 33 | 39:23 | 3:56 | 38:41 | 19:36 | 9:14 | Portazgo Culleredo | Independiente |
| 179 | 912 | Eliseo Iglesias Soler | | HM- 40 | 39:23 | 3:56 | 38:30 | 20:37 | 8:47 | Culleredo | Independiente |
| 180 | 670 | Félix Quintáns Meléndez | | HM- 41 | 39:24 | 3:56 | 38:38 | 20:26 | 8:43 | A Coruña | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netor | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-------------------------------------|------|--------|---------|----------|---------|-------|-----------|---------------------|----------------------------------|
| 181 | 1029 | José Antonio Grela García | | GM- 23 | 39:25 | 3:56 | 39:00 | 19:23 | 9:18 | Silleda | Club Atletismo Deza |
| 182 | 134 | Antonio Pulpeiro Álvarez | | GM- 24 | 39:28 | 3:57 | 38:43 | 19:42 | 9:05 | Ribadeo | Independiente |
| 183 | 502 | Francisco Javier Castellanos Marcos | | KM- 13 | 39:28 | 3:57 | 39:23 | 19:09 | 9:22 | Astorga | Club Deport. Atletismo La Bañeza |
| 184 | 531 | Emilio Lugrís Castro | | GM- 25 | 39:29 | 3:57 | 39:02 | 19:26 | 9:11 | Sada | Independiente |
| 185 | 1087 | Borja Sánchez Campos | | EM- 10 | 39:29 | 3:57 | 39:17 | 19:05 | 9:38 | Arteixo | Independiente |
| 186 | 70 | Celso Alonso Núñez | | IM- 34 | 39:32 | 3:57 | 38:43 | 20:11 | 8:56 | Ponferrada | Independiente |
| 187 | 985 | Ramón Rodríguez Estévez | | IM- 35 | 39:33 | 3:57 | 39:12 | 19:46 | 9:13 | Coles | Independiente |
| 188 | 206 | Emilio José Pájaro Crespo | | FM- 20 | 39:35 | 3:57 | 39:21 | 19:42 | 9:12 | Bembibre | Independiente |
| 189 | 189 | Emilio Bolaño Pedreira | | IM- 36 | 39:36 | 3:58 | 39:20 | 19:40 | 9:20 | Arteixo | Independiente |
| 190 | 343 | Jesús López Paz | | FM- 21 | 39:37 | 3:58 | 39:07 | 19:49 | 9:16 | Meira | Club Atletismo Ribadeo |
| 191 | 658 | José María Pérez Otero | | JM- 32 | 39:37 | 3:58 | 39:12 | 19:30 | 9:25 | Lugo | Franciscanos-Verxel |
| 192 | 65 | Diego Lobo Vicente | | GM- 26 | 39:38 | 3:58 | 39:24 | 19:16 | 9:36 | Lugo | Independiente |
| 193 | 1295 | Miguel Ángel Rodríguez Juárez | | KM- 14 | 39:39 | 3:58 | 38:50 | 20:12 | 9:12 | Ponferrada | Independiente |
| 194 | 371 | Tomas Abeledo Patiño | | JM- 33 | 39:43 | 3:58 | 39:23 | 19:49 | 9:12 | Vilaboa - Culleredo | C.A. As Mariñas-Betanzos |
| 195 | 68 | Juan Carlos Fernández Pérez | | IM- 37 | 39:44 | 3:58 | 39:21 | 19:27 | 9:29 | Lugo | Club Fluvial Lugo |
| 196 | 1117 | Pelayo García-Losa Rodríguez | | HM- 42 | 39:44 | 3:58 | 39:24 | 19:20 | 9:27 | Lugo | Independiente |
| 197 | 965 | José Benito Fresco López | | IM- 38 | 39:45 | 3:58 | 39:25 | 19:34 | 9:32 | A Coruña | Anigasa Championship Muralla |
| 198 | 241 | Manuel del Pablo Casas | | JM- 34 | 39:46 | 3:59 | 38:58 | 20:19 | 8:56 | Burela | C.D. Egovarros-Viveiro |
| 199 | 939 | Diego Alonso Fernández | | GM- 27 | 39:47 | 3:59 | 39:13 | 20:28 | 8:56 | Vigo | Independiente |
| 200 | 856 | Ursinio Martínez Fernández | | IM- 39 | 39:47 | 3:59 | 39:26 | 19:59 | 9:16 | Lugo | Independiente |
| 1 | 1026 | Fernando Rodríguez Vilariño | | IM- 40 | 39:48 | 3:59 | 39:30 | 19:36 | 9:24 | Lalín | Club Atletismo Deza |
| 202 | 1275 | Elías Díaz López | | FM- 22 | 39:48 | 3:59 | 38:54 | 20:31 | 9:04 | Lugo | Independiente |
| 203 | 1309 | Margarita Pérez Bardanca | F- 8 | HF- 1 | 39:49 | 3:59 | 39:47 | 18:33 | 10:12 | Santa Cruz. Oleiros | Ria Ferrol Concepción Arenal |
| 204 | 784 | Andrés Fernando Méndez Rodríguez | | IM- 41 | 39:49 | 3:59 | 39:27 | 20:00 | 9:16 | Lugo | Independiente |
| 205 | 432 | Jorge Carreira Nodar | | HM- 43 | 39:50 | 3:59 | 39:45 | 19:49 | 9:16 | La Estrada | Independiente |
| 206 | 49 | José Luis Torres López | | IM- 42 | 39:52 | 3:59 | 39:47 | 19:24 | 9:38 | Lugo | Independiente |
| 207 | 1002 | Manuel Otero Pérez | | MM- 2 | 39:53 | 3:59 | 39:22 | 20:07 | 9:12 | Bueu | Clube de Atletismo Corredoiras |
| 208 | 710 | Adrián Bouzán Alonso | | EM- 11 | 39:53 | 3:59 | 39:43 | 19:10 | 9:37 | Santa Cruz | Independiente |
| 209 | 828 | Mario González Freire | | JM- 35 | 39:54 | 3:59 | 39:11 | 20:09 | 9:10 | Brion | At. Milla de Ouro-Viaxes Canoa |
| 210 | 293 | Ramiro Méndez Rodríguez | | KM- 15 | 39:56 | 4:00 | 39:38 | 19:33 | 9:36 | Monforte de Lemos | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|---------------------------------|------|--------|---------|----------|---------|-------|-----------|----------------------|------------------------------|
| 211 | 159 | Álvaro Manuel Rodríguez Santos | | HM- 44 | 40:01 | 4:00 | 39:41 | 20:11 | 9:13 | Viduido (Ames) | Independiente |
| 212 | 773 | José Marcelino Alavancos Pampín | | IM- 43 | 40:01 | 4:00 | 39:41 | 19:59 | 9:11 | Arzua | Independiente |
| 213 | 394 | Ángel Martínez Oviedo | | JM- 36 | 40:03 | 4:00 | 39:48 | 19:39 | 9:34 | Noia | Independiente |
| 214 | 1078 | Manuel Canedo Lago | | IM- 44 | 40:05 | 4:00 | 39:23 | 20:26 | 9:00 | Quilós | Independiente |
| 215 | 1312 | Salassi Mousa Maiga | | EM- 12 | 40:05 | 4:00 | 39:57 | 19:30 | 9:24 | Rabade | Independiente |
| 216 | 638 | Manuel Quiroga Gallego | | GM- 28 | 40:06 | 4:01 | 39:46 | 19:44 | 9:33 | Lillo del Bierzo | A.D. Vega de Espinareda |
| 217 | 847 | Juan Carlos Recouso García | | IM- 45 | 40:07 | 4:01 | 40:01 | 20:07 | 9:15 | A Coruña | Independiente |
| 218 | 304 | José Maria Druet Ampuero | | JM- 37 | 40:08 | 4:01 | 39:45 | 19:49 | 9:26 | A Coruña | Independiente |
| 219 | 848 | Diego García Padín | | GM- 29 | 40:09 | 4:01 | 39:23 | 20:09 | 9:18 | Meaño | Venturiña - O Grove |
| 220 | 61 | Alejandro Cuadros Vega | | IM- 46 | 40:09 | 4:01 | 39:53 | 19:42 | 9:35 | Lugo | Club Fluvial Lugo |
| 221 | 547 | Marcelino Villar Fernández | | HM- 45 | 40:10 | 4:01 | 39:50 | 19:43 | 9:35 | Vega de Espinareda | A.D. Vega de Espinareda |
| 222 | 588 | Juan Antonio Astorgano Abella | | KM- 16 | 40:10 | 4:01 | 39:52 | 19:44 | 9:34 | Vega | A.D. Vega de Espinareda |
| 223 | 842 | José Manuel Penas Varela | | FM- 23 | 40:11 | 4:01 | 39:47 | 19:30 | 9:50 | Santiso | Independiente |
| 224 | 1084 | Manuel Fontenla Muiño | | JM- 38 | 40:12 | 4:01 | 39:39 | 20:06 | 9:13 | Cambre | C.A. As Mariñas-Betanzos |
| 225 | 988 | José Manuel Varela Prado | | GM- 30 | 40:13 | 4:01 | 39:57 | 20:10 | 9:20 | Lugo | Independiente |
| 226 | 974 | Leandro González Castro | | HM- 46 | 40:14 | 4:01 | 40:03 | 19:44 | 9:33 | Ames | Independiente |
| 227 | 105 | Jesús Manuel Novo Rodríguez | | KM- 17 | 40:15 | 4:01 | 39:25 | 20:22 | 9:23 | Lugo | Independiente |
| 228 | 721 | Luis Miguel García Fernández | | LM- 6 | 40:15 | 4:02 | 40:01 | 19:48 | 9:33 | Vilagarcía de Arousa | C.D. Egovarros-Viveiro |
| 229 | 443 | Flavio Lombardia Toiran | | HM- 47 | 40:17 | 4:02 | 39:43 | 20:30 | 8:59 | Lugo | Maristas |
| 230 | 1003 | Javier García Piñeiro | | EM- 13 | 40:18 | 4:02 | 39:35 | 20:34 | 9:17 | Ferrol | Ria Ferrol Concepción Arenal |
| 231 | 650 | Manuel Jato Reija | | KM- 18 | 40:19 | 4:02 | 39:52 | 20:33 | 9:07 | Lugo | Independiente |
| 232 | 964 | José Cartelle Rozas | | JM- 39 | 40:20 | 4:02 | 40:04 | 19:35 | 9:47 | Mugardos | C. A. Sierra Narón |
| 233 | 85 | Jesús Manuel Gandoy Vilar | | JM- 40 | 40:20 | 4:02 | 39:52 | 20:33 | 9:08 | Lugo | Club Fluvial Lugo |
| 234 | 216 | Jorge Domínguez García | | EM- 14 | 40:21 | 4:02 | 40:14 | 19:42 | 9:36 | A Coruña | Independiente |
| 235 | 567 | Agustín Seoane Golpe | | IM- 47 | 40:22 | 4:02 | 39:56 | 20:31 | 9:12 | Cambre | Independiente |
| 236 | 140 | Javier Castro Prado | | KM- 19 | 40:22 | 4:02 | 40:02 | 19:53 | 9:38 | Lugo | Independiente |
| 237 | 1016 | Belén Duran Calvo | F- 9 | JF- 1 | 40:22 | 4:02 | 39:51 | 20:25 | 9:09 | Cangas | Independiente |
| 238 | 1008 | Luis Alberto Prieto Guibelalde | | KM- 20 | 40:22 | 4:02 | 39:34 | 20:22 | 9:25 | Ponferrada | Independiente |
| 239 | 275 | Elías Bouso Comendeiro | | IM- 48 | 40:23 | 4:02 | 40:11 | 19:53 | 9:33 | Otero de Rey | Independiente |
| 240 | 1267 | José Manuel Roca Río | | JM- 41 | 40:24 | 4:02 | 40:18 | 19:50 | 9:31 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-------------------------------------|----|--------|---------|----------|---------|-------|-----------|------------------------|----------------------------------|
| 241 | 238 | José Manuel Núñez Fariñas | | IM- 49 | 40:25 | 4:02 | 39:53 | 20:32 | 9:17 | Lugo | C.D. Egozarros-Viveiro |
| 242 | 315 | Alberto Trincado Fernández | | IM- 50 | 40:29 | 4:03 | 40:15 | 19:57 | 9:28 | Vigo | Independiente |
| 243 | 722 | Juan Manuel Caneda Oubel | | GM- 31 | 40:29 | 4:03 | 39:44 | | | Santiago de Compostela | Independiente |
| 244 | 63 | José Manuel Alonso Pérez | | KM- 21 | 40:29 | 4:03 | 40:19 | 19:59 | 9:41 | Lugo | Club Fluvial Lugo |
| 245 | 378 | Roberto Fernández Añel | | HM- 48 | 40:30 | 4:03 | 40:26 | 19:51 | 9:34 | Ourense | Independiente |
| 246 | 1077 | Víctor Ángel Suárez Álvarez | | HM- 49 | 40:30 | 4:03 | 39:48 | 20:26 | 9:22 | Quielos | Independiente |
| 247 | 991 | José Luis Bujan Penas | | HM- 50 | 40:31 | 4:03 | 40:08 | 20:32 | 9:20 | Lugo | Independiente |
| 248 | 231 | Juan Citoula Pérez | | MM- 3 | 40:32 | 4:03 | 40:18 | 19:56 | 9:45 | Lugo | Independiente |
| 249 | 346 | José Rodríguez González | | IM- 51 | 40:32 | 4:03 | 39:56 | 20:16 | 9:27 | Lugo | Independiente |
| 250 | 1036 | Enrique Teixeira Paulo | | IM- 52 | 40:33 | 4:03 | 40:02 | 20:32 | 9:22 | Ourense | Independiente |
| 251 | 941 | José Luis Rodríguez Martín | | GM- 32 | 40:33 | 4:03 | 40:10 | 19:54 | 9:35 | Pontevedra | Independiente |
| 252 | 915 | Luís Javier Arce Escudero | | GM- 33 | 40:34 | 4:03 | 40:13 | 20:10 | 9:31 | Santa Cruz-Oleiros | Independiente |
| 253 | 1033 | Francisco Javier Rodríguez Ferreiro | | JM- 42 | 40:36 | 4:04 | 40:19 | 20:38 | 9:13 | Culleredo | Independiente |
| 254 | 1015 | Javier Pérez Carballo | | EM- 15 | 40:36 | 4:04 | 40:17 | 20:30 | 9:19 | Lugo | Lucus Caixa Rural |
| 255 | 1310 | Ángel Lamas Quijada | | GM- 34 | 40:37 | 4:04 | 40:02 | 20:59 | 9:05 | Ordenes | Independiente |
| 256 | 838 | Manuel Díaz Álvarez | | FM- 24 | 40:38 | 4:04 | 40:25 | 19:48 | 9:44 | Quiroga | Independiente |
| 257 | 647 | Víctor Fernández García | | EM- 16 | 40:40 | 4:04 | 40:20 | 20:33 | 9:08 | Lugo | Club Fluvial Lugo |
| 258 | 830 | Francisco Garrido Guzmán | | GM- 35 | 40:40 | 4:04 | 40:18 | 20:14 | 9:33 | Pontevedra | Independiente |
| 259 | 457 | Pablo Suárez Álvarez | | IM- 53 | 40:40 | 4:04 | 40:05 | 20:49 | 9:12 | A Coruña | Independiente |
| 260 | 183 | Oscar Fernández García | | GM- 36 | 40:42 | 4:04 | 40:02 | 20:08 | 9:42 | Cangas | Independiente |
| 261 | 582 | Vicente Francisco López Vilanova | | IM- 54 | 40:44 | 4:04 | 40:31 | 19:58 | 9:43 | Lugo | Independiente |
| 262 | 31 | Javier Reigosa Cubero | | IM- 55 | 40:45 | 4:04 | 40:45 | 19:55 | 9:38 | Lugo | Independiente |
| 263 | 381 | Fernando Guerra López | | GM- 37 | 40:45 | 4:04 | 40:35 | 19:42 | 9:47 | Ponferrada | Independiente |
| 264 | 419 | Iván Carballeira Fraga | | GM- 38 | 40:46 | 4:05 | 40:13 | 20:32 | 9:19 | Lugo | Anigasa Championship Muralla |
| 265 | 1266 | Fernando Luiña Vela | | GM- 39 | 40:46 | 4:05 | 40:14 | 20:32 | 9:17 | Otur | Cidade de Lugo Fluvial Triathlon |
| 266 | 790 | Manuel Otero Gómez | | IM- 56 | 40:46 | 4:05 | 40:28 | 20:06 | 9:35 | Cambre | C.A. As Mariñas-Betanzos |
| 267 | 1208 | Pedro Hernández Escobar | | HM- 51 | 40:51 | 4:05 | 39:50 | 21:45 | 8:54 | A Coruña | Cimans Coruña Comarca |
| 268 | 434 | Oscar Vázquez López | | IM- 57 | 40:53 | 4:05 | 40:33 | 20:30 | 9:30 | Lugo | Independiente |
| 269 | 71 | José Luis Acebedo Cornide | | KM- 22 | 40:59 | 4:06 | 40:47 | 20:07 | 9:47 | Lugo | Independiente |
| 270 | 884 | Alberto Carro Fernández | | HM- 52 | 40:59 | 4:06 | 40:35 | 20:25 | 9:35 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-------------------------------|----|--------|---------|----------|---------|-------|-----------|------------------------|--------------------------------|
| 271 | 523 | Samuel Alves Rodríguez | | HM- 53 | 41:00 | 4:06 | 40:01 | 20:38 | 9:31 | Lobios | Atletas Da Baixa Limia |
| 272 | 205 | Tino Díaz Carrodegas | | JM- 43 | 41:00 | 4:06 | 40:43 | 20:19 | 9:45 | Lugo | Independiente |
| 273 | 130 | Francisco Torrente Hortas | | LM- 7 | 41:01 | 4:06 | 40:50 | 20:02 | 9:48 | Lugo | Independiente |
| 274 | 698 | Francisco Miguel Buela Cruces | | IM- 58 | 41:01 | 4:06 | 40:50 | 20:34 | 9:30 | Milladoiro | At. Milla de Ouro-Viaxes Canoa |
| 275 | 894 | Miguel Ángel González Arias | | JM- 44 | 41:02 | 4:06 | 40:42 | 20:22 | 9:36 | Lugo | Promocións Abuin e Escolante |
| 276 | 446 | Julián Pazos Domínguez | | IM- 59 | 41:03 | 4:06 | 40:57 | 19:59 | 9:54 | Lugo | Independiente |
| 277 | 337 | Francisco López Cotarelo | | KM- 23 | 41:05 | 4:06 | 40:37 | 20:17 | 9:51 | Lugo | Muralla C.C |
| 278 | 60 | Manuel Sánchez Rouco | | GM- 40 | 41:05 | 4:06 | 40:52 | 19:43 | 10:01 | Lugo | Club Fluvial Lugo |
| 279 | 1093 | Benito Alberto Gutiérrez | | JM- 45 | 41:07 | 4:07 | 40:49 | 20:08 | 9:51 | Santiago de Compostela | Independiente |
| 280 | 724 | Guillermo Criado Cao | | GM- 41 | 41:08 | 4:07 | 40:38 | 20:24 | 9:39 | Mugardos | Independiente |
| 281 | 498 | Javier Rial Boubeta | | IM- 60 | 41:08 | 4:07 | 40:33 | 20:28 | 9:41 | Cangas Do Morrazo | Independiente |
| 282 | 629 | Bartolomé Sanmartín Caamaño | | HM- 54 | 41:10 | 4:07 | 40:31 | 20:57 | 9:13 | Noia | C.A. Noia |
| 283 | 898 | Ricardo Núñez Méndez | | HM- 55 | 41:12 | 4:07 | 40:52 | 20:19 | 9:51 | Lugo | Independiente |
| 284 | 573 | David Casado Bravo | | HM- 56 | 41:12 | 4:07 | 41:01 | 20:13 | 9:45 | Mesoiro | Independiente |
| 285 | 1265 | Alfonso Sánchez Marzán | | HM- 57 | 41:13 | 4:07 | 40:46 | 20:49 | 9:30 | Lugo | Independiente |
| 286 | 557 | Fernando Núñez Pol | | HM- 58 | 41:13 | 4:07 | 40:12 | 21:46 | 9:04 | A Coruña | Cimans Coruña Comarca |
| 287 | 135 | Ricardo Cela Fernández | | HM- 59 | 41:13 | 4:07 | 41:03 | 20:11 | 9:47 | O Barco de Valdeorras | A.D.A.S. |
| 288 | 1230 | Miguel Moscoso Liste | | HM- 60 | 41:13 | 4:07 | 40:37 | 20:52 | 9:26 | Lugo | Independiente |
| 289 | 1254 | Luis Mario Núñez Álvarez | | IM- 61 | 41:15 | 4:07 | 41:05 | 20:09 | 9:49 | Sarria | Independiente |
| 290 | 112 | Jesús Patricio Agulleiro Díaz | | IM- 62 | 41:15 | 4:07 | 40:29 | 20:25 | 9:53 | Ames | Independiente |
| 291 | 487 | David Rodríguez González | | LM- 8 | 41:19 | 4:08 | 41:03 | 20:09 | 9:51 | Lugo | Independiente |
| 292 | 376 | José Ramón Suárez Prego | | LM- 9 | 41:20 | 4:08 | 41:05 | 20:39 | 9:39 | A Coruña | Independiente |
| 293 | 925 | Serafín Pascual Canal | | JM- 46 | 41:20 | 4:08 | 41:20 | 20:37 | 9:40 | Ourense | Independiente |
| 294 | 1081 | Francisco José Gil Blanco | | GM- 42 | 41:22 | 4:08 | 40:48 | 20:57 | 9:21 | Bueu | Clube de Atletismo Corredoiras |
| 295 | 80 | Juan José Illán López | | IM- 63 | 41:24 | 4:08 | 41:00 | 20:41 | 9:36 | Poio | Independiente |
| 296 | 421 | J. Gonzalo Pérez López | | LM- 10 | 41:24 | 4:08 | 41:16 | 20:24 | 9:48 | Lugo | Promocións Abuin e Escolante |
| 297 | 350 | José Pose Dilas | | HM- 61 | 41:24 | 4:08 | 40:49 | 20:57 | 9:26 | Noia | Independiente |
| 298 | 342 | José López Suárez | | IM- 64 | 41:25 | 4:08 | 41:08 | 20:29 | 9:46 | Santiago de Compostela | Independiente |
| 299 | 1293 | Ramón Touza Prieto | | NM- 1 | 41:25 | 4:08 | 40:55 | 20:33 | 9:46 | Lugo | Sociedad Gimnastica Pontevedra |
| 300 | 509 | Adrián Páramo Aguado | | EM- 17 | 41:25 | 4:08 | 40:40 | 20:33 | 9:58 | La Bañeza | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-----------------------------------|----|--------|---------|----------|---------|-------|-----------|---------------------------|------------------------------|
| 301 | 377 | Marcos Rodríguez Sánchez | | HM- 62 | 41:27 | 4:09 | 41:06 | 20:31 | 9:45 | A Coruña | Independiente |
| 302 | 867 | José Varela Vázquez | | KM- 24 | 41:27 | 4:09 | 41:08 | 20:32 | 9:47 | Lugo | Independiente |
| 303 | 1225 | Jesús Gabino Soto Gómez | | HM- 63 | 41:28 | 4:09 | 41:11 | 20:46 | 9:36 | Ribadeo | Club Atletismo Ribadeo |
| 304 | 1272 | Ricardo Arias Alvaredo | | IM- 65 | 41:29 | 4:09 | 40:42 | 20:58 | 9:32 | Sarria | Independiente |
| 305 | 312 | Manuel Lugilde Rodríguez | | GM- 43 | 41:29 | 4:09 | 41:04 | 20:29 | 9:51 | Lugo | Independiente |
| 306 | 224 | Diego Núñez Vázquez | | FM- 25 | 41:29 | 4:09 | 41:10 | 20:19 | 9:52 | Cacabelos | Independiente |
| 307 | 179 | Lucas Álvarez Rodríguez | | HM- 64 | 41:30 | 4:09 | 40:51 | 20:29 | 9:58 | Cangas | Independiente |
| 308 | 1172 | Alberto Fernández Fernández | | JM- 47 | 41:31 | 4:09 | 40:23 | 20:59 | 9:33 | Villamoros de Las Reguera | Independiente |
| 309 | 807 | Francisco J. del Río González | | HM- 65 | 41:32 | 4:09 | 40:26 | 21:41 | 9:09 | Moaña | Independiente |
| 310 | 984 | Armando Piñeiro Pérez | | IM- 66 | 41:34 | 4:09 | 40:59 | 20:35 | 9:44 | Lalin | Independiente |
| 311 | 351 | Carlos González Reino | | IM- 67 | 41:34 | 4:09 | 40:58 | 20:57 | 9:29 | Noia | Independiente |
| 312 | 102 | Luis M. Vilanova Martelo | | IM- 68 | 41:34 | 4:09 | 41:00 | 20:59 | 9:28 | Noia | Independiente |
| 313 | 144 | Carlos Manuel Iglesias Candal | | IM- 69 | 41:34 | 4:09 | 40:50 | 20:50 | 9:39 | Betanzos | C.A. As Mariñas-Betanzos |
| 314 | 668 | Miguel Ángel Álvarez Álvarez | | MM- 4 | 41:36 | 4:10 | 40:29 | 21:07 | 9:28 | Leon | Sprint Leon |
| 315 | 240 | Arturo Pardo Golpe | | KM- 25 | 41:36 | 4:10 | 41:12 | 20:40 | 9:39 | A Coruña | C.D. Egovarros-Viveiro |
| 316 | 1059 | Javier Díaz-Tejeiro | | JM- 48 | 41:37 | 4:10 | 41:13 | 20:49 | 9:39 | La Coruña | Independiente |
| 317 | 390 | José Ignacio Bolaño Portillo | | GM- 44 | 41:38 | 4:10 | 40:50 | 20:21 | 10:22 | Ribadeo | Independiente |
| 318 | 1226 | Juan Carlos Fernández Gutiérrez | | JM- 49 | 41:41 | 4:10 | 41:23 | 20:46 | 9:40 | Lugo | Club Atletismo Ribadeo |
| 319 | 445 | Manuel Díaz Vázquez | | KM- 26 | 41:42 | 4:10 | 40:43 | 21:07 | 9:41 | Lugo | Club Fluvial Lugo |
| 320 | 489 | Cesar Manuel Sanjurjo Moure | | GM- 45 | 41:47 | 4:11 | 41:43 | 19:59 | 10:17 | Lugo | San Fernando Lucus |
| 321 | 416 | Luzdivino López González | | KM- 27 | 41:48 | 4:11 | 41:08 | 21:07 | 9:36 | Toreno | Independiente |
| 322 | 103 | Sechu García Núñez | | IM- 71 | 41:48 | 4:11 | 41:13 | 21:00 | 9:36 | Noia | Independiente |
| 323 | 866 | Pedro Abeledo Cortizas | | IM- 70 | 41:48 | 4:11 | 41:03 | 20:50 | 9:47 | Sada | C. A. Sierra Narón |
| 324 | 467 | Jesús Manuel Sanvicente Figueiras | | GM- 46 | 41:49 | 4:11 | 41:30 | 20:51 | 9:45 | Muros | Independiente |
| 325 | 741 | Santiago Pacios Varela | | GM- 47 | 41:51 | 4:11 | 41:29 | 20:29 | 10:01 | Lugo | Independiente |
| 326 | 124 | Carlos Adán Cabado | | IM- 72 | 41:51 | 4:11 | 41:11 | 20:51 | 9:43 | Lugo | Peñalcorcho |
| 327 | 510 | Javier Ramos Moran | | GM- 48 | 41:52 | 4:11 | 41:31 | 21:14 | 9:36 | La Bañeza | Independiente |
| 328 | 1072 | José Luis Rodríguez del Río | | LM- 11 | 41:54 | 4:11 | 41:38 | 21:01 | 9:45 | Ordes | Atletismo Ordes |
| 329 | 77 | Carlos Soengas López | | KM- 28 | 41:55 | 4:11 | 41:52 | 20:39 | 10:00 | Lugo | Promocións Abuin e Escolante |
| 330 | 1276 | Diego Viñas Santos | | FM- 26 | 41:58 | 4:12 | 41:03 | 20:51 | 10:10 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netor | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|---------------------------------|-------|--------|---------|----------|---------|-------|-----------|--------------------|------------------------------|
| 331 | 258 | Tito Gallego Moure | | JM- 50 | 41:58 | 4:12 | 41:14 | 21:11 | 9:49 | Lugo | Promocións Abuin e Escolante |
| 332 | 845 | José Manuel Granja González | | KM- 29 | 41:58 | 4:12 | 41:24 | 21:03 | 9:49 | Lugo | Independiente |
| 333 | 447 | José Luis Gómez Pardo | | GM- 49 | 41:59 | 4:12 | 41:16 | 21:08 | 9:47 | Lugo | Independiente |
| 334 | 284 | Emilio Veiga Piñeiro | | JM- 51 | 42:00 | 4:12 | 41:37 | 20:53 | 9:49 | Lugo | Independiente |
| 335 | 918 | Alejandro Díaz López | | GM- 50 | 42:02 | 4:12 | 41:59 | 19:59 | 10:17 | A Coruña | Independiente |
| 336 | 1168 | Rita Soler Martín | F- 10 | GF- 4 | 42:03 | 4:12 | 41:18 | 21:12 | 9:41 | Lalín | C.D.U. Santiago |
| 337 | 458 | Manuel Arias Veiga | | IM- 73 | 42:04 | 4:12 | 41:37 | 21:09 | 9:48 | Lugo | Independiente |
| 338 | 24 | Jesús Miguel Díaz González | | HM- 66 | 42:04 | 4:12 | 42:00 | 20:24 | 10:19 | Lugo | Promocións Abuin e Escolante |
| 339 | 603 | Luís Fernández Veiga | | KM- 30 | 42:05 | 4:12 | 42:01 | 20:27 | 10:06 | Lugo | Independiente |
| 340 | 66 | José Luis Castro Vázquez | | LM- 12 | 42:06 | 4:13 | 41:39 | 21:02 | 9:45 | Lugo | San Fernando Lucus |
| 41 | 173 | Miguel Ángel Díaz Valdés | | HM- 67 | 42:06 | 4:13 | 41:12 | 21:31 | 9:29 | Lugo | Fefeme Triatlón |
| 342 | 516 | Alberto García Arias | | HM- 68 | 42:06 | 4:13 | 41:48 | 20:28 | 9:56 | Ponferrada | Independiente |
| 343 | 657 | María Montserrat Pallisé Meilán | F- 11 | JF- 2 | 42:07 | 4:13 | 41:43 | 21:06 | 9:50 | Lugo | Independiente |
| 344 | 1027 | Antonio Riera Cachero | | MM- 5 | 42:08 | 4:13 | 41:44 | 20:46 | 9:53 | Lalín | Club Atletismo Deza |
| 345 | 375 | Ricardo Souto Silva | | JM- 52 | 42:10 | 4:13 | 41:59 | 20:44 | 9:57 | Carral | Independiente |
| 346 | 1257 | Mª Silvia Díaz Piñeiro | F- 12 | GF- 5 | 42:12 | 4:13 | 42:07 | 21:01 | 9:55 | Rabade | Independiente |
| 347 | 1340 | Víctor Pereiro Cagide | | JM- 53 | 42:13 | 4:13 | 41:48 | 20:42 | 10:09 | Santiso | Independiente |
| 348 | 782 | José Luis Méndez Rodríguez | | IM- 74 | 42:14 | 4:13 | 41:48 | 20:55 | 9:58 | Lugo | Independiente |
| 349 | 572 | Fermín Gutiérrez Ramón | | EM- 18 | 42:16 | 4:14 | 41:45 | 21:14 | 9:35 | Vega de Espinareda | A.D. Vega de Espinareda |
| 350 | 975 | José Carlos Piñeles Prieto | | JM- 54 | 42:17 | 4:14 | 42:05 | 20:35 | 10:04 | Bergondo | Independiente |
| 351 | 42 | Luis Alberto Mazoy Fernández | | GM- 51 | 42:19 | 4:14 | 41:49 | 21:31 | 9:27 | Meira | Independiente |
| 352 | 1154 | José Manuel Fernández Sangiao | | JM- 55 | 42:21 | 4:14 | 42:13 | 20:35 | 10:17 | Lugo | Franciscanos-Verxel |
| 353 | 490 | Mario Arufe Santamaría | | JM- 56 | 42:22 | 4:14 | 42:22 | 21:50 | 9:26 | Noia | Independiente |
| 354 | 355 | Pedro Arufe Mayán | | HM- 69 | 42:22 | 4:14 | 41:46 | 21:50 | 9:26 | Noia | Independiente |
| 355 | 1270 | Miguel Ángel Lamela Villar | | IM- 75 | 42:22 | 4:14 | 42:07 | 20:41 | 10:08 | Lugo | Independiente |
| 356 | 145 | Oscar Rey Martínez | | HM- 70 | 42:23 | 4:14 | 41:45 | 21:37 | 9:34 | Lugo | Independiente |
| 357 | 456 | Oscar Cotón González | | HM- 71 | 42:24 | 4:14 | 42:15 | 19:58 | 10:52 | Padrón | Independiente |
| 358 | 750 | Víctor Carbajo Carrete | | GM- 52 | 42:24 | 4:14 | 42:07 | 20:45 | 10:01 | Ponferrada | Independiente |
| 359 | 297 | Juan Pérez Montero | | HM- 72 | 42:26 | 4:15 | 41:37 | 21:41 | 9:41 | Lugo | Independiente |
| 360 | 864 | Saúl Ladra Varela | | HM- 73 | 42:29 | 4:15 | 41:42 | 21:15 | 10:01 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|----------------------------------|-------|--------|---------|----------|---------|-------|-----------|------------------------|--------------------------------|
| 361 | 979 | Jesús Rico Junquera | | JM- 57 | 42:30 | 4:15 | 42:17 | 21:01 | 9:55 | Boqueixon | Independiente |
| 362 | 879 | Keky Vázquez Brañas | | IM- 76 | 42:31 | 4:15 | 41:54 | 21:08 | 9:58 | La Coruña | C.A. As Mariñas-Betanzos |
| 363 | 548 | Pedro Villaverde Álvarez | | IM- 77 | 42:37 | 4:16 | 42:05 | 22:33 | 9:19 | Vega de Espinareda | A.D. Vega de Espinareda |
| 364 | 1096 | Julio Alberto López Cabaco | | EM- 19 | 42:39 | 4:16 | 42:39 | 20:56 | 10:07 | Lugo | C. A. Sierra Narón |
| 365 | 1102 | Ramón Vázquez Díaz | | HM- 74 | 42:39 | 4:16 | 42:19 | 20:40 | 10:14 | Lugo | Independiente |
| 366 | 618 | Diego González Camargo | | HM- 75 | 42:40 | 4:16 | 42:19 | 21:00 | 10:17 | Fene | Independiente |
| 367 | 997 | José Luis Vega Pérez | | JM- 58 | 42:42 | 4:16 | 42:21 | 20:54 | 10:12 | Ponferrada | Rutas Del Bierzo |
| 368 | 780 | José Castelao López | | EM- 20 | 42:43 | 4:16 | 42:31 | 20:20 | 10:16 | Lugo | Independiente |
| 369 | 476 | Constantino Fernández Pozo | | KM- 31 | 42:43 | 4:16 | 42:36 | 20:29 | 10:21 | Lugo | Independiente |
| 370 | 690 | José Luis López Sueiro | | HM- 76 | 42:44 | 4:16 | 41:40 | 22:00 | 9:47 | Santiago de Compostela | At. Milla de Ouro-Viaxes Canoa |
| 371 | 699 | José Luis Castelao Tejo | | HM- 77 | 42:44 | 4:16 | 41:42 | 22:00 | 9:43 | Santiago de Compostela | At. Milla de Ouro-Viaxes Canoa |
| 372 | 1234 | Javier Prado González | | IM- 78 | 42:46 | 4:17 | 42:08 | 21:48 | 9:51 | Lugo | Independiente |
| 373 | 711 | Brian Carrau | | JM- 59 | 42:46 | 4:17 | 41:43 | 21:51 | 9:43 | Perillo, Oleiros | Independiente |
| 374 | 746 | Roberto Iglesias Delgado | | IM- 79 | 42:46 | 4:17 | 41:45 | 21:49 | 9:44 | Chantada | Independiente |
| 375 | 491 | Manuel Antonio Latorre Díaz | | LM- 13 | 42:47 | 4:17 | 42:23 | 21:14 | 10:04 | Ourense | Veteranos Pabellón Ourense |
| 376 | 93 | Francisco Folgueira Rebolo | | IM- 80 | 42:47 | 4:17 | 42:07 | 21:32 | 9:52 | Lugo | Peñalcorcho |
| 377 | 1067 | Amadeo Paredes Rodríguez | | IM- 81 | 42:48 | 4:17 | 41:59 | 22:16 | 9:29 | Santiago de Compostela | Independiente |
| 378 | 932 | Isaac López Villamor | | HM- 78 | 42:48 | 4:17 | 42:33 | 21:35 | 9:31 | Lugo | Independiente |
| 379 | 122 | José Manuel Blanco Barral | | IM- 82 | 42:49 | 4:17 | 42:01 | 22:16 | 9:30 | Santiago | Independiente |
| 380 | 97 | Emilio Gonta Pereiro | | MM- 6 | 42:49 | 4:17 | 42:41 | 20:58 | 10:17 | Lugo | Club Fluvial Lugo |
| 381 | 295 | Oscar Lus Pollán Somoza | | IM- 83 | 42:50 | 4:17 | 42:05 | 21:50 | 9:47 | Bertamirans (Ames) | Independiente |
| 382 | 897 | Berta Seoane Casanova | F- 13 | HF- 2 | 42:51 | 4:17 | 42:27 | 21:22 | 10:02 | Lugo | Independiente |
| 383 | 177 | Marcos Gandoy Pérez | | HM- 79 | 42:51 | 4:17 | 41:58 | 21:25 | 9:56 | Sigrás-Cambre | Independiente |
| 384 | 282 | Marco Antonio Carballado Salgado | | GM- 53 | 42:52 | 4:17 | 42:16 | 21:34 | 9:57 | Lugo | Independiente |
| 385 | 907 | Omar Grandío García | | EM- 21 | 42:53 | 4:17 | 42:50 | 21:09 | 10:10 | Lugo | Independiente |
| 386 | 309 | Ramón Vila Paz | | JM- 60 | 42:53 | 4:17 | 42:29 | 21:10 | 10:14 | Lugo | Independiente |
| 387 | 194 | Juan José Yáñez Pico | | IM- 84 | 42:54 | 4:17 | 42:35 | 22:00 | 9:31 | Arteixo | Independiente |
| 388 | 816 | Carlos Román López | | IM- 85 | 42:55 | 4:17 | 42:39 | 21:07 | 10:14 | Lugo | Independiente |
| 389 | 993 | Rubén Reigada Seijo | | HM- 80 | 42:58 | 4:18 | 42:31 | 21:52 | 9:53 | Lugo | Independiente |
| 390 | 73 | José Ansede Díaz | | HM- 81 | 42:58 | 4:18 | 42:06 | 21:52 | 9:52 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netor | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|--------------------------------|----|--------|---------|----------|---------|-------|-----------|------------------------|------------------------------|
| 391 | 1073 | Antonio Abuín Fernández | | HM- 82 | 42:59 | 4:18 | 42:04 | 22:09 | 9:43 | Kugo | Independiente |
| 392 | 319 | Víctor Manuel Villaverde Mirás | | IM- 86 | 43:01 | 4:18 | 42:23 | 21:00 | 10:18 | Noia | Independiente |
| 393 | 787 | Bruno Fernández Díaz | | FM- 27 | 43:06 | 4:19 | 42:06 | 22:05 | 9:40 | Lugo | Independiente |
| 394 | 613 | Juan Luis Botana Mosquera | | GM- 54 | 43:06 | 4:19 | 42:24 | 21:57 | 9:54 | Oroso | Independiente |
| 395 | 188 | Ángel Núñez Vázquez | | HM- 83 | 43:07 | 4:19 | 42:49 | 21:15 | 10:12 | Cacabelos | Independiente |
| 396 | 940 | José Rial Pais | | LM- 14 | 43:07 | 4:19 | 42:54 | 21:28 | 10:11 | Celanova | Pato Blanco Celanova |
| 397 | 1241 | Ramón Lameiro Poupariña | | FM- 28 | 43:08 | 4:19 | 42:57 | 20:57 | 10:26 | Vilalba | Independiente |
| 398 | 843 | Edorta López Suárez | | HM- 84 | 43:09 | 4:19 | 42:17 | 22:11 | 9:45 | As Neves | Independiente |
| 399 | 909 | Juan Carlos López Pérez | | IM- 87 | 43:10 | 4:19 | 42:29 | 21:30 | 10:09 | Pobra Do Brollon | Independiente |
| 400 | 119 | Ramiro Amigo González | | HM- 86 | 43:11 | 4:19 | 42:57 | 21:11 | 10:14 | Becerreá | Independiente |
| 401 | 1100 | Oscar Salvado Sanmiguel | | HM- 85 | 43:11 | 4:19 | 42:51 | 21:13 | 10:09 | Ames | Independiente |
| 402 | 977 | Anxo Romero Baleirón | | IM- 88 | 43:11 | 4:19 | 42:55 | 21:06 | 10:22 | Santiago de Compostela | Independiente |
| 403 | 861 | José Luis García Domínguez | | IM- 89 | 43:13 | 4:19 | 42:19 | 21:39 | 10:04 | A Coruña | Independiente |
| 404 | 226 | Víctor Rey Martínez | | GM- 55 | 43:17 | 4:20 | 42:39 | 21:38 | 10:11 | Lugo | Independiente |
| 405 | 143 | Enrique Bouzas Sal | | KM- 32 | 43:19 | 4:20 | 42:11 | 21:56 | 10:03 | Leon | Independiente |
| 406 | 952 | Francisco Fernández Arufe | | KM- 33 | 43:20 | 4:20 | 42:57 | 21:35 | 10:20 | Noia | Independiente |
| 407 | 899 | José Antonio Formoso González | | JM- 61 | 43:20 | 4:20 | 42:46 | 21:49 | 10:03 | Ourense | Independiente |
| 408 | 775 | Juan Vallepuga Espinosa | | IM- 90 | 43:21 | 4:20 | 42:50 | 21:45 | 9:55 | Lugo | Independiente |
| 409 | 170 | Marcos Pérez Rodríguez | | KM- 34 | 43:21 | 4:20 | 42:52 | 21:38 | 10:13 | Lugo | Independiente |
| 410 | 937 | Manuel Todea González | | IM- 91 | 43:21 | 4:20 | 42:37 | 22:05 | 9:50 | Celanova | Pato Blanco Celanova |
| 411 | 220 | Julio González López | | MM- 7 | 43:23 | 4:20 | 43:13 | 21:16 | 10:17 | Lugo | Promocións Abuin e Escolante |
| 412 | 437 | Félix Manuel Hernández Lozano | | IM- 92 | 43:23 | 4:20 | 42:30 | 22:09 | 9:56 | Culleredo | Cimans Coruña Comarca |
| 413 | 561 | Pablo Pena Holguín | | FM- 29 | 43:24 | 4:20 | 42:27 | 21:44 | 10:20 | Lugo | Independiente |
| 414 | 649 | Manuel Rodríguez Vaamonde | | GM- 56 | 43:24 | 4:20 | 42:20 | 22:11 | 9:57 | Santiago de Compostela | Independiente |
| 415 | 994 | Javier Rego Romay | | GM- 57 | 43:25 | 4:20 | 43:14 | 20:39 | 11:04 | Lugo | Independiente |
| 416 | 1019 | Manuel Luis Torrón Puga | | IM- 93 | 43:25 | 4:20 | 43:16 | 21:17 | 10:22 | Lugo | Independiente |
| 417 | 1220 | Alejandro Novo Vázquez | | KM- 35 | 43:25 | 4:20 | 42:57 | 21:46 | 10:03 | Lugo | Club Fluvial Lugo |
| 418 | 37 | José María Rodríguez Piñeira | | JM- 62 | 43:26 | 4:21 | 42:48 | 21:44 | 10:05 | Lugo | Independiente |
| 419 | 329 | Ramón Saqués López | | IM- 94 | 43:26 | 4:21 | 42:41 | 21:55 | 9:59 | Lugo | Independiente |
| 420 | 86 | Alfonso Pérez Sanfiz | | HM- 87 | 43:26 | 4:21 | 43:00 | 21:55 | 9:55 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netor | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-------------------------------|-------|---------|---------|----------|---------|-------|-----------|-------------------------|--------------------------------|
| 421 | 154 | Víctor Manuel Santos Suárez | | IM- 95 | 43:26 | 4:21 | 42:44 | 21:48 | 10:11 | Laxe | Independiente |
| 422 | 229 | Manuel Varela Rivera | | EM- 22 | 43:28 | 4:21 | 43:07 | 21:02 | 10:31 | Lugo | A Roelo |
| 423 | 718 | Pamela Rodríguez Milazzo | F- 14 | HF- 3 | 43:29 | 4:21 | 43:13 | 21:16 | 10:21 | Betanzos | C.A. As Mariñas-Betanzos |
| 424 | 391 | Juan Manuel Mayo Romero | | KM- 36 | 43:29 | 4:21 | 42:38 | 21:52 | 10:06 | Lugo | Independiente |
| 425 | 520 | Manuel Lorenzo Ledo | | GM- 58 | 43:30 | 4:21 | 43:10 | 21:57 | 10:07 | Lugo | Independiente |
| 426 | 813 | David Ramos Espada | | HM- 88 | 43:30 | 4:21 | 43:20 | 21:15 | 10:26 | Ponferrada | Independiente |
| 427 | 519 | Gustavo Freire Sexto | | GM- 59 | 43:31 | 4:21 | 43:10 | 21:58 | 10:07 | Santiago | Independiente |
| 428 | 1028 | Manuel Rodríguez Rodríguez | | LM- 15 | 43:31 | 4:21 | 43:09 | 21:21 | 10:15 | Lalín | Club Atletismo Deza |
| 429 | 752 | Fernando Antonio Rugero Gomar | | IM- 96 | 43:32 | 4:21 | 43:14 | 21:24 | 10:11 | Villaverde de La Abadía | Independiente |
| 430 | 243 | Eliseo López Río | | LM- 16 | 43:33 | 4:21 | 43:08 | 21:53 | 10:08 | Cambre | C.D. Egozarros-Viveiro |
| 431 | 978 | Javier Casares Cabanas | | IM- 97 | 43:35 | 4:21 | 43:18 | 21:25 | 10:23 | Teo | Independiente |
| 432 | 305 | José Bernardo Ginzo Veiga | | GM- 60 | 43:35 | 4:21 | 42:46 | 21:43 | 10:19 | Ribadeo | Independiente |
| 433 | 824 | Francisco José Amor Martínez | | KM- 37 | 43:36 | 4:22 | 43:22 | 21:11 | 10:33 | Navia | Club Atletismo Occidente Navia |
| 434 | 579 | José Luis Alonso Veiga | | KM- 38 | 43:36 | 4:22 | 42:56 | 21:46 | 10:24 | Paderne | Independiente |
| 435 | 1160 | Sergio Lorenzana Bargeiras | | GM- 61 | 43:38 | 4:22 | 42:49 | 23:14 | 9:33 | Lugo | Independiente |
| 436 | 1057 | Evaristo García Martínez | | IM- 98 | 43:39 | 4:22 | 43:28 | 21:36 | 10:21 | Teo | Independiente |
| 437 | 348 | José Manuel Insua Insua | | JM- 63 | 43:40 | 4:22 | 43:04 | 22:06 | 9:51 | Noia | Independiente |
| 438 | 21 | Paulo Da Rocha Catarino | | JM- 64 | 43:40 | 4:22 | 42:58 | 21:55 | 10:07 | Ares | Independiente |
| 439 | 1121 | Rubén Gómez Martín | | GM- 62 | 43:42 | 4:22 | 42:46 | 22:32 | 9:49 | Vigo | Independiente |
| 440 | 1199 | Jorge Enrique López Armesto | | IM- 99 | 43:44 | 4:22 | 43:32 | 20:43 | 10:54 | Lugo | Promocións Abuin e Escolante |
| 441 | 433 | José Pérez Pérez | | KM- 39 | 43:45 | 4:22 | 42:37 | 22:14 | 10:06 | Trobajo del Camino | Sprint Leon |
| 442 | 514 | Rubén Bayón Sánchez | | GM- 63 | 43:46 | 4:23 | 42:36 | 22:14 | 10:08 | León | Independiente |
| 443 | 791 | Pilar Caínzos Pan | F- 15 | JF- 3 | 43:46 | 4:23 | 43:22 | 21:34 | 10:24 | Oleiros | Independiente |
| 444 | 264 | Blas Rodríguez Vázquez | | JM- 65 | 43:46 | 4:23 | 43:21 | 21:36 | 10:23 | Oleiros | Independiente |
| 445 | 538 | Enrique López Patricio | | LM- 17 | 43:46 | 4:23 | 43:15 | 21:22 | 10:47 | Vilaboa | Independiente |
| 446 | 92 | Ángel José Herrán Calvo | | IM- 100 | 43:46 | 4:23 | 43:06 | 21:55 | 10:19 | Lugo | Peñalcorcho |
| 447 | 768 | Ana María Vázquez Expósito | F- 16 | IF- 2 | 43:46 | 4:23 | 43:33 | 21:52 | 10:13 | Lugo | Independiente |
| 448 | 407 | Javier Ángel Gómez Arias | | HM- 89 | 43:48 | 4:23 | 43:31 | 22:06 | 10:03 | Lugo | Independiente |
| 449 | 311 | José Manuel Pérez Rodríguez | | KM- 40 | 43:48 | 4:23 | 43:05 | 21:55 | 10:15 | Punxin | Independiente |
| 450 | 620 | Ángel Gómez Rodríguez | | HM- 90 | 43:48 | 4:23 | 43:26 | 21:59 | 10:16 | Arteixo | Independiente |

V Carreira Popular
10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|------------------------------|-------|---------|---------|----------|---------|-------|-----------|------------------------|--------------------------------|
| 451 | 1063 | Ricardo Vieites Blanco | | JM- 66 | 43:48 | 4:23 | 42:49 | 22:17 | 10:00 | A Pobra de Trives | A.D.A.S. |
| 452 | 459 | Ángel José Rodríguez Otero | | JM- 67 | 43:48 | 4:23 | 43:22 | 20:50 | 10:46 | Lugo | Independiente |
| 453 | 524 | Xosé Castro Vega | | HM- 91 | 43:49 | 4:23 | 43:29 | 21:41 | 10:23 | Riotorto | Independiente |
| 454 | 569 | Julio Suárez Vázquez | | LM- 18 | 43:49 | 4:23 | 43:26 | 21:54 | 10:22 | A Coruña | Independiente |
| 455 | 1313 | Marcos Lodeiro López | | HM- 92 | 43:50 | 4:23 | 43:02 | 22:07 | 10:01 | A Coruña | Independiente |
| 456 | 359 | Julio Corredoira Corredoira | | IM- 101 | 43:51 | 4:23 | 43:08 | 22:38 | 9:53 | Lugo | Independiente |
| 457 | 442 | José Ramón Candal Miranda | | JM- 68 | 43:52 | 4:23 | 43:31 | 22:10 | 10:06 | Lugo | Independiente |
| 458 | 353 | José Manuel Rodríguez Robles | | IM- 102 | 43:52 | 4:23 | 43:18 | 22:06 | 10:15 | Noia | Independiente |
| 459 | 33 | Humberto Corral Bóveda | | JM- 69 | 43:53 | 4:23 | 43:15 | 21:44 | 10:25 | Lugo | Independiente |
| 460 | 230 | Álvaro Fernández Rial | | HM- 93 | 43:54 | 4:23 | 43:02 | 22:04 | 10:12 | Lugo | Independiente |
| 461 | 1050 | Vladimiro García Ruiz | | HM- 94 | 43:54 | 4:23 | 43:11 | 22:38 | 9:54 | Lugo | Independiente |
| 462 | 1014 | Ricardo Verde Piñeiro | | HM- 95 | 43:55 | 4:23 | 43:25 | 21:48 | 10:26 | Bueu | Independiente |
| 463 | 627 | Manuel Vázquez Iglesias | | IM- 103 | 43:56 | 4:24 | 43:30 | 21:53 | 10:32 | Cambre | Cimans Coruña Comarca |
| 464 | 438 | Tito Diéguez Sánchez | | JM- 70 | 43:56 | 4:24 | 43:44 | 21:14 | 10:31 | Lugo | Franciscanos-Vexel |
| 465 | 763 | Pablo Fernández Vázquez | | GM- 64 | 43:56 | 4:24 | 43:21 | 21:14 | 10:31 | O Bolo | Independiente |
| 466 | 552 | Alejandro Lamela Arias | | IM- 104 | 43:56 | 4:24 | 42:53 | 22:47 | 9:41 | Lugo | Independiente |
| 467 | 806 | José Antonio Casanova Pérez | | LM- 19 | 43:57 | 4:24 | 43:25 | 22:08 | 10:08 | Monforte de Lemos | Independiente |
| 468 | 1006 | Alba Cuba Dorado | F- 17 | EF- 3 | 43:57 | 4:24 | 43:49 | 21:03 | 10:31 | Lugo | Fefeme Triatlón |
| 469 | 397 | Santiago Riestra González | | IM- 105 | 43:57 | 4:24 | 43:45 | 21:10 | 10:43 | Culleredo | Independiente |
| 470 | 439 | Agustín Merino García | | JM- 71 | 43:57 | 4:24 | 43:53 | 21:43 | 10:25 | Lugo | Independiente |
| 471 | 700 | Roberto Crespo Conde | | MM- 8 | 43:57 | 4:24 | 43:41 | 21:45 | 10:27 | Santiago de Compostela | At. Milla de Ouro-Viaxes Canoa |
| 472 | 1119 | Francisco Paz López | | LM- 20 | 43:58 | 4:24 | 43:29 | 21:44 | 10:32 | Miño | Amigos Do Percebe |
| 473 | 200 | Juan Borrego Varela | | JM- 72 | 43:58 | 4:24 | 43:27 | 22:05 | 10:04 | Lugo | Independiente |
| 474 | 931 | Oscar López Villamor | | HM- 96 | 43:59 | 4:24 | 43:46 | 21:36 | 10:37 | Lugo | Independiente |
| 475 | 204 | Pedro Teijeiro Pena | | JM- 73 | 43:59 | 4:24 | 43:42 | 21:45 | 10:23 | Lugo | Atletica Muralla |
| 476 | 584 | Miguel Ángel Calvo Temprano | | HM- 97 | 44:00 | 4:24 | 43:02 | 22:08 | 10:14 | Gijon | Independiente |
| 477 | 891 | Jesús Bouzas Otero | | MM- 9 | 44:00 | 4:24 | 43:36 | 21:43 | 10:36 | Lugo | Promocións Abuin e Escolante |
| 478 | 760 | Iván Vázquez Feijoo | | GM- 65 | 44:01 | 4:24 | 43:48 | 21:34 | 10:31 | Lugo | Independiente |
| 479 | 120 | Carlos Deiros Díaz | | IM- 106 | 44:03 | 4:24 | 43:50 | 21:37 | 10:30 | Becerreá | Independiente |
| 480 | 799 | José Ángel Otero Rey | | JM- 74 | 44:05 | 4:24 | 43:22 | 21:59 | 10:10 | Oza dos Rios | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|--------------------------------|-------|---------|---------|----------|---------|-------|-----------|------------------------|-------------------------|
| 481 | 131 | Oscar Luis López López | | HM- 98 | 44:05 | 4:24 | 44:01 | 22:07 | 10:12 | Lugo | Independiente |
| 482 | 365 | Miguel Carballo González | | IM- 107 | 44:06 | 4:25 | 43:09 | 22:50 | 9:42 | Pereiro de Aguiar | Atletas Da Baixa Limia |
| 483 | 916 | Antonio José Díaz Atanes | | GM- 66 | 44:08 | 4:25 | 43:40 | 22:07 | 10:22 | Ourense | Independiente |
| 484 | 198 | Pedro Villar Pardo | | HM- 99 | 44:09 | 4:25 | 43:24 | 22:44 | 9:59 | Lugo | Independiente |
| 485 | 682 | Iban Rama Álvarez del Ron | | HM- 100 | 44:09 | 4:25 | 43:12 | 22:08 | 10:20 | Gijon | Independiente |
| 486 | 1134 | Noel Rodríguez Pérez | | GM- 67 | 44:10 | 4:25 | 44:05 | 21:28 | 10:45 | Lugo | Independiente |
| 487 | 84 | Ángel Sánchez Plaza | | HM- 101 | 44:11 | 4:25 | 43:10 | 22:15 | 10:16 | Lugo | Independiente |
| 488 | 1052 | Emilio Fernández Fernández | | IM- 108 | 44:13 | 4:25 | 43:55 | 21:43 | 10:40 | A Coruña | Independiente |
| 489 | 771 | Manuel Mourellos Basadre | | JM- 75 | 44:14 | 4:25 | 43:19 | 22:43 | 10:09 | Lugo | Independiente |
| 490 | 330 | Luís Vila Arias | | HM- 102 | 44:15 | 4:25 | 43:10 | 22:46 | 9:56 | Lugo | Independiente |
| 491 | 1103 | Jesús Rivas Prado | | GM- 68 | 44:16 | 4:26 | 43:21 | 22:08 | 10:29 | Lugo | Independiente |
| 492 | 45 | Carlos Penedo Casmartiño | | KM- 41 | 44:17 | 4:26 | 43:27 | 22:32 | 10:04 | A Coruña | Independiente |
| 493 | 734 | Gabriel Budiño Vázquez | | JM- 76 | 44:17 | 4:26 | 43:25 | 22:32 | 10:07 | Santiago | Correrengalicia.org |
| 494 | 248 | Eduardo Ramos Balseiro | | KM- 42 | 44:17 | 4:26 | 44:03 | 21:47 | 10:30 | Viveiro | C.D. Egovarros-Viveiro |
| 495 | 237 | Juan José Rego González | | KM- 43 | 44:18 | 4:26 | 43:13 | 22:11 | 10:27 | Foz | Independiente |
| 496 | 890 | José Isidro Iñiguez Maciñeiras | | LM- 21 | 44:19 | 4:26 | 43:56 | 22:04 | 10:24 | Lugo | Independiente |
| 497 | 417 | Raúl Pérez Tato | | FM- 30 | 44:20 | 4:26 | 43:46 | 21:41 | 10:32 | Lugo | Independiente |
| 498 | 1143 | Daniel Trigo Oroza | | EM- 23 | 44:23 | 4:26 | 43:19 | 22:08 | 10:17 | Viveiro | A.D.San Roque Viveiro |
| 499 | 846 | Juan López Louro | | IM- 109 | 44:24 | 4:26 | 43:18 | 22:42 | 10:08 | Portas | Independiente |
| 500 | 323 | Antonio Torre Mejía | | LM- 22 | 44:27 | 4:27 | 43:49 | 21:56 | 10:47 | Lugo | Franciscanos-Verxel |
| 501 | 174 | Teresa Corral Marcos | F- 18 | JF- 4 | 44:28 | 4:27 | 44:12 | 21:45 | 10:45 | Lugo | Club Fluvial Lugo |
| 502 | 1262 | Nohemí Freijo Díaz | F- 19 | GF- 6 | 44:28 | 4:27 | 43:58 | 22:01 | 10:32 | Lugo | Independiente |
| 503 | 1045 | Mario Martínez Díaz | | FM- 31 | 44:30 | 4:27 | 44:11 | 21:46 | 10:45 | Fontoria | A.D. Vega de Espinareda |
| 504 | 367 | José David Fernández Leiva | | IM- 110 | 44:31 | 4:27 | 43:42 | 22:23 | 10:26 | Santiago de Compostela | Independiente |
| 505 | 474 | Jesús Piñeiro Ceide | | KM- 44 | 44:33 | 4:27 | 44:13 | 21:51 | 10:37 | Lugo | Independiente |
| 506 | 1181 | Gonzalo Couceiro Sánchez | | IM- 111 | 44:33 | 4:27 | 44:01 | 22:51 | 10:07 | A Corveira-Culleredo | Independiente |
| 507 | 707 | Anxo Fernández Díaz | | JM- 77 | 44:34 | 4:27 | 43:55 | 22:01 | 10:36 | Ourense | Independiente |
| 508 | 910 | Ángel García García | | KM- 45 | 44:34 | 4:27 | 43:51 | 22:19 | 10:18 | Ponferrada | C.D. Peñambolias |
| 509 | 161 | Josep Navarro Olmos | | KM- 46 | 44:35 | 4:27 | 43:55 | 22:01 | 10:42 | Ribeira | Independiente |
| 510 | 306 | Sebastián Pacheco Felpeto | | GM- 69 | 44:38 | 4:28 | 43:57 | 22:23 | 10:29 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|------------------------------|-------|---------|---------|----------|---------|-------|-----------|------------------------|------------------------------|
| 511 | 1090 | Javier Pérez Calviño | | GM- 70 | 44:40 | 4:28 | 43:50 | 22:32 | 10:14 | Cartelle | Independiente |
| 512 | 526 | Antón Lois Fernández Álvarez | | HM- 103 | 44:40 | 4:28 | 43:43 | 22:50 | 10:09 | Lobeira | Atletas Da Baixa Limia |
| 513 | 484 | José Ángel Piñeiro Díaz | | HM- 104 | 44:41 | 4:28 | 44:22 | 21:35 | 10:51 | Lugo | Club de Comunicaciones |
| 514 | 709 | Jesús Paraños Pardo | | LM- 23 | 44:42 | 4:28 | 44:14 | 22:05 | 10:32 | Lugo | Independiente |
| 515 | 1269 | Xosé Lois Leal Gaute | | IM- 112 | 44:43 | 4:28 | 44:16 | 21:48 | 10:45 | Lugo | Independiente |
| 516 | 812 | Pablo Sánchez Vázquez | | JM- 78 | 44:44 | 4:28 | 44:26 | 22:51 | 10:11 | Lugo | Independiente |
| 517 | 518 | Fernando Bianchi Bustillo | | IM- 113 | 44:44 | 4:28 | 44:01 | 21:55 | 10:45 | Ourense | Independiente |
| 518 | 565 | José Vicente Guzmán Ares | | HM- 105 | 44:46 | 4:29 | 43:51 | 22:33 | 10:29 | Santiago de Compostela | Independiente |
| 519 | 788 | Juan Bosco Casal Rodríguez | | HM- 106 | 44:48 | 4:29 | 44:30 | 21:39 | 11:04 | Lugo | Independiente |
| 520 | 1233 | Ricardo Rosado Saavedra | | IM- 114 | 44:49 | 4:29 | 44:11 | 21:48 | 10:51 | Lugo | Independiente |
| 521 | 996 | Alberto Toiran Castedo | | JM- 79 | 44:49 | 4:29 | 44:27 | 21:57 | 10:36 | Lugo | Independiente |
| 522 | 583 | José Luis Extremeiro Varela | | IM- 115 | 44:51 | 4:29 | 44:32 | 21:41 | 10:58 | Lugo | Independiente |
| 523 | 1060 | Lorenzo Campos Sánchez | | GM- 71 | 44:52 | 4:29 | 44:30 | 21:37 | 11:16 | Lugo | Independiente |
| 524 | 440 | Álvaro Barros Araújo | | HM- 107 | 44:53 | 4:29 | 43:59 | 22:03 | 10:43 | Vigo | Independiente |
| 525 | 893 | Germán Salgado Velasco | | LM- 24 | 44:53 | 4:29 | 44:09 | 22:23 | 10:32 | Ponferrada | C.D. Peñambolias |
| 526 | 936 | José Ramón Vázquez González | | KM- 47 | 44:54 | 4:29 | 44:12 | 23:13 | 10:04 | Noia | Pato Blanco Celanova |
| 527 | 1065 | Ángel Dono Santín | | LM- 25 | 44:56 | 4:30 | 44:50 | 22:18 | 10:38 | Lugo | Independiente |
| 528 | 423 | Luisa Ignacia Ibáñez Martín | F- 20 | IF- 3 | 44:57 | 4:30 | 44:27 | 22:06 | 10:42 | Lugo | Anigasa Championship Muralla |
| 529 | 1042 | Fernando Desousa Fernández | | GM- 72 | 44:57 | 4:30 | 44:35 | 21:53 | 10:46 | Fabero | A.D. Vega de Espinareda |
| 530 | 280 | Rafa Vázquez García | | IM- 116 | 44:57 | 4:30 | 44:10 | 22:28 | 10:27 | Santiago de Compostela | Independiente |
| 531 | 1273 | Ricardo López Mosquera | | KM- 48 | 44:58 | 4:30 | 44:32 | 22:23 | 10:37 | Lugo | Independiente |
| 532 | 1138 | Felipe Martínez Mera | | GM- 73 | 44:59 | 4:30 | 44:44 | 22:23 | 10:34 | Viveiro | A.D.San Roque Viveiro |
| 533 | 185 | Alberto Sánchez Castro | | HM- 108 | 44:59 | 4:30 | 44:37 | 22:17 | 10:35 | Arteixo | Independiente |
| 534 | 266 | M. Alberto Fernández Fraga | | JM- 80 | 45:00 | 4:30 | 44:28 | 22:18 | 10:38 | Lugo | Independiente |
| 535 | 783 | Oscar Blanco Lorenzo | | HM- 109 | 45:00 | 4:30 | 44:35 | 22:45 | 10:24 | Lugo | Independiente |
| 536 | 199 | Francisco Ulloa Prado | | IM- 118 | 45:00 | 4:30 | 44:17 | 22:44 | 10:36 | Lugo | Independiente |
| 537 | 754 | Juan Carlos Abuín Vila | | IM- 117 | 45:00 | 4:30 | 44:26 | 22:44 | 10:23 | Lugo | Independiente |
| 538 | 598 | José Enrique Fidalgo Vila | | HM- 110 | 45:01 | 4:30 | 44:47 | 23:13 | 9:37 | Lugo | Club Fluvial Lugo |
| 539 | 906 | Marcial Folgueira Abreira | | LM- 26 | 45:04 | 4:30 | 44:13 | 22:57 | 10:19 | Lugo | Independiente |
| 540 | 324 | Roberto Lagarón Rodríguez | | HM- 111 | 45:06 | 4:31 | 44:21 | 22:46 | 10:13 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|--------------------------------|-------|---------|---------|----------|---------|-------|-----------|-------------------|--------------------------------|
| 541 | 869 | José Sanmiguel Pérez | | HM- 112 | 45:06 | 4:31 | 44:34 | 22:29 | 10:32 | Lugo | Independiente |
| 542 | 1193 | Carlos J. López Díaz | | HM- 113 | 45:08 | 4:31 | 44:24 | 22:42 | 10:27 | Lugo | Independiente |
| 543 | 36 | Alfredo Corral Bóveda | | LM- 27 | 45:08 | 4:31 | 44:31 | 22:24 | 10:45 | Chantada | Independiente |
| 544 | 1238 | Fco Javier Platas Ferreiro | | IM- 119 | 45:09 | 4:31 | 44:55 | 22:25 | 10:39 | Lugo | Independiente |
| 545 | 352 | Segundo López Hermo | | JM- 81 | 45:10 | 4:31 | 44:35 | 22:09 | 10:43 | Noia | Independiente |
| 546 | 268 | José Manuel Avendaño García | | KM- 49 | 45:11 | 4:31 | 44:59 | 22:35 | 10:24 | Vigo | Independiente |
| 547 | 951 | Hipólito Liñayo Campos | | IM- 120 | 45:13 | 4:31 | 44:48 | 22:14 | 10:51 | Noia | Independiente |
| 548 | 729 | Antonio García Couce | | KM- 50 | 45:18 | 4:32 | 44:34 | 22:29 | 10:53 | Ferrol | Independiente |
| 549 | 930 | Julio Armando Maside Bande | | IM- 121 | 45:19 | 4:32 | 44:38 | 23:07 | 10:12 | Teo | Independiente |
| 550 | 1108 | Gerardo Álvarez Fernández | | EM- 24 | 45:19 | 4:32 | 44:32 | 23:23 | 9:55 | Ribeira de Piquin | A.D. Ribeira |
| 551 | 121 | José Luis Beltrán Mara | | IM- 122 | 45:20 | 4:32 | 44:26 | 23:12 | 10:10 | Milladoiro | Correrengalicia.org |
| 552 | 1151 | Juan Carlos Gómez Pérez | | JM- 82 | 45:22 | 4:32 | 44:37 | 23:08 | 10:13 | Ameneiro-Teo | Independiente |
| 553 | 819 | Manuel Fernández Villanueva | | KM- 51 | 45:22 | 4:32 | 44:29 | 22:33 | 10:37 | Navia | Club Atletismo Occidente Navia |
| 554 | 926 | Oscar Antonio Martínez Diéguez | | HM- 114 | 45:22 | 4:32 | 44:56 | 22:01 | 10:56 | Milladoiro-Ames | Independiente |
| 555 | 1110 | José Luis Pin Fernández | | EM- 25 | 45:23 | 4:32 | 44:33 | 23:00 | 10:25 | Ribeira de Piquin | A.D. Ribeira |
| 556 | 632 | Manuel Molinero Galdón | | KM- 52 | 45:25 | 4:32 | 44:57 | 22:53 | 10:22 | Vega | A.D. Vega de Espinareda |
| 557 | 27 | Jesús Rey Pardal | | IM- 123 | 45:26 | 4:33 | 44:49 | 22:48 | 10:29 | Pontecesures | Independiente |
| 558 | 116 | Abel Amigo Digón | | JM- 83 | 45:26 | 4:33 | 45:08 | 22:05 | 10:58 | Becerreá | Independiente |
| 559 | 372 | Ricardo Otero Quintana | | HM- 115 | 45:27 | 4:33 | 44:28 | 22:27 | 10:46 | Pontevedra | Independiente |
| 560 | 1001 | José Besteiro Gayoso | | IM- 124 | 45:27 | 4:33 | 44:56 | 22:43 | 10:38 | Lugo | Independiente |
| 561 | 883 | Iván José Lurigados Llamazares | | GM- 74 | 45:27 | 4:33 | 44:32 | 23:46 | 10:09 | Lugo | Independiente |
| 562 | 517 | Manuel Duro González | | GM- 75 | 45:28 | 4:33 | 44:37 | 21:59 | 10:29 | A Coruña | Independiente |
| 563 | 1017 | Víctor Monserrat Prats | | IM- 125 | 45:29 | 4:33 | 45:21 | 21:47 | 11:17 | Monforte de Lemos | Independiente |
| 564 | 970 | José Rodríguez Iglesias | | HM- 116 | 45:29 | 4:33 | 44:40 | 22:46 | 10:44 | A Coruña | Independiente |
| 565 | 1194 | Juan José Ortega Ortega | | HM- 117 | 45:29 | 4:33 | 44:43 | 22:42 | 10:34 | Lugo | Independiente |
| 566 | 1191 | Alberto Felipe Fernández | | FM- 32 | 45:30 | 4:33 | 44:29 | 23:15 | 10:16 | Lugo | Independiente |
| 567 | 1062 | Albino Rodríguez Rodríguez | | KM- 53 | 45:31 | 4:33 | 44:35 | 22:31 | 10:52 | A Pobra de Trives | Independiente |
| 568 | 101 | María Yolanda Gutiérrez Robles | F- 21 | FF- 2 | 45:33 | 4:33 | 44:46 | 22:23 | 10:45 | Teo | Independiente |
| 569 | 739 | Manuel Valcárcel Lastra | | MM- 10 | 45:35 | 4:33 | 45:25 | 22:38 | 10:33 | A Pontenova | Independiente |
| 570 | 1229 | Adrián Arias Núñez | | FM- 33 | 45:38 | 4:34 | 44:41 | 23:19 | 10:28 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-------------------------------|-------|---------|---------|----------|---------|-------|-----------|------------------------|------------------------|
| 571 | 732 | Marcos Diéguez Ares | | IM- 126 | 45:38 | 4:34 | 45:13 | 21:38 | 11:33 | Santiago de Compostela | Independiente |
| 572 | 1255 | Diego Gorgoso Prado | | EM- 26 | 45:40 | 4:34 | 45:10 | 21:55 | 11:00 | Lu | Independiente |
| 573 | 1315 | Francisco Javier Núñez Aguado | | IM- 127 | 45:40 | 4:34 | 45:17 | 21:47 | 11:26 | Lugo | Independiente |
| 574 | 794 | José Maria Paniagua Álvarez | | KM- 54 | 45:41 | 4:34 | 45:28 | 22:24 | 11:04 | Oleiros | Independiente |
| 575 | 880 | Alberto Luis Iglesias Castro | | KM- 55 | 45:42 | 4:34 | 45:03 | 22:20 | 11:05 | Lugo | Independiente |
| 576 | 798 | Roberto Varela Urrutia | | KM- 56 | 45:43 | 4:34 | 45:16 | 22:25 | 11:05 | Santa Cruz-Oleiros | Independiente |
| 577 | 560 | Ignacio José Cacharrón Prieto | | JM- 84 | 45:44 | 4:34 | 45:06 | 22:43 | 10:52 | Lugo | Franciscanos-Verxel |
| 578 | 207 | Guillermo Concheiro Fernández | | KM- 57 | 45:45 | 4:34 | 44:36 | 23:49 | 10:08 | Carral | Independiente |
| 579 | 273 | José Manuel Sánchez Loureda | | JM- 85 | 45:45 | 4:34 | 45:05 | 23:13 | 10:28 | Arteixo | Independiente |
| 580 | 244 | Fermín Pan Otero | | KM- 58 | 45:46 | 4:35 | 45:09 | 22:54 | 10:35 | Coruña | C.D. Egozarros-Viveiro |
| 581 | 405 | Jorge Míguez Prieto | | GM- 76 | 45:46 | 4:35 | 45:25 | 22:29 | 10:55 | Villafranca del Bierzo | Independiente |
| 582 | 168 | Iñigo Fernández Laguna | | EM- 27 | 45:46 | 4:35 | 45:20 | 23:10 | 10:37 | Coruña | Cimans Coruña Comarca |
| 583 | 146 | José Maria Levoso Touceda | | IM- 128 | 45:47 | 4:35 | 44:56 | 22:51 | 10:48 | A Coruña | Independiente |
| 584 | 1292 | Fernando Rodríguez Fernández | | JM- 86 | 45:48 | 4:35 | 45:34 | 22:01 | 11:12 | Lugo | Independiente |
| 585 | 149 | Juan Antonio Díaz Veiga | | IM- 129 | 45:48 | 4:35 | 45:11 | 22:21 | 11:00 | Lugo | Franciscanos-Verxel |
| 586 | 208 | Andrés Flórez Pérez | | FM- 34 | 45:49 | 4:35 | 44:50 | 25:14 | 9:34 | La Coruña | Cimans Coruña Comarca |
| 587 | 717 | Jesús Riveras Fernández | | HM- 118 | 45:50 | 4:35 | 45:00 | 23:02 | 10:31 | Lugo | Independiente |
| 588 | 171 | Oscar Pardo Gómez | | GM- 77 | 45:50 | 4:35 | 45:14 | 22:30 | 11:07 | Lugo | Independiente |
| 589 | 249 | Adolfo Rumbo Rey | | KM- 59 | 45:50 | 4:35 | 45:21 | 22:51 | 10:35 | A Coruña | C.D. Egozarros-Viveiro |
| 590 | 714 | Pilar Domínguez Pereira | F- 22 | IF- 4 | 45:52 | 4:35 | 45:05 | 23:03 | 10:36 | Lugo | Independiente |
| 591 | 414 | Isaac Álvarez Velasco | | KM- 60 | 45:53 | 4:35 | 45:07 | 22:46 | 10:49 | Toreno | Independiente |
| 592 | 578 | José Antonio Ricoy Bugarín | | IM- 130 | 45:53 | 4:35 | 45:15 | 22:52 | 10:54 | Pontevedra | Independiente |
| 593 | 730 | Candido Villaverde Otero | | IM- 131 | 45:53 | 4:35 | 45:15 | 22:52 | 10:54 | Sanxenxo | Independiente |
| 594 | 725 | Mele Corbelle Mejuto | | JM- 87 | 45:53 | 4:35 | 45:17 | 22:57 | 10:49 | Rábade | Independiente |
| 595 | 1223 | Julio García Carral | | IM- 132 | 45:53 | 4:35 | 45:20 | 22:57 | 10:50 | Lugo | Independiente |
| 596 | 945 | Miguel Ángel González Congil | | IM- 133 | 45:54 | 4:35 | 45:08 | 23:13 | 10:33 | Celanova | Independiente |
| 597 | 976 | Julio Peinado Zarco | | JM- 88 | 45:54 | 4:35 | 45:27 | 22:59 | 10:41 | A Coruna | Independiente |
| 598 | 444 | Raúl Modia López | | EM- 28 | 45:55 | 4:35 | 44:57 | 23:19 | 10:44 | Lugo | Independiente |
| 599 | 804 | Víctor Armesto Pérez | | KM- 61 | 45:57 | 4:36 | 45:37 | 22:03 | 11:22 | Lugo | Independiente |
| 600 | 133 | José Ramón Fernández Triviño | | IM- 134 | 46:00 | 4:36 | 45:13 | 23:14 | 10:42 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|--------------------------------------|-------|---------|---------|----------|---------|-------|-----------|------------------------|--------------------------|
| 601 | 933 | Jorge Aquino Acuña | | HM- 119 | 46:05 | 4:36 | 45:40 | 22:25 | 10:59 | Santiago de Compostela | Independiente |
| 602 | 466 | Jesús González Margaride | | IM- 135 | 46:05 | 4:36 | 45:05 | 23:12 | 10:32 | Lugo | Independiente |
| 603 | 299 | Jorge Rois Merino | | GM- 78 | 46:06 | 4:37 | 45:11 | 23:38 | 10:35 | Lugo | Independiente |
| 604 | 1271 | Miguel0 Rodríguez Corral | | GM- 79 | 46:07 | 4:37 | 45:40 | 23:12 | 10:41 | Lugo | Independiente |
| 605 | 334 | Jesús Parga Expósito | | JM- 89 | 46:10 | 4:37 | 45:15 | 22:54 | 10:57 | Lugo | Independiente |
| 606 | 530 | Vicente González Prado | | JM- 90 | 46:10 | 4:37 | 46:10 | | | Vilalba | Independiente |
| 607 | 595 | Marcos Castro Balboa | | IM- 136 | 46:11 | 4:37 | 45:03 | 23:16 | 10:29 | Meaño | Independiente |
| 608 | 609 | Manuel Abelairas Edesa | | FM- 35 | 46:12 | 4:37 | 45:28 | 22:59 | 10:57 | Santiago de Compostela | Independiente |
| 609 | 1282 | Constantino Abuín Vila | | LM- 28 | 46:13 | 4:37 | 45:43 | 22:54 | 10:51 | Lugo | Independiente |
| 610 | 210 | Javier Pardo Gómez | | HM- 120 | 46:13 | 4:37 | 45:32 | 22:34 | 11:10 | Lugo | Independiente |
| 611 | 148 | Manuel Fernández Prado | | IM- 137 | 46:16 | 4:38 | 45:03 | 24:19 | 10:08 | Lugo | Independiente |
| 612 | 513 | Luis Toimil Castro | | JM- 91 | 46:16 | 4:38 | 45:53 | 22:56 | 10:49 | Lalin | Independiente |
| 613 | 132 | José Luis Fraga Torres | | HM- 121 | 46:18 | 4:38 | 46:10 | 22:42 | 10:45 | Lugo | Independiente |
| 614 | 695 | Gervasio Murado Linares | | IM- 138 | 46:18 | 4:38 | 46:02 | 22:39 | 11:20 | Lugo | Independiente |
| 615 | 1111 | Francisco Álvarez Fernández | | EM- 29 | 46:19 | 4:38 | 45:23 | 24:00 | 10:23 | Ribeira de Piquin | A.D. Ribeira |
| 616 | 366 | Marina Laura Fernández López | F- 23 | KF- 1 | 46:20 | 4:38 | 45:31 | 23:08 | 10:48 | Ames | Correrengalicia.org |
| 617 | 1171 | Fernando Saavedra Casas | | JM- 92 | 46:23 | 4:38 | 45:51 | 23:35 | 10:28 | Narón | Independiente |
| 618 | 631 | José Antonio Álvarez Flores | | JM- 93 | 46:24 | 4:38 | 45:47 | 22:59 | 10:52 | Lugo | Independiente |
| 619 | 946 | Francisco Javier Moas Pérez | | JM- 94 | 46:26 | 4:39 | 45:26 | 23:16 | 10:55 | Noia | Pato Blanco Celanova |
| 620 | | Chip Desconocido Reservat | | | 46:27 | 4:39 | 46:03 | 22:57 | 11:06 | | Independiente |
| 621 | 881 | José Luis García Fernández | | KM- 62 | 46:29 | 4:39 | 46:09 | 23:02 | 11:00 | Leon | Independiente |
| 622 | 689 | Carlos Collado Bermejo | | IM- 139 | 46:33 | 4:39 | 45:30 | 24:41 | 10:04 | Noia | Independiente |
| 623 | 621 | Alberto Brea Ramos | | IM- 140 | 46:34 | 4:39 | 46:15 | 22:28 | 11:09 | Arteixo | Independiente |
| 624 | 1205 | Antonio Abel Fernández | | MM- 11 | 46:36 | 4:40 | 46:06 | 23:17 | 10:44 | Lugo | Independiente |
| 625 | 805 | Secundino Carlos Fernández Fernández | | LM- 29 | 46:37 | 4:40 | 45:51 | 23:25 | 10:35 | Betanzos | C.A. As Mariñas-Betanzos |
| 626 | 410 | Rocío Fernández Fernández | F- 24 | HF- 4 | 46:38 | 4:40 | 46:10 | 23:20 | 10:53 | A Coruña | C.D. Egovarros-Viveiro |
| 627 | 453 | Javier Martínez Rivas | | JM- 95 | 46:41 | 4:40 | 46:05 | 22:31 | 11:27 | Lugo | Independiente |
| 628 | 873 | Jesús Souto González | | IM- 141 | 46:43 | 4:40 | 46:30 | 22:39 | 11:21 | Lugo | Independiente |
| 629 | 1231 | Héctor Bello Rivas | | JM- 96 | 46:44 | 4:40 | 45:56 | 23:26 | 10:34 | Lugo | Independiente |
| 630 | 158 | Mario Cal Varela | | JM- 97 | 46:49 | 4:41 | 46:03 | 23:08 | 11:04 | Bertamiráns | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|------------------------------------|-------|---------|---------|----------|---------|-------|-----------|--------------|--------------------------------|
| 631 | 651 | Maria del Mar Copa Novo | F- 25 | JF- 5 | 46:51 | 4:41 | 45:54 | 23:29 | 10:56 | Lugo | Independiente |
| 632 | 167 | Diego Vázquez Moran | | FM- 36 | 46:52 | 4:41 | 46:47 | 22:25 | 11:44 | Lugo | Independiente |
| 633 | 860 | Paulo Cesar Expósito Pérez | | HM- 122 | 46:54 | 4:41 | 46:01 | 23:12 | 11:22 | Lugo | Independiente |
| 634 | 855 | Juan Luis Soto Salceda | | GM- 80 | 46:57 | 4:42 | 46:01 | 23:56 | 10:36 | Boborás | Independiente |
| 635 | 74 | Antonio Taboada Rodríguez | | HM- 123 | 46:58 | 4:42 | 46:08 | 23:20 | 11:05 | Ourense | Independiente |
| 636 | 882 | José Alberto Atanes Iglesias | | HM- 124 | 46:58 | 4:42 | 46:13 | 23:14 | 10:59 | O Carballiño | Independiente |
| 637 | 905 | Manuel García Castro | | HM- 125 | 46:59 | 4:42 | 45:56 | 23:54 | 10:31 | Chantada | Independiente |
| 638 | 1206 | Francisco Javier Cabado Corredoira | | JM- 98 | 47:01 | 4:42 | 46:29 | 23:21 | 11:03 | Lugo | Independiente |
| 639 | 217 | José Luis Santidrián Rodríguez | | JM- 99 | 47:01 | 4:42 | 46:10 | 23:39 | 10:52 | Lugo | Independiente |
| 640 | 1139 | Xulián Carlos Brea Sánchez | | JM- 100 | 47:02 | 4:42 | 46:38 | 22:44 | 11:17 | Betanzos | C.A. As Mariñas-Betanzos |
| 641 | 51 | Rosario Sureda González | F- 26 | JF- 6 | 47:03 | 4:42 | 46:50 | 23:00 | 11:18 | Lugo | Independiente |
| 642 | 166 | Enrique Gándara Ulloa | | JM- 101 | 47:05 | 4:42 | 46:25 | 23:50 | 10:54 | El Temple | C.A. As Mariñas-Betanzos |
| 643 | 127 | Adrián Paderne Losada | | EM- 30 | 47:07 | 4:43 | 46:58 | 22:47 | 11:11 | Lugo | Franciscanos-Verxel |
| 644 | 345 | José Manuel Vázquez Moran | | HM- 126 | 47:09 | 4:43 | 47:03 | 22:25 | 11:21 | Lugo | Independiente |
| 645 | 704 | Lourdes Prieto Vieites | F- 27 | LF- 1 | 47:10 | 4:43 | 46:36 | 23:22 | 11:06 | Teo | At. Milla de Ouro-Viaxes Canoa |
| 646 | 826 | Francisco José Castro Manso | | KM- 63 | 47:11 | 4:43 | 46:56 | 22:43 | 11:21 | Navia | Club Atletismo Occidente Navia |
| 647 | 1157 | Oscar Freire Cordero | | HM- 127 | 47:15 | 4:43 | 46:21 | 23:36 | 11:02 | Lugo | Independiente |
| 648 | 477 | Regis Manuel Henri Navier | | HM- 128 | 47:15 | 4:43 | 47:15 | 23:27 | 11:28 | Castro | Independiente |
| 649 | 968 | Javier Yanes Domínguez | | HM- 129 | 47:18 | 4:44 | 46:41 | 22:53 | 11:33 | Culleredo | Independiente |
| 650 | 1149 | Amelia Roca Vázquez | F- 28 | GF- 7 | 47:18 | 4:44 | 46:29 | 23:14 | 11:02 | A Coruña | Independiente |
| 651 | 401 | Alicia Guerrero Seijas | F- 29 | JF- 7 | 47:23 | 4:44 | 46:27 | 24:04 | 10:35 | Lugo | Independiente |
| 652 | 1076 | José Fernández Rodríguez | | KM- 64 | 47:25 | 4:44 | 46:38 | 24:09 | 10:49 | Carballiño | Kórpore Carballiño |
| 653 | 1075 | Miguel Ángel Lorenzo Álvarez | | EM- 31 | 47:25 | 4:44 | 46:33 | 24:09 | 10:48 | Carballiño | Kórpore Carballiño |
| 654 | 619 | Juan Antonio del Jesús González | | GM- 81 | 47:25 | 4:44 | 46:35 | 24:05 | 10:47 | Lugo | Independiente |
| 655 | 562 | Rodrigo Lobato Pozuelo | | FM- 37 | 47:26 | 4:45 | 46:30 | 25:14 | 10:27 | Coruña | Independiente |
| 656 | 259 | Isabel Brea Pose | F- 30 | LF- 2 | 47:27 | 4:45 | 46:53 | 23:50 | 11:07 | A Coruña | C.D. Egovarros-Viveiro |
| 657 | 1132 | Antonio José Castro Area | | HM- 130 | 47:29 | 4:45 | 46:59 | 23:08 | 11:30 | Ortigueira | Independiente |
| 658 | 291 | Gines Vázquez Seijas | | EM- 32 | 47:29 | 4:45 | 47:24 | 23:00 | 11:26 | Lugo | Independiente |
| 659 | 774 | Roberto Maira Saavedra | | IM- 142 | 47:30 | 4:45 | 47:05 | 23:13 | 11:18 | Lugo | Independiente |
| 660 | 920 | Juan Luis Álvarez Carnota | | IM- 143 | 47:31 | 4:45 | 47:23 | 23:06 | 11:15 | Culleredo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netor | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|----------------------------------|-------|---------|---------|----------|---------|-------|-----------|----------------------|------------------------|
| 661 | 1227 | Manuel Escarda Fernández | | JM- 102 | 47:31 | 4:45 | 46:41 | 24:07 | 10:56 | Lugo | Independiente |
| 662 | 876 | Juan Mari Puget | | JM- 103 | 47:32 | 4:45 | 46:46 | 23:19 | 11:29 | Lugo | Independiente |
| 663 | 789 | Andrés García Pantalla | | JM- 104 | 47:33 | 4:45 | 46:54 | 23:26 | 11:14 | Lugo | Independiente |
| 664 | 1274 | José Manuel Cobas López | | JM- 105 | 47:35 | 4:45 | 46:42 | 24:01 | 11:04 | Lugo | Independiente |
| 665 | 571 | Carlos López Tellado | | JM- 106 | 47:36 | 4:46 | 47:02 | 23:23 | 11:26 | Lugo | Independiente |
| 666 | 642 | Celso Balbas Porto | | IM- 144 | 47:37 | 4:46 | 46:43 | 24:11 | 11:07 | Lugo | Independiente |
| 667 | 320 | Maria Pilar Torres Reino | F- 31 | JF- 8 | 47:38 | 4:46 | 47:00 | 24:08 | 10:48 | Noia | Independiente |
| 668 | 956 | José Manuel Senlle Canosa | | KM- 65 | 47:39 | 4:46 | 46:52 | 24:09 | 10:57 | A Coruña | Independiente |
| 669 | 1004 | Roi Cuba Dorado | | EM- 33 | 47:40 | 4:46 | 47:32 | 21:54 | 9:56 | Lugo | Fefeme Triatlón |
| 670 | 279 | Mª del Carmen Ferreiro Díaz | F- 32 | KF- 2 | 47:40 | 4:46 | 47:24 | 23:35 | 11:21 | Lugo | Club Fluvial Lugo |
| 671 | 808 | José Antonio Santiso Seoane | | JM- 107 | 47:41 | 4:46 | 46:42 | 23:46 | 11:17 | Cambre | Independiente |
| 672 | 1086 | Ignacio Lorenzo Ramos | | FM- 38 | 47:43 | 4:46 | 46:33 | 24:14 | 11:06 | Parga | Independiente |
| 673 | 384 | José Garagorri Jiménez | | JM- 108 | 47:44 | 4:46 | 46:43 | 23:50 | 11:08 | Lalín | Independiente |
| 674 | 22 | Eliseo López López | | KM- 66 | 47:45 | 4:46 | 46:57 | 23:35 | 11:13 | Vilalba | Independiente |
| 675 | 655 | Cesar Rodríguez Vázquez | | LM- 30 | 47:46 | 4:47 | 47:18 | 23:05 | 11:41 | Lugo | Independiente |
| 676 | 252 | Adolfo Omar Ríos | | KM- 67 | 47:47 | 4:47 | 47:17 | 24:14 | 10:48 | O Milladoiro | C.D. Egovarros-Viveiro |
| 677 | 1112 | Alberto Pérez Méndez | | EM- 34 | 47:47 | 4:47 | 46:48 | 24:03 | 10:44 | Ribeira de Piquin | A.D. Ribeira |
| 678 | 1214 | Rocío Vázquez Losada | F- 33 | IF- 5 | 47:50 | 4:47 | 47:12 | 23:43 | 11:27 | Lugo | Independiente |
| 679 | 896 | Eduardo Corral Martínez | | FM- 39 | 47:50 | 4:47 | 46:51 | 23:58 | 11:20 | Lugo | Independiente |
| 680 | 604 | José Manuel López Lodeiro | | LM- 31 | 47:52 | 4:47 | 47:35 | 23:26 | 11:26 | Betanzos | Independiente |
| 681 | 543 | Juan Carlos Rivas Varela | | JM- 109 | 47:54 | 4:47 | 47:54 | 24:57 | 10:21 | Lugo | Independiente |
| 682 | 40 | Juan R. Arufe Miguen | | IM- 145 | 47:56 | 4:48 | 47:00 | 23:08 | 11:54 | Vilagarcía de Arousa | Correrengalicia.org |
| 683 | 1212 | Manuel Pombo Fernández | | KM- 68 | 47:57 | 4:48 | 46:39 | 24:16 | 11:08 | Lugo | Independiente |
| 684 | 549 | Rogelio López Rodríguez | | LM- 32 | 47:57 | 4:48 | 47:41 | 23:21 | 11:45 | Lugo | Independiente |
| 685 | 1105 | José Ramón Juanatei González | | JM- 110 | 47:58 | 4:48 | 47:00 | 24:08 | 11:08 | Celanova | Pato Blanco Celanova |
| 686 | 1150 | José Francisco Barreiro González | | GM- 82 | 47:58 | 4:48 | 46:53 | 24:40 | 10:46 | Lugo | Independiente |
| 687 | 1232 | Fco Javier Pérez Cascudo | | IM- 146 | 47:59 | 4:48 | 46:52 | 24:12 | 11:08 | Lugo | Independiente |
| 688 | 357 | José Luis Rois Losada | | JM- 111 | 48:01 | 4:48 | 47:22 | 24:31 | 10:56 | Outeiro de Rei | Franciscanos-Verxel |
| 689 | 470 | Jesús Ángel Pedreira Villaverde | | JM- 112 | 48:02 | 4:48 | 47:17 | 24:31 | 10:56 | Lugo | Club de Comunicaciones |
| 690 | 425 | Diego Luis Vila Bourio | | FM- 40 | 48:02 | 4:48 | 47:30 | 22:26 | 12:13 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|------------------------------------|-------|---------|---------|----------|---------|-------|-----------|------------------------|----------------------------------|
| 691 | 844 | Iban Cota | | GM- 83 | 48:03 | 4:48 | 46:58 | 25:51 | 10:21 | Monforte | Independiente |
| 692 | 307 | Manuel Valiño Ron | | IM- 147 | 48:03 | 4:48 | 47:15 | 23:55 | 11:17 | Os Tilos Teo | Correrengalicia.org |
| 693 | 574 | Manuel González Álvarez | | GM- 84 | 48:04 | 4:48 | 47:35 | 23:56 | 11:19 | Ocero | A.D. Vega de Espinareda |
| 694 | 859 | José Manuel Pombo López | | JM- 113 | 48:04 | 4:48 | 47:39 | 23:46 | 11:16 | Lugo | Independiente |
| 695 | 1012 | José Fco. Budiño Pereira | | KM- 69 | 48:04 | 4:48 | 46:58 | 24:07 | 11:17 | Bueu | Clube de Atletismo Corredoiras |
| 696 | 23 | Roberto Tomé Marcote | | IM- 148 | 48:06 | 4:49 | 47:24 | 24:23 | 11:03 | Otero de Rey | Independiente |
| 697 | 532 | José Rufino Pérez Rodríguez | | NM- 2 | 48:07 | 4:49 | 48:01 | 23:20 | 11:35 | Lugo | Independiente |
| 698 | 192 | Nicolás Piñeiro Caloto | | IM- 149 | 48:07 | 4:49 | 47:25 | 25:00 | 10:38 | Lugo | Independiente |
| 699 | 815 | José Antonio Fraga Garabato | | GM- 85 | 48:10 | 4:49 | 47:09 | 24:50 | 10:35 | A Coruña | Independiente |
| 700 | 917 | Fernando Álvarez Nores | | HM- 131 | 48:12 | 4:49 | 47:33 | 23:23 | 11:30 | Moaña | Independiente |
| 701 | 959 | Maria del Carmen Rodríguez del Río | F- 34 | LF- 3 | 48:15 | 4:49 | 47:28 | 23:22 | 11:55 | Santiago de Compostela | Atletismo Ordes |
| 702 | 344 | Martín Moran Bande | | IM- 150 | 48:15 | 4:49 | 47:21 | 23:20 | 11:45 | Lugo | Independiente |
| 703 | 72 | José Benito Pereiro Castiñeiras | | IM- 151 | 48:16 | 4:50 | 48:06 | 23:22 | 11:40 | Lugo | Independiente |
| 704 | 137 | Manuel Hurtado López | | LM- 33 | 48:16 | 4:50 | 47:44 | 24:00 | 11:17 | Lugo | Promocións Abuin e Escolante |
| 705 | 953 | José Luis López Grandas | | JM- 114 | 48:17 | 4:50 | 47:26 | 24:08 | 11:30 | Lugo | Independiente |
| 706 | 1189 | Julio Obarrio Darriba | | IM- 152 | 48:17 | 4:50 | 47:25 | 24:07 | 11:27 | Lugo | Independiente |
| 707 | 522 | José Antonio Rodríguez Pena | | IM- 153 | 48:19 | 4:50 | 47:22 | 24:22 | 11:24 | Muiños | Atletas Da Baixa Limia |
| 708 | 1152 | Santiago Besteiro Hermida | | IM- 154 | 48:20 | 4:50 | 47:43 | 24:36 | 11:01 | Lugo | Independiente |
| 709 | 1264 | José Luis Salgado Guitián | | JM- 115 | 48:22 | 4:50 | 47:42 | 24:15 | 11:18 | Outeiro de Rei | Independiente |
| 710 | 232 | Nedi Alonso García | F- 35 | KF- 3 | 48:22 | 4:50 | 47:27 | 24:04 | 11:26 | Lugo | Independiente |
| 711 | 505 | Ubaldo Ferrero | | LM- 34 | 48:23 | 4:50 | 47:18 | 24:52 | 10:48 | La Bañeza | Club Deport. Atletismo La Bañeza |
| 712 | 47 | Carlos Fernández Pita | | IM- 155 | 48:25 | 4:50 | 47:25 | 24:50 | 10:50 | A Coruña | Independiente |
| 713 | 339 | Fco Javier del Río Liboreiro | | GM- 86 | 48:26 | 4:51 | 47:28 | 24:24 | 11:11 | Noia | Independiente |
| 714 | 623 | Ignacio Salvador Lertxundi | | KM- 70 | 48:27 | 4:51 | 47:30 | 24:06 | 11:32 | Castroverde | Independiente |
| 715 | 628 | Roberto Vale García | | HM- 132 | 48:28 | 4:51 | 47:52 | 23:58 | 11:28 | Lugo | Independiente |
| 716 | 289 | Rocío Paz Mariñas | F- 36 | IF- 6 | 48:30 | 4:51 | 47:39 | 24:39 | 11:12 | A Coruña | Independiente |
| 717 | 1120 | Rolando Martínez Rodríguez | | IM- 156 | 48:30 | 4:51 | 48:05 | 24:32 | 10:49 | Ferrol | Amigos Do Percebe |
| 718 | 283 | Pablo González Vázquez | | GM- 87 | 48:30 | 4:51 | 47:54 | 23:59 | 11:36 | Lugo | Independiente |
| 719 | 1221 | Alfredo Rodríguez Rodríguez | | JM- 116 | 48:32 | 4:51 | 47:36 | 25:06 | 10:44 | Lugo | Independiente |
| 720 | 126 | Domingo Ferreiro Díaz | | HM- 133 | 48:35 | 4:51 | 47:39 | 24:28 | 11:15 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netor | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|--------------------------------|-------|---------|---------|----------|---------|-------|-----------|-------------------|------------------------|
| 721 | 679 | Juan José Barja Graña | | FM- 41 | 48:36 | 4:52 | 47:54 | 24:40 | 10:42 | Villalba | Independiente |
| 722 | 96 | Carmen Novo Varela | F- 37 | KF- 4 | 48:37 | 4:52 | 48:22 | 24:04 | 11:28 | Lugo | Club Fluvial Lugo |
| 723 | 113 | Víctor Manuel Armesto Aparicio | | HM- 134 | 48:38 | 4:52 | 47:32 | 24:42 | 11:19 | Lugo | Independiente |
| 724 | 1242 | Iván Corral Fernández | | FM- 42 | 48:40 | 4:52 | 48:26 | 23:34 | 11:52 | Lugo | Independiente |
| 725 | 823 | Manuel Vizcaya Prieto | | KM- 71 | 48:41 | 4:52 | 47:36 | 23:54 | 11:48 | Viana Do Bolo | Independiente |
| 726 | 138 | Miguel Ángel López Freire | | HM- 135 | 48:44 | 4:52 | 47:43 | 25:24 | 10:48 | Oza dos Rios | Independiente |
| 727 | 559 | José Manuel Barros Millán | | IM- 157 | 48:44 | 4:52 | 47:42 | 25:24 | 10:51 | La Coruña | Independiente |
| 728 | 123 | Carlos Fanjul Mori | | IM- 158 | 48:46 | 4:53 | 48:12 | 24:47 | 10:59 | Lugo | Independiente |
| 729 | 1038 | Xoán Xosé Fernández Rilo | | JM- 117 | 48:46 | 4:53 | 48:16 | 23:50 | 11:41 | Miño | Amigos Do Percebe |
| 730 | 607 | Manuel Iglesias Prego | | NM- 3 | 48:47 | 4:53 | 48:01 | 24:37 | 11:15 | Sada | Independiente |
| 731 | 667 | Rafael Pedreira Villaverde | | IM- 159 | 48:48 | 4:53 | 48:31 | 25:13 | 10:34 | Lugo | Helios Bc |
| 732 | 854 | Avelino José Soto Salceda | | HM- 136 | 48:50 | 4:53 | 47:52 | 24:01 | 11:42 | Boborás | Independiente |
| 733 | 239 | María Dolores Ferreiro Pena | F- 38 | IF- 7 | 48:51 | 4:53 | 47:50 | 24:40 | 11:24 | Lugo | C.D. Egovarros-Viveiro |
| 734 | 605 | Juan Carlos Lestayo Lago | | KM- 72 | 48:58 | 4:54 | 47:53 | 24:39 | 11:24 | A Coruña | Independiente |
| 735 | 362 | Miguel Pichin Bello | | IM- 160 | 48:58 | 4:54 | 47:47 | 25:09 | 10:58 | Lugo | Independiente |
| 736 | 972 | Alberto Iglesias Grela | | GM- 88 | 49:00 | 4:54 | 48:41 | 24:08 | 11:26 | Arteixo | Independiente |
| 737 | 814 | José Félix Bolaño Carrera | | KM- 73 | 49:04 | 4:54 | 48:01 | 24:42 | 11:22 | Noia | Independiente |
| 738 | 429 | Javier Esteban Quiñoá | | IM- 161 | 49:04 | 4:54 | 48:17 | 24:42 | 11:10 | Lugo | Independiente |
| 739 | 545 | Francisco Barrientos Capelo | | LM- 35 | 49:08 | 4:55 | 48:01 | 25:12 | 11:08 | A Coruña | Independiente |
| 740 | 1113 | Javier Gómez Muñiz | | GM- 89 | 49:11 | 4:55 | 48:21 | 25:03 | 11:28 | Ribeira de Piquin | A.D. Ribeira |
| 741 | 892 | Agustín Casas Carreira | | IM- 162 | 49:12 | 4:55 | 48:23 | 25:01 | 11:18 | Lugo | Independiente |
| 742 | 1237 | Luis Miguel Díaz Aldegunde | | HM- 137 | 49:17 | 4:56 | 48:32 | 24:10 | 11:53 | Lugo | Independiente |
| 743 | 1314 | Diego Rozas Ferreiro | | EM- 35 | 49:19 | 4:56 | 49:12 | 23:00 | 12:04 | Lugo | Independiente |
| 744 | 360 | Susana García Menéndez | F- 39 | GF- 8 | 49:20 | 4:56 | 48:43 | 24:52 | 11:34 | Lugo | Independiente |
| 745 | 1224 | Christian Lurigados Llamazares | | FM- 43 | 49:21 | 4:56 | 48:26 | 23:16 | 12:22 | Lugo | Independiente |
| 746 | 786 | Xosé Luis López Díaz | | HM- 138 | 49:22 | 4:56 | 48:36 | 23:04 | 12:40 | O Corgo | Independiente |
| 747 | 94 | María Jesús Río García | F- 40 | JF- 9 | 49:23 | 4:56 | 48:27 | 24:40 | 11:41 | Lugo | Club Fluvial Lugo |
| 748 | 251 | María Eugenia Laguna Sorozábal | F- 41 | JF- 10 | 49:24 | 4:56 | 48:56 | 24:05 | 11:41 | A Coruña | C.D. Egovarros-Viveiro |
| 749 | 564 | Adrián Paz Fraga | | FM- 44 | 49:26 | 4:57 | 48:33 | 24:25 | 11:46 | A Pontenova | Independiente |
| 750 | 575 | Luis Castro del León | | GM- 90 | 49:26 | 4:57 | 48:34 | 24:25 | 11:46 | Barbadás | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-------------------------------------|-------|---------|---------|----------|---------|-------|-----------|-----------------|--------------------------|
| 751 | 449 | Carlos Bermúdez Martínez | | JM- 118 | 49:28 | 4:57 | 48:20 | 24:44 | 11:34 | A Pontenova | Independiente |
| 752 | 765 | Manuel Penela Rodríguez | | JM- 119 | 49:28 | 4:57 | 49:01 | 24:13 | 11:50 | Lugo | Independiente |
| 753 | 1288 | Ignacio Franco Minguell | | JM- 120 | 49:31 | 4:57 | 48:46 | 24:54 | 11:23 | Lugo | Independiente |
| 754 | 672 | Eliseo Iglesias Nieto | | NM- 4 | 49:32 | 4:57 | 48:23 | 25:15 | 11:25 | León | Independiente |
| 755 | 64 | José Silvosa Piñeiro | | JM- 121 | 49:33 | 4:57 | 48:27 | 25:21 | 11:18 | Lugo | Club Fluvial Lugo |
| 756 | 852 | Miren Sorkunde Viguera Gorostiza | F- 42 | HF- 5 | 49:33 | 4:57 | 48:28 | 25:21 | 11:16 | Berriz-Olakueta | Independiente |
| 757 | 48 | José Antonio Fernández Barreiro | | JM- 122 | 49:35 | 4:57 | 49:08 | 24:00 | 12:19 | Lugo | Independiente |
| 758 | 160 | Daniel Antonio Santos Martínez | | IM- 163 | 49:38 | 4:58 | 48:35 | 25:27 | 11:18 | Lugo | Independiente |
| 759 | 1054 | Xosé López Cascudo | | LM- 36 | 49:38 | 4:58 | 49:24 | 24:47 | 11:31 | Lugo | Independiente |
| 760 | 617 | Miguel del Cervantes García Allegue | | GM- 91 | 49:39 | 4:58 | 48:59 | 23:52 | 12:19 | Fene | Independiente |
| 761 | 1187 | Carlos González Díaz | | FM- 45 | 49:41 | 4:58 | 48:42 | 25:55 | 10:47 | Lugo | Independiente |
| 762 | 1279 | Yolanda Escarcega Carreira | F- 43 | HF- 6 | 49:43 | 4:58 | 48:46 | 24:41 | 11:50 | Lugo | Independiente |
| 763 | 634 | Manuel González Méndez | | MM- 12 | 49:47 | 4:59 | 49:21 | 24:37 | 11:49 | Lugo | Independiente |
| 764 | 448 | Antonio Lombardero López | | IM- 164 | 49:47 | 4:59 | 48:39 | 24:08 | 12:26 | A Pontenova | Independiente |
| 765 | 1097 | Pelayo Álvarez Núñez | | FM- 46 | 49:48 | 4:59 | 49:03 | 24:21 | 11:51 | Lugo | Independiente |
| 766 | 606 | Fernando Rois Losada | | IM- 165 | 49:51 | 4:59 | 49:18 | 24:31 | 11:57 | Lugo | Franciscanos-Verxel |
| 767 | 1196 | David Rodríguez García | | EM- 36 | 49:53 | 4:59 | 49:40 | 23:42 | 12:39 | Columbianos | Independiente |
| 768 | 817 | Magdalena Sánchez Caamaño | F- 44 | KF- 5 | 49:54 | 4:59 | 49:15 | 24:38 | 11:52 | Oza dos Rios | C.A. As Mariñas-Betanzos |
| 769 | 1092 | Alberto Álvaro Cabezas | | HM- 139 | 49:54 | 4:59 | 49:01 | 25:11 | 11:31 | Cartelle | Independiente |
| 770 | 488 | Juan Carlos Robles López | | JM- 123 | 49:58 | 5:00 | 48:39 | 26:02 | 11:09 | Lugo | Independiente |
| 771 | 1228 | Xosé Manuel González Pérez | | LM- 37 | 50:00 | 5:00 | 48:58 | 25:21 | 11:17 | Lugo | Independiente |
| 772 | 1123 | Andrés Manuel Sánchez Hernández | | MM- 13 | 50:02 | 5:00 | 49:31 | 25:19 | 11:30 | Miño | Amigos Do Percebe |
| 773 | 441 | Oscar García Gago | | IM- 166 | 50:05 | 5:00 | 49:12 | 25:08 | 11:41 | Oleiros | Independiente |
| 774 | 566 | José Luis Rodríguez Jácome | | HM- 140 | 50:06 | 5:01 | 49:02 | 25:24 | 11:36 | Lalín | Independiente |
| 775 | 913 | William Alberto Solano Mojica | | GM- 92 | 50:09 | 5:01 | 49:54 | 23:56 | 12:25 | Lugo | Independiente |
| 776 | 209 | Esther Bouso Fuentecilla | F- 45 | JF- 11 | 50:10 | 5:01 | 49:05 | 25:35 | 11:24 | Ourense | Ourense Atletismo |
| 777 | 56 | Ana Isabel Rodríguez Expósito | F- 46 | JF- 12 | 50:11 | 5:01 | 49:36 | 25:05 | 11:41 | Lugo | Independiente |
| 778 | 57 | José Antonio Viña Vázquez | | JM- 124 | 50:11 | 5:01 | 49:36 | 25:05 | 11:40 | Lugo | San Fernando Lucus |
| 779 | 778 | Rafael DIA Veiga | | JM- 125 | 50:13 | 5:01 | 49:31 | 25:29 | 11:19 | Lugo | Independiente |
| 780 | 428 | Eneko Lizarralde | | JM- 126 | 50:15 | 5:01 | 49:20 | 25:57 | 11:25 | Vigo | Correrengalicia.org |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-------------------------------|-------|---------|---------|----------|---------|-------|-----------|------------------------|------------------------|
| 781 | 995 | Aitor Guinea Unzalu | | HM- 141 | 50:17 | 5:02 | 49:49 | 24:29 | 12:01 | A Coruña | Independiente |
| 782 | 34 | Cristina Quebrada Moure | F- 47 | IF- 8 | 50:18 | 5:02 | 49:42 | 24:55 | 11:52 | Lugo | Independiente |
| 783 | 180 | Maria José Moldes Rodal | F- 48 | HF- 7 | 50:18 | 5:02 | 49:39 | 25:17 | 11:45 | Cangas | Independiente |
| 784 | 908 | Iván Vázquez Saavedra | | EM- 37 | 50:21 | 5:02 | 50:16 | 24:09 | 11:44 | Lugo | Independiente |
| 785 | 276 | José Manuel Lago González | | KM- 74 | 50:23 | 5:02 | 49:27 | 25:56 | 11:25 | Betanzos | Correrengalicia.org |
| 786 | 759 | Fernando Hidalgo Doncel | | KM- 75 | 50:26 | 5:03 | 50:26 | 24:16 | 13:15 | Lugo | Independiente |
| 787 | 115 | José Carlos Salvador Pérez | | JM- 127 | 50:27 | 5:03 | 50:00 | 24:01 | 12:24 | Lugo | Independiente |
| 788 | 818 | Basilio Guijarro Arca | | HM- 142 | 50:34 | 5:03 | 49:50 | 25:09 | 12:02 | A Estrada | Independiente |
| 789 | 462 | Patricia Rodríguez Ferro | F- 49 | FF- 3 | 50:35 | 5:03 | 49:54 | 24:40 | 12:07 | Lugo | Independiente |
| 790 | 431 | Eduardo Otero Salgado | | IM- 167 | 50:38 | 5:04 | 49:53 | 25:12 | 12:14 | Lugo | Independiente |
| 791 | 95 | Xoán Area Santos | | HM- 143 | 50:47 | 5:05 | 49:51 | 25:56 | 11:34 | A Coruña | Correrengalicia.org |
| 792 | 1291 | Manuel Míguez Babarro | | IM- 168 | 50:48 | 5:05 | 50:37 | 23:56 | 12:54 | Ourense | Gacelas de Pousada |
| 793 | 835 | José Luis Penín Fernández | | JM- 128 | 50:55 | 5:05 | 50:24 | 24:37 | 12:27 | Lugo | Independiente |
| 794 | 480 | Luis Miguel Martínez Regueiro | | KM- 76 | 51:01 | 5:06 | 50:36 | 25:13 | 12:15 | Lugo | Independiente |
| 795 | 1195 | Jesús Lazare Rincón | | JM- 129 | 51:04 | 5:06 | 50:11 | 25:13 | 12:12 | Lugo | Independiente |
| 796 | 325 | David Matilla Diez | | GM- 93 | 51:05 | 5:06 | 50:50 | 25:16 | 12:00 | Lugo | Independiente |
| 797 | 1158 | Alberto Esteban Castrillejo | | GM- 94 | 51:07 | 5:07 | 50:05 | 26:28 | 11:24 | A Coruña | Independiente |
| 798 | 465 | Isabel Mauriz Corullón | F- 50 | JF- 13 | 51:07 | 5:07 | 50:45 | 24:44 | 12:31 | Ponferrada | Rutas Del Bierzo |
| 799 | 292 | Suso Couso Cortizo | | JM- 130 | 51:07 | 5:07 | 50:17 | 25:42 | 11:55 | Pontevedra | Oap |
| 800 | 114 | Carlos Revuelta Méndez | | KM- 77 | 51:09 | 5:07 | 50:01 | 25:53 | 11:50 | El Barco de Valdeorras | Independiente |
| 801 | 728 | Ramón Conde Bermúdez | | LM- 38 | 51:09 | 5:07 | 50:01 | 26:09 | 11:40 | Santiago | C.D. Egovarros-Viveiro |
| 802 | 577 | Wenceslao López Velasco | | GM- 95 | 51:10 | 5:07 | 50:16 | 25:20 | 12:12 | Pontevedra | Independiente |
| 803 | 1186 | Manuel Seijido Rodríguez | | HM- 144 | 51:24 | 5:08 | 50:25 | 26:38 | 11:13 | Lugo | Independiente |
| 804 | 1243 | Francisco Xosé Candia Durán | | IM- 169 | 51:26 | 5:09 | 51:13 | 24:51 | 12:23 | Nois-Foz | Independiente |
| 805 | 678 | David Montes Vázquez | | EM- 38 | 51:35 | 5:09 | 50:54 | 25:27 | 12:13 | Villalba | Independiente |
| 806 | 1286 | José Ferreiro Durán | | IM- 170 | 51:36 | 5:10 | 51:36 | 27:39 | 10:55 | Lugo | Independiente |
| 807 | 827 | Héctor Pérez Arias | | HM- 145 | 51:37 | 5:10 | 50:27 | 26:26 | 11:59 | Lugo | Independiente |
| 808 | 221 | Rosauro Jiménez Fernández | | GM- 96 | 51:39 | 5:10 | 51:26 | 24:26 | 13:04 | La Ribera de Folgoso | Independiente |
| 809 | 715 | Adrián Murado López | | EM- 39 | 51:39 | 5:10 | 51:23 | 23:18 | 13:42 | Lugo | Independiente |
| 810 | 43 | José Luis Díaz Núñez | | JM- 131 | 51:41 | 5:10 | 50:54 | 25:22 | 12:33 | Lugo | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|---|-------|---------|---------|----------|---------|-------|-----------|------------------------|-------------------------|
| 811 | 455 | Carlos González Cabarcos | | IM- 171 | 51:41 | 5:10 | 50:55 | 25:13 | 12:36 | Rabade | Independiente |
| 812 | 611 | Francisco Javier Valín Pardo | | IM- 172 | 51:41 | 5:10 | 51:23 | 25:13 | 12:36 | Lugo | Franciscanos-Verxel |
| 813 | 731 | Iván González González | | GM- 97 | 51:44 | 5:10 | 51:22 | 24:41 | 12:52 | Lugo | Independiente |
| 814 | 1185 | Fernando Burgo Corral | | EM- 40 | 51:47 | 5:11 | 50:48 | 26:33 | 11:26 | Lugo | Independiente |
| 815 | 796 | Raúl Sobrino Garfia | | KM- 78 | 51:52 | 5:11 | 51:24 | 25:04 | 12:43 | Oleiros | Independiente |
| 816 | 803 | Fernando Ríos Gómez | | KM- 79 | 51:52 | 5:11 | 51:25 | 25:04 | 12:39 | Lugo | Independiente |
| 817 | 795 | Juan Carlos Rodríguez López | | KM- 80 | 51:52 | 5:11 | 51:28 | 25:04 | 12:42 | A Coruña | Independiente |
| 818 | 156 | Rosa María Pérez Fernández | F- 51 | HF- 8 | 51:56 | 5:12 | 50:54 | 25:35 | 12:34 | Lugo | Independiente |
| 819 | 1278 | Ángel Castro Gay | | KM- 81 | 51:58 | 5:12 | 51:42 | 25:19 | 12:19 | Lugo | Independiente |
| 820 | 661 | Rubén Braña Pernas | | GM- 98 | 52:05 | 5:12 | 51:25 | 26:06 | 12:01 | Vilalba | Independiente |
| 821 | 645 | Iván Abella Álvarez | | EM- 41 | 52:07 | 5:13 | 51:46 | 25:26 | 12:26 | Vega de Espinareda | A.D. Vega de Espinareda |
| 822 | 743 | Daniel Jesús Aguilar González | | NM- 5 | 52:08 | 5:13 | 51:38 | 25:51 | 12:20 | Lugo | C.D. Egovarros-Viveiro |
| 823 | 922 | Xosé Antón Fernández del Soto Rodríguez | | JM- 132 | 52:16 | 5:14 | 51:42 | 25:23 | 12:39 | Ribadeo | Independiente |
| 824 | 1079 | José Fidel Rodríguez Rey | | IM- 173 | 52:18 | 5:14 | 51:37 | 25:25 | 12:42 | Hospitalet | Independiente |
| 825 | 451 | Juan Manuel Salguero del Valle | | JM- 133 | 52:20 | 5:14 | 51:47 | 25:53 | 12:39 | A Coruña | Independiente |
| 826 | 452 | José Antonio Camblor García | | IM- 174 | 52:20 | 5:14 | 51:48 | 25:53 | 12:41 | A Coruña | Independiente |
| 827 | 662 | Luz Infante Ferreiro | F- 52 | GF- 9 | 52:21 | 5:14 | 51:40 | 26:06 | 12:01 | Vilalba | Independiente |
| 828 | 1069 | Luisa Calvo Germales | F- 53 | KF- 6 | 52:22 | 5:14 | 51:58 | 25:35 | 12:39 | Ordes | Atletismo Ordes |
| 829 | 41 | Esther Giménez Moolhuyzen | F- 54 | HF- 9 | 52:22 | 5:14 | 51:30 | 26:07 | 12:20 | A Coruña | Independiente |
| 830 | 1021 | Sabela Moreiras Cuesta | F- 55 | JF- 14 | 52:23 | 5:14 | 52:16 | 25:18 | 12:59 | Monforte de Lemos | Independiente |
| 831 | 412 | Luis Alberto García Carral | | JM- 134 | 52:24 | 5:14 | 51:49 | 25:32 | 12:29 | Lugo | Independiente |
| 832 | 504 | José Miguel Jerez Couselo | | HM- 146 | 52:35 | 5:15 | 51:53 | 25:40 | 12:36 | Santiago de Compostela | Independiente |
| 833 | 1125 | Vicente Dapena Díaz | | MM- 14 | 52:36 | 5:16 | 51:30 | 26:20 | 12:19 | Gijon | Independiente |
| 834 | 969 | Stephane Gaucher Domínguez | | HM- 147 | 52:36 | 5:16 | 52:20 | 24:43 | 13:16 | O Barco de Valdeorras | Independiente |
| 835 | 336 | Javier F Balado Canto | | HM- 148 | 52:37 | 5:16 | 51:47 | 27:12 | 11:37 | Vigo | Independiente |
| 836 | 1306 | Juan Ignacio Bello González | | KM- 82 | 52:40 | 5:16 | 51:42 | 26:05 | 12:30 | O Carballiño | Independiente |
| 837 | 944 | José Antonio López Fernández | | HM- 149 | 52:42 | 5:16 | 51:35 | 26:21 | 12:13 | Noia | Pato Blanco Celanova |
| 838 | 1301 | José Enrique López Pacin | | HM- 150 | 52:43 | 5:16 | 51:38 | 25:51 | 12:25 | Cambre | Independiente |
| 839 | 1136 | Javier Balo Couto | | HM- 151 | 52:44 | 5:16 | 52:17 | 25:24 | 12:59 | Santiago de Compostela | Independiente |
| 840 | 1106 | Bernardo Carreiro Álvarez | | FM- 47 | 52:50 | 5:17 | 52:11 | 25:49 | 12:55 | Ourense | Pato Blanco Celanova |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|----------------------------------|-------|---------|---------|----------|---------|-------|-----------|------------|-------------------------|
| 841 | 895 | Antonio Ferreiro Lage | | FM- 48 | 52:53 | 5:17 | 51:55 | 26:30 | 12:24 | Lugo | Independiente |
| 842 | 1025 | María Teresa Seoane Castro | F- 56 | HF- 10 | 52:53 | 5:17 | 52:32 | 26:06 | 12:38 | Silleda | Club Atletismo Deza |
| 843 | 267 | Carlos Olegario Rodríguez Veiras | | JM- 135 | 52:54 | 5:17 | 51:51 | 26:34 | 12:19 | Oleiros | Independiente |
| 844 | 178 | Carlos Bargeiras Vázquez | | GM- 99 | 52:56 | 5:18 | 52:12 | 26:32 | 11:54 | Lugo | Independiente |
| 845 | 911 | Andrés Prieto Taladriz | | JM- 136 | 52:58 | 5:18 | 52:13 | 26:47 | 12:08 | Ponferrada | C.D. Peñabolias |
| 846 | 660 | Antonio Montes Hermida | | KM- 83 | 52:59 | 5:18 | 52:18 | 26:25 | 12:15 | Vilalba | Independiente |
| 847 | 719 | Ricardo López Lamela | | JM- 137 | 53:00 | 5:18 | 52:01 | 27:36 | 11:36 | Lugo | Independiente |
| 848 | 368 | Manuel Matos Arévalo | | JM- 138 | 53:01 | 5:18 | 52:01 | 26:00 | 12:47 | A Coruña | Independiente |
| 849 | 1046 | Carlos Carrodegas Abadín | | KM- 84 | 53:04 | 5:18 | 51:57 | 27:25 | 11:53 | La Coruña | Independiente |
| 850 | 176 | Cesar Caldas González | | HM- 152 | 53:06 | 5:19 | 52:55 | 25:24 | 13:09 | Lugo | Independiente |
| 851 | 589 | Germán Fente Pardo | | KM- 85 | 53:07 | 5:19 | 51:59 | 26:03 | 12:49 | Vigo | Independiente |
| 852 | 186 | Manuel Blanco Palleiro | | IM- 175 | 53:10 | 5:19 | 52:29 | 28:02 | 11:26 | Arteixo | Independiente |
| 853 | 1317 | Manuel Luis Pena Valiño | | IM- 176 | 53:12 | 5:19 | 53:05 | 26:05 | 12:51 | Lugo | Independiente |
| 854 | 539 | Manuel Portela Marcos | | MM- 15 | 53:20 | 5:20 | 52:47 | 25:58 | 12:59 | Moaña | Independiente |
| 855 | 1133 | David Prada Puentes | | HM- 153 | 53:22 | 5:20 | 52:32 | 27:40 | 11:30 | Ourense | Independiente |
| 856 | 361 | Mercedes García Coto | F- 57 | HF- 11 | 53:22 | 5:20 | 52:45 | 26:45 | 12:29 | Lugo | Independiente |
| 857 | 147 | Luis Manuel Castro Dacal-López | | HM- 154 | 53:22 | 5:20 | 52:19 | 28:05 | 11:55 | Lugo | Independiente |
| 858 | 245 | Guillermo Pando del Prado | | FM- 49 | 53:28 | 5:21 | 52:31 | 27:39 | 11:48 | Lugo | Independiente |
| 859 | 44 | Rafael Vázquez Carricoba | | IM- 177 | 53:31 | 5:21 | 52:52 | 26:32 | 12:31 | Lugo | Independiente |
| 860 | 426 | Consuelo Pillado Pérez | F- 58 | KF- 7 | 53:34 | 5:21 | 52:37 | 26:53 | 12:39 | Lugo | Independiente |
| 861 | 427 | Andrés Mayor Valdés | | KM- 86 | 53:34 | 5:21 | 52:36 | 26:53 | 12:36 | Lugo | Independiente |
| 862 | 483 | Ana Piñeiro Díaz | F- 59 | HF- 12 | 53:47 | 5:23 | 53:05 | 26:49 | 12:47 | Lugo | Club de Comunicaciones |
| 863 | 585 | María Luisa Rodríguez Rodríguez | F- 60 | JF- 15 | 53:56 | 5:24 | 53:23 | 26:05 | 13:02 | Vega | A.D. Vega de Espinareda |
| 864 | 485 | José María Álvarez Junquera | | IM- 178 | 53:57 | 5:24 | 52:41 | 26:24 | 12:56 | Lugo | Club de Comunicaciones |
| 865 | 877 | Fernando Blanco Prieto | | IM- 179 | 54:07 | 5:25 | 52:57 | 26:37 | 12:39 | Vigo | Independiente |
| 866 | 486 | Sergio Mejuto Quintela | | MM- 16 | 54:08 | 5:25 | 53:25 | 26:46 | 12:46 | Lugo | Club de Comunicaciones |
| 867 | 1283 | Nuria Gilsanz González | F- 61 | HF- 13 | 54:12 | 5:25 | 53:14 | 26:51 | 12:50 | Lugo | Independiente |
| 868 | 1299 | María Mercedes García González | F- 62 | IF- 9 | 54:15 | 5:25 | 53:36 | 26:42 | 13:09 | Lugo | Club de Comunicaciones |
| 869 | 542 | Darío Javier Pardo Gómez | | IM- 180 | 54:24 | 5:26 | 53:39 | 27:07 | 12:24 | Lugo | Independiente |
| 870 | 626 | Anxo Moure Mosquera | | JM- 139 | 54:24 | 5:26 | 53:16 | 26:47 | 13:01 | Chantada | Independiente |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-----------------------------------|-------|---------|---------|----------|---------|-------|-----------|----------------|--------------------------------|
| 871 | 663 | Marcos López Astariz | | HM- 155 | 54:25 | 5:26 | 53:13 | 27:49 | 12:34 | Lugo | Independiente |
| 872 | 924 | Javier Gómez Veiga | | GM- 100 | 54:34 | 5:27 | 54:14 | 26:27 | 13:21 | Lugo | Independiente |
| 873 | 923 | Ángel Gómez Veiga | | IM- 181 | 54:34 | 5:27 | 54:15 | 26:27 | 13:21 | Lugo | Independiente |
| 874 | 1034 | Pedro Lugilde Pinto | | IM- 182 | 54:34 | 5:27 | 54:12 | 26:27 | 13:20 | Lugo | Independiente |
| 875 | 652 | Marcos Baquero Rey | | FM- 50 | 54:40 | 5:28 | 54:01 | 27:37 | 12:32 | Lugo | Independiente |
| 876 | 1180 | Teofilo Iván Vázquez Monroy | | HM- 156 | 54:40 | 5:28 | 53:59 | 27:37 | 12:32 | Lugo | Independiente |
| 877 | 511 | Javier Carral Martínez | | JM- 140 | 54:45 | 5:28 | 54:31 | 26:07 | 13:37 | Breixo Oleiros | Independiente |
| 878 | 326 | Jesús Pardo Castro | | JM- 141 | 54:47 | 5:29 | 54:03 | 27:05 | 12:35 | Lugo | Independiente |
| 879 | 181 | Silvia Sánchez Bascoy | F- 63 | KF- 8 | 54:49 | 5:29 | 54:00 | 27:21 | 12:48 | A Coruña | Independiente |
| 880 | 1192 | Jorge Rancaño Muiña | | GM- 101 | 55:03 | 5:30 | 54:04 | 26:50 | 13:24 | Lugo | A.D. Ribeira |
| 881 | 53 | Ana Feijoo Pereira | F- 64 | HF- 14 | 55:04 | 5:30 | 54:17 | 27:35 | 12:56 | Lugo | Independiente |
| 882 | 601 | Oscar Grueira Navarro | | FM- 51 | 55:11 | 5:31 | 54:50 | 26:55 | 13:10 | Lugo | Independiente |
| 883 | 862 | Fernando Castro Gómez | | GM- 102 | 55:15 | 5:31 | 54:20 | 26:40 | 13:00 | Lugo | Independiente |
| 884 | 1219 | Fernando Iglesias Rey | | HM- 157 | 55:20 | 5:32 | 54:15 | 28:29 | 12:22 | Lugo | Independiente |
| 885 | 261 | Manuel Varela Taibo | | FM- 52 | 55:20 | 5:32 | 54:20 | 27:39 | 13:01 | A Coruña | Independiente |
| 886 | 338 | Rosa Maria Castro González | F- 65 | GF- 10 | 55:22 | 5:32 | 54:20 | 28:32 | 12:37 | Noia | Independiente |
| 887 | 340 | Alba Baamonde Otero | F- 66 | FF- 4 | 55:22 | 5:32 | 54:20 | 28:32 | 12:36 | Noia | Independiente |
| 888 | 302 | Pablo Cardelle Pérez | | HM- 158 | 55:22 | 5:32 | 54:20 | 25:55 | 14:12 | A Coruña | Independiente |
| 889 | 900 | Maria Luisa Rodríguez Pintos | F- 67 | HF- 15 | 55:23 | 5:32 | 54:36 | 27:32 | 13:02 | Lugo | Independiente |
| 890 | 288 | Azucena Seijas López | F- 68 | IF- 10 | 55:23 | 5:32 | 54:36 | 27:32 | 13:01 | Lugo | Independiente |
| 891 | 1032 | Jorge Carballeira Fernández | | LM- 39 | 55:24 | 5:32 | 54:15 | 27:48 | 12:50 | Lugo | Independiente |
| 892 | 81 | Francisco Javier Varela Fernández | | IM- 183 | 55:26 | 5:33 | 54:28 | 27:22 | 12:59 | Lugo | Independiente |
| 893 | 1013 | Mª José Bermúdez Herbeció | F- 69 | HF- 16 | 55:27 | 5:33 | 54:21 | 28:06 | 12:46 | Cangas | Independiente |
| 894 | 151 | Mar Porto Requejo | F- 70 | GF- 11 | 55:27 | 5:33 | 54:24 | 28:05 | 12:47 | Lugo | Independiente |
| 895 | 265 | Rocío Fontao Barro | F- 71 | IF- 11 | 55:31 | 5:33 | 54:24 | 27:38 | 13:09 | Ferrol | Ribeiron-As Pontes |
| 896 | 820 | María Luisa Fuentes Santamarta | F- 72 | KF- 9 | 55:46 | 5:35 | 54:38 | 28:02 | 12:57 | Navia | Club Atletismo Occidente Navia |
| 897 | 308 | Juan Salvador Sánchez | | JM- 142 | 55:49 | 5:35 | 54:50 | 27:35 | 13:20 | Culleredo | Independiente |
| 898 | 125 | Daniel Durán Alonso | | HM- 159 | 55:56 | 5:36 | 55:06 | 27:17 | 13:28 | Lugo | Independiente |
| 899 | 1216 | Marcelino Pillado Pérez | | JM- 143 | 56:01 | 5:36 | 55:23 | 26:45 | 13:47 | Lugo | Independiente |
| 900 | 1188 | Manuel González Vázquez | | NM- 6 | 56:52 | 5:41 | 56:19 | 27:41 | 13:50 | Lugo | Club Fluvial Lugo |

V Carreira Popular 10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|-------------------------------------|-------|---------|---------|----------|---------|-------|-----------|-------------------|-------------------------|
| 901 | 418 | Mónica Naveira Campos | F- 73 | HF- 17 | 57:05 | 5:42 | 55:57 | 28:42 | 13:17 | A Coruña | Independiente |
| 902 | 479 | José María Fouz Villar | | JM- 144 | 57:10 | 5:43 | 56:27 | 28:52 | 13:02 | Lugo | Club de Comunicaciones |
| 903 | 694 | Pablo Gallego Rodríguez | | JM- 145 | 57:10 | 5:43 | 55:52 | 28:52 | 13:03 | Lugo | Independiente |
| 904 | 659 | Gonzalo Abuín Pérez | | JM- 146 | 57:15 | 5:43 | 56:15 | 28:12 | 13:33 | Lugo | Independiente |
| 905 | 1204 | Mercedes Diéguez González | F- 74 | LF- 4 | 57:34 | 5:45 | 56:29 | 28:55 | 13:28 | Lugo | Independiente |
| 906 | 512 | Ignacio López García | | KM- 87 | 57:35 | 5:45 | 57:25 | 26:43 | 14:32 | A Coruña | Independiente |
| 907 | 919 | Paula Medín Cagiao | F- 75 | HF- 18 | 57:36 | 5:46 | 56:49 | 27:38 | 14:27 | Lugo | Independiente |
| 908 | 403 | Diego Valcarce Behague | | IM- 184 | 57:49 | 5:47 | 56:47 | 28:40 | 13:33 | Monfote de Lemos | Club Maraton Monforte |
| 909 | 587 | Juan José Andrés Iglesias | | HM- 160 | 57:50 | 5:47 | 56:45 | 28:40 | 13:33 | Monforte de Lemos | Club Maraton Monforte |
| 910 | 254 | Enrique Río Nieto | | NM- 7 | 57:50 | 5:47 | 57:35 | 27:42 | 14:30 | A Coruña | C.D. Egovarros-Viveiro |
| 911 | 1098 | Arturo Antón Casado | | GM- 103 | 57:52 | 5:47 | 56:49 | 28:46 | 13:37 | Lians-Oleiros | Independiente |
| 912 | 550 | Jesús Antonio Méndez Álvarez-Cedron | | HM- 161 | 58:16 | 5:50 | 57:30 | 28:41 | 13:56 | Lugo | Independiente |
| 913 | 118 | José Antonio Bocelo Prieto | | JM- 147 | 58:37 | 5:52 | 57:32 | 29:01 | 14:03 | Cambre | Independiente |
| 914 | 332 | Jesús María López Gutiérrez | | FM- 53 | 58:54 | 5:53 | 57:54 | 30:00 | 13:32 | Lugo | Independiente |
| 915 | 608 | María Candal Rodríguez | F- 76 | NF- 1 | 59:05 | 5:54 | 58:12 | 29:03 | 14:00 | Sada | Independiente |
| 916 | 1031 | Marcelino Castro Pena | | JM- 148 | 59:12 | 5:55 | 58:01 | 30:05 | 13:25 | O Corgo | Independiente |
| 917 | 868 | José Iglesias Pontón | | LM- 40 | 59:14 | 5:55 | 58:38 | 29:00 | 14:12 | Lugo | Independiente |
| 918 | 1316 | Armando Manuel Teijeiro Fernández | | MM- 17 | 59:15 | 5:55 | 58:36 | 28:31 | 14:38 | Lugo | Independiente |
| 919 | 482 | Manuela Alonso García | F- 77 | JF- 16 | 59:28 | 5:57 | 58:45 | 29:23 | 14:01 | Lugo | Club de Comunicaciones |
| 920 | 961 | Antonio Álvarez Sánchez | | KM- 88 | 59:30 | 5:57 | 58:21 | 32:29 | 12:40 | A Coruña | Independiente |
| 921 | 98 | Laura Gonta Novo | F- 78 | FF- 5 | 59:43 | 5:58 | 59:32 | 28:45 | 14:48 | Lugo | Independiente |
| 922 | 155 | Javier Fernández Abraira | | FM- 54 | 59:51 | 5:59 | 58:51 | 30:00 | 14:11 | Lugo | Independiente |
| 923 | 639 | Aníbal Alonso Martínez | | GM- 104 | 1:00:45 | 6:04 | 1:00:16 | 29:05 | 15:16 | Fabero del Bierzo | A.D. Vega de Espinareda |
| 924 | 641 | Diana Abella Álvarez | F- 79 | GF- 12 | 1:00:45 | 6:04 | 1:00:16 | 29:06 | 15:16 | Lillo del Bierzo | A.D. Vega de Espinareda |
| 925 | 886 | Pablo Gandoy Martínez | | GM- 105 | 1:00:53 | 6:05 | 1:00:40 | 28:30 | 15:35 | Lugo | Independiente |
| 926 | 1074 | Ángeles Rodríguez del Río | F- 80 | KF- 10 | 1:00:58 | 6:06 | 1:00:11 | 26:46 | 13:19 | Ordes | Atletismo Ordes |
| 927 | 871 | Lidia Arias López | F- 81 | LF- 5 | 1:01:15 | 6:07 | 1:00:43 | 30:03 | 14:45 | Lugo | Independiente |
| 928 | 1114 | Carlos Pin Díaz | | GM- 106 | 1:01:20 | 6:08 | 1:00:26 | 29:36 | 14:41 | Lug | A.D. Ribeira |
| 929 | 1127 | Ricardo Tuimil Martínez | | LM- 41 | 1:01:25 | 6:08 | 1:01:20 | 29:58 | 14:37 | Naron | Amigos Do Percebe |
| 930 | 671 | José Luis López González | | LM- 42 | 1:01:27 | 6:09 | 1:00:33 | 30:10 | 14:32 | Astorga | Independiente |

V Carreira Popular
10 km Lugo Monumental

| Pto | Dorsal | Nombre | Sx | PtoCat | T.Final | Ritmo/km | T.Netto | T.km5 | T.Muralla | Localidad | Club |
|-----|--------|------------------------------|-------|---------|---------|----------|---------|-------|-----------|-----------|-------------------------|
| 931 | 696 | Anselmo Murado Linares | | JM- 149 | 1:03:07 | 6:19 | 1:02:49 | 29:26 | 15:57 | Lugo | Independiente |
| 932 | 683 | Carlos Aguiar Redondas | | JM- 150 | 1:03:09 | 6:19 | 1:01:58 | 31:56 | 14:14 | Lugo | Independiente |
| 933 | 554 | Juan Carlos Capón Ferreiro | | HM- 162 | 1:04:07 | 6:25 | 1:04:07 | 14:47 | 14:25 | Lugo | Independiente |
| 934 | 435 | Miguel Roig Varela | | MM- 18 | 1:04:59 | 6:30 | 1:03:48 | 31:56 | 15:56 | Lugo | Independiente |
| 935 | 586 | Carolina Astorgano Rodríguez | F- 82 | FF- 6 | 1:05:07 | 6:31 | 1:04:34 | 31:34 | 15:36 | Vega | A.D. Vega de Espinareda |
| 936 | 596 | Xulio López Piñeiro | | HM- 163 | 1:05:09 | 6:31 | 1:03:56 | 31:40 | 15:38 | Bóveda | Independiente |
| 937 | 110 | Natalia Somoza Argibay | F- 83 | FF- 7 | 1:05:35 | 6:33 | 1:04:42 | 33:37 | 14:55 | Lugo | Ourense Atletismo |
| 938 | 228 | Arturo Reboredo Brea | | IM- 185 | 1:08:28 | 6:51 | 1:07:17 | 32:46 | 16:32 | Lugo | Independiente |
| 939 | 987 | José Ayala Torres | | HM- 164 | 1:09:10 | 6:55 | 1:08:37 | 35:11 | 15:39 | Lugo | Independiente |
| 940 | 83 | Juan Ramón Somoza Argibay | | HM- 165 | 1:09:57 | 7:00 | 1:09:04 | 34:11 | 16:53 | Lugo | Independiente |
| 941 | 76 | Pablo Domínguez Senín | | FM- 55 | 1:10:34 | 7:03 | 1:09:22 | 34:11 | 17:22 | A Coruña | Independiente |
| 942 | 766 | Manuel Gómez Fernández | | KM- 89 | 1:11:18 | 7:08 | 1:09:58 | 35:11 | 17:42 | Lugo | Independiente |